

Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned?

Next Meeting (3/9/23) — AgeWell Services of West Michigan

This is it: the absolute edge of no return: to turn back now and make home or sail irrevocably on and either find land or plunge over the world's roaring rim" - William Faulkner

MEETER - GREETER

Daniel Hartmann & Melissa Horton

REFLECTORS Contessa Alexander Mar 2 (Contact Alan Alpert if you can help)

NEXT WEEK'S BIRTHDAYS

Ron SuszekMar 9Timothy DeMumbrumMar 11Stephanie TushekMar 11Caring Connections Fund

PROGRAMS / EVENTS

Mar 2 – Trinity Health Mar 2 – ReWine at 5:15 pm Mar 9 –AgeWell Services of West MI Mar 16—USS Silversides Mar 16 – ReWine at 5:15 pm at Walker's (Delta)

Missed last week? Watch the 3/2/23 meeting <u>here</u>.

Muskegon Rotary Board

Jane Clingman-Scott Tim Arter Kristi Nagengast Marty Sytsema Jeff Lewis David Ramos Aaron Maike

Ginny Sprague Jason Piasecki Don Hutchins Kim Boersema Asaline Scott Marty Gerencer

Please email Club Board Members through this link:

VISITORS & GUESTS



Sue Allore (Women Who Care) – guest of **Ginny Sprague**



Ethan Lohman (Community Choice Credit Union Downtown Member

Center Manager and upcoming new member) – guest of **Courtney Porrett**



Claudine Weber (Chief Philanthropy Officer at Trinity Health Muskegon)



Laura Fitzpatrick (Community Health Improvement Officer at Trinity Health Muskegon) – guest of **Dave Alexander**



Treyvor Barcley (Sales & Service Engineer for Secure Alarm) – guest of **Arlen-Dean Gaddy**



Rotary Youth Exchange Students **Design** (Thailand) and **Emma** (Austria) were introduced by **Joanie Smith**

Visitors & Guests (Continued)



Brock Hyder (Northern Lights Property Inspections) was introduced by **Tom** Palmer



Shemya Gilmore (Intern at United Way of the Lakeshore) – guest of **Christine Robere**

Student Guests



Marty Sytsema introduced West Michigan Christian. To introduce two of the seniors, Marty brought Josh Scholma (WMC Counselor). Josh introduced Cindy Wagenmaker (Class VP who plans to attend Calvin University to major in Biology and minor in either Theology or Spanish) and Jonathan Williams (highly active student who plans to attend Liberty University to major in Political Science for a career in Congress).

RIM Reporting Team

Susan BestemanLori WeilerChip ChipmanJackie FarrarSusan Holkeboer.Bill JohansonKathy MooreMeredith SmillieRoger MorgensternJohn Noling, Contributor

New Member Inductions



J.J. Lewis and Dominique Bunker were inducted this week, and both sponsored by Christine Robere!

J.J. Lewis joined the United Way of the Lakeshore family as Chief Development Officer last August and moved back home to Michigan after seven years in California. During his time in California, he served as the Superintendent of Compass Charter Schools. Originally from southeast Michigan, he cherished family camping trips to Pioneer Park and now he lives a few miles from there. J.J. holds a Master of Arts in Educational Leadership from San Diego State University and a Bachelor of Science degree from Central Michigan University in History and Political Science. He also has a Nonprofit Management Executive Certificate from Georgetown University and is a Certified Fundraising Executive. He is currently finishing his dissertation "Inclusion in California Public Schools: Perspectives of their Gav Male Employees" from the University of Southern California. J.J. jumped right in upon moving to Muskegon, sharing and implementing ideas at United Way to connect with our donors and volunteers. He was elected to the Association of Fundraising Professionals West Michigan Board of Directors and continues his service on the CMU National Alumni Board of Directors, chairing their Scholarship Committee. He enjoys being active and involved in the communities where he lives and works. J.J. lives in Laketon Township with his partner Justin, their three cats, and three dogs. He is honored to be joining our Rotary Club and the international Rotary family.

Dominique Bunker is the Community Engagement Director at United Way of the Lakeshore. She is a proud Muskegon native, member of the Nonprofit Leadership Alliance, and Oakridge Eagle alumni. Dom joined the United Way team after graduating from Western Michigan University with a Bachelor of Business Administration in 2018. While at Western she studied entrepreneurship with a focus on product development and double minored in general marketing and nonprofit leadership. Before United Way, Dominique worked as a social justice coordinator with the Wesley Foundation, managing a soup kitchen, assisting with housing vouchers. supporting migrant families, and supporting anti-racism work. Her passions include social justice, veteran services, nature conservation, and volunteerism. She and her partner Ben take a very active role with their seven nieces and nephews. She is proud to serve the community where she grew up and looks forward to supporting our neighbors every day.

Member Spotlight:



Jackie Farrar joined Rotary in 2019 because she wanted to build relationships and serve in the community. She has been with her husband Matt for almost 30 years, has three adult sons, and two grandchildren. Jackie works in the Finance Department at HealthWest and enjoys long walks on the beach, hiking, running, attending church, and spending time with family and friends. She is part of the fabulous RIM Reporting Team and likes being a small part of the impactful work that the Rotary Club does. View the video here.

THIS WEEK'S PROGRAM: Trinity Health





Speaker: Gary Allore Introduced by: **Rem Sprague** Reporter: **Jackie Farrar**

Trinity Health Muskegon has 120 years of community history. Mercy Hospital opened in 1903, the current facility was built in 1974 with renovations and expansions in



the 1980s and in 2002. Hackley Hospital opened and was built in 1904, with renovations and expansions in each decade from the 1940's through the 1980s and again in 2005. Muskegon General Hospital opened in 1942. The current facility was built in 1967 with renovations and expansions in 1983 and in 2001.

- Total Colleagues in Muskegon: 3,900
- Aligned Providers (Medical Staff): 800



Trinity Health Muskegon Key Services

- Cardiovascular Services
- Orthopedics
- Neurosciences
- Oncology
- Emergency
 Services
- Bariatric Surgery
- Primary Care
 Network
- Women's Health
- Imaging

Healing Spaces for All Colleagues

The Foundation of Trinity Health Muskegon



Trinity Health Muskegon Statistics

- Number of Beds: 331
- Annual Revenue: \$800 Million
- Historical Operating Margin: 3.0% (currently -3.0%)
- Inpatient Discharges: 18,000
- ER/Urgent Care Visits: 130,000
- Surgery Cases: 15,500



For visitors, colleagues, medical staff members & volunteers. These healing spaces have been 100% funded through the generous donations of community members, fellow colleagues and medical

The future of healthcare is to keep patients out of the hospital, focus on primary care, ambulatory care, home care, and preventative medicine. Due to the shortage of healthcare workers, Trinity will likely change current model care settings, as continued ambulatory focus, and "for profit" competition is everywhere for healthcare services.

Industry trends for the hospitals are reporting record losses and employee shortages due to the pandemic.

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Agency labor, premium pay and the supply chain has caused the cost base to outpace revenue over the past two years. Lastly, volume has decreased from the pre pandemic levels.

Trinity Health – A National "growing" System



The areas on which the hospital is looking to focus, regarding these trends are recruitment and retention, quality, efficiency with new models of care, fresh perspectives on current practices, and improving access and profitable growth.

Trinity Health Muskegon Facility Investments



Trinity Health continues to expand and provide quality services in communities and continues to uphold the Elite Five-Star Rating from the Centers for Medicare & Medicaid Services.





Paul Harris Fellow Award - Gary Allore



Gary Allore is a Muskegon native who graduated from Muskegon Catholic Central High School where he was a varsity athlete. He went on to Albian where he ran track and played varsity football (and was elected team captain by his teammates). Team is a continually theme in Gary's career. After a brief stint in public accounting, Gary followed his calling and moved into healthcare where he has enjoyed great success. Gary's commitment to his community extends well beyond his business life. He's a member and past chair of the board of the Muskegon Area Chamber of Commerce, a member of the board of the Community Foundation of Muskegon County, serves on the Kid's Food Basket Advisory Board, Chair of the Professional Division of the United Way Campaign, Board Member of Trinity Health Emergency Medical Team, serves the St. Francis Parish as a member of the Finance Council, past Board Member and Finance Chair of the Muskegon Catholic Education Foundation, and he is also a member of Talent First (formerly the CEO Council) where they are focused on ensuring that West Michigan is first in strategies to attract, develop, and retain world class talent. This includes promoting diversity, equity, and education that will meet every potential employment opportunity which are two themes that are very closely aligned with Muskegon Rotary. As part of that collaborative, Gary Co-Chairs the Pre-K for All (a program to expand access to Head Start through collaboration with Muskegon, Muskegon Heights Schools, and the YMCA.

Rem Sprague also mentioned in his introduction of Gary, "Given his business and community commitments, is it any wonder it has taken three years to arrange a visit to achieve this award?"



ANNOUNCEMENTS DEI Committee Updates



March 3rd at 7:30 PM – Njioma Grevious at Frauenthal

23-year-old Njioma will be making her debut with the West Michigan Symphony at the Frauenthal Center tonight at 7:30pm. She will also be at the Block performing solo this Saturday at 7:30pm. Rotary members will receive a 10% discount on tickets using code ROTARY for a cost of \$27. To order, please call 231-726-3231. Njioma was the first prize winner at the 2023 National Sphinx Competition in Detroit and will perform Glory, a new composition by Marcus Norris of Jackson, Michigan. Norris, who made his first music producing rap beats on pirated software, will be in Muskegon for rehearsals and the performance, and will be visiting young music students at Oakview and Marquette elementary schools, Muskegon Heights Academy, and Mona Shore High School.

ANNOUNCEMENTS (Continued)



March 9th-11th—Detroit '67 is a play by Dominique Morisseau at the Beardsley Theater. There will be a meet and greet the crew and other members of the theater after the last show in the lounge. There is a special Rotary social event on Saturday March 11th at 7:30 PM for all Rotarians and their guests. Come enjoy this thought-provoking and timely masterpiece set in Detroit. Picture this—It's the summer of 1967, and the soulful sounds of Motown are breaking records and breaking down barriers. Siblings Chelle and Lank make ends meet by running an unlicensed bar in their Detroit basement, a risky business as police crackdown on afterhours joints in black neighborhoods. When Lank offers shelter to an injured white woman, tensions escalate both in their home and in their community and they find themselves caught in the middle of the violent '67 uprising. Detroit '67 explores a moment rife with police brutality, immense racial divide, and a powder keg of emotions.

After the play, join your fellow Rotarians in the Frau Lounge (formerly Smash Wine Bar), in the lower level of the theater, at a cast party where you can meet the cast and discuss the themes of the play. A cash bar will be available. To get your tickets (cost is \$26 per person), contact **Asaline Scott** at <u>ascott03169@gmail.com</u> and the purchased tickets will be available at Will-Call at the theater. For more information, you can visit the Facebook Page at:

https://fb.me/e/2CjCda2cU

2023 MUSKEGON ROTARY 32 BRAVE ROTARIANS CONTEST



Ginny Sprague is asking who will be the next Brave Rotarians?

March is around the corner, and so is March Madness, our ever-popular 32 Brave Rotarians contest. We must recruit **32 Brave Rotarians** to fill our brackets and compete to **win a Paul Harris Fellowship.** Our Brave Rotarians will compete in <u>either the Men's or Women's</u> tournaments beginning with the Sweet Sixteen round.

- Each contestant will contribute \$100 to the Muskegon Rotary Foundation.
- Please make your payment by Thursday, March 23, 2023.
- You may sign-up <u>by Email</u> to <u>remsleep1@comcast.net</u> or <u>ginny.e.sprague@gmail.com</u>.
- <u>In-person</u> sign-ups began on Thursday, March 2, and will continue until we fill our Men's and Women's brackets.
- Each Brave Rotarian will compete in <u>either</u> the Men's or the Women's Tournament.
- Ginny Sprague will <u>notify all participants in writing to confirm their</u> <u>participation.</u>
- Each participant will represent a team competing in the Sweet Sixteen Round beginning March 23 for the Men and March 24 for the Women.
- As your team moves through the remaining brackets, so do you!

Following the final tournament games on Sunday, April 2 (Women) and Monday, April 3 (Men), we will know which teams won the NCAA championships. We will also know which two (2) Brave Rotarians will receive a Paul Harris Fellowship prize.

At our meeting on **Thursday, April 6**, we will draw **one (1) name from the remaining 15 Brave Rotarians** in the Men's and Women's contests whose teams did not win the tournament. **Each of the two (2) drawing winners will also receive a Paul Harris Fellowship.**

If you are one of our **four (4) lucky winners**, your \$100 investment will yield a prize worth \$1000! If you are already a PHF, you can award your prize to another worthy candidate or claim your prize to advance your status to a Paul Harris Fellow plus category.

Thank you for supporting the Rotary Foundation; may the best teams win!





Raise a Glass to Rotary!



Pours for Community, a series of happy hours at local drinking establishments to support the Muskegon Rotary Foundation, will run April 21-May 6.

This is an updated version of the successful Pours for Polio we had last spring. There will be a special Rotary Happy Hour at each location. Proceeds from drinks purchased, including a special "Rotary Drink" at each location, will benefit our Foundation. Rotarians and guests are welcome and light appetizers provided.

Foundation funded activities include youth leadership and service mentoring, food security and nutrition, education, public health, DEI, community cultural enrichment, community development and park development, and international aid initiatives.

Be a happy hour host! Contact **Mary Anne Gorman** or **Lisa Metzdorf** with the New Member Engagement Committee.

Sponsors will help ensure a successful event and range from \$250 - \$2,500. All donation amounts are welcome. Checks can be made out to: Muskegon Rotary Foundation – Pours P.O. Box 66, Muskegon, MI 49443.

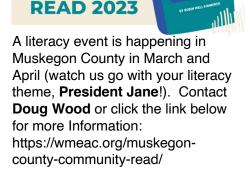
Contact **Tim Arter** at 231.750.8827 or <u>timarter935@gmail.com</u> for any sponsorship related questions.

Dates and times!



*Friday 4/21 at 4-6 pm: -Salty Pecker *Monday 4/24 at 5-7 pm: -Unruly Brewing Company *Thursday 4/27 at 5-7 pm: -Socibowl *Saturday 4/19 at 3-6 pm: -18th Amendments Spirits Co.
*Tuesday 5/2 at 5-7 pm: -Wonderland Distilling Co.
*Thursday 5/4 at 5-7 pm: -Pigeon Hill
*Saturday 5/6 at 3-5 pm: -Pints & Quarts





READ THE BOOK AND JOIN THE DISCUSSIONS!

Seaway Run Countdown!



https://seawayrun.com Sign-up sheets will be at the meetings.

Please welcome potential new members:

Mark Alpher who is a Market Manager at Best Version Media. Mark is sponsored by **Melissa Boughner** and has been approved by the Muskegon Rotary Board. Due to a scheduling error, Mark has already been Inducted.

James J. (also known as J.J.) Lewis who is the Chief Development Officer at the United Way of the Lakeshore. James is sponsored by **Christine Robere** and has been approved by the Muskegon Rotary Board. James was also already inducted and is a Corporate Member with the United Way of the Lakeshore.

Dominique Bunker who is the Community engagement Director at the United Way of the Lakeshore. Dominique is sponsored by **Christine Robere** and has been approved by the Muskegon Rotary Board. Dominique was inducted and is a Corporate Member with the United Way of the Lakeshore.

CeCe Riley who is the Community Relations Manager at HealthWest. CeCe is sponsored by **Julia Rupp** and has been approved by the Muskegon Rotary Board. CeCe will be inducted in the next few weeks.

Dayne Robinson who is the Director of Advancement at Muskegon Catholic Central. Dayne is sponsored by **DJ Hilson** and has been approved by the Muskegon Rotary Board. Dayne will be inducted in the next few weeks.

Ethan Lohman who is the Member Center Manager at Community Choice Credit Union. Ethan is sponsored by **Courtney Porrett** and has been approved by the Muskegon Rotary Board. Ethan will be inducted in the next few weeks.

Interact Insider



Not officially an Interact club, these North Muskegon middle schoolers are learning to give of themselves to others in a variety of ways this year under the leadership of Rotarian Teacher **Danielle Risley**. Their high school Rotary Interact club awaits them!



- Purple Pinkie raising \$140.00 toward Ending Polio Now
- Be Here Tomorrow Suicide Awareness project at school-Raised \$3000 of the needed \$4500 with the deadline of March 16th
- Planted 50+ trees at Muskegon Lake Nature Preserve and cleared bittersweet from the outdoor classroom at NM
- Volunteered their time at an animal sanctuary
- Raked leaves for elderly citizens within the NM community
- Reading mentors to 3rd and 5th grade students
- Turkey Trot 5000 food items to Muskegon Rescue Mission



FORMER INTERACTOR KEEPS ON SERVING

Remember Bella Lindsay Santiago's outstanding Jan 5 Rotary presentation regarding her summer internship in Gambia? She proposed funding two projects, one dealing with



providing clean water, sanitation, and hygiene and another focused on saving mothers and children in health care facilities.

Bella is now a junior at the University of Pennsylvania and served with distinction in the North Muskegon Rotary Interact Club just a few years ago. She was impacted a lot by her El Salvador service trip and her service as President of the North Muskegon Rotary Interact Club. A lot of good in this world has happened since!

Our Rotary WCS committee and Board has now approved \$1,000 toward the \$2,000 project to renovate the broken solar-powered water pump Bellla described to us in her Jan 5 Rotary program. WCS Chair Mark Meyers has since presented a proposal to WEHOP for the other \$1,000 sum of the project and has been successful, so the entire project can now be funded!

In the meantime, North Muskegon Rotary Interact has raised \$180 at their recent pancake breakfast to apply toward other water/health issues at the regional hospital and local clinics where Bella worked this past summer.

Bella recently spoke with the **Chestnut Hill Rotary** in Philadelphia about helping to fund a new Maternity Ward, badly in need of repair and renovation. She is now speaking to as many Rotary clubs as she can to seek matching funds and would like to ask for our help. The group *Seeds of Change* has committed to donating \$30,000 in matching grants for the \$57,000 Maternity Ward project. This additional project will positively impact maternal and child health, reducing infant mortality rates, and provide a clean and safe environment for giving birth.

The main objective for the Maternity Ward is to develop **private** delivery rooms for women (currently, rooms are separated by hanging sheets) that have **proper delivery beds** (currently they are rusted beds with thin cushions). The other goal is to install a **Neonatal Intensive Care Unit** (**NICU**) with **incubators** for babies with oxygen because they currently do not have any incubators. Anyone from our Rotary Club or community who may wish to help this cause is certainly welcome. Bella has set up a GoFundMe link for the Maternity

Ward: <u>https://gofund.me/469b3149</u> Any donation checks can be made out to Power Up Gambia, at the following address:

Power Up Gambia co Lynn McConville 4724 Kingsessing Ave Philadelphia, Pa. 19143

We salute our hometown hero, Bella Santiago Lindsay, who has carried Service Above Self to a new level as she plans for a medical/health care career path at UPenn.

Below is the floorplan for the proposed Maternity Ward:

Current Maternity Ward conditions:







