

Arden Arcade

Chartered, February 23, 1955

December 15, 2015

Volume 1, Issue 20

Pledge by Steve Turner

Invocation By Steve Turner

Guests: Roy Vogel's grandson who happens to be a Rugby player at Chico, and Lou Stanfield our speaker.

Matt Ross thanked his fellow Salvation Army Bell Ringers—they raised over \$1500 during their ringing time.

Matt also reminded everyone that it is the end of the year and the donation to Rotary International Foundation is a great tax write-off!

The next Board Meeting is Tuesday, January 5th at Piatti. It will be a long (2 hour) meeting with wine and a budget discussion.

The Tahoe City Rotary Club is having their annual Rotary Ski Challenge on March 11th. Steve has more information if you are interested.

We received a thank you from the Friends of the Crisis Nursery for our \$1500 donation. We also received a thank you from Genovese Burford and Brothers for letting them manage our accounts.

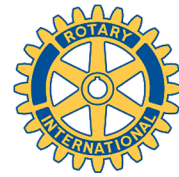
Steve asked for any memorable Christmas stories—Joe Green confessed that they've already had one incident on the new trampoline—8 year old Caleb broke his glasses!

Jeri announced that SCIP had \$5500 to spend at Walmart during the Shop with a Cop event. There were 15 families and 20 sheriffs to help them. And on Sunday, they served 300 families a "Christmas" dinner.

Rob Ford said his family went to San Francisco during the holidays and his youngest daughter wanted to go to Chinatown. They were in a shop when the shopkeeper handed them a small pill sized piece and said throw it (but not here.) They stepped outside and threw it and it was a huge pop and explosion. Rob and his daughter bought some and surprised the rest of the family. When his daughter threw one it knocked her sister to the ground!

Joel said he and Amanda had a wonderful first Christmas as a married couple.

Lou Stanfield is our speaker today. He is a local athlete who attended St. Roberts and Jesuit High School. While at St. Roberts, his football coach was none other than our own Prez Steve. Steve talked to Lou's parents to get some stories before introducing him and told one about playing soccer at age 6. Lou seemed to spend all his time in the middle of the field and didn't move around a lot. When his father asked why, Lou said it was because he didn't want to sweat!



**ROTARY CLUB OF
ARDEN ARCADE**

Arden Arcade 2015-2016



Steve Turner,
Club President

Paul King, Vice President, President Elect

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Tom Goode, Controller

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Joe Green, Membership

Matt Ross, Public Relations

Jeri Petersen, Arden Arcade Foundation

Matt Ross, RI Foundation

Cathy Skeen, Club Events

Tim Martin, Community Service

Mike Caplan, International Service

Al Cady, Sergeant at Arms

Paul King, Rotary House,

Paula James, Youth Programs

Patt McCormick, Newsletter Editor

Attendance: Jed Van Wagner

(916) 435-1754

jsjhm@gmail.com

RAFFLE

Next Week: \$696.00

Total \$656.00

\$256—Tim Cahill did not pull the ace!

\$400.00—Matt Ross did not pull the ace!



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Lou grew up playing football, basketball, soccer, volleyball and then rugby. His father taught him to work hard at whatever he took on. At Jesuit, his senior year saw him win (with his team) the Section Championship and he was named Defensive Player of the Year. After Jesuit, Lou went to UC Berkeley and his rugby career really took off. Lou played 10 years as a US National Team Member and each year he reassessed his playing—how can I improve, do I still have the passion? His mantra is play every game like it will be your last.

His last game was at Olympic Stadium in London against South Africa. The US lost 59-0 but Lou said he was proud of his play and very proud to represent his country.

Lou has always been passionate about athletics. When he decided he didn't want to continue playing baseball at age 12 he discovered rugby. Rugby was a game you could run with the ball and hit people and he decided what's not to like?

In his career at Jesuit they were runners up and 2nd runners up as well as winning the section championship. When he went on to UC Berkeley he called it a major character development move. The coach, Jack Clarke, taught lessons the hard way. Lou says it helped fortify his confidence. During his time at Cal they won the National Championship. While still at Cal at 19 he started with the National team and went to Japan to play. It was a major culture shock.

After Cal, Lou went to British Columbia to play. USA Rugby is run like a club team, not like a business which makes it less successful world wide. Lou went on to play at the NY Athletic Club where he traveled the world playing rugby. He was having too much fun in New York and moved to Aspen, Colorado. In the meantime he played on the 2007 World Cup team in France. Lou is considered a consistent player and has had many opportunities to play around the world. His stint in Australia didn't go too well so he moved on to Italy where he not only learned Italian but had a lot of fun.

The 2011 World Cup was in New Zealand and it was the 3rd largest athletic event in the world. US players have a bit of a disadvantage because teams are limited to the number of foreign passports they can have. All of Europe is considered one passport, but the entire US is one too. Lou played again in New York and won the final Super League Championship and was named MVP. His only major injury was a toe injury that continues to plague him.

He finally moved to Seattle to continue to play but also work in a 40hr a week job. He continued to ask himself how long should he keep playing rugby. He now takes on the role of mentor, coach and helping others. He coaches at Jesuit but is looking for a career in Commercial Real Estate. When he retired from rugby the professional league hadn't come to Sacramento yet. He will not play for the Republic but would enjoy being a part of it in some way.

Thank you, Lou, for a fun program!

Don't forget—January 26th—Refresh Rotary!