



Weekly Bulletin

News, Reports and Rosters



President	James Dishon	Rotary Foundation	Noel Howard
Vice President	Simon Wilson	Community	Gerard Lucas
President Elect	TBA	International	Jenny Barke
Immediate Past President	Brian Jenkins	Vocational	James Dunn
Secretary	Lyn Christie	Youth	Leo Cummins
Treasurer	Bob Cadden	Catering	Bruce Warburton
Bulletin/Rosters/Webpage	Lorraine Wilson	Program	John Main
District Governor	Kathy Rivett	Assistant Governor Group 1	Darren Brown
	RC Alfredton		Casterton RC
Rotary International President	Jennifer E Jones	Rotary Club of Windsor- Roseland, Ontario, Canada	

Please note change of email address for the bulletin bulletin@rotaryhamilton.org.au

Meeting held on July 13 The Men’s Shed James McCallum

Past President Lorraine Wilson welcomed Rotarians and guest (**James McCallum**) to the meeting at the Grangeburn.

Lorraine updated us on celebrations, upcoming meetings, and district notices. She called for 2 volunteers to sell raffle tickets at Alexander House on July 29 (thanks to Simon Wilson and Bruce Wheeler for volunteering). Next two dates Friday 16 September and Friday 18 November

Noel Howard advised that the old playground is in storage near Geelong awaiting shipment to Papua New Guinea. He also told members that the Donations in Kind program has changed its name to **Rotary Australia Recycled Equipment**.

Simon Wilson gave a Sheepvention update. All supplies are ordered. The roster is filling. The shed will be erected with the assistance of the Donehue family on Friday July 22 (time to be confirmed).



Reminders and notices

Board Meeting 20 July 4pm Zoom – send reports and agenda items to Lyn before Sunday 17th July.

Reminder that your membership fees are now overdue

Sheepvention Roster – please fill in availability on Shared Drive

Tree Planting 26th July. SGSC and Baimbridge College 9 am working on area along Grangeburn near Kennedy Oval. More details to come Marg Moffatt and Gerri Griffin



Roster for coming meeting July 20						
	Cashier	Chairman	Social/bar	Fellowship	Property	Bulletin
July 20	Bob Cadden David Indian	Lorraine	Rose and Noel	Lloyd Hocking	David Garfoot	Lorraine

Guest Speaker

Barrie Aarons introduced the guest speaker, **James McCallum**. James is a retired primary school teacher, and along with Barrie, is a foundation member of the Men's Shed in Hamilton.

The motto for Men's Sheds is "Men don't talk face to face – they talk shoulder to shoulder".

After retirement James volunteered as a WDHS volunteer driver. He heard that many men who had retired from farms had very little to fill in their days after they moved into town. He also heard about Men's Sheds in Melbourne.

Men are reluctant to seek health advice, unless necessary, and don't discuss their emotional state, mental health or share concerns. Women are much better at networking.

For a satisfying life people need to be active in body and mind. They need to be able to share with people they trust. When men retire, they tend to lose friends and have less sense of identity, purpose, and self-esteem, which can cause isolation and depression. Men have a higher rate of suicide than women, especially men over 55. They need an environment to facilitate sharing.

The Men's Shed concept began in Australia in the 1980's. There are now over 900 in Australia, 350 in Victoria and have spread internationally. They give men a sense of belonging, self-worth, friendship, connectedness, and the opportunity to learn new skills.

In Hamilton a public meeting was held in 2007, and the shed opened in 2008, renting the current premises. Membership is currently 14 active members but has been up to 30. The shed is open one and a half days per week. It is auspiced by the Uniting Church but is completely self-governing. Community members donated the money for the rent for the first year and local businesses donated tools and services to set up the premises. Very quickly, generous community members donated sufficient money for the building to be purchased in 2009.

At the shed men talk and share stories, skills, and ideas. They make things, either for the shed, themselves, the community, or private individuals. Health and safety talks are given. The men support each other, solve the problems of the world, and laugh!



Bike Riders Thursday meet at Ansett Museum 9:00am New route planned with coffee at Tosca Browns Coffee @The Roxburgh Fridays 10:30am



Family of Rotary – all our members and their families are important to us.

Almoners Rose Howard and Bruce Wheeler .

COVID is still about, and we ask members to take care and take a RAT test if feeling unwell.

Birthdays this week	Anniversary	Inductions
Kim Joyce 15 th		Michael Hartwich 15th

Calendar		
July – Transition Month		
20	Zoom Grangeburn	Board Meeting 4pm Rotary Video - ESRAG
26	The Grange Burn	Tree Planting 9 am
27	Grangeburn	Sheepvention briefing (Simon)
29	Alexandra House	Meat Raffle 5:30 -6:30 pm selling tickets
31 July - 3 Aug	Showgrounds	Sheepvention Rural Expo All hands on deck for our Lamb Baa
August is Membership Month		
Aug 3	No meeting	
Aug 10	Grangeburn	Daniel Pearson Southern STAY Disability Services
Aug 17	Parklands Golf Club	Social event BBQ
Aug 24	Grangeburn	Tracey Kruger local photographer and author
Nov 9	Grangeburn	District Governor's Visit
Nov 16	Bowls Night	

August is Membership and New Club Development Month, when Rotary Clubs, around the world focus on membership in Rotary. **Does your club have a plan? Are you executing your own plan** to invite your friends and business associates to join your Rotary Club? It's time. Time to celebrate your Rotary club, your members, and the good you do in your community and around the world.



District Notices

- **Rotary International Convention Melbourne 2023**
Registration is now open
- **Zone 8 Conference 28/10/2022 - 30/10/2022 Canberra CLUB REGIONALISATION**
 - <https://creatingtomorrowrotary.org/>
- **A representative from District will attend our meeting to inform us on what this is about before we are required in September to cast our vote yes/no to be part of the pilot.**

RLI has 3 parts
 Parts 1 & 2 will be on zoom
 RL11 - Friday 19 Aug 7pm
 Sat 20 Aug 9-12.30
 Sun 21 Aug 9-12.30
 RL12 - Sat 10 Sept 9-12.30
 Sun 11 Sept 9-12.30
 Part 3 - Face to Face
 RL13 - Sun 13 Nov 9.30am-3.30pm
 Course Fee \$35
 Registrations Close Tues 2 August
 Registration forms available from
<https://rotary9780.org/SitePage/rotary-leadership-institute>

Melbourne Convention 2023

Click on the link below to Register to attend the Convention in 2023. Want to volunteer? Follow this link to Register as a Volunteer [Volunteer \(rotarymelbourne2023.org\)](http://volunteer.rotarymelbourne2023.org) You will need to have a Working with Children Card and also be up to date with COVID vaccinations



https://convention.rotary.org/en/melbourne?fbclid=IwAR0lq4VGZc95JByTZTXjaCQCDjaTU7brF_cyHlb8kQK-M5zATi1GDkHTRGU



Rotary responds: support for Ukraine

The Rotary Foundation and Rotary clubs around the world have hurried to provide funds, supplies, and services to Ukrainians displaced by the war. The Rotary Foundation has raised more than \$15 million in contributions that are already helping provide people in Ukraine with essential items such as water, food, shelter, medicine, and clothing. Donations made to the Disaster Response Fund after 30 April will be available to all communities around the world that need assistance recovering from disasters.

Weekly Bulletin, Webpage and Facebook

The weekly bulletin will eventually be published through ClubRunner.

Our club webpage can be accessed on <http://portal.clubrunner.ca/1943> It is now live. This will allow stories from our bulletins to be published on the webpage and information from the District and RI webpages (which also use ClubRunner) to be shared. Our club also has a Facebook page which shares stories and events, and this page is also shared to other Facebook pages to get our message out.

<https://www.facebook.com/rotaryhamiltonvicau>