



Rotary Club of Pearl River, P.O. Box 824, Pearl River, NY 10965
District 7210 - Region 8 - Zone 32 - Club #4982 - Charter Date December 12, 1935
www.rotaryclubofpearlriver.org
Dorothy Filoramo, President 2015-16

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The Four Way Test

***Is it the truth?
Is it fair to all
concerned?
Will it build good
will and better
friendship?***

MEETING OF Aug 13th 2015

Pledge: Carol McGrath

Invocation: Andy Marchfeld

Visiting Rotarians: Eric Landi from New City Rotary

Guests: Shaky Mahoney

Birthdays: Dick Kohlhausen Aug 13, Sandra Perri Aug 15, Bruce Schweizer Aug 18, Chris Kormusis and Alan Trugman Aug 15

Anniversaries: Bob and Diane Bergman Aug 15

Announcements: Jim Shepard reminded about the Gold Outing sponsorship and T sponsorship. This year the golfers will receive windbreakers. Fellowship event at Aqua Terra at 5:30 pm on Aug 18th. New Generations Committee meeting at Sandy's house at 6:00 pm on Aug 17th. Dorothy announced that the new Club Directory was available today and she thanked Ed for his hard work. She talked about the beautiful evening yesterday at the STEP function. She discussed the new policies to be adopted by the club about payment for the lunch while bringing in a potential new member or a program speaker. Raj Mehta received his Paul Harris Fellowship pin.



Queen of Hearts: The number was 183 and Raj Mehta picked 6 of diamonds

Happy Bucks: Jim Murphy collected the happy bucks. Lot of happy bucks was for birthdays and anniversaries. Some were for the Mets. Congratulations to Kate Raffa. Ed Grant had a good trip of Europe. Jim Shepard had thankful bucks for condolences. Bob Magrino's mother celebrated her 90th birthday. Mike was celebrating 4th anniversary of his tattoo.

Program: The program was given by Dr. Eric Landi of New City Rotary Club. The 100 Year Lifestyle is a professional group of health experts who maximize wellness in our community as well as in the work place. The services they provide are to take immediate action and take control of your own health. They emphasize proactive steps, not avoidance of disease. Health is optimum function, not merely the absence of symptoms. You should look for the cause. The nervous system controls every cell, tissue and organ of the body. The body does not need any help, just no interference. Doctors don't heal. Only the body can heal itself. Your health is your most valuable possession. If you prevent sickness you can live healthy.

Four Way Test: Michelle Damiani-Powel

Submitted by: Jaya Bhattacharyya