

Jane Clingman-Scott, President-Elect Ginny Sprague, President Nominee Mark Meyers, Immediate Past President Tim Arter, Treasurer Kathy Betts, Secretary Kim Boersma, Club Coordinator



Muskegon Rotary Club Club 16 (2809) – District 6290, Chartered May 1, 1916 Next Meeting September 2, 12:00-1:30pm

Hybrid Style – Delta Marriott & Zoom ReWine Sat Club – Next mtg 9/2 5:15 pm Mary Anne Gorman, Director Jeff Lewis, Director Doug Wood, Director Asaline Scott, Director David Ramos, Director Marty Gerencer, Director Jackie Farrar RIM Reporter Lori Weiler, RIM Editor

THE FOUR WAY TEST THAT ROTARIANS USE IN MAKING ETHICAL DECISIONS: Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned? Next Meeting (9/2/21) — Latinos Working for the Future

This is it: the absolute edge of no return: to turn back now and make home or sail irrevocably on and either find land or plunge over the world's roaring rim" - William Faulkner

## MEETER - GREETER

Chanda Cregg

## **REFLECTORS**

Jane Clingman-Scott Darlene Collet Eric Seifert

## **NEXT WEEK'S BIRTHDAYS**

Aug 26

Sept 2

Sept 9

Jon Gale	Sept 3
Kim Keessen	Sept 6
John Snider	Sept 6
Jennifer Loechle	Sept 8
Jonathan Wilson	Sept 9
Don't forget Caring Connection Fund!	

## PROGRAMS / EVENTS

9/2 Latinos Working Toward the Future 9/9 Seaway Run Recap

# The <u>Only</u> Binge-Worthy Entertainment You Need

Did you even realize that Muskegon Rotary has its own **YouTube Channel?** You can catch up on the outstanding hard work of everyone who makes our programs amazing. **Mike Vogas** has put his heart and soul into these videos and it shows. You'll be so glad you checked it out https://bit.ly/rotaryyoutube

# **VISITORS & GUESTS**

Dr. Todd Rexford was a guest of **Melissa Boughner**.



**Rich Houtteman's** guest was Andrea Rose, President of the Muskegon Lumberjacks.



Susan Evans from the Alzheimer's Association was our guest speaker.



# **ANNOUNCEMENTS**

**Rotary Masks For Sale** Only \$5 each. Great reason, great

cause. Contact <u>Kim Boersema</u>.

# United Way Day of Caring Seeking Volunteers



Even if you missed the signup board, you can still volunteer for Friday, September 10 United Way Day of Caring.

Please join our ReWine/Rotary sponsored team to join 15 Orchard View and Muskegon High Rotary Interact students on Friday morning, September 10 for the annual United Way Day of Caring event. We really

If you couldn't attend or missed this week's Zoom, watch it here <a href="https://youtu.be/cKdxqElm4g8">https://youtu.be/cKdxqElm4g8</a>

need Rotarians to work alongside and get to know our Interactors. This is a great partnership with two of our Rotary Interact clubs. WE NEED 15 ROTARY AND FRIENDS OF ROTARY VOLUNTEERS!. Part of the project focus this year is to bring honor to US military veterans from WWI and WWII and more recent conflicts by cleaning their gravestones and planting an American flag by them at Evergreen Cemetery. Other great service projects are also available to work with Interactors on Day of Caring. Lions Pancake breakfast provided 8:00 am at United Way and we work till at least noon. This is both fun and very meaningful service, so please consider donating your time and talent. Contact John Noling or Blake Cramer for more info.

## **Vocational Spotlight**



**Erin Kuhn** is the Executive Director of Shoreline Regional Development Commission. Erin joined Rotary in 2015. She likes to serve others and believes in what Rotary does and their mission. She married her high school sweetheart, they have three children, and reside in Norton Shores.

Erin loves spending time with family and friends on the boat they purchased last year and being involved in the church. She likes to bring all the things she has learned in her professional career and put service above self by bringing that into Rotary.

September 2 Rotary Lunch Meeting deadline is 8/27/21. Click <u>here</u>. "Latinos Working for The Future"

# THIS WEEK'S PROGRAM: Alzheimer's Association – Care, Support, Research

By: Jackie Farrar

Interview by Rem Sprague

Speakers: Susan Evans & Jean Arnest

Click <u>here</u> to watch the entire interview.

Alzheimer's disease is the most common cause of dementia. Individuals experience loss of memory, reasoning, and other types of thinking. There are several types of dementia such as Lewy Body Dementia, Vascular Dementia, and Frontotemporal Dementia.



Susan Evans

Alzheimer's is a degenerative brain disease; it's characterized by brain cell damage and brain cell loss. This is a progressive brain disease, it is fatal, there is no cure, no way to prevent it, or reverse the damage. Until recently there was no way to slow the progression of this disease.

# More than 6 million Americans are living with the disease.

The Alzheimer's Association, Michigan Great Lakes Chapter serves the entire State of Michigan. They provide care and support to individuals with dementia and their caregivers. Care and support include educational programs, wellness, volunteer-led support groups, a 24-hour care and support helpline 1-800-272-3900 seven days a week, and email with a

### chat option is available from 7:00am to 9:00pm seven days a week at <u>helplinegmc@alz.org</u>.

The Alzheimer's Association is driven by their mission to lead the way to end Alzheimer's and other dementia - by accelerating global research, driving risk reduction, and maximizing our quality care and support.



Jean Arnest

The Alzheimer's Association continues to collaborate to end Alzheimer's Disease and support people as they're living with it. On June 7th the first treatment for Alzheimer's was passed. The food and drug administration's accelerated approval of the drug called Aducanumab, the brand name is Aduhelm. This drug is not a cure but a turning point for treatment and research.

# One in three seniors dies with Alzheimer's or another dementia

There are two more potential treatments in the pipeline in phase three. This drug could mean more time for people to participate in their daily life, have sustained independence, hold on to memories longer, and be with family for longer periods. This drug gives people a chance and a choice for an option they did not have before.

Alzheimer's kills more than breast cancer and prostate cancer combined.

## Top 10 warning signs of Dementia

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks at home, work, or at leisure
- Confusion with time or place
- Trouble understanding visual images and spatial relations
- New problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgement
- Withdrawal from work or school activities
- Changes in mood or personality

If you would like additional information, please download the free app called "Science Hub" it's full of information right at your fingertips.



The Walk to End Alzheimer's is scheduled on September 25th at Heritage Landing. For more information click <u>here</u>.

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## **ReWine Notes from 8/19:** Upcoming Events:

**September 2:** Next ReWine meeting at the Social Sandbox (corner of Second St. and Western Ave., in front of 18<sup>th</sup> Amendment and Burl & Sprig.

September 10: United Way Day of Caring. Meet at United Way at 8 am for breakfast (31 E Clay Ave). After breakfast head to Evergreen Cemetery (391 Irwin Ave, corner of Irwin and Wood St). Lunch will be provided around 1 pm.

October 14: Every Woman's Place Power of the Purse at Fricano's. Tickets are on sale at early bird prices now through 8/31 <u>here</u> and they are still taking donations of purses. Also, Kevin Ricco will be modeling one of the purses. THE USS SILVERSIDES SUBMARINE MUSEUM cordially invites you to attend our second annual

# HAWAIIAN LUAU

to Honor the 76th Anniversary of the End of WWII

WEDNESDAY, SEPTEMBER 1 • 6:00PM 1346 BLUFF STREET • MUSKEGON, MICH

# **GENERAL TICKETS \$100**

Includes 2 drink tickets, dinner, and dancing. Hawaiian attire optional.

# SPONSORSHIP OPPORTUNITIES

#### **LIEUTENTANT \$250**

2 Dinner Tickets • 4 Drink Tickets 2 Complementary Glasses • Mention in Program Public Thanks from Podium

#### COMMODORE \$2,500

Reserved Table • 6 Dinner Tickets • 12 Drink Tickets 6 Complementary Glasses • 6 Silversides Hats 1⁄4 Page Ad in Program • Public Thanks from Podium Gift Certificate for Private Sub Tour for up to 20 People

#### CAPTAIN \$1,000

Reserved Table • 6 Dinner Tickets • 12 Drink Tickets 6 Complementary Glasses • 6 Silversides Hats Mention in Program • Public Thanks from Podium

## ADMIRAL \$5,000

Reserved Table • 6 Dinner Tickets • 12 Drink Tickets 6 Complementary Glasses • 6 Silversides Hats ½ Page Ad in Program • Public Thanks from Podium Gift Certificate for Private Overnight Stay and Tour for up to 20 People (Must Book in Advance)

### FLEET ADMIRAL \$10,000

Reserved Table • 6 Dinner Tickets • 12 Drink Tickets • 6 Complementary Glasses • 6 Silversides Hats Full Page Ad in Program • Public Thanks from Podium Gift Certificate for Private Overnight Stay and Tour for up to 20 People (Must Book in Advance) Select 1 Person from Your Group to Start Silversides' Engines at the Event

**RSVP BY AUGUST 27** • For Questions or to RSVP call 231-755-1230 Email: adowdy@silversidesmuseum.org • Online: silversidesmuseum.org

## Muskegon Rotary Board

Jason Piasecki jason@revel.in Mark Meyers <u>markm@nortonshores.org</u> Jane Clingman-Scott janecs1@comcast.net Tim Arter <u>timarter935@gmail.com</u> Kathy Betts <u>kbetts01@gmail.com</u> Mary Anne Gorman <u>ma.gorman@hotmail.com</u> Jeff Lewis jeff.lewis@shorelinecity.com Ginny Sprague ginny.e.sprague@gmail.com Asaline Scott <u>ascott03169@gmail.com</u> David Ramos <u>david@ramosautobody.com</u> Marty Gerencer <u>marty.gerencer@gmail.com</u> Doug Wood <u>doug.wood@orchardview.org</u>

# **RIM Reporting Team**

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## **Trivia Question**

Q: What was the first Rotary Club community project?



A: A "comfort station" in downtown Chicago in 1907. Public restrooms were typically found only in saloons at that time, and unaccompanied women were not permitted to enter saloons.