*CALLING ALL RUNNERS, WALKERS & DOGS!*

 *PARK RIDGE ROTARY CLUB*

*VIRTUAL* 5K RUN/WALK

**SEPTEMBER 1, 2022 – SEPTEMBER 30, 2022**

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**Our Annual 5K Run/Walk is back! As Covid continues to impact our communities, your safety is our priority**

**Everyone can participate. You can run/walk in your yard, your home, around the neighborhood, on a treadmill, with friends, with your dog or alone**

** Wherever convient and safe.**

**Please join us to support Our HS student Scholarship program serving ParkRidge, Montvale, Woodcliff lake Schools allowing students who excel have an opportunity to obtain their dreams!**

**Participants can complete a 5K (3.1 miles) *WHEREVER* and *WHENEVER* they choose!**

**DATE:** September 1 – September 30 , 2022

**WHERE**: ***Anywhere & Everywhere across the Globe*!** – **walk /Run with Family, friends,**

**run on a treadmill, walk with your dog! Please post your pictures, your locations, miles completed & Time.**

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**SIGN UP**: [**https://runsignup.com/Race/Register/?raceId=19771**](https://runsignup.com/Race/Register/?raceId=19771)

**ON LINE ENTRY FEE:** $**10 through August 31 \*SEPTEMBER 1- 30th PRICE $13\***

 **BE A SPONSOR :**  [**https://portal.clubrunner.ca/2088/**](https://portal.clubrunner.ca/2088/)

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**Thank you to our Supporters & Sponsors!**