



**Mark Meyers, President**  
**Jason Piasecki, President-Elect**  
**Jane Clingman-Scott, President Nominee**  
**Tim Arter, Treasurer**  
**Linda Juarez, Past President**  
**Kathy Betts, Secretary**  
**Orville Crain, Director**

**“Service Above Self”**

# Muskegon Rotary in Motion

<http://www.muskegonrotary.org>




**Muskegon Rotary Club**  
 Club 16 (2809) – District 6290, Chartered May 1, 1916  
**Next Meeting March 25 12:00-1:00pm**  
**From Your Laptop, Phone, or Tablet**  
**ReWine Sat Club – Next mtg 4/1 5:15 pm**

**Mary Anne Gorman, Director**  
**Jeff Lewis, Director**  
**Ginny Sprague, Director**  
**JD Wallace, Sr, Director**  
**Doug Wood, Director**  
**Meredith Smillie, RIM Reporter**  
**Susan Besteman, RIM Editor**

**THE FOUR WAY TEST THAT ROTARIANS USE IN MAKING ETHICAL DECISIONS:**

Is it the **truth**? Is it **fair** to all concerned? Will it build **goodwill** and better **friendships**? Will it be **beneficial** to all concerned?

**Next Meeting (3/25/21)—Club Assembly**

This is it: the absolute edge of no return: to turn back now and make home or sail irrevocably on and either find land or plunge over the world's roaring rim" - William Faulkner

## MEETER - GREETER

Joanie Smith

## REFLECTORS

Mike Vogas	3/18
Meredith Smillie	3/25
Jim Schiltz	4/1

## THIS WEEK'S MENU

## NEXT WEEK'S BIRTHDAYS

Melissa Boughner	Mar 27
Howard Hardesty	Mar 29
Jennifer Hammond	Mar 30

## PROGRAMS / EVENTS

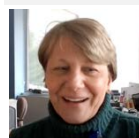
3/18 Mercy Health  
 3/18 ReWine via Zoom 5:15 PM  
 3/25 Club Assembly  
 4/1 ReWine via Zoom 5:15 PM  
 ReWine Zoom Meeting Link:  
<https://us02web.zoom.us/j/88142687497>



## ANNOUNCEMENTS

### Guests

-Dr. Kristen Woods  
 introduced by **Dr. Rem Sprague**



-Kelley Conrad (VP of Academic Affairs at MCC) introduced by **John Selmon**

-**Marty Sytsema** introduced the Whitehall Vikings. High School Principal Brett Westurland introduced our student guests: Andrew Durbin who will attend Kalamazoo College and Carly Jeffries plans to attend Muskegon Community College.



## Public Relations Update

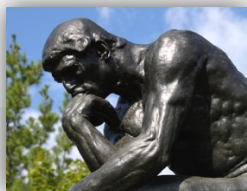
**Renee Dudek** provided us with an update on the Rotary website. The website is through the ClubRunner platform. Their main focus is to

encourage membership in Rotary and demonstrate our impact on the community. The website is a work in progress and Renee is open to suggestions. Please visit [www.muskegonrotary.org](http://www.muskegonrotary.org) to see the new webpage and links to social media.

The Public Relations committee has also increased our social media presence with many hours from **Chanda Cregg**; however, more volunteers to assist is always welcome, so please contact Renee if you are able to assist with content. They are thankful for **Kim Boersema** (our Club Coordinator), who assists with updating calendar/events, speakers, newsletters, and club news each week. All the contact information points back to Kim in order for her to disperse it to the appropriate person/people.



## Invocation/ Reflection



**Alan Alpert** is looking for more volunteers to sign up for Invocation/Reflection leaders. Please contact Alan at [fivea@me.com](mailto:fivea@me.com) or 231-286-8410 to sign up.

## Membership Council

The Membership Council met Thursday morning and are looking for more committee volunteers: recruitment, new member, retention and engagement. If you are a new member looking for a place to serve in the club, please consider those membership council committees. Contact **Doug Wood** at [dwood1952@gmail.com](mailto:dwood1952@gmail.com).

## Embark Rides

Embark Rides are occurring on Wednesday afternoons at two different



elementary schools locally. If you are interested in chaperoning a ride along with the kids, please contact -Rob Taylor. [taylorrrj@ameritech.org](mailto:taylorrrj@ameritech.org) or 810-355-8361

## 16 BRAVE ROTARIANS MARCH—MADNESS SWEET SIXTEEN CONTEST

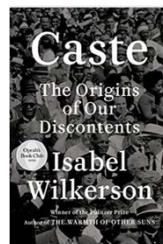
For our annual March Madness 32 Brave Rotarians contest this year, we will pivot to a new format for 2021. This year's contest will be 16 Brave Rotarians—March Madness Sweet Sixteen. Thank you to our volunteers and the teams each represents as they play for NCAA basketball glory and a Paul Harris Fellow award. Contact **GINNY SPRAGUE** if you still owe money.

If you missed the March 18<sup>th</sup> meeting, want to watch it again, or share with someone who may be interested in learning more about our Rotary club, you can view the video [here](#).

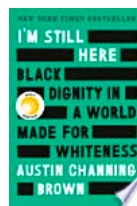
## Book Discussions on Racial Equality are Back!

The DEI Book Discussion Subcommittee invites you to be part of these discussions and has two [2] excellent book selections for you to choose from:

1. **Caste: The Origins of our Discontents** by Isabel Wilkerson (a NYT bestseller) which is an eye-opening story of people and history and a reexamination of what lies under the surface of American life today. It combines history, research and story-telling, written in an easy to read, conversational style.



2. **I'm Still Here: Black Dignity in a world made for whiteness** by Austin Channing Brown (a Michigan author and NYT bestseller). Austin writes candidly about the existence of systemic racism that she has witnessed all her life. She will make you laugh and cry as she offers insightful commentary and helpful suggestions on changing the balance of power. Note: Both of these authors have multiple interviews on You Tube or you can Google their names and find reviews.



Beginning Monday, 3/22, 10 copies of each book will be available to borrow at the Community Foundation Office. Please email me ([mccarthynance@yahoo.com](mailto:mccarthynance@yahoo.com)) your interest and which book you would like set aside for you. You will also need to call the Foundation to let them know when you will pick the book up, as the office is not yet fully open.

We will hold discussions via Zoom beginning the 1<sup>st</sup> full week in April for 3 weeks in succession. Caste discussions will take place on Tuesdays at noon on April 6, 13 and 20. I'm Still Here discussions will take place on Wednesdays at noon on April 7, 14, and 21. We look forward to some spirited conversation and discussion! Call or email **Nancy McCarthy** with questions. 231-740-4631 or [mccarthynance@yahoo.com](mailto:mccarthynance@yahoo.com)

## Muskegon Rotary Board

Mark Meyers [markm@nortonshores.org](mailto:markm@nortonshores.org)  
Jason Piasecki [jason@revel.in](mailto:jason@revel.in)  
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JD Wallace, Sr [jdwallace88@comcast.net](mailto:jdwallace88@comcast.net)  
Doug Wood [doug.wood@orchardview.org](mailto:doug.wood@orchardview.org)

## Caring Connection Fund

The Caring Connection Fund is still up and running and still needs our support. The donations are usually collected (\$10 or more) for your birthday; which would go into the fund to send out letters, cards, flowers, etc. You may send checks to the PO Box or donate by credit card if you have had a birthday and need to contribute to the Caring Connection Fund.

<https://checkout.square.site/merchant/8MRGEPY1EA6K0/checkout/BVIZQK6QS5FBBVY4CGLMQUYG>

## RIM Reporting Team

Susan Besteman [susan@bestemanproperties.com](mailto:susan@bestemanproperties.com)  
Jackie Farrar [farrarjackie@yahoo.com](mailto:farrarjackie@yahoo.com)  
Susan Holkeboer [sholkebo1905@aol.com](mailto:sholkebo1905@aol.com)  
Bill Johanson [bill.johanson@yahoo.com](mailto:bill.johanson@yahoo.com)  
Kathy Moore [MooreKa@co.muskegon.mi.us](mailto:MooreKa@co.muskegon.mi.us)  
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Lori Weiler [lori.weiler@summitlawncare.net](mailto:lori.weiler@summitlawncare.net)

If you would like to join our RIM Reporting Team, contact **Susan Besteman** at [susan@bestemanproperties.com](mailto:susan@bestemanproperties.com).



## Food Trucks—

**Arn Boezaart** was pleased to share the results of our first 2021 food truck distribution, held at Temple Methodist in Musk. Hgts. today. A total of 17 volunteers including 11 Rotarians, 3 significant others and





## (Food Trucks Continued)

3 Mona Shores Interactors distributed 7,550 lbs. of food to about 110 vehicles representing about 150 households. With a great turnout of volunteers, great March weather and positive energy all-around, everything went very smoothly and recipients expressed appreciation for the food received.



The truck 'menu' included Apples, Cheese, Potatoes, Eggs, Milk, Cottage Cheese and Carrots. Rotary was seen in action providing community support today. Good work by all!



We will sponsor a Whitehall food truck on Saturday April 3. This food distribution will take place at the White Lake Congregational United Church in Christ at 1809 Mears Ave. with food distribution beginning at 10:00 a.m. Volunteers are asked to arrive between 9:00 and 9:15 to assist with set-up. The Whitehall-Montague club will also assist with the volunteer recruitment for this truck, but we will appreciate five or six Muskegon club members to add to this volunteer effort.

The Muskegon Heights truck, again at the Temple Methodist Church location, will take place



on Wednesday, May26. More details on that date and the remaining schedule for 2021 later.

Thanks so much!  
Arn  
Boezaart  
616-745-8465



**Mona Shores Rotary Interact Club** was well represented at our St. Patrick's Day first Food Truck of the second round of Rotary sponsored events on St. Paddy's Day at the Mission for Area People.

Thanks to **Bailee McMillan, Jessana Sorto Gavarette, Ava LeClair, and Colin Berry** for partnering with us. We are lucky to be able to work together with you!



## WEEKLY COVID REPORT

**Kathy Moore:** 5 quick slides noted with the COVID 19 update. Around March 11 we noticed a slight uptick and are over 5% positivity rate. The positivity rate is a reflection of testing. Testing is down and the demand for testing is due to exposure or active symptoms. Hospital capacity is fantastic and 0 outbreaks during the month of March. No deaths noted in the month of March. Last death was reported on February 5. 28.9% of eligible persons have received their vaccine. Please continue to socially distance, wash your hands and stay home if you are feeling ill. Prioritizing by age group, but if eligible, you are able to receive your vaccine. Anticipating 50-64+age group will be the next age group eligible to receive the vaccine. Continuing to focus on social equitability

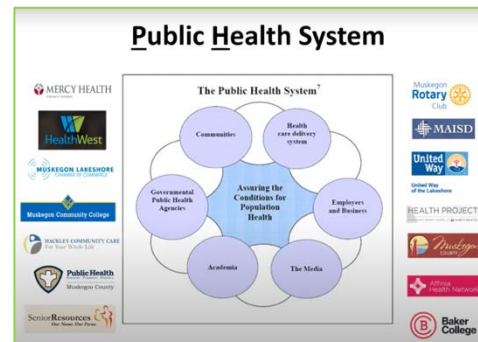
and vulnerability. Kathy Moore and her team are doing a fantastic job and providing excellent service delivery.

Thank you to our community partners.

Public Health: [www.Muskegonhealth.net](http://www.Muskegonhealth.net)

Mask Up Muskegon:  
<https://www.maskupmuskegon.org/vaccineinfo>

**NOTE:** Please look for Kathy's graphs on the last page of this RIM.



## Cleaning Beaches on April 24th!

Mark your calendars and join fellow Rotarians, Rotaractors, and Interactors to clean up our beaches **9am-Noon April 24th at Muskegon County Pioneer Park**

Let's fill some dumpsters and make our beaches shine! Lunch and S'mores over campfire starting at 11:30am

**Special highlight:** Available tour of **Pioneer Lodge**, gorgeous and rare vertical log building, former mess hall from the WPA era. Gloves and hand washing provided. Masks and social distancing where appropriate.

Please add your name to [THIS DOCUMENT](#) to sign up for this great event on April 24. There are two tabs in this worksheet. One for those volunteering to do clean up on that day and one for those who would like to donate food or work to help set up and serve food after the clean up.

Feel free to share this document with others to encourage them to sign up for this event. Any questions please let me know.

**Randy Lindquist**  
(231) 903-9073 cell or email  
[rlindquist@muskegonisd.org](mailto:rlindquist@muskegonisd.org)



## Life Leadership Goes Virtual

Founded in 1949 by our club and strongly supported to this day, we are recruiting students now to attend the first-ever Virtual LLC to be held May 20-22 with over 150 teens expected to participate from around the District. If you know of a student leader we need to know about, please contact LLC Co-Chairs **Brianna Scott** or **John Noling** as soon as possible.



Pictured above is the Muskegon conferee delegation from the last in-person LLC in 2019 and some of the fun and networking that takes place at LLC. Many of these students are leading the charge in their high schools and colleges right now. LLC is a great example of Rotary Youth Leadership Awards, (RYLA) and the youth service we take seriously in Rotary.



Our mission drives us: *“to educate and inspire youth, utilizing the Rotary motto of Service Above Self, to expand their leadership roles in service to their schools and communities, and to the world.”*

## THIS WEEK’S PROGRAM:



### Mercy Health

### Physician Partners

Facilitator: **Dr. Rem Sprague**

Speaker: Dr. Kristen Woods,  
President of Mercy Health Partners

RIM Reporter: **Meredith Smillie**

Dr. Kristen Woods shared an update on Mercy Health Physician Partners. They are a



part of Mercy Health and Trinity Health; while her particular arm is the health delivery by physicians. They provide a high quality and well-coordinated effort of service delivery and patient care. She has a focus on highly engaged patients that work effectively with service providers. They continue to evaluate service locations and being accessible to all patients, including those that utilize public transportation. They recently opened their Norton Shores location which includes a number of primary care physicians under one roof, including physical therapy, lab services and a pharmacy.

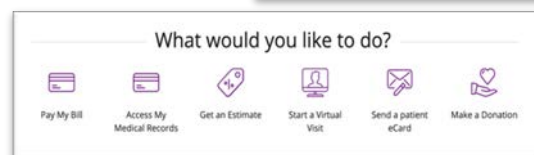


There is also a new clinic that is embedded on the campus of Muskegon Community College and serves the community, staff and students in that area.



Dr. Woods discussed how technology is further assisting patients in accessing services and communicating with their primary care doctors and specialist appointments. Online scheduling is being utilized by over 22,000 patients. All patients have access to their chart, message their providers or schedule via the Epic Portal.

**MyChart**



Mercy Health is also using technology to conduct virtual visits and telemedicine visits. This was especially vital during the early days of the COVID 19 pandemic and is likely to continue for many patients post pandemic. Mercy Health has also made upgrades to their phone systems for patients that prefer to pick up the phone and contact their primary care physicians with questions or to schedule.

Mercy Health has recorded a number of physicians and nurses leave the network and a number of new providers have been added throughout the network. There is a find a physician functionality on the



new website which includes filters on gender and doctor specialties. The plan is to add a navigator function for new patients to assist them in navigating scheduling appointments and patient care.



Dr. Woods noted that there is specialist care available in Muskegon County. Primary care services also provide wrap around services and partner with Care Management regarding medication management, social well being and patient needs. Mercy Health Partners did recently achieve an award for managing Hyper Tension Management. Cardiac Care and pulmonology are areas are growth in the Muskegon area and are now able to provide a number of new non-invasive procedures. Another area of growth is osteopathic manipulation of pain management and neurology services, including a specialist in epilepsy. The need to travel to Grand Rapids or Ann Arbor is no longer necessary. Dr. Woods noted that they are hoping to expand the number of primary care physicians and add support services, such as behavioral health providers in primary care offices. They also hope to expand the number of psychiatrists in our community.

MHPP was founded by the Sisters of Mercy and work very hard to ensure social equity throughout the MHPP network.



Mother Catherine McAuley, foundress of the Religious Sisters of Mercy

The missions and values they were founded on continue to be a major focus of Mercy Health. They continue to promote that all are able to receive high quality medical care and affordability. MHPP has a diversity, equity and inclusion committee: create greater diversity in governance, diversity of staff, ensure all persons have access, grow and develop diversity in supplies, and eliminate health disparity. There is an emphasis to grow a diverse staff and to recruit these talented individuals to our diverse community. Female providers is an area MHPP that has really grown and should be celebrated.

Dr. Woods noted that the practice of medical care has become very complex. The expense of technology has meant that many private providers have joined larger medical providers, such as Mercy Health. There is heavy regulation among insurance providers which has caused many physicians to either join larger networks or to begin offering more concierge style services. If your primary care physician is not part of Mercy Health, you are still able to access service providers via Mercy Health.

<https://www.mercyhealth.com/>

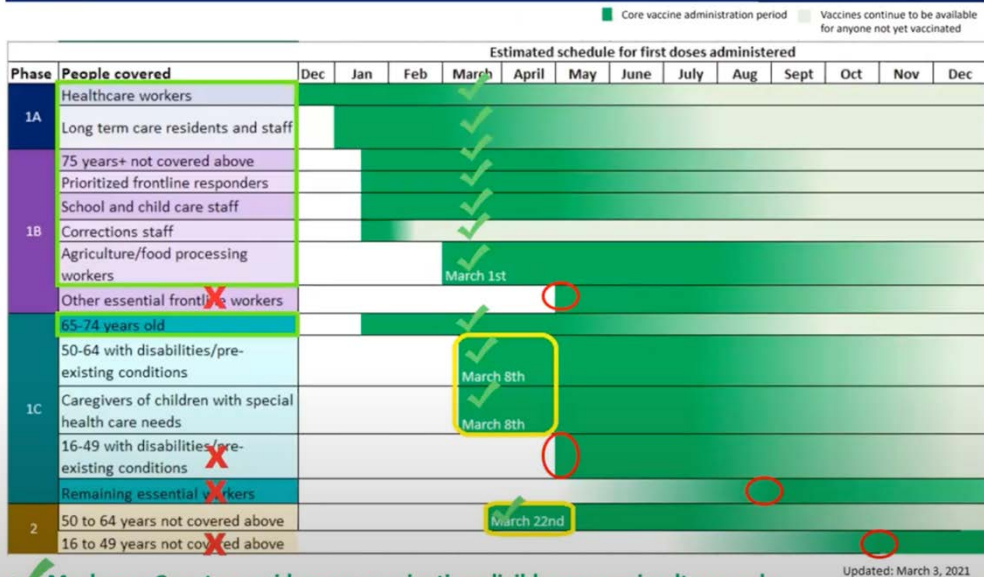


## An Extra Tought

Charles Plumb was a US Navy jet pilot in Vietnam. After 75 combat missions, his plane was destroyed by a surface-to-air missile. Plumb ejected and parachuted into enemy hands. He was captured and spent six years in a communist Vietnamese prison. He survived the ordeal and now lectures on lessons learned from that experience! One day, when Plumb and his wife were sitting in a restaurant, a man at another table came up and said, 'You're Plumb! You flew jet fighters in Vietnam from the aircraft carrier Kitty Hawk. You were shot down! 'How in the world did you know that?' asked Plumb. 'I packed your parachute,' the man replied. Plumb gasped in surprise and gratitude. The man pumped his hand and said, 'I guess it worked!' Plumb assured him, 'It sure did. If your chute hadn't worked, I wouldn't be here today.' Plumb couldn't sleep that night, thinking about that man. Plumb says, 'I kept wondering what he had looked like in a Navy uniform: a white hat; a bib in the back; and bell-bottom trousers. I wonder how many times I might have seen him and not even said 'Good morning, how are you?' or anything because, you see, I was a fighter pilot and he was just a sailor.' Plumb thought of the many hours the sailor had spent at a long wooden table in the bowels of the ship, carefully weaving the shrouds and folding the silks of each chute, holding in his hands each time the fate of someone he didn't know. Now, Plumb asks his audience, 'Who's packing your parachute?' Everyone has someone who provides what they need to make it through the day. He also points out that he needed many kinds of parachutes when his plane was shot down over enemy territory - he needed his physical parachute, his mental parachute, his emotional parachute, and his spiritual parachute. He called on all these supports before reaching safety. Sometimes in the daily challenges that life gives us, we miss what is really important. We may fail to say hello, please, or thank you, congratulate someone on something wonderful that has happened to them, give a compliment, or just do something nice for no reason. As you go through this week, this month, this year, recognize people who pack your parachutes. I am sending you this as my way of thanking you for your part in packing my parachute. And I hope you will send it on to those who have helped pack yours! Sometimes, we wonder why friends keep forwarding jokes to us without writing a word. Maybe this could explain it! When you are very busy, but still want to keep in touch, guess what you do - you forward jokes. And to let you know that you are still remembered, you are still important, you are still loved, you are still cared for, guess what you get? A forwarded joke. So, my friend, next time when you get a joke, don't think that you've been sent just another forwarded joke, but that you've been thought of today and your friend on the other end of your computer wanted to send you a smile, just helping you pack your parachute. My thanks to you for making my life better.

## Preliminary vaccination timeline

(\*\*EXPECTED TO CHANGE BASED ON VACCINE AVAILABILITY\*\*)



✓ Muskegon County providers are vaccinating eligible groups simultaneously.

X = These groups are not yet eligible.

## 7 Day Average Positive Test Rate

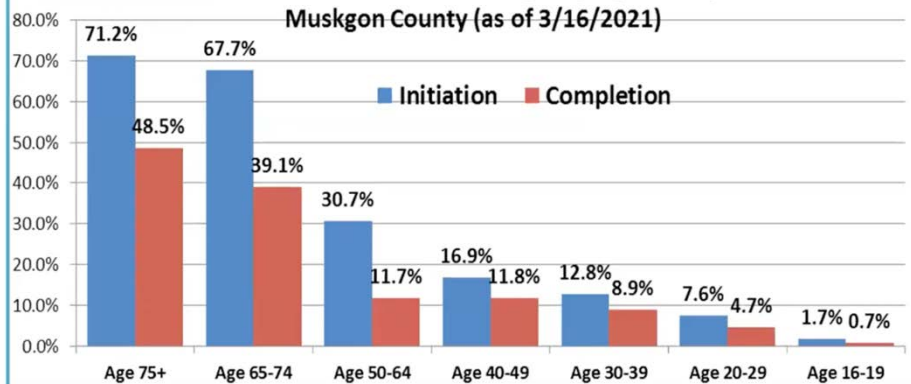
Lowest 1.6 % on 2/27/21

Highest 24.9% on 11/18/20

Current 6.2% on 3/15/21

Referral Date	# of Tests	Confirmed
Mar 2020 to Feb 2021	131279	10367
3/1/21	74	1
3/2/21	275	3
3/3/21	125	5
3/4/21	227	7
3/5/21	132	6
3/6/21	148	6
3/7/21	81	8
3/8/21	71	11
3/9/21	229	13
3/10/21	136	23
3/11/21	236	14
3/12/21	166	18
3/13/21	128	4
3/14/21	60	13
3/15/21	67	11
3/16/21		20
3/17/21		24
<b>Total</b>	<b>133434</b>	<b>10554</b>

## Covid-19 Vaccine Coverage by Age Group Muskegon County (as of 3/16/2021)



Source: Michigan Covid-19 Vaccine Dashboard

Age 75+	12,175	8,668	71.2%	5,909	48.5%
Age 65-74	18,386	12,453	67.7%	7,188	39.1%
Age 50-64	35,235	10,802	30.7%	4,131	11.7%
Age 40-49	20,257	3,416	16.9%	2,390	11.8%
Age 30-39	21,782	2,798	12.8%	1,935	8.9%
Age 20-29	22,158	1,673	7.6%	1,049	4.7%
Age 16-19	8,450	144	1.7%	63	0.7%
<b>Total:</b>	<b>138,443</b>	<b>39,954</b>	<b>28.9%</b>	<b>22,665</b>	<b>16.4%</b>

Source: Michigan Vaccine Dashboard

## Vaccine type (MICR)

--- Pfizer: 37,370

--- Moderna: 27,343

--- Janssen: 473



<b>Hospital Capacity</b> (as of 3/18/21)	<b>Outbreaks</b> (Month of March as of 3/17/21)	<b>Deaths</b> (Month of March as of 3/17/21)	<b>1<sup>st</sup> Dose COVID-19 Vaccine Coverage</b>
<b>Great!!!</b>	<b>0</b>	<b>0</b>	<b>28.9%</b>



## Number of people testing positive Covid-19 in Muskegon County

Total Positive Cases: 10,554

Current active cases: 357 (last week 303)

Number of cases each day, by date reported, up to 3/17/2021

