



Rotary Club of Pearl River, P.O. Box 252, Pearl River, NY 10965
District 7210 - Region 8 - Zone 32 - Club #4982 – Charter Date December 12, 1935

www.rotaryclubofpearlriver.org

James F. Murphy – President – 2013-2014
ENGAGE ROTARY - - CHANGE LIVES

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Of
Pearl River

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Pearl River Rotary Club Meeting
Joe & Joe II Restaurant - Pearl River, New York
March 13, 2014

Pledge:
Doreen

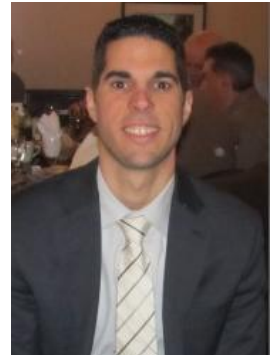
Invocation:
President
Jim



Visiting Rotarian: Kevin Hardy- New City

Guests: Brian Del Savio

and Paul
Axelband
(guest of Jay)



Birthdays: Jean Acocella, Vin led the chorus.



Announcements:

Larry V.- NCAA
Basketball Pool
Fundraiser- \$50 tickets.
Larry's response to
Sandy's query "no

Sandy you don't have to know
anything about basketball!"



The **FOUR WAY TEST** of things we think, say, and do: 1. Is it the **TRUTH**? 2. Is it **FAIR** to all concerned?
3. Will it build **GOOD WILL** and **BETTER FRIENDSHIPS**? 4. Will it be **BENEFICIAL** to all concerned?

March 19th- Jim Shepard announced our next fellowship event- March Madness at Noonan's Party Room- 7pm

March 20th- 6:30pm Community Service Meeting- Carol is working on a location.

March 27th- 7pm Special evening meeting. Noonan's Party room. We are experimenting with supplemental evening meetings to help members who can't make all the noon meetings. These are in addition to, not a replacement for, our regular noon meetings. Meetings will be 1 hour and include business and fellowship. We'll try two meetings a month in April, May, and June and see how it goes.

May 9th- Kevin Hardy- New City Rotary is organizing a blood drive and needs volunteers. Keep tuned for details



July 1st- Spring Valley Rotary's S.T.E.P. Family Night Rockland Boulder's game. Our Club has a great affection for this program and have been strong supporters. (see flyer).

Marty Erickson is out of the hospital and feeling better.

Art Matrisciani would love to have visitors and welcomes your calls. Anytime is fine but 6-7pm is best. His room is 244

at Northern Manor, 199 N. Middletown Rd, Nanuet (just north of Rt 59 on the left, past the over pass) and his phone is 495-4579.

Queen of Hearts: Hanns pulled the Queen again and won for the table!



Happy Bucks:

Jonathan brought the basket around but had sad news about losing his brother-in-law at age 52 but brightened up with Go Florida Gators #1 "Happy Purim" chimed in Eddie Fisher. Art A. taught a class of 29 Chinese nationals, "only 1.351 billion to go". Rotaract is now 46 years old and Bob Craig will tell you what the name means. George's grandson Anthony scored the winning goal for the AAA Avalanche hockey team. Doreen is going in to have the pins removed from her fall on the ice (did John do the plowing?). Frank Neeson's 2nd cataract surgery was a success "now if I could only hear" said Frank. Michele met a whole bunch of Beckerles visiting the Spring Valley club. Sandy told her "Uncle Bob" Rotary story, but you had to be there. Vin made it



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to Florida but missed the Daytona 500 dodging tornados. Frank Ripa will miss us at our next meeting as he travels down to North Carolina for a family visit.

Program: Raphael Casto saved the day by agreeing to be our speaker today telling us a bit about his career.

While most chiropractors decide upon that vocation as adults, not so for Raphael.

He explained that a high school wrestling injury sent him on the path for surgery necessitating a rod and pins.

Just prior to the procedure his dad suggested he pay their family chiropractor a visit. After a quick cure and no surgery, Raphael decided

"Hey this is great, I want to

do this!" and his career choice was made. While physical therapy is great for

rehabilitation after surgery, Raphael's goal is to prevent you from needing

surgery in the first place. His specialty is training/treatment for sports and

athletes. "Drugs and medications have their place but American's end up

averaging 11 different medications by age 65". Most, he says, were designed

to be taken for a short time, not for life. Raphael's expertise lies in the area of

"extremity repair and health". His single best health tip? "do stretching

exercises for 10 minutes before you start your day". Again proof that our best

programs come from our own members. Thanks Raphael!



Editor Mark Jr