



### PWR BREAKFAST AT L & F

By Rich Fathy

PWR and breakfast need no explanation, but you may not be familiar with a PWR BREAKFAST AT L & F.

L & F references Loaves & Fishes, a Sacramento nonprofit (on North C Street) that provides daily services to approximately a thousand homeless men, women and children.

-Loaves gets zero government monev.

-Loaves has some paid staff but could not function but for volunteers.

Shall we guess who has, one morning a month for the last two years, volunteered to prepare and then go to Loaves to serve a cold breakfast to two hundred plus homeless souls? Yes. PWR has done so each month since March 2021. The PWR stalwarts (most commonly, and in alphabetic order, Bob Berger, John Caselli, Robert Ellis, moi, Tom Knox, and Don Rodes) shop for designated food to bring (at each individual's expense, not the Club's), show up at or about 6:30am with food in hand, assemble and serve our cold breakfast, and then leave North C Street shortly after 8:00am. We go from privilege to misery and then back to privilege, an experience that honors our Four Way Test, and the humanity in all of us, however challenged the guests of Loaves & Fishes may be.

If you interested in knowing more about the Club's monthly journey to North C Street, please ask one of the PWR stalwarts noted above.



The annual PWR Bowling Bash is coming up on Sat., March 25. Save the date. We will have a lot of fun and see if we can top Drew's score.

Food and bowling shoes provided with the price. Drew Houghton is organizing and will have sign up information soon.



#### **BRIAN'S ROTARY GARDEN**

The garden needs tending after all the rain. Come this Saturday, 2/11 at 1:30 PM, 3120 Adams Rd., Sacramento to help. Contact Mary Lyn Kagan.

### Funny Caption Contest

The PWR Newsletter plans to have the **Funny Caption Contest** once a month to start so entries are still open from last week (see issue 38-26 for the photo). Be creative. This Submit your entries to the editor at regrab2@gmail.com

## Calendar (PWR & D5180)

Feb. 11-12 —Practical Relevant Leadership Skills (PRLS) Training. Sierra College.

Feb. 15 & Mar. 22—Greer Encina Monthly Food Distribution. 1-3:30 PM. Check with Mike Bede.

Mar. 25—PWR Bowling Bash. Country Club Lanes.

District 5180 events calendar link—https://rotary5180.org/Events

# **Meeting 27 Recap**

Our 27th meeting of the 38th term

opened with the pledge led by Trish Harrington and Judge Dave Abbott led the



4 Way Test. The A/V team honored working folks with the song "9 to 5."



PE Roger Gilleland provided the thought for the day. Kathy Copeland reminded

us of the special Valentines meeting next week. Roger wants you to RSVP to the host of your fireside chat and Drew Houghton announces the Bowling bash for March. Big Checks were

given out to worthy recipients. The Africa Hope Fund represented by Carol Van



Bruggen received \$3000 for reading assistance programs in Zambia. The final Brewfest numbers were pre-



sented by Tom Engwer. Big checks went to our charity partners, WEAVE and

Runnin' for Rhett. Our speaker was Akmal Babrakzia, refugee from Afghanistan who had helped translate for the Americans there. He describes his tail of getting out of Afghanistan and coming to Sacramen-

to. Dorthe Wright had the opportunity to spin the wheel but no fine landing on "Sour Puss."



## **PWR Meetings**-

Fridays, 7:30 AM at DPCC\* (+ Zoom)

Feb. 10—Valentines Meeting.

Feb. 17—Bob Lamvik from SCORE.

\*(unless indicated)