



# OHANA NEWSBRIEF



2020-21 Rotary Year

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Editor – Ghost

## Member Spotlight Doug Yoakam

Doug Yoakam just retired after 40 years of service as a staffer in the California State Legislature. Actually, only 33 of those years were in the Legislature. He represented Caltrans in front of the Legislature for four years, and for three years he ran his own political consulting business. One of his consulting clients was Dave Cox, when he first ran for the SMUD Board of Directors.

Doug's expertise is in the field of legislative redistricting, the drawing of Assembly, Senate, and Congressional districts after each decennial census. He will be glad to be out of that business in 2021.

His other legislative specialties were elections, housing, veterans, agriculture, and transportation laws. He is involved with a company that contracts with cities and school districts to draw their district lines, so he will still be in the redistricting business, just not in a partisan way.

Doug is a member of the Point West Rotary Foundation Board of Directors, and was Chair of the 2018 (24<sup>th</sup>) Brewfest, which raised a record amount of money for our charities, before Tim Davidson took that title away in 2019.

When he is not golfing, Doug hangs around the house with his wife Candice and daughter Christina, who just graduated from Sonoma State University.



## Guest Speaker: Dr. Nick Sawyer

Dr. Nick Sawyer, Assistant Professor of Emergency Medicine at U.C.D.M.C., spoke to members about his medical experiences with COVID19.

In April 2020, Dr. Sawyer volunteered to go to Elmhurst Hospital in Queens, N.Y. City for 2-weeks to provide support in caring for critically ill patients with COVID 19. He spent 12 of his 14 days working 14 hours per day on a 40-bed COVID19 critical care unit.

Dr. Sawyer stated that COVID19 is not like the common flu and that those in medicine have never seen anything like this. That it is 10x worse than a normal flu and the public needs to listen to scientists and doctors and not opinions being circulated.

Dr. Sawyer went on to say strokes were prevalent and patients had blood clots throughout their bodies. Patients also experienced kidney failure in 48 hours, which is not normal.

He talked about the different types of ventilators that all work differently. But, because of the large number of patients and need for ventilators they accepted whatever was sent. This created some challenges as doctors had to figure each system out which was time consuming. One of the ventilators was really made to be used for only a few hours during a patient's transport in an ambulance or helicopter and the ventilator had no screen to monitor the patient's condition. These would overheat and did not work for critical patients.

## Dr. Nick Sawyer Continued

Dr. Sawyer recommended not flying unless it's necessary and not opening schools, even though everyone is struggling. He said those buying and wearing N95 masks were, most likely, not as protected as they think because these masks aren't 100% effective unless they've been fit to the person. He also cautioned that even though a majority of our population may eventually be immunized, this is still serious and precautions should still be in place. To stay protected we must wear a mask, stay 6 feet from others, avoid gatherings inside, wash hands a lot, use hand sanitizer and don't touch your face. It is estimated that 40% of the population are asymptomatic and COVID19 carriers.

While very sobering Dr. Sawyer provided factual, good to know information. He generously stayed after the meeting and answered questions for 20+ members.

### Polio Plus – Putting contest.

Save the date: **October 23, 2020.**

We will gather at Haggin Oaks Golf Complex for some in-person putting to raise funds for Polio Plus.

**"Because of You" ..Tim Davidson for all of your contribution for the Brewfest and gathering closing for the homeless.**

## KEY DATES

**October 9, 2020 – Virtual: 7:30 AM – Ross Siragusa**

**October 16, 2020 – District Governor, Brent Hastey. This maybe a Zoom Meeting. More information to come.**