

Rotary Club of Pearl River, P.O. Box 824, Pearl River, NY 10965

District 7210 - Region 8 - Zone 32 - Club #4982 - Charter Date December 12, 1935 www.rotaryclubofpearlriver.org

Dorothy Filoramo, President 2015-16

Board of Directors

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Dorothy Filoramo

President Elect Larry Vergine

Vice President
Doreen Buonadonna

Secretary Kathleen Raffa

Treasurer Raghunath Mehta

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Joseph Beckerle
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Rob Magrino
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Ann Taylor

Past President George Westphal

President Emeritus
James Murphy

The Four Way Test
Is it the truth?
Is it fair to all
concerned?
Will it build good will
and better friendship?
Will it be beneficial to
all concerned?

MEETING OF October 29, 2015

Pledge: George Westphal

Invocation: Mark Griffith...Clever, clever!

Visiting Rotarians: None

Guests: None

Birthdays: Vinny Acocella



Anniversaries: None

Announcements:

Bob Simon announced that Monday Nov 9th will be the annual meeting of the Nominating Committee at 6:30 at Louie's. The Bylaws stipulate that President Dorothy and all pastpresidents comprise this committee, which will propose a slate of officers



and directors for 2016 – 2017 to the Club for a vote in early

December.

President Dorothy announced:

- Jim Shepard and Russ Williams were approved by the Board as "attendance not required, having met "The Rule of 85"
- On Tuesday, Monday, Nov 2nd, a District Assembly was scheduled and held at 5:30 – 7:00 at the Bonefish Grill in Nanuet
- The District awarded the Club \$3,088 grant to be used towards completion of the clean water project in El Salvador
- Members are asked to consider donations of \$25 or more towards that project NOTE Each filtration unit costs \$25 and will supply clean water to a home for two years.
- The Rockland Developments Council's Philanthropy Day is scheduled for 8:30 AM on November 12th at The Crown Plaza in Airmont. Jim Murphy is being honored that day as "Outstanding Volunteer of the Year" along with a bunch of other people being honored for other things.



- President Dorothy presented a
 framed picture to Frank Ripa
 showing Frank standing amongst
 this past year's award recipients

 All in honor of Frank's
 exemplary work over the years of
 chairing the committee tasked
 with selecting from among all
 applications those deserving of a
 scholarship award.
- Ryan was presented a "Sponsor Pin" by Juan – very appropriately since Juan was sponsored by

Ryan into the Club......Juan did look a little flummoxed by his recent move into a new house

Queen of Hearts: Jaya pulled the Queen of **Spades....**Oh Well

Happy Bucks: By Eddie "Popeye" Fisher





Best Wishes for Mike Seidenfrau in his effort to beat his "best time" goal in the NY Marathon.

Eddie Reynolds' son is also running....Ed just has to get up in the middle of the night to get him there

Many Kudos for the recent Dictionary distribution to 3 of our 4 target schools. Neil O'Sullivan is scheduled to lead the effort at St Margaret's.

Ryan mixed up an upcoming "soup and salad" or some such event with a whiskey tasting extravaganza....forgivable, I suppose, with all the confusion about pins, and houses and scrambling to find naughty words in dictionaries.

Jaya and Anjan's annual trip is postponed a couple of weeks.

MANY best wishes for the METS

Jay is off travelling for a couple of weeks......and sat next to Whitey Ford once....How we got from the Mets to Whitey Ford I kind of forget.....I was going to jump in about meeting Orlando Cepeda at a charity deal once.....But there was a punch line of some sort to that which I sorta forget......



Program:

Mike Seidenfrau filled us in on the down and dirty of running marathons – in anticipation of his effort this weekend in the NY City Marathon"

- You get on a bus about 5:00 am......Yawn
- Carbo loading does not mean pasta and cream pie....but oatmeal and yams....for two days....Yuck
- Pacing doesn't mean keeping a steady time, but keeping a steady energy output.....So no coasting on the downhills.....Damn.
- You fuel (eat some kind of goo out of a tube) all the way along, and hydrate (drink out of flimsy cups you throw on

the floor) every few minutes....It doesn't sound like you get to pee or......well, you knowwithout being embarrassed. Mike didn't say so, but I bet some other people yack...... Gross

• Sounds like thousands and thousands of people lose the race but are still really happy....which is good, right? Much better than like in boxing or cage fighting, say.

Mike gave a great, fun talk that makes me really, really hope that he runs better than 3:50 so that he can be really, really happy and so thousands more people will lose worse than him compared to how many lose better than him. And he never once sneered at any of us who haven't run around the block in years.

Good fortune, Mike!!

Four Way Test: Doreen



Submitted by: Jim Murphy



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