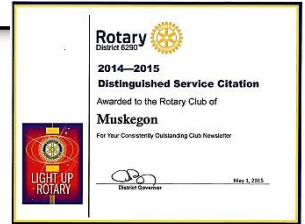


**"Service Above Self"**

# Muskegon Rotary in Motion

<http://www.muskegonrotary.org>



Jane Clingman-Scott, President  
Ginny Sprague, President-Elect  
Tim Arter, President Nominee  
Jason Piasecki, Past President  
Kristi Nagengast, Treasurer  
Don Hutchins, Secretary  
Kim Boersema, Club Coordinator



## Muskegon Rotary Club

Club 16 (2809) – District 6290, Chartered May 1, 1916

Next Mtg—December 8, 2022, 12-1:30pm

Location: The Delta - Hybrid

ReWine Next Meeting - 12/15/22 5:15 pm



IMAGINE  
ROTARY

Jeff Lewis, Director  
Marty Sytsema, Director  
Aaron Maike, Director  
Asaline Scott, Director  
David Ramos, Director  
Marty Gerencer, Director  
Meredith Smillie, RIM Reporter  
Roger Morgenstern, RIM Photographer  
Susan Besteman, RIM Editor



### THE FOUR WAY TEST THAT ROTARIANS USE IN MAKING ETHICAL DECISIONS:

Is it the **truth**? Is it **fair** to all concerned? Will it build **goodwill** and better **friendships**? Will it be **beneficial** to all concerned?

## Next Meeting (12/8/22) — AvaSure

AvaSure presents their operations of patient monitoring systems.

This is it: the absolute edge of no return: to turn back now and make home or sail irrevocably on and either find land or plunge over the world's roaring rim" - William Faulkner

### MEETER - GREETER

Joanie Smith

### REFLECTOR

Kathy Moore Dec 1  
Joanie Smith Dec 8  
Eileen Stoffan Dec 15

### NEXT WEEK'S BIRTHDAYS

Mary Anne Gorman Dec 8  
Kathy Moore Dec 9  
Meredith Smillie Dec 9  
Jay Wallace Dec 9  
Joshua Wallace Dec 12  
Melissa Moore Dec 13  
Arlen Dean Gaddy Dec 14  
Michael Hansen Dec 14

[Caring Connections Fund](#)

### PROGRAMS / EVENTS

Dec 1 - Muskegon Rotary Interact  
Dec 1 – ReWine @ Burl & Sprig  
Dec 8 – AvaSure  
Dec 15 - Lazarusman Consulting  
Dec 22 – Holiday Break –  
NO CLUB MEETING  
Dec 29 – Holiday Break –  
NO CLUB MEETING



### VISITORS & GUESTS



Steve Salter  
(first elected  
mayor of  
Whitehall &  
founder &  
President of  
Killer Blues

Headstone Project) guest of **John Noling**

**John Noling**  
also  
introduced  
impressive  
Interact  
District  
Leader **Doug Mealey**



**Cody "Chip" Chipman** welcomed our  
Rotary Youth Exchange Student from  
Thailand, **Design**, and one of our  
speaker's today **Carina Nunez**  
(President of Orchard View Interact  
Club)



**Miranda Hutson** (introduced by **Lisa Stafford**) joined us from the Reeths-Puffer Interact Program

**Jules Terry** introduced **Megan Adams**  
who is a Junior from Reeths-Puffer, a  
great tutor for 6<sup>th</sup> grade students, & a  
heck of a  
softball  
player.



**De'Antae Mayhew**, President of the  
Muskegon  
High School  
Interact  
Club, was  
introduced  
by **Claire Root-  
Benson**.



## VISITORS & GUESTS

(Continued)



**Robert Mathis** brought his wife & co-founder of Citi Boi Corp, Reyna, and daughter, Aijah (Jr at Reeths-Puffer).



**Marty Systema** led the cheers for the Montague Wildcats then passed the microphone to Montague Superintendent (& fellow Rotarian from Montague) **Jeff Johnson**. Jeff presented the Director of Student Services and fellow administrator, Christy Thommen. Christy highlighted two Seniors, Silas Janzik and Hayden Johnson. Silas runs track, plays football, powerlifts, and also started a non-profit called Front Line Guardians for veterans. He plans to attend the University of Michigan for mechanical engineering.

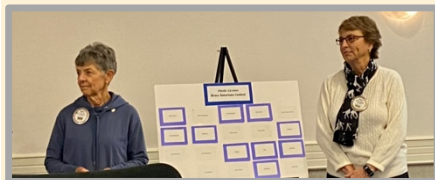


Hayden is the Treasurer for their NHS chapter, Secretary of the Youth Advisory Council for the Muskegon County

Community Foundation, Captain of the soccer team, former Captain of the volleyball team, and she plans to attend MCC to play soccer then head to Michigan State for Environmental Science and Sustainability.

## ANNOUNCEMENTS

### Brave Rotarians Poetic License Contest



This week's poetic license assistants, the **Nancy's....Crandall** and **McCarthy** are pictured above. Leaving the Brave Rotarian group this week were **Jeff Fortenbacher** and **Jamie Hekker**.



### Rotary's Random Act of Kindness Cards

**Mary Anne Gorman** shared her committee's latest project – business cards that pay it forward with acts of kindness. These are a great way to connect with our community and new potential members. These cards will be available at the membership tables each week until they are gone.



## Muskegon Rotary Grants

### Past President

**Jason** was excited to regain the mic and let us know about two great Rotary Club grants: \$1,000 to the Muskegon Area District Library's Bike Library and a \$6,600 Match to our Muskegon Area Interact Clubs toward the cost of bringing speaker Molly Kennedy to Muskegon area high schools.

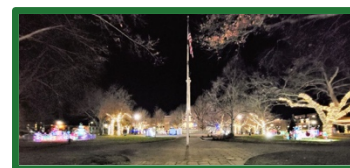


### Thank you, Darlene!

The Youth Exchange Committee is so grateful to **Darlene Collet** for all she does; from pop cans for Interact, to school clothing for international service trips, to always volunteering, especially recently hosting two students in her home for the District 6290 Youth Exchange weekend Conference. She has also offered to provide local museum tours for both of our inbounds. We salute Darlene as an all-around gem for youth advocacy in our club and community. Thanks Darlene!



Hackley Park in downtown Muskegon is well-lit and beautiful, with holiday decorations again this year. The City of Muskegon has a fantastic crew who sets everything up along with the thousands of lights to make this a fabulous holiday display.



## New Member:

### Samantha Scott



**Samantha** graduated from Harrison High School, attended Mid-Michigan Community College then transferred to Northern Michigan University where she graduated with a bachelor's in science with a double major in Psychology and Sports Science and a minor in Business Administration. While at NMU, she was an active member of multiple organizations including Student Psychology Association, Philanthropic Chair of Phi Sigma Sigma sorority, Co-Founder and Vice President of Student Association of Sports Science, and was a member of Northern's upperclassman honors society and Psy Chi. She was the Aquatics Director of a youth camp in Michigan during her summers in the U.P.

Samantha attended one semester of graduate school at GVSU in their Occupational Therapy program but found a new direction after an invite from Eric to embark on the business venture of Preferred Employment and Living Supports, where she is now President and Director of Services. She is an active member of the Muskegon Lakeshore Chamber where she has completed the Muskegon Star and Muskegon In-Focus programs. Samantha is also an active member of Encompass working on advocacy efforts for fair wages for direct Support Professionals, Livability Lab 3.0 where her team is attempting to

build a program to connect volunteers and community members with support for professional openings in healthcare, child care and school settings, and is a member of the I/DD Consortium at Health West where she collaborates with other agency leaders to develop and modify programming and increase awareness/reduce stigma of mental health in the community.

She is passionate about leadership, assisting those with disabilities and those who serve them, outdoor activities such as hiking, cross-country skiing, paddle boarding, and community volunteering. Her biggest passion is her family which consists of her husband of 10 years, Josh (an Alumni of Michigan Tech University), her 3-year-old daughter Ava, her rescue dog Kimber, and her newest family member, a baby boy due in March.

She is excited to be a Rotarian, where she can learn, meet new people and give back to her community."

Samantha is sponsored by **Eric Seifert**.



### Muskegon Rotary Board

Jane Clingman-Scott	Ginny Sprague
Tim Arter	Jason Piasecki
Kristi Nagengast	Don Hutchins
Marty Sytsema	Kim Boersema
Jeff Lewis	Asaline Scott
David Ramos	Marty Gerencer
Aaron Maike	

### Please email Club Board

Members through this [link](#):

### RIM Reporting Team

Susan Besteman.	Lori Weiler
Jackie Farrar	Susan Holkeboer
Roger Morgenstern.	Meredith Smillie
Bill Johanson.	John Noling,
	Contributor

## THIS WEEK'S PROGRAM:

## Muskegon Rotary Interact – The Future of Rotary



Facilitator: **Randy Lindquist**

Interact Panelists: **Megan Adams, De'Antae Mayhew, and Carina Nunez**

Reporter: **Meredith Smillie**



The Interact student panel was introduced and facilitated by **Randy Lindquist**.

Short video about Interact:

<https://youtu.be/9EOlvRMnKxc>



Interact groups are required to conduct two service projects per year: one that benefits their local community or school and the other builds on service worldwide and understanding.



De'Antae noted that they have not yet completed their service projects but are working on them. Youth Action Committee provided them with a \$500 grant. Two students from Muskegon High

School will attend a service trip to El Salvador, including De'Antae. Megan noted that they were able to bring Molly Kennedy to the Reeths-Puffer High School and their club was able to spend time with her. There were three sessions; one for lower classmen, upper classmen, and the Reeths-Puffer Interact Club. At Orchard View, Carina noted they have done community service for a local veteran (raking leaves) and fall clean up. They raised funds and have purchased a wheelchair for a person affected by polio. Carina's Interact club is doing Adopt-a-Family and are purchasing gifts for a family of six. They will purchase and wrap the gifts for the students. They also plan to do a fundraiser for winter clothing for students in need. Megan noted that they are shopping for a foster youth through Bethany Christian Services and are purchasing Christmas gifts for a two-year-old that just entered foster child.

Megan reported they are also sending three students to El Salvador and are fundraising for these students. De'Antae noted that they are working to have the diatribe at Muskegon, organizing a blood drive and fund raising for the El Salvador trip. De'Antae noted that they are always searching for new students to participate. Megan noted that bringing Molly Kennedy to the school has really high-lighted the Interact group. Carina also noted that their Interact group is seeing a positive impact on their



school. All three students noted that Interact provides them an opportunity to share about themselves and what they are passionate about, which helps develop their leadership skills. They have been able to use their voice, speak up, and are more comfortable sharing ideas, wisdom, and gifts. De'Antae also noted that he has really grown and Interact helps him to focus on others versus himself. He is very passionate about fund raising for any of the activities his Interact group is passionate about. Megan noted that she too is passionate about fundraising for Interact student ideas and that their small initiatives are making a big impact on their school and community. Carina noted that it has helped her to connect to others in her school and feels like she has been able to have an impact on other's lives. Megan noted that Interact helps her feel connected to others, new groups of people, and be more confident in what worries her and ideas. De'Antae feels that he is working to help others and be pushed outside of his comfort zone.



Our future Rotarians commented that service above self means that De'Antae can be counted on to be there and to help others. Megan noted that it really helps her to look



at how she can help others and that means making sacrifices in her own life. Carina noted that she really enjoys supporting others as it helps her to learn more about herself and helps her handle her own anxieties. Carina noted that she would love to engage more with Muskegon Rotary and to be seen as capable of helping others. Megan also noted that Muskegon Rotary supports them with fund raising, pop cans fund a ton of work that they are doing at their school and the community. De'Antae also noted that funding really opens doors for them to do more in the community and enjoys the impact that they are having on him.



All three students noted the biggest challenges, after the pandemic, is growing membership, as well as keeping members active and involved. All three noted that many of their new members are lower classmen and they are busy helping them grow their abilities. Carina noted she created a binder of information on how to run meetings, what they have done, what has been successful and membership information. Carina noted that they would love to do a Haunted Trail or Turkey Trot but have not been able to get that off the ground. Megan would love to do a dress or suit drive for students to participate in formal dances. De'Antae noted that they really want to get the blood drive off the ground.

Huge thanks to Aaron Maike, Jamie LeRoux-Sowa and all the students at the CIM for our fabulous dinner. Your support is much appreciated.

ROTARY INTERACT PANELISTS TODAY:

DEANTAE MAYHEW	MUSKEGON HIGH SCHOOL
CARINA NUNEZ	ORCHARD VIEW HIGH SCHOOL
MEGAN ADAMS	REETHS-PUFFER HIGH SCHOOL
RANDY LINDQUIST	INTERACT COMMITTEE CO-CHAIR





## Mini-Pearls with Molly Kennedy



Contributed by **John Noling**

Creating the Champion Within presentation by Molly Kennedy at Reeths-Puffer High School Nov 29, 2022

Nothing fancy here, but powerful ideas that make sense to me....

- flipping your 20 means shifting your paradigm: changing your perspective means everything
- relates to achievement in life
- life is always about perspective, think about it
- shifting your paradigm represents a choice that allows for hope
- only exists in your mind, we need to own how we really feel
- "no one gets to live in the penthouse (up there) unless they are paying rent!"
- "What you see is what you get."
- "What you believe about yourself is what you act out"
- "ARE YOU PLAYING SMALL?"
- "Where your focus goes, your energy flows."
- In life you have to do the reps (repetitions and practice) to do most anything well

- Flipping your 20 is a lifelong skill, better and easier to learn earlier in life
- "being in control of your mindset is an asset that allows you to deal with most anything life throws at you"
- Remember, YOU ARE NOT ALONE!
- "YOUR CIRCUMSTANCES DO NOT DETERMINE YOUR FUTURE...YOU DO!"
- "YOU CAN GIVE UP, OR YOU CAN GET UP!"
- Resilience: In life, we can stack up our successes one after another and build up our resilience for when stuff happens
- We all have stuff
- Enthusiasm matters!
- We need to connect our dots from childhood, etc....there is a reason why and how things happen
- Flipping your twenty is not easy...but it is possible!
- Stop waiting for easy, handle HARD better!
- One way to get better is to take ACTION!
- It can result in a next version of yourself!
- So step up and challenge yourself
- You get to choose what your Everest is! What is your Everest going to be?...a choice you have every single day
- LIFE DOESN'T JUST HAPPEN TO YOU, IT HAPPENS FOR YOU! (Tony Robbins)



## Thoughts on Molly's Speech from Muskegon Rotarian Don Hutchins

What a great positive message from Molly Kennedy! **John Noling** invited several Muskegon Rotarians to hear Molly Kennedy



deliver a block buster positive message at Reeths-Puffer HS this morning, Tuesday 11/29/22. I was in attendance with my wife, Molly. She was introduced by the leadership of the Reeths-Puffer Interact Club. Molly Kennedy's message of taking responsibility for your own personal perspective and turning it into setting future goals and getting up when being knocked down resonated with the students, guests, administration, and faculty. She had many personal stories she shared that brought her to this positive point in her life. Shifting your own Paradigm after adversity. She called it "flipping your 20" in a reference to 2 dimes visa a vi a Paradigm. The students were engaged, receptive, and gave a warm reception. How can all of us adapt this strategy and turn our negatives in to positives?

