

Presidents Message

President Meg welcomed members and guests Doug Gardiner and Glenn Howells cheer squad - Jo, Hamish, Marcus, Hugo Tang.

Some of our travellers have returned - Sandy Vanrenan, Jenny Hurse, Heather Ward and Lorraine Wilson. A number of others are still sunning themselves in warmer climes.

Notes from the Board Meeting

- Increase in meal costs from 14 October - \$34
- 100 Emergency Medical Booklets will be purchased and given to WDHS HARP Program (Club will also buy 40 for members to access)
- Nomination for Dan Tehan Volunteer Award for our DV Educational program

ART SHOW

Jenni Barke has distributed requests for assistance

Please fill in your request form or ring Jenni 0419 555 561 so we can plan the rosters.

Other rosters for the Art Show are on shared drive



Rotary Hamilton
ANNUAL ART SHOW
8-11 October 2026
HAMILTON PERFORMING ARTS CENTRE
FEATURING GUEST ARTIST
Leanne Onley

Gala Preview Evening Thursday 8 October 7 pm Tickets \$30 includes canapes and drinks (valid throughout the show)	Tickets and Information available online or selected outlets Hamilton Framing Robson's AMCAL Pharmacy MUD Gallery Glenn Howell Optometrist Hamilton Performing Arts Centre or at the door	Exhibition and Sales Friday 9 and Saturday 10 October 10 am - 5 pm Sunday 11 October 10 am - 3 pm Entry \$10
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PRIZE SPONSORS
Finchett Plumbing, Sheds Galore, O'Keeffe Schroeder Lawyers,
Grampians Investment Services, Sinclair Wilson,
Hamilton Flooring Xtra, The Wholistic GP, Downs Family

SUPPORT ROTARY IN RAISING FUNDS
TO MAKE A POSITIVE IMPACT IN OUR COMMUNITY

Enquiries - Art Show Secretary
0418 109 514
or artshow@rotaryhamilton.org.au
<http://artshow.rotaryhamilton.org.au>



Celebrations for the week ahead

Birthdays: Jenny Barke 24 September and John 29 September (80 years)

Wedding anniversaries: None

Induction into Rotary: Ian Black 41 Years David Burow 38 years and Brian Jenkins 23 years

happy
80th
birthday
John

UPCOMING EVENTS

30 September Art Show Briefing (Brian)

7 OCTOBER NO MEETING

8-11 OCTOBER ART SHOW

Setting up and receiving of Art work 5-7 October

Gala Evening 8th October All hands on Deck

14 October Zoe Brinsden Country University Centre
(Art Shpw Raffle Draw)

Please note

Apologies must be submitted by 12 noon on the Tuesday before each Wednesday meeting. Please note that the number of meals ordered by that time must be paid for.

Weekly social events

Bike Riding Thursday 09:00 at the Ansett Museum, finishing for coffee at Tosca Browns, around 09:35

Friday Coffee: meet each Friday Morning, 10:30 at the Roxburgh, all welcome

Saturday Park Run 7:45am at the Adventure Playground Walk or run 5kms around Lake Hamilton
<https://www.parkrun.com.au/register/>

Editors note - Artificial intelligence tools, including ChatGPT, may be used by the editor to assist in drafting content. Final content is reviewed and published at the editor's discretion.

- Redistricting of District 9780 42/45 clubs voted YES
- DEECA Field Days - 3 December - Invitation to do catering.
- 90 Years Anniversary of Rotary in Hamilton - May 2027

Ideas of how to celebrate - a small committee to be formed - Meg, Ian, Rose and anyone else interested.

World Peace Day – 21 September

World Peace Day is a reminder of the importance of peace, understanding and respect in our communities and around the world. It encourages us all to reflect on how small acts of kindness, cooperation and respect can contribute to a more peaceful world.

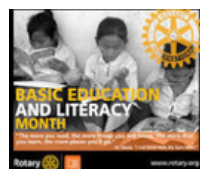
LEAD THE WAY IN 2027

Call for Nominations at our November AGM
Our Annual General Meeting (AGM) is fast approaching this November, and we are officially calling on our passionate members to step into key leadership roles. If you want to help shape our future direction, voice fresh perspectives, and make a tangible difference in our community, now is your time to step up!



September is Basic Education and Literacy Month for Rotary International.

This month highlights one of Rotary's core areas of focus: giving people the tools they need to read, write, and build better lives.



Our club continues to gift a book to every baby born at WDHS

President
Meg Waton

President Elect
TBA

Vice President/Membership

Brian Jenkins

Secretary

Lyn Christie

Treasurer

Bob Cadden

Immediate Past President

Bob Cadden

Community

James Dunn

Environment

Marg Moffatt/Gerri Griffin

Vocational

Bruce Wheeler

International

Glenn Howell

Youth

Leo Cummins

Rotary Foundation/IT Support

Simon Wilson

Catering

Bruce Warburton

Public Image/Social Media

Bulletin Editor

Lorraine Wilson

District Governor

Toni Thiel (Casterton)

Club Contact

sec@rotaryhamilton.org.au

PO Box 182 Hamilton

Other Key positions for 2026-27

Risk Assessment Bruce Wheeler **Programs** John Main **Club History** Ian Black

Art Show Brian Jenkins **Sheepvention Catering** Simon Wilson

Domestic Violence Project Kevin Safe **Youth Protection** Heather Ward **Welfare** Margy McIntyre

Links to Club

[Facebook](#)

[Website](#)

Editor

bulletin@rotaryhamilton.org.au

Created in CANVA

Meetings held

The Speckled Frog 6pm

Wednesdays

Guest Speaker - Glenn Howell Behavioural Optometry

Rotarian , **Dr Glenn Howell BScOptom, GCOcTher (Melb), GCOptom (UNSW), FACO.** is a highly qualified therapeutic and behavioural optometrist with comprehensive clinical credentials. His background spans general optometry, advanced ocular therapeutics, aviation safety, and specialised neuro-optometric and children's vision training.

Over the past 15 years Glenn has obtained a number of qualifications that enable him to practice behavioural optometry, a specialised field that examines how the brain, eyes, and body collaborate to process visual information. Moving beyond standard eye tests that only check basic visual acuity, this holistic approach allows him to assess complex, functional visual skills like eye tracking, team coordination, and focusing flexibility.

These advanced capabilities are particularly beneficial for school-aged children struggling with reading or attention, adults experiencing severe screen-induced eye strain, and individuals recovering from neurological events like concussions or strokes.

To correct these underlying processing issues, Glenn builds tailored treatment plans that often involve specialised prescription lenses, therapeutic prisms, or structured vision therapy exercises designed to retrain and restore the visual system.

In his presentation Glenn provided us with a few examples of the sort of tasks required to highlight the many complexities of visual processing and binocular function, demonstrating how interactive exercises can isolate specific visual skills beyond basic sight clarity.

Glenn touched on visual information processing puzzles that evaluate visual memory, spatial speed, and hand-eye coordination, alongside specialized target-tracking tasks used to assess how much a disrupted eye-brain pathway causes dizziness following a stroke or concussion.

Ultimately, these practical examples emphasized how targeted vision therapy and tailored lenses can retrain the visual system to dramatically improve daily learning, comfort, and neurological recovery.

President Meg thanked Glenn for his interesting and informative presentation, noting that it was a great example of the value of Rotarians sharing their professional knowledge and experience with fellow members and helping us learn more about the diverse skills and expertise within our Club.

