

Arden Arcade

Chartered, February 23, 1955

March 1, 2016

Volume 1, Issue 29

Pledge by John Gabriel

Invocation By Mike Grace

Don't Forget—Next week we meet at the DANTE CLUB!

Guests were Patrick O'Neill, and Rob Olmstead, Lisa Abcarius and her son Nick. Our speakers were: Kyle Haggarty and girlfriend Morgan.

We sang Happy Birthday to Richard Judge, Al Cady and Sheila Romero! Sheila became a bell ringer because she's turning 80!

Al Cady auctioned off a used umbrella that was left behind last week, Ben Fox paid \$7 for it!

Hidden Gems: Steve Newman and George Prather:

George grew up in Vallejo and attended a Catholic High School there. He worked 3 job including the Chevy Service Department, Installing antennas and at a funeral home. The owner of the funeral home talked him into becoming involved in the business. He ended up following a girlfriend to Sacramento and says the job lasted but the girl didn't!

George ended up buying Lombard Funeral Home and sold the business in 1998. For 15 years he was the West Coast Safety Director for the corporation that bought Lombard's.

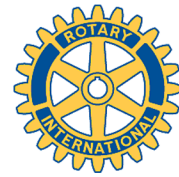
George used to play racquetball and bowl but currently enjoys golf and going to the gym. He began drag racing in 1987.

George is a member of the California Funeral Directors Association and is on their scholarship advisory board. He was named Funeral Director of the year. George married Judy in 1973 and has one daughter and Judy had 4 children and 8 grandchildren.

George introduced Steve Newman by saying he is a keeper! Steve was born in San Francisco, but currently lives in Marysville. He is the Walmart Manager on El Camino and Watt. Steve and his wife Jennifer have 4 children, 14 years down to 6 months!

Steve went to Chico and graduated just after 911 so the good tech jobs pretty much dried up so Steve got a job at Walmart. He entered their management program and has managed 7 stores.

Steve enjoys camping, wake boarding, snow boarding and power lifting. He was a singles champ in tennis and has won the California State Championship in power Lifting. And, he's a big UFC fan along with the Raiders and Kings. He is expecting to "kick butt" at the poker tournament!



**ROTARY CLUB OF
ARDEN ARCADE**

Arden Arcade 2015-2016

Steve Turner,
Club President



Paul King, Vice
President, President Elect

Stuart Nelson,
Secretary

Christine Hock, Treasurer

Tom Goode, Controller

Past President, Joel Archer

Joe Green, Membership

Matt Ross, Public Relations

Jeri Petersen, Arden Arcade Foundation

Matt Ross, RI Foundation

Cathy Skeen, Club Events

Tim Martin, Community Service

Mike Caplan, International Service

Al Cady, Sergeant at Arms

Paul King, Rotary House,

Paula James, Youth Programs

Patt McCormick, Newsletter Editor

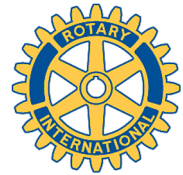
Attendance: Jed Van Wagner

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RAFFLE

- 1. \$340.00—Steve Turner had the ticket but did not pull the ace**
- 2. \$484.00—Gary Johnson had the ticket and pulled the Ace!**
Congratulations, Gary!
Gary also admitted he bought 2 new cars this week—a '63 Corvette and a '59 190SL Mercedes and donated \$250!
More info on a Car Show June 14th to come...



Nick Abcarius is a junior at Rio Americano High school and is in Boy Scout Troop 53. Nick is preparing to do his Eagle Scout project and would like to ask for our support. Nick is Planning to replace the 134' handrail at the Sacramento Science Center on Auburn Blvd. His project budget is \$950 and he has only raised \$125. Todd Lutes started off the fund Raising by announcing he'll donate everything in his wallet. Todd was matched by several others and when all was said and done, Nick had the full \$950 he needed to start his project. Thank you Arden Arcade for being so generous!

The Poker tournament is going great—there are only 5 sponsorships left. Now we need to sell tickets and get players in the chairs!!!

Bill says all 400 dictionaries have been delivered to 3rd grade students for this year. Thank you to those who helped hand them out to the children.

Jeri announced that this week is beer week. Rubicon Brewing is doing a Sac Brew Day (In honor of Sacramento Brewing Company that Sam and Jeri owned) using the Sac Brew recopies of 9 favorite beers.

Kyle Haggarty was introduced by Steve Turner. Steve knows him as a firefighter with the truck company. Kyle is also training to become an engineer so he'll be driving the firetrucks soon. Steve says he is also a former "skater." Now Kyle and his girlfriend, Morgan, are Farm to Fork Urban Farmers in East Sacramento. Kyle says American's relationship with food has changed—especially in California. At the turn of the century, almost all of the food we ate came from no more than 50 miles away. Then processed foods became very popular and we lost contact with food producers, and chose convenience over taste and health. The result has lead us to obesity and disease. It also cost small farmers to go out of business. People left rural American and went to the cities. Processed food was considered a benefit with the desire for more convenience.

All food used to be organic. Now food became full of preservatives and chemicals. We lost interest in knowing where our food came from. Alice Waters from Chez Panisse started a movement using seasonal produce in her Berkeley restaurant. 10 years ago, hip cities started to catch on to the locally grown, fresh produce bandwagon. It was a natural for Sacramento since 70% of our land is farming. Farm to Fork isn't just a fad or subtitle. The Sacramento Area has over 40 Farmers Markets. Our restaurants change menus with the seasons to reflect the local produce being produced at the time. Sacramento is working to be the Farm to Forks everywhere area.

The Farm to Fork Coalition has put through a local ordinance to allow urban farmers the right to sell the produce they grow. Kyle and Morgan grow many kinds of fruits and vegetables and offer it for free from their Farm Stand on 56th Street (in their driveway.) They only accept donations and put the money right back into their urban farm. They also help people harvest and share an abundance of fruit from trees on their properties.

Kyle and Morgan bought their 56th Street home 2 years ago and have been turning it from weeds to a true urban farm. Kyle has been recognized in Sacramento Magazine and Sac Town as well in the local news. On Instagram he is internationally recognized as Urban Farmstead. Also watch Nextdoor online to see posts about which fruits and vegetables are available.

Kyle is quick to mention that they are very aware of water use and have been recognized for watering sustainably by using drip systems and mulch. By putting mulch in the beds and around trees, the ground is insulated from temperature changes and the mulch also helps feed the plant nutrients. With a timed, consistent watering schedule you don't have big growth spurts which cause overwatering. Kyle also mentioned they re-landscaped their front yard to be drought tolerant.

Kyle and Morgan are proud of the edible work of art of their farm stand and hope it inspires others to grow farm to fork produce. Kyle loves to give tours of his urban farm and enjoys seeing the children realize where their food comes from. He loves connecting people to their food. They even did a Farmstead Supper last Fall and are planning another one for the Spring. 10 local producers donated all the items for the meal. Kyle is working on a project with Urban Treehouse TV to do an instructional series. He already has 2 videos.

Sac High has a program called Urban Sac High which is in their regular common core curriculum. They have a farm on campus and learn to prepare meals from it. There are plans in the works to expand the program to feed the entire school. Kyle says there are plenty of vacant lots around which could be turned into community gardens. His mission is to encourage and inspire others to try the urban farming way of life.

Thank you Kyle and Morgan for an inspiring peek into Urban Farming!

UPCOMING PROGRAMS

March 8th This is our annual Speech Contest Meeting and we will be having it at **a special location the Dante' Club, 2330 Fair Oaks Blvd** (across the street from Ruth Chris). Our youth services coordinator, Paula James has been working on the Speech Contest and we may still need some help using the new Rotary Van, to bring a few students to the Meeting. Please check in with Paula about this need.

March 15th Our Meeting's presenter will be Gregg Lukenbil, the ORIGINAL, Sacramento Sports Association Leader. Gregg lead the work to bring the Kings to Sacramento from Kansas City more than a generation ago. Gregg will also talk about his experience of negotiating with the Raider's Al Davis on the first attempt to bring the NFL to Sacramento.

March 22nd We are **DARK—NO** meeting



Nick Abcarius, and his Mom, Lisa being introduced by Matt



Brandon photobombing Joe and Patrick



Joe Green and Patrick O'Neill



Nick and Lisa