

# The Warracknabeal Bulletin



Rotary



Club of Warracknabeal

Wed. 1st May 2019 Vol 60, Issue 40

## PRESIDENT'S REPORT

At our meeting last week we were introduced to one of the newer members of our Community, Amit Gupta, the owner of FoodWorks Supermarket. Amit spoke very passionately about his new venture and demonstrated his great sense of humour as he took us on a tour of the shop and spoke to us about his plans for future. Thanks must go to Bernie for introducing Amit to our Rotary Club. Bernie is always a great advocate for diversity within our Community and we all really appreciate the work that he does to welcome new members. It was indeed a pleasure to welcome Warracknabeal Action Group members, Kathryn Wilken-Jackson, Sharlene McGinniss and Debbie Bish to our meeting. We hope that they enjoyed their time with us.



The Breakfast Program at the Primary School resumed last week. Many thanks to Tony, John and Bernie who helped. This program continues to be a very successful project which supports many young members of our community. Next Wednesday, Colin Newell will be speaking at our meeting. Colin was awarded a Fire Service Medal and will have many interesting stories to share.

Have a good week, Chris

**Club Meets:**  
**Creekside Hotel**  
Scott Street, Warracknabeal  
**Unless otherwise noted**  
**Contact Jean to confirm venue**  
**Wednesdays**  
**6.00 for 6.30 p.m.**

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## APOLOGIES / GUESTS

Jean Wise

By lunchtime Tuesday  
0487 159 242

or email to

[wbealbulletin@gmail.com](mailto:wbealbulletin@gmail.com)

## COMING DATES

Wed 15th May	Working bee & kebab tea at the Shop before the Board meeting. Non-board members encouraged to come.
Sun 19th May	Yarri Links BBQ lunch. Along Blue Ribbon Road
Sun 26th May	D9780 Changeover. Swan Hill. RSVP.
Wed 29th May	Rotary Shop. Club photo at 6:30. No club shirts required.



**BOWELSCAN**  
A community service project of  
various Rotary Clubs and  
Districts in Australia

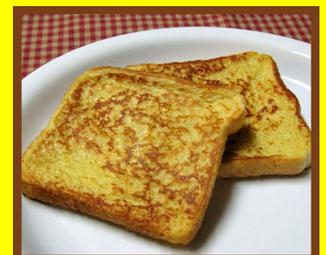
**Bowelscan:** May is Bowelscan month and kits are available from Warracknabeal Pharmacy at a cost of \$15.00. It's easy to use and could save your life. All Rotarians are encouraged to do the test and spread the word to all about the importance of taking the test.

Facts - Australia has one of the highest rates of Bowel Cancer in the world. 15,604 Australians are told they have bowel cancer each year including 2,281 people under the age of 55. 80 Australians die from bowel cancer every week - if detected early, you have a 90% chance of survival.

Thank you to Woodbine for distributing the pamphlets around town.

## WPS BREAKFAST

**Tues 7 May**  
**John Tonkin (pick up)**  
**Megan Watts**  
**Lainee Heeps**



DUTIES	Wednesday 8th May	Wednesday 15th May	Wednesday 22nd May
Venue	Creekside Hotel	6:00-6:30pm  Fellowship Meal at the Royal Mail Hotel  7:30pm  Board Meeting at the Rotary Shop	Creekside Hotel
Time	6:00 for 6:30pm		6:00 for 6:30pm
Reception/Visitors	John Aitken		John Tonkin
Chairman	Jack Daniel		John Aitken
Invocation	Christine Gumpula		Peter Martin
Heads & Tails	Megan Watts		Mandy Morcom
Two Minute Talk <i>"Something funny/ interesting happened at work"</i>	Ian Penny		Megan Watts
Program	Colin Newell – CFA		RYPEN presentation
Vote of Thanks	Ben Bentley		Christine Gunn

INDUCTION: Calvin Muller 5/5/76

BIRTHDAY: Raj Gunturu 1st May, Bernie O'Connor 2nd May

KEEP THE DATE FREE– SATURDAY 19th OCTOBER

Woodbine Cabaret..... "ELVIS " ..... He's back in the building!

### Meeting 1st May

**Visitors:** Amit Gupta, Kathryn Jackson, Sharlene McGinness, Debbie Bish, Karen O'Connor, Joan Bentley.

**Apologies:** John Liersch, Mandy Morcom, Jean Wise, Ian Penny, Christine Gumpula.

#### Two minute talk– Sue Watts

Interesting tips from an ambulance officer.....

- Ring 000 before you ring a family member or friend.
- When on the phone, know the address and your phone number.
- While you are answering questions on the phone, an ambulance has already been dispatched. Your answers help to ascertain the situation.
- If possible meet the ambulance at the front of your house/building, have a light on, have a list of medications on hand.
- Have your house/business clearly numbered. Many are not and it causes delays.
- If you are doing CPR, remember 100 compressions a minute. If you've had some training, the ratio is 30 chest compressions, then 2 breaths. Repeat and continue until the ambulance arrives.

## REPORTS

### President Elect (Tony)

- President Elect needed by AGM in November 2019. Please consider.
- The theme for the next Rotary year is “**Rotary Connects The World.**”
- Sunday 28th April -D9780 Assembly. Tony and Sue attended the session on conducting a Community Needs Assessment, and we will look at this next year.
- Insurance issues are constant! We need to keep track of volunteers at all events, like we do at the WPS breakfast. Sue will do up a form. There is still more to do with Working With Children and Form 3s.
- Martin Monk is President of RC Kyneton and will be organising our club visit to Kyneton later in the year... suggested dates are **Oct 5-6 or Oct 12-13**. See Tony if you have a preference.



### Vocational Service (Bernie)

- Mock interviews with WSC students will occur in the next two weeks.

### Community Service (Peter)

- YarriLinks BBQ lunch – **Sunday 19 May**. Along Blue Ribbon Road. Details TBC
- Possibly a highway clean up before the end of the Rotary year.

### Youth (John Aitken)

- Inbound Youth Exchange is virtually finalised– with four families and a prospective counsellor.
- RYPEN– Sarah McPherson, Jayden Smith and Brooke Morrow will present to the club on May 22. Invite others to come and listen.

### International Service (Helen)

- **Wed. 29 May** —International Night at the Rotary Shop. Rotarians and Rotaractors are to bring food/casseroles from different cultures (not Australian). if you're stuck for ideas, Helen will bring some ideas and recipes next week . Aussie sweets will be provided. No cost as you're bringing food. A raffle will cover cost of sweets. Drinks organised by the Fellowship Committee. This will be a great night to invite visitors **AND there will be a club photo at 6:30pm**. It's hard to get an ideal night for a club photo, but it's this night because the Shop has better lighting conditions than the hotel.... and articles for the Annual Report are due soon. Hopefully everyone can be there. (blue shirts not required though:))

### Paddock to Plate Review (Wendy)

Thank you to so many for your support and work for our P2P weekend. Apologies to Leora Duffield from my last bulletin report, as I missed her name as a helper preparing for the night. Thanks so much Leora for putting in so many hours in the kitchen– your help was so valuable. My sincere apologies to anyone else I missed.

### Amit Gupta, co-owner FoodWorks IGA Supermarket

Amit is originally from the Punjab area in NW India, 250km from Delhi and close to the Pakistan border. The area thrives as the breadbasket of India in terms of food production. Amit left India in 2004 for England and finally to Australia in 2009 after being uncomfortable with the extremely cold climate.

He moved to Australia to work in Melbourne, and looked around for business opportunities with his long-time friend, Mandeep Singh. They looked at several options, but were interested when a friend in Murtoa suggested buying the FoodWorks supermarket at Warracknabeal.

Amit works three days a week in Melbourne, then drives to Warracknabeal for the other three days. Amit is married to Tina and they have a 5 year old daughter, Aliya, who has started school in Melbourne. The travel takes a lot of time, and separates the family, but Amit is keen to get ahead, and is prepared to do the hard work involved.

When younger, Amit enjoyed playing cricket. He now has some interest in Aussie Rules footy initially barracking for the Bulldogs. As Mick Cheney gave him one of Kyle's jumpers, Amit's favourite team is now Adelaide!

The supermarket was run down when they took over and after 10 months of hard work they have made several improvements. Amit was pleased that Woodbine provided a comprehensive report on the issues that prevented the organisation spending more money at FoodWorks. Three significant changes have been improving the overall cleanliness; ensuring stock is not out of date and stacking with a more hygienic and convenient shelving plan. (Out of date stock cost them \$30,000 in the first months as they had to throw out a lot of items.)

Future plans: While they can never compete with the big supermarket for the range and amount of stock, they are making a point of difference. Their emphasis is on quality and personalised service. For example, they help people, especially the elderly, taking their groceries to the car. Their staff are polite and helpful. Amit wants to bring his family and stay in Warracknabeal, and is working hard to keep improving the store. If you would like any new products, please come and talk to Amit, Mandeep or Raj.



### COMMUNITY ACTION PLAN

Kathryn Jackson, Sharleen McGinness and Debbie Bish are three very passionate local business women who help to drive the WAG (Warracknabeal Action Group) Committee. Kathryn spoke about a community meeting to discuss the **Warracknabeal Community Action Plan**, to help determine the needs and projects people want to see. They want a wide range of representatives from the community to participate in the night, **including Rotary**. Finger food is provided so an RSVP is needed. (See attached flyer) Rotarians should definitely attend :)

**When: TUESDAY 14th MAY 7pm**

**Where: SHIRE OFFICES**

Can you come?

# COMMUNITY MEETING

Establishing the NEW  
Community Action Plan

**May 14th**  
**Shire Office**  
**7pm**

Warracknabeal Action Group are hosting a Community Planning Forum to assist with review of the Warracknabeal Community Action Plan.

An open opportunity to submit any ideas or suggestions you may have for the development of local infrastructure, services & events.

For further information please contact: Sharlene McGinniss 0408518629, Kathryn Wilken Jackson 53981070 or Yarriambiack Shire representative Gavin Blinman 53980100

light  
refreshments

Have your say. in  
shaping the future  
of W'beal