



## Rotary Club of Red Hook, New York

Weekly Bulletin

*SERVICE ABOVE SELF*

January 9, 2018

<http://www.redhookrotaryclub.org/>

[www.facebook.com/RedHookRotaryClub](http://www.facebook.com/RedHookRotaryClub)



Our own Rev. Fred Cartier was the speaker this morning. He gave an interesting talk about planning for retirement. Not so much from a financial standpoint, but from an emotional standpoint. He said one day you are going to leave your job...what are you going to do the next day? Fred suggested starting now to think about and plan what you will do when you retire. Making a daily schedule for yourself and then be sure to do at least two things from that schedule. Something that may help you decide what you may want to do in retirement Fred heard at a seminar about retirement. The speaker asked everyone in the audience to write down in one brief sentence “who you are without making reference to your job or your family”.

Fred referenced statistics about how people’s health deteriorates after they retire if they have nothing to do. Many die in a short period of time as well.

So start now thinking about what you will do after you retire. Go to the library and read books; take advantage of education programs that are offered for retirees like those offered at Bard College; expand a hobby; whatever, just make a plan to do something!

Linda Greenblatt mentioned to the club that she will be distributing scholarship applications to area high schools in the next week. She also mentioned that she is beginning to organize the business directory for Apple Blossom Day. Club members are asked to help Linda contact local businesses regarding an ad in the directory. It is only 4 months until Apple Blossom Day!!

***Members we missed and look forward to seeing next week:*** Susan Ezrati, Emily Fox, Karen Mead-Cadorette, Theresa Reed, Hon. Jonah Triebwasser, Gale Wolfe and David Wright.

Guests with us today were Jennifer Van Voorhis and Connor Latimer (Rob’s son and football star at Brockport)

Attendance: 67%

**BOARD OF DIRECTORS MEETING: Monday, January 15, 2018 at J & J Deli, East Market St., Red Hook, NY beginning at 7:30 am**

**Next Club meeting - Tuesday, January 16, 2018 at Murray's, 73 Broadway, Tivoli, New York. This will be a club business meeting. Greeter and Sgt. at Arms should arrive early to set up for the meeting and put the club paraphernalia away after the meeting.**



Our exchange student, Mercedes, from Spain has moved to her next host family and is doing fine. We need another host family for the last leg of Mercedes' time with us. So, if you know of any possible host families, please contact Chris Chale at [yexchale@rodenhausenchale.com](mailto:yexchale@rodenhausenchale.com)

Chris mentioned that there is an urgent need to find a host family for the exchange student in Rhinebeck. If you know of a potential family living in the Rhinebeck School District, please contact Chris.

### **Club Meeting Schedule and member responsibilities:**

<b>DATE</b>	<b>SPEAKER HOST</b>	<b>GREETER</b>	<b>SGT. AT ARMS</b>
01/16/2018	BUSINESS MTG.	Theresa Reed	David Wright
01/23/2018	Christine Chale	Barry Ramage	Fred Cartier

Rev. Fred Cartier is collecting books and magazines for Northern Dutchess Hospital's reading cart. Please bring your magazines and books to Fred at any breakfast meeting. Labels have been made to affix to the magazines indicating they have been donated by the Red Hook Rotary Club.



***Your change can make a change!*** - Bring your filled Rotary coin boxes to any meeting and donate to Rotary International Foundation's Polio Plus campaign. If you need a coin box, please see Bud Weaver.

**Remember to write down your volunteer hours and turn them into Theresa Reed!**

# *RadioRotary*



In the photo are RadioRotary co-hosts Jonah Triebwasser and Sarah O'Connell and producer Kathy Kruger.

The award-winning RadioRotary can be heard on Saturdays at 11:30 a.m. on WTBQ 93.5 FM and 1110AM or <http://www.wtbq.com/> and on Sundays at 6:30 a.m. on WBPM 92.9 FM or <http://www.wbpmfm.com/> and at 9:30 a.m. on WGHQ 920AM and 92.5FM, WBNR 1260AM and WLNA 1420 or <http://www.realcountryhv.com/> . Listen to all previous programs at [www.radiorotary.org](http://www.radiorotary.org) or on your MP3 player via iTunes at <http://itunes.apple.com/us/podcast/radiorotary/id39731680>

