Stronger Than I Was

I'm stronger than I was  
but not as strong as I have been.  
I've traveled many pathways  
good and bad things have I seen.

Friendships old and new  
always there on which for me to lean.  
Family there to reach out to  
if and when I need to scream.

I've learned so many lessons  
sometimes fallen in defeat.  
Been inspired and determined  
had moments bittersweet.

Struggled in the dark times  
found it hard to find my feet.  
Wading through the years  
filled with lost love and deceit.

Healing is not easy  
when shadow is etched into your soul.  
It takes love and understanding  
to make the shattered into a whole.

I'm stronger than I was  
but not as strong as I could be.  
Slowly getting stronger  
learning to be me.

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