

Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned?

Next Meeting (2/16/23) — My Heart Safe Program

This is it: the absolute edge of no return: to turn back now and make home or sail irrevocably on and either find land or plunge over the world's roaring rim" - William Faulkner

MEETER - GREETER

Jeff Bessinger & Mary Beth Ramos

REFLECTORS

Meredith Smillie Feb 9 Andy Beulow Feb 16 Feb 23 Roger Morgenstern (Contact Alan Alpert if you can help)

NEXT WEEK'S BIRTHDAYS

Jane Clingman-Scott Feb 16 Kristi Pawlak Feb 21 **Caring Connections Fund**

PROGRAMS / EVENTS

Feb 9 -- Lazarusman Consulting Feb 16 -- My Heart Safe Program Feb 16 – ReWine at 5:15 pm at Walker's (Delta) Feb 23 - Lorin Industries

Muskegon Rotary Board

Jane Clingman-Scott Tim Arter Kristi Nagengast Marty Sytsema Jeff Lewis David Ramos Aaron Maike

Ginny Sprague Jason Piasecki Don Hutchins Kim Boersema Asaline Scott Marty Gerencer

Please email Club Board Members through this link:

VISITORS & GUESTS

Cedric Scott (today's speaker), Dr.

David Wingard (Michigan Health

Analytics), and Charles Fair (MBA

Journal) were introduced by Asaline

Scott

Sarah Rinsema introduced

Diana Wenger (MADL Early

Literacy Coordinator)



Rotary Youth Exchange Student Design Laorattanakul was introduced by Joannie Smith Mark Alpher (Norton Shores Living Community Magazine) was a guest of Melissa Boughner



STUDENT GUEST



From Covenant Academy, math teacher Deondre Taylor introduced Sean McElrath. Sean has only been with Covenant Academy one month and is enjoying his time there before joining the US Military next year.

RIM Reporting Team

Susan Besteman Chip Chipman Susan Holkeboer. Kathy Moore Roger Morgenstern John Noling, Contributor

Lori Weiler Jackie Farrar **Bill Johanson** Meredith Smillie

ANNOUNCEMENTS



President Jane introduced an inspiring group of Rotary EarlyAct fifth graders from Lincoln Park Elementary (Mona Shores)! The ten students sold carnations after the meeting on Thursday to collect money to sponsor a food truck. Thank you to Superintendent Bill O'Brien and Past Rotary President Jay Wallace Jr. for your work in getting this club started. Thank you, Principal Shari Ralston and teacher advisors Tim Zinger and Amy Recore, for taking your time to support these kids. Our club is looking forward to supporting them!

For more photos, see the last page or click here.



February 16th – Back at the Delta

Our Rotary lunch meetings will be back at the Delta.

Seaway Run Countdown Begins!



https://seawayrun.com Sign-up sheets will be at the meetings.



Board Meeting Rescheduled From February 14 to February 21 (same place, same time)

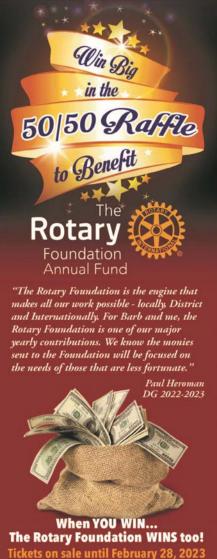
Book Display



Find a good book at the entrance of the Muskegon Rotary noon meetings. The Rotary Library in collaboration with MADL will

have books themed to celebrate Black History Month all month long.

Contact Ginny Sprague or Meredith Smillie for 50/50 Raffle Tickets



New Member Induction



Julia Straley is a native of Muskegon, where she graduated from Western Michigan Christian high school and then earned her BA in Accounting and Finance from Western Michigan University. Most recently, she became a Certified Professional life and business Coach from the World Coach Institute and the International Coach Federation. She lived for the past 25 years with her two sons in the mountain town of Park City, UT, before moving back to Muskegon to care for her father.

Julia is the owner of Pro

Accountability, a firm that provides a full suite of accounting and business advisory services. Her goal is to help business owners alleviate the stress of running their businesses so they can focus on the big ideas that make things happen.

She has been in the finance and accounting fields for over 30 years. She has extensive experience in the field and has held positions such as financial manager, business analyst, and controller. Then, after working in the sector for a while, she made the decision that she wanted to be a part of something bigger than herself. So she joined the Peace Corps in Uganda, where she spent two and a half years working with women in development, microfinance, and with projects that assisted children orphaned by the AIDS epidemic.

She enjoys exploring the world, serving as a mentor and coach, staying active outside, pursuing her artistic interests, and working on being a lifelong learner.

Her passion is to make a positive impact by assisting individuals and organizations in finding their success in life.

THIS WEEK'S PROGRAM: Lazarusman Consulting



Introduced by: Asaline Scott Speaker: Cedric Scott, LLPC Reporter: Meredith Smillie

Asaline Scott introduced our presenter, Cedric Scott. Cedric and Dr. Dave Wingard started Lazarusman Consulting to create a stronger community in Muskegon County.



They are running a federally qualified counseling center and was also created to address health equity issues in Kent, Oceana, Ottawa, and Muskegon counties. Established in 2009, they are a community-based service provider

whose focus is to address the growing need to treat individuals for behavioral-mental health related problems. There is a shortage of mental health providers in Muskegon County with clinicians experiencing higher than state average for a client caseload. Muskegon mental health providers are very low; 1 clinician for every 431 clients. Areas of Muskegon County are experiencing significant



levels of poverty, challenges to education, and high levels of crime which leads to high levels of trauma and stress due to shortages.

Lazarusman serves our community with having a local location in the heart of Muskegon, culturally diverse staff, evidence-based practices, assessments, individual therapy, group therapy, family therapy, research and evaluation and leveraging resources. They have diversity of staff (and the degrees that they hold) and utilize multiple treatment modalities. Dr. Wingard spearheads the return-on-investment data gathered and how to best leverage resources provided. They work on community engagement, substance abuse treatment, research and program evaluation, mental health services, domestic violence services and anger management classes.



Lazarusman has a small staff, but they are making a very large impact in our community. Dr. Wolf operates BRAINS in Grand Rapids and provides neuro-psychological support to children and families. Lazarusman also runs a CPR mentoring program at Covenant Academy.

Additionally, they provide group services, mentoring, and individual sessions for youth that are living and attending Covenant Academy. They have an evidenced based program that is aimed at reducing aggression via an Aggression Replacement Training Workbook and help with developing social skills, anger control and moral reasoning techniques. Lazarusman also partners with other community resources and agencies that provide internships, job shadowing opportunities, to develop job skills and allow students the opportunity to attend secondary educational institutions.



Lazarusman's domestic violence groups are designed to help community members to not feel attacked as they go through classes and develop supports. The goal is to deliver information to individuals in a healthy and positive manner. They also offer a shoplifting and theft addiction treatment regimen. This groups helps to prevent and reduce theft behaviors. They also provide groups for substance use disorders, as well as individual treatment. They provide driver's license evaluations for driving reinstatement. They have highway safety education groups to learn how negative self-talk may drive substance use related accidents.

Lazarusman is developing a niche for supporting our community. For more information, please visit their website at: www.lazarusman.com for consulting services, productive development, and more. The Hub has awarded over \$200,000.00 in grant funds to eligible businesses through the BAF program. The Hub is looking for more referrals from the community – help spread the word.



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