

Rotary Club of Pearl River, P.O. Box 252, Pearl River, NY 10965
 District 7210 - Region 8 - Zone 32 - Club #4982 – Charter Date December 12, 1935

www.rotaryclubofpearlriver.org

Doreen Buonadonna – President – 2017-2018
Rotary: Making A Difference

The Rotary Club of Pearl River Weekly Meeting

Bulletin for Thursday, August 24, 2017

Rotary Club
 Of
 Pearl River

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Pledge: Bob C.

Invocation: Mark

Visiting Rotarians: Chuck Coddington

Guests: Barbara Snyder – guest and very special friend of Hanns

Birthdays: Art and Donald - 8/24; Amy Acer and Kate O’Sullivan - 8/26; Ed R. – 8/27; Brian and Hanns – 8/28 - - Happy Birthday to all and it means that a lot of Moms and Pops were very busy in Thanksgiving Seasons past, making the Rotary Club of Pearl River a stronger club. (((Count on your fingers is you need too)))

Anniversaries: Barbara and George – 8/26 – Happy Anniversary

Announcements: Golf meeting – 9/11 @ Louie’s @ 6:30pm; we need golfers and we need auction items; buy \$5 tickets for the 50/50; Board meeting 8/28 at the Ward Mansion; Lenny has Boulder tickets – ask him if you want to enjoy a night with the kids and grandkids; thanks to Lisa for the fellowship on this past Tuesday – lots of laughs and lots of drinking; the program for next week is a work in progress; and of course there was the fun facts and jokes – I do not remember which and who as Johnny B was talking next to me as usual.



The **FOUR WAY TEST** of things we think, say, and do: 1. Is it the **TRUTH**? 2. Is it **FAIR** to all concerned? 3. Will it build **GOOD WILL** and **BETTER FRIENDSHIPS**? 4. Will it be **BENEFICIAL** to all concerned?

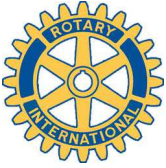
Queen of Hearts: Of course it was the wonderful quiet table and the 7 of clubs was picked.

Happy Bucks: . Thanks for the fellowship night out; lots of Happy Birthday wishes and anniversary wishes; Bob Simon had his cataract removed and he can see us now; Peg and Jim will be gone for four weeks as they travel some more for their 46th and for Peg's birthday and to ready us for a new program; Jim S. celebrated will classmates for 53rd year graduation; Kathy sent her son to Oneonta; Jaya saw Justin Gatlin become the fastest human and hugged him and made Anjan very jealous; Lisa's brother moved from Oregon to Nyack; and Doreen is simply very happy.

Program: _ Our wonderful Lenny gave us an update on advances in CPR – actually he feels that it should be named CCR replacing the P (Pulmonary) with the C (Cerebral) as it is most important to get the blood to the brain; he brought his new best buddy Braydon – who demonstrates the CCR function of resuscitation. Lenny clearly explained the difference between a heart attack and cardiac arrest. Only 7% who have cardiac arrest survive. CPR should be mandated – high schoolers in many areas cannot graduate without the CPR course – and police should be retrained every two years not just in their academy training. We were told that the most important thing is to call for help and begin compressions, you CANNOT be sued and you CANNOT press too hard as the person is already dead and you are trying to revive them. The rate is 100 per minute and very tiring and when giving the chest compressions teach the next person to take over the task. The AED has been a true lifesaver and cannot shock if not needed. Lenny then talked about choking and how to see the signs and how to perform the maneuver needed.

Lenny it is always a joy to hear you teach. Your passion, your knowledge and your presentation is always meaningful for those you are lucky to hear you. Thanks so very much.





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Four Way Test: Carl

Bulletin Editor: Ed Fisher – (each time I do the bulletin I learn more and more – because I **MUST** actually pay attention to the speaker – if there is someone who is not on the bulletin committee and has never done the bulletin and you would like to get the experience just let me know – it is truly a very special learning experience and a fun one also) Eddie Fisher