

# Gilleland's Islander



Issue 39-10

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39th Term 2023-2024 President Roger Gilleland

Quest Editor - T. Harrington

## Great American River Clean Up

PWR is participating in the Great American River Clean Up on Saturday, 23 Sept. from 9 AM to Noon. Your help is needed for this big event. PWR will again manage cleanup activities at the Watt Ave. American River Access Point at 8690 La Riviera Drive (same place as the Spring Clean Up). Contact Dan Hall to volunteer. Information will be forthcoming. Weather Terrorist Dan assures us of warm sunny weather.



## It's Time for Golf

The 2023 Charity Golf Tournament is happening this year so get your foursome and come on out to benefit Eagle's Golf and First Tee. We will be teeing off on October 16 at the Lincoln Hills Country Club. Gather your foursome and come on out. Check with Samantha Hoshida for details on registration and volunteering. Then keep your putter warm for Putting for Polio on Friday, 20 October at Haggin Oaks.



## District 5180 Calendar

Got to <https://rotary5180.org/Events>.

Oct 12 - Foundation Seminar 5:30 PM to 7:30 PM ( by Zoom)

Nov 18 - District 5180 Foundation Dinner at 5:30 PM - 11:59 PM at the Citrus Heights Community Center.



## SS Point West Voyage Log

President Roger rings in the 10th meeting of the 39th term at DPCC. The pledge was led by Christine Cahill Reams. Dom Porrino lead us in the 4 Way Test. The song was Spinning Wheel —not suggested by the Sight and Sound team (new name for the AV squad) Trish Harrington gave is our thought for the day The Extended Rotary Family. Marylyn Kagan, presented a power point of a \$3000 GRC donation to the blind program at Sutter Middle school. Announcements: Bea Maruer and Russ Fujii Eagle Golf is done for the year thanks to all participants; Reminder from Dan Hall about the cleanup Saturday. Bell ringers: Trish Harrington for Leslie Barger, Marianne Albrecht, and Jeniece Thomas for their support during Trish's surgery RI Foundation; Greg Garcia for his recent trip to Ireland with some fine gifts for the Prez; Tom Harvey for his birthday and meeting his

wife today many years ago-\$100 to RI, \$100 to GRC. Bob Tilly introduced our speaker, Mynga Futrell, PhD in Education and Professor at CSUS. She spoke about Alzheimer's and discussing how it has/will affect us all someday. The risk of Alzheimer's, this insidious affliction usually appears between the ages 80-85, but can be much earlier. She stated this is terminal, and noted things to do Power of Attorney for healthcare while you can still make decisions: Stop driving when needed-you may not know when this is but your love ones will; Get a good workup from a neurologist; DON'T WAIT FOR A CRISIS. GET READY EARLY.

Mike Cendro had the winning ticket but no Joker was drawn.

Next meeting will feature Sean Harris on Cyber Security. A great topic!

## More Photography

Again at the next meeting your friendly photographer and your friendly alternative photographer will not be in attendance. We want you, yes all of you, to be the photographers for our meeting this week. Use your cellphone or camera to take a picture or 2 and send it on to email: [regrab2@gmail.com](mailto:regrab2@gmail.com) or message to 916.952.2212. Thanks.

## PWR Meeting Calendar

Meetings Fridays, 7:30 AM at DPCC\* (+ Zoom)

Sept 22 - Sean Harris-cyber security.

Sept 29 - Retired Assemblyman Ken Cooley

Oct 6 - at North Ridge CC - Kyle P. Watters, Ph.D. Department of Physics and Astronomy CSUS

Oct 13 - at North Ridge CC - Morgan Gire, Placer County DA

Oct 20 - Haggin Oaks Golf Complex - Putting for Polio

\*(unless indicated)