

GILLELAND'S ISLANDER



ISSUE 39-17 NOVEMBER 3, 2023 39TH TERM 2023-2024 PRESIDENT ROGER GILLELAND EDITOR - M. BARGER

Veterans Day 2023

PWR Veterans Day celebration is at our meeting on November 10th. We honor veteran Point West Rotarians for their dedication and service to our country. We will start a new tradition this year honoring the sons, daughters, spouses, and parents of our members that also served in our military services. Bob Porter and Dave Abbott have organized our tribute this year. Our speaker will be Major General Alice Astafan, United States Air Force (Retired).

Major General Astafan remains active in California Veterans affairs. Prior to her retirement from the U.S. Air Force, General Astafan was the highest-ranking woman military officer in the United States. This will be an inspiring meeting.



Tour of Business

Our planned tour of San Francisco Bay Coffee in Lincoln will be after our meeting on Friday, November 17.

District 5180 Rotary Foundation Dinner

- November 18, 2023
- 6:00 pm
- Citrus Heights Community Center
- Cost to club members – only \$40



SS Point West Voyage Log



The 17th voyage of the SS Point West in our 39th term was at North Ridge CC. Dan Hall started the pledge and Carl Naake led the 4 Way Test. Our thought for the day was given by Tom Engwer. Our club had a moment of silence to honor the passing of Mary Haley, long time honorary member and friend to Point West Rotary. Jay Boatwright, the newest member of Point West Rotary, was read into the club by Desirée Wilson and Bea Maurer. Jay has been in Rotary for over 40 years now finally joining the best club! It's Rotary International Foundation month. Desirée Wilson and Mike Cendro remind us of the amazing work that RI does all over the world. She and President Roger are really encouraging every member to contribute to get EREY status. Desirée announced

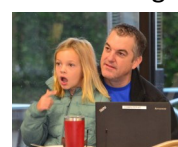


Point West Rotary newest Benefactor, Glen Cheron. The 11 new members of the PolioPlus Society were recognized with those present receiving their certificates. Desirée also encouraged members to attend the Foundation dinner on 18 November. Dan hall promised

no rain for the Run The Parkway event



we are helping with on Sunday, 5 November. Frankie Porrino attended the meeting to have Dominic solicit support for her JDRF



One Walk on November 5. Staff members from Stanford Sierra

Youth and Families including Director of Development, Christie Shorrock were hosted by Dan Baker to show us the Wonder Mentoring Program that our donations help support.



Randy Burton Rang the Bell early and was followed at the right time by bell ringers, Joanie Mather, Bill Dunk and Mary Lyn Kagan. Dave Abbot introduced our speaker, Bill George, author of "Victory in the Pool", telling the story of Sherm Chavoor, maverick swimming coach who created Arden Hills Club in 1958 and produced



numerous Olympic swimmers. Mark Copeland won Gino's Opportunity but could not pull the joker.



PWR Meeting Calendar

Meetings Fridays, 7:30 AM at DPCC* (+ Zoom)
 Nov 10 - Veteran's day. General Alice Astafan (USAF ret.)
 Nov 17 - Assemblyman Josh Hoover
 Nov 24 - Dark. Thanksgiving.
 Dec 1 - Jerry Reynolds.

*(unless indicated)

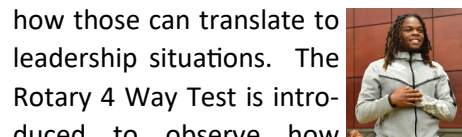
The 11th Annual Partners in Leadership Conference



Over 30 students from Encina high School along with over 30 adult mentors, mainly from Point West Rotary but also from other Rotary clubs and from the community gathered at Sacramento State University on Tuesday, November 7, for the 11th Annual Partners In Leadership conference.



Larry Challis and Sandy Thompson organized and ran this event again this year. Through a series of exercises the students and mentors learn about one another in an open and intimate way, learning and sharing ideas on leadership and ethics. They formulate ideas on core values that they personally hold and how those can translate to leadership situations. The Rotary 4 Way Test is introduced to observe how those principles that guide Rotarians may be applied to real life situations. The final session is a skit in which all the students participate. The skit presents an ethical dilemma that certainly may be situations the students may actually experience. The exercise



was thought provoking, demonstrating the ambiguity of many life situations as there was no clear cut resolution to this dilemma presented in this skit. All the students and mentors came away with a better understanding of each other and themselves. They gained insight into the knowledge and skills that go into being an excellent leader. Our future is now in better hands.



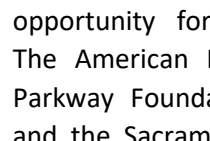
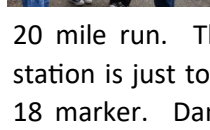
Run the Parkway Event To Benefit the American River Parkway Foundation



The Sacramento Running Association and the American River Parkway Foundation jointly conducted the Run the Parkway event on November 5, 2023. This event is designated as the official training run for the California International Marathon. Point West Rotary volunteers staffed the Ambassador Park water station continuing to the string of times we have volunteered for this event. The weather was quite



cooperative with no rain and temperatures about 70 F. Point West members along with West Campus Interact members handed water and/or Nuun electrolyte drink to the over 700 runners on the 20 mile run. The Ambassador Park station is just to the east of the Mile 18 marker. Dan Hall organized this opportunity for us. The American River Parkway Foundation and the Sacramento



Running Association, whose Executive Director of is Scott Abbot, the son of our own Dave Abbott, were very appreciative of our efforts. The appreciation was also expressed by many of the runners during the event. All of the proceeds go to the American River Parkway Foundation to further their mission of supporting the preservation and enjoyment of the Parkway, the "crown jewel" of Sacramento Parks.

Running Association, whose Executive Director of is Scott Abbot, the son of our own Dave Abbott, were very appreciative of our efforts. The appreciation was also expressed by many of the runners during the event. All of the proceeds go to the American River Parkway Foundation to further their mission of supporting the preservation and enjoyment of the Parkway, the "crown jewel" of Sacramento Parks.

