

Issue 13 October 12, 2018





Is it the Truth? Is it Fair to all Concerned? Will it Build Goodwill and Better Friendships? Will it be Beneficial to all Concerned?

Rotary

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carlnaake@att.net

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October 12, 2018 Rotary Meeting by Tom Engwer

DJ Sean dropped the music at 7:14 a.m. with Sting's "Fields of Gold". Carl ran the bell at 7:16 a.m. and the 13th Meeting of PWR's 34th term was underway.

Jenice Thomas led us in the Pledge, and Karen McClaflin was called on to led the group in the 4-Way Test. Lyndsay Burch came to the front of the room and led us in a rousing rendition of "Row, Row, Row your Boat!" She mixed it up by having each side of the room starting at different times, which seemed to work in the 2nd verse. Next up was Karen McClaflin with the invocation. She did a wonderful job reading her recent blog post, "A View of Autumn", which not only encompassed the change that takes place in autumn, but the bucketful of days that each of us has in life, so to use them wisely. A copy of the invocation is included with this newsletter as it's very well written and worth another read.

At the Head Table today was our guest speaker, Beth Ruyak, Paul Adams one of our wonderful speaker Chairs, Kathleen McNabb, our Invocation Chair and Polo Plus Chair, and Jessie Nix, our current Greeter's Chair. Only one guest in attendance today, Bill Fobes, but not any ordinarily guest. Bill was the 2nd President of PWR and long-time member. It was great having him back as a guest of Sandy Thompson.

Since Beth Ruyak needed to get to her show at CPR, Paul Adams introduced her right after introductions. Beth currently works for CPR, hosting the Insight Show from 9 – 10 a.m. five days a week. She has been in the media business for over 30 years, and has been in the Sacramento area since 1985. After leaving the T.V. world in 2011, she started at CPR in 2012 and has been hosting the Insight show ever since. She made mention of the Rotary 4-Way Test, and said it really mirrors the mission of CPR. Her show looks to find the truth in ever story, that it is fair to all concerned, that it's beneficial, and provides the community with information that hopefully provides goodwill. Beth admits that she has always been a "Yes" person, which means she might not always it right, but she is doing it! Her curiosity is one of the things that makes her strive for the news stories that she discusses on the air. It was a great talk, and great insight to CPR and her show. Thanks for coming Beth.

Announcements:

Joint Meeting – Paul Friedrich – Paul reminded the members that there is no meeting next Friday. Instead, we will be having a joint meeting with the Satellite Club next Thursday Night at the B St. Theatre from 6:30 – 8:00 p.m. Cost is only \$15, with beer and salad provided. He also noted that alcoholic beverages are available, so you don't have an excuse not to show up.

Leadership Conference – Larry Challis – The 7th Annual Leadership Conference will be held on November 6, 2018 from 8 a.m. – 3 p.m. at the Dante Club. We will have 30 students in attendance, so they Larry and Sandy are looking for 30 members to step up and be mentors for the day. This is a hands-on experience that only requires you to attend and share your experience and wisdom, so please sign up. Sign-up sheets have been on the tables every week, so if you can't attend a meeting please reach out to Sandy or Larry Challis to get on the list.

Cocktail Party – Dewana – This term's cocktail party will be held on October 20th at Dewana's house. Event will start at 5:30 p.m. and go until Dewana kicks you out of her house. Dewana and Lori Curry have some surprises up their selves, so sign up and come out and hang with your PWR friends. If Dewana and Lori are throwing the party, you know it's going to be good.

Fine Master – Todd Murray – Todd began by saying that he just got back from traveling the world, apparently he was in IOWA, which I'm sorry Todd, that is not seeing the world. I think Todd still thinks the world is flat as well! After a few digs at both Bill Fobes and Dick Goodell, and a shout out for Tim Armstrong, he called out Pam Lipinski and Ann Baron for their recent attendance at the Eagles Concert. Oh course, they didn't just attend, they went backstage and hung out with Sacramento's own Timothy B. Schmidt. He fined them \$25 each! Next up he called up Venita, after showing multiple slides of Venita in local magazines, meeting the major, and launching her own company, he mentioned that Venita was recently named as one of the "40 Under 40" people in the Sacramento area via the Sacramento Business Journal. Venita ended up coming up to the front of the room and ringing the bell and thanking PWR for all the mentorship and friendship. (Todd did also mention that he was recently named one of the "70 under 70" in Sacramento, but I don't believe that). Kathleen McNabb then came up behind Todd and gave him another new shirt, however again she bought a large, and she's thinking after holding it up that he is more of a XXL! Ouch.

Greer Elementary – Lindsay Burch & Russ Fujii– Lindsay announced that they now have times for the tutoring program at Greer Elementary. She has sent out an email, with only 1 person responding on a time, so she sent around the sign-up sheet, singling out Tom Engwer and Sean Harris as members that have not signed up for their time. If you having signed up for your tutoring time, please get with Lindsay and Russ ASAP. If you have some time to tutor please reach out as well as they need the help, and it is a hands up experience that you won't forget.

Blood Drive – Dan Hall – Big announcement is that Blood Source has changed its name to Vitalant! Don't ask why as Dan thinks it sounds like a geriatric drug. Next week is Blood Drive week, so please sign up for a time and come and bleed. Sean Harris popped up and mentioned that Tim Armstrong was a big blood donor, so in honor of him you should go and bleed next week!!!

Polio Day – Kathleen McNabb– the Polio plus Committee, in conjunction with the Rotary Foundation, will be having a Putting for Polio Challenge at the October 26th meeting. Feel free to bring your own putter, and make sure you come early or stay a little later after the meeting so you can join in the fun.

Continued on next page

Membership Mixer – Mike Bede – The Satellite Club, in conjunction with PWR, will be hosting a Mixer on November 7th from 6:30 - 8:00 p.m. at the COWO Campus. Please come out and join the event as it's a way for us to get the Rotary name out, and try to attract new members.

Elections – Rick Bixler – Rick announced that he is looking for a few more members to volunteer for the upcoming Board Elections. Please call or email him if you are interested.

Greg Garcia – Comfort Cases – Greg announced that we will be having a packing party for the Comfort Cases coming up. Since Carl left his announcement for the end of the meeting, he will give us an update next week with a sign-up sheet.

Bell Ringers:

Dick Goodell – After putting up a picture of Tim Armstrong on the overhead, Dick Goodell rang the bell in honor of his recent passing. Tim was a long-time member of the Club and was a long-time friend of Dick's. He also mentioned that Tim's grandfather was a long-time local baseball stud, and Dick still has some autographed memorabilia from back in the 1940's.

Gino's Opportunity: After Dan Baker's recent winning, we have a full deck of cards this week as we are starting Gino's Opportunity over with a \$250 pot.

\$10 – Don Levin \$10 & the Draw – Sean Harris – No go, J of Clubs.

Thanks you's -

Greeters – Lori Curry & John Bell Tickets – John Price Money Takers – Mike Cendro Credit Card – Christine Cahill-Reams Audio/Visual – Sean Harris SPECIAL RECOGNITION – Rob Sowell for organizing last week's meeting at the Cracker Barrel.

Birthdays this week, Gardiner de Back 10/1, Brian Kraft 10/7, Rick Bixler 10/9, Jim Hare 10/11 and Drew Houghton 10/13,



Speakers

Oct 18, 2018

Joint meeting w/ Satellite Club

B St Theater

2700 Capitol Ave.

6:30pm

Oct 19, 2018

NO MEETING!

Oct 26, 2018

Greg Farvre

Editorial advisor to CPR Politifact

Nov 9, 2018

Gary Bright

Marine Helicopter pilot, Vietnam

VETERAN'S DAY PROGRAM

Nov 16

No meeting



FROM THE PREZZZ ...

The 13th meeting of this term was truly an inspirational meeting. Karen McClaflin presented one of the best Invocations that the club has ever heard. It was written from her heart. It was truly wonderful. Beth Ruyak followed that with more inspirational words about her job and her life. And then to hear about the accomplishments of Venita from our Fine Master Todd really made me feel good about the future of the world. I hope it did you too.

This week we will not be meeting on Friday. But we will meet Thursday night, October 18th at 6:30PM at the new B Street Theater at 2700 Capitol Ave. in a Joint Meeting with our Satellite Club. It will be a fun evening with a great chance for fellowship and getting to know our Satellite Club members better. Pizza, salad, no host bar for \$15.00.

And on Saturday night we will have Fall Cocktail Party at Dewana's house at 5:30PM at 4412 Valmonte Drive. It will be a wonderful evening with great food, fun and fellowship!

Your President,

Carl



On Saturday, November 10 from 10am-1pm, our club, in conjunction with the local 20/30 club, will be assembling care packages that will be distributed to 400 local foster youths for the upcoming holiday season. The cases will include backpacks and other much needed items. All you need to bring is yourself and a smile as the supplies will be waiting for us. Pretty easy!

The event will occur at 2939 Academy Way in Sacramento.

Please reply to this email if you are able to carve out a few hours on this Saturday morning for a very worthy cause.

With much appreciation,

Greg Garcia

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	Cracler Barrel Fri- day Fun No DPCC	6
7	8	9	10	11	DPCC	13
14	Blood	WEEK	17	Joint meeting with Satellite Club	dark	Cocktail Party
21	22	23	24	25	DPCC	27
28	29	30	31			



November 2018

Mon

Tue W

Wed Thu

Fri

Sat

				1	DPCC	Foundation Dinner Doubletree
4	5	Youth Leadership Dante Club 8-3;30	7	PWR Professional Mixer Uptown Studio 6:30-8:30	DPCC	10
11	12	13	14	15	Dark	17
18	19	20	21	22	Dark	24
25	26	27	28	29	30	

Timothy Patrick Armstrong

MAY 17, 1955 - OCTOBER 3, 2018



Timothy "Tim" Patrick Armstrong Born on May 17, 1955 in Sacramento CA. Passed away peacefully on October 3, 2018 in Sacramento CA at the age of 63. Graduated from McClatchy High School in 1973. He attended Sacramento City College prior to attending Sacramento State where in 1980, he earned his Bachelor of Science Degree in Speech Pathology & Audiology and a Master's Degree in 1983. His student work was performed at the VA Hospital in Martinez. During his college years, he worked for Standard Brand Paints from January 1974 through January of 1980. He worked for Sutter Hearing and Speech from 1984 to 1991. He opened American River Speech and Hearing with Jane Germ in 1991, but soon split off and became the sole owner of American River Hearing in July of 1991, which he operated until his health forced him to retire in August of 2016. He adored his job, not only helping others to hear, but the friendships he forged meant the world to him. He was the first audiologist in Sacramento to join local surgeon, Stuart Gherini to offer Cochlear implants and was well respected by his peers. He was a long time member of Point West Rotary and served breakfast monthly at Mary House. He loved giving his time to those less fortunate than himself. His hobbies included scuba diving, golfing, jewelry making, fishing, RC cars and helicopters, collecting knives and guns and followed professional golf, football and baseball. He was the grandson of Sacramento baseball great, Tony Freitas and took great pride in being the curator of his memory. He spoke of the fun they had fishing and even helped in building Tony's retirement home in Cambria, CA. He and Tony spent many hours together, until Tony's death in 1994. Tim was preceded in death by his father, Jack W. Armstrong; Mother, Susie Meadows; Half Brother, Anthony Armstrong and Step- Sister, Robin Meadows. He is survived by his best friend and partner of 7 years, Kristen Derby; Step son, Pearson (Emilie) Rowland; Grandsons Liam, Matthew and Evan Rowland. His half-brother, John Armstrong; Step- Father, Bob Meadows; Step- Brother, Brian Meadows and his constant companion for almost 10 years, his Border terrier, Finn. A Celebration of Tim's Life will be held on Saturday, October 20, 2018 at 10AM at Harry A. Nauman & Son, 4041 Freeport Blvd., Sacramento, CA with a reception following. Memorial Donations may be made in Tim's memory to the Point West Rotary or to Loaves and Fishes.