

## PRESIDENT'S MESSAGE

President Bob welcomed everyone to the meeting including guest speakers Amy Lewis and Emma Humphries and Josh Nelson transferring Rotarian from Mobilong SA.

Amy mentioned that she had been a Rotary Exchange Student to Switzerland sponsored by RC Mount Gambier West.

### Art Show

Brian Thanked everyone involved in the Art Show and gave us a few statistics. Although sales were down on last year we have made a reasonable profit. Special mention to Bob Cadden who managed entries and sales, David Garfoot (signage) and Bruce Warburton (electrical) Gillian Jenkins and Glenda Cadden (hanging paintings) Jenni Barke and the catering team, the team on the screens setting up and pulling down, the receival team and the Art Show Committee. It was an amazing whole club effort.

**The raffle was drawn by guest Josh Lewis**

**First Prize - Gerri Griffin**

**Second Prize - Daniel Tabone**

**Farmer Drought Relief** Noel noted that \$500 vouchers will be distributed to those farmers who applied.

**SGSC Fire Relief BBQ** at Cavendish and Mirrinatwa on Saturday 11 and Sunday 12 October - Not well attended

**Domestic Violence update - Lorraine Wilson**

DV Walk date 29 November 2025 (SGSC, WDHS and Police involved) Purple shirts available for club members.

**WDHS Mammogram appeal** \$7000 moved Bob seconded Jenni Barke)

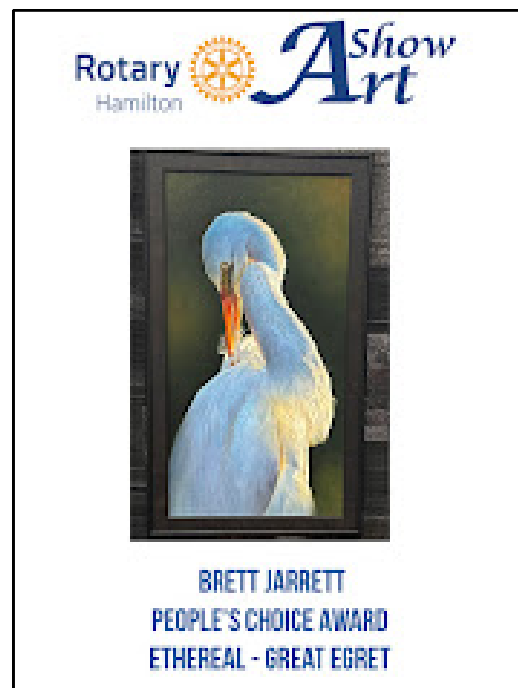
**October World Polio Month** Polio Plus Donation \$2000 (Gates foundation matches this amount 2:1)

**RYLA entries** open now see Leo Cummins

**Note dates of upcoming events below.**



Visiting Rotarian from the Netherlands at our Art Show



All winning art work has been posted on our Facebook page and our art show website

## UPCOMING EVENTS

**22 October** Damien Meagher - Navigating Changes in the wool industry

**29 October** No meeting

**5 November** AGM

**14 November WDHS Golf Day** - assistance required roster will be available

**15 November Dunkeld Races**

**29 November Domestic Violence Walk and BBQ**

**1 December BBQ lunch for Ag Day at RIST**

### Weekly social events

Bike Riding Thursday 09:00 at the Ansett Museum, finishing for coffee at Tosca Browns, around 09:35

Friday Coffee: meet each Friday Morning, 10:30 at the Roxburgh, all welcome

### Please note

Apologies must be submitted by 12 noon on the Tuesday before each Wednesday meeting. Please note that the number of meals ordered by that time must be paid for.



Digging deep to draw the Art Show Raffle

Rotarian Kate Rainsford updated us on her daughter Tori Ball now working on her PHD in Deniliquin . She has a part time job, joined a choir, connecting with the rural community for her research and visited the local Rotary Club.

**Celebrations this week**

**Birthdays** Peter Irvin 21<sup>st</sup>

**Happy Anniversary** Ainsley and Simon Wilson 20<sup>th</sup>

**Induction Anniversary** Leo Cummins 21<sup>st</sup>

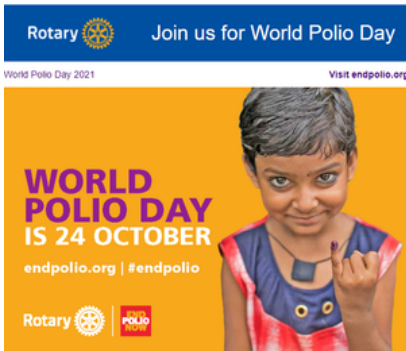
Governor General Sam Mostyn has been appointed patron of RAWCS

Seniors Month, also known as the **Victorian Seniors Festival**, is a month-long celebration held annually in October for older Victorians. With the theme for 2025 being "Connect, Create, Celebrate," the festival offers free and low-cost events across the state to encourage seniors to stay active and connected within their communities

**What's on in Hamilton**

The full October calendar can be found on Council's [website](#), while printed brochures are ready for collection at the Brown Street Customer Service Office, Hamilton Library or any other Council service desk.

**Rotary Moment**



**President**  
Bob Cadden  
**President Elect**  
Meg Watson  
**Vice President/Membership**  
Brian Jenkins  
**Secretary**  
Lyn Christie  
**Treasurer**  
Geetha Yoga  
**Immediate Past President**  
Noel Howard

**Community**  
James Dishon  
**Environment**  
Marg Moffatt/Gerri Griffin  
**Vocational**  
James Dunn  
**International**  
Glenn Howell  
**Youth**  
Leo Cummins  
**Rotary Foundation/IT Support**  
Simon Wilson

**Catering**  
Bruce Warburton  
**Public Image/Social Media**  
**Bulletin Editor**  
Lorraine Wilson  
**District Governor**  
Christine Dufty (Nhill)  
  
**Club Contact**  
sec@rotaryhamilton..org.au  
PO Box 182 Hamilton

**Other Key positions for 2025-26**

**Risk Assessment** Bruce Wheeler **Programs** John Main **Club History** Ian Black  
**Art Show** Brian Jenkins **Sheepvention Catering** Simon Wilson  
**Domestic Violence Project** Kevin Safe **Youth Protection** Heather Ward

Links to Club  
[Facebook](#)      [Website](#)

Editor  
bulletin@rotaryhamilton.org.au  
Created in CANVA

Meetings held  
The Speckled Frog 6pm  
Wednesdays

Amy and Emma spoke about Youth **Live4Life**, a program dedicated to improving young people’s mental health and reducing suicide in rural communities.

Their vision is that all rural communities across Australia are empowered to support, improve, and invest in youth mental health.

They explained that Live4Life Southern Grampians began after young people identified a local gap in mental health support. Inspired by the program’s success in other regions, the Southern Grampians initiative launched in 2020, supported by strong community collaboration with WDHS as the lead agency.

The presenters also described the “wrap-around” model, which places the young person at the centre, supported by peers, the adult community, and a strongly networked community—ensuring everyone plays a role in supporting youth wellbeing.

The Youth Mental Health First Aid Course for adults is being held as per the flyer below for anyone interested in supporting this program.

For more information on this program <https://www.live4life.org.au/>

