

Avenues of Service

Rotary is a worldwide service organization with the stated mission to: "**Provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders**."

Rotarians are dedicated to serve our local, regional and global communities through a variety of ways. The **Rotary Club of Point West - Sacramento** provides service through a variety of means. These include:

- Fundraisers
- Monetary Grants to Local Schools and Other non-profit organizations
- Hands-on Projects

The philanthropy of Point West Rotary is focused on supporting youth in our area. We implore each of our members to be involved in these efforts so as to promote the mission of Rotary and our club. Our impact is not only in financial support of our partners but also in hands-on work that Rotarians around the globe are so good at. How do you want to support your club, your community and the world? Point West Rotary offers several service opportunities in variety of areas. Please review this document and see what interests you. Reach out to the person listed to get involved.

Club Service Opportunities

Fundraisers

We engage in fundraising events to raise funds to provide the financial support to several schools and organizations we support. In addition, each fundraiser is associated with a charity partner to which a percentage of the funds raised will be given. Some of the organizations we have supported in the past are the Sacramento Children's Home, Society for the Blind, The Assistance League, Sierra Forever Families, Operation School Bell, and B Street Theatre. Our major partners recently have been WEAVE and Runnin' for Rhett.

California Brewers Festival (Brewfest)

Brewfest, held on the third Saturday in September, is the Club's largest one-day event, with as many as 85 brewers and many food truck vendors participating, along with a DJ, silent auction and local vendors. Proceeds of the event support children's charities in the community. <u>http://calbrewfest.com/</u>

- Volunteer to be part of the Planning Committee or a sub-committee
- Volunteer to work the day of the event
- Each PWR member is asked to sell tickets to the event



Golf Tournament

Usually held in the spring, the annual PWR golf tournament is both a fundraising event as well as a social event that brings out duffers and scratch golfers alike in a fun day on the links followed by a social hour and dinner. The tournament is a scramble format and is open to PWR members, friends, and family. Proceeds go to California Eagles Golf, a golfing program for those with special needs that is supported by Haggin Oaks Golf Course, Morton Golf, and the First Tee of Sacramento.

How Can I Participate?

- Volunteer to be part of the Planning Committee or a sub-committee
- Volunteer to work the day of the event
- Volunteer to solicit sponsors, auction items & golfers
- Gather your friends & family to put together a foursome & play in the tournament

Social Events

PWR members spend a lot of time helping others and it's always good to let loose and have some fun among ourselves. We have several events throughout the year and always want a good turn-out of members & family.

Cocktail Party

PWR members and their spouses/significant others attend a cocktail party at the home of one of our members for an evening of fun, food, and friendship. The party is a great opportunity for members and guests to meet and get to know one another on a more personal basis.

How Can I Participate?

- Volunteer to host the Cocktail Party in your home (at no cost to you)
- Volunteer to be part of the Planning Committee (chair) or a sub-committee
- Volunteer to work the day of the event (i.e., clean-up committee)
- Attend the party

Bowling Bash

Each spring, Point West Rotary puts on a "Fun Raising" event called "Bowling Bash" which is usually held at Country Club Lanes. The purpose of this is to generate comraderie with our members and guests in a friendly competition of bowling. The contest is made easier by giving everyone a strike when he/she knocks down 8 or more pins, so being a "good" bowler is not required. It is an annual event which has been active for over 20 years, but more importantly it is a fun event that everyone looks forward to.

- Volunteer to be a member of the planning committee
- Join in the fun and bowl



Demotion Party

It is a celebratory party to honor the outgoing Club President, usually held the last Saturday of June, just prior to the end of the Rotary year. All members are encouraged to attend to honor the President and enjoy a lively social event.

How Can I Participate?

- Volunteer to be a member of the demotion party planning committee
- Attend the party
- Host the party at your home

Committee Work

Point West Rotary Club does a lot for the local and global community. We need our members to help foster our relationships within the community as well as find and vet the community groups that we may be able to financially support.

Grant Review Committee

The Grant Review Committee meets monthly to review and develop recommendations on grant applications submitted by local community organizations for funding. Applications are vetted and due diligence is done by at least two committee members before a recommendation is made. Final approval of the grant application is made by the Point West Rotary Club Foundation board.

How Can I Participate?

• Volunteer to be a member of the committee

Membership Committee

The Membership Committee focuses on three areas - attraction of new members, member engagement and member retention. To continue our many projects, fundraisers and community service activities, we need to build and retain our membership.

- Volunteer to be a member of the committee
- Mention Rotary to your friends, colleagues and acquaintances to try help attract new members
- Bring a guest to a meeting, service project, social event, or club fundraiser



Public Image

PWR and Rotary International provide tremendous support not only to our community but worldwide. This committee is responsible for brand management, impact messaging, and getting the 'stories' happening within our club out to the community. It is important to share what we do to help solicit support for our community efforts and build our membership. Whether our members are tutoring kids in our local schools or helping to eradicate polio in the world, we want to get the word out as to how we are making a difference.

How Can I Participate?

• Volunteer if you have expertise in the areas of social media, print, radio or television

Speakers Committee

We have fantastic speakers come to our meetings each week sharing their expertise. And we learn some amazing things! This committee finds and recruits the various speakers for our weekly meetings.

How Can I Participate?

- Volunteer to be a member of the committee
- Indicate to the committee any individuals that you would think be a good speaker at one of our meetings

Sunshine Committee

This committee is responsible for a couple of very important tasks. The first, letting club members know if a fellow club member or member of their family has taken ill or had surgery and to announce the birth of children or grandchildren. This keeps the club members up to date on our fellow club members life events. The committee also reaches out to club members to make sure they are okay. We miss our members when they can't make the meetings. We understand that everyone's life is busy, but we just want to make sure everything is okay.

How Can I Participate?

• Volunteer by letting the committee know if someone is missed at the meetings. Also be sure to let the committee know of any changes, good or bad, happening in your life or a fellow member's life.



Participation in Point West Rotary Operations

PWR Greeters at Every Meeting

At each club meeting one or two club members are asked to greet fellow club members, guests and friends as they arrive for the meeting. Greeters are selected from those who volunteer and through our members list, giving both new and senior members a chance to meet one another.

How Can You Participate?

- Volunteer to be a greeter
- Volunteer to be a scheduler

PWR Check in Table - Every Meeting

Members are selected to assist at our weekly club meeting by helping out at the check in table. Upon arrival, all members must "check in" by signing the attendance roster, paying if necessary, picking up raffle tickets and checking out various volunteer signup sheets. Members are selected from those who volunteer and through our members list, giving both new and senior members another opportunity to meet one another.

How Can You Participate?

- Volunteer to be at the check in table
- Volunteer to schedule check-in volunteers

Thought of the Day – Every Meeting

At every meeting, a member provides the Thought of the Day shortly after the Pledge of Allegiance. Typically, 1 to 2 minutes in length, this thought may cover a wide range of topics of the speaker's choosing (politics & religion aside). Someone needs to schedule these speakers throughout the year.

How Can You Participate?

- Volunteer to be the scheduler for a year
- Volunteer to provide a Thought of the Day to the membership

PWR Meeting - Members 2 x 2

One of the many ways we welcome new members into our club is by giving these new members a chance to go to breakfast, lunch or whatever with a long-time member of the club. The casual get together is done at a mutually agreeable time and place. No agenda, just the opportunity for the two members to get to know each other. Once completed, the two members address the club at a future meeting, each having two minutes to talk about the other member. It's always fun with some members getting very creative. You never know what we may learn about someone!

How Can You Participate?

• Volunteer to meet with a new member for a meal or coffee and get to know them



PWR Members - Red to White Badge

When a new member joins our club, he/she is provided a checklist to assist them in learning about Rotary, our club, its history, how it's run and its members. The new member starts by being given a "Red" badge. The red badge lets other club members know that the wearer of the badge is new to the club. Throughout the next several months, the red badge member works through their checklist and once completed, the red badger is awarded their white badge at a "ceremony" at one of the club meetings.

How Can You Participate?

• Volunteer to be part of the committee

Fireside Chats

Each year our incoming President and board want to know thoughts of our members about all aspects of our club. The feedback is important and the information obtained will help guide us to the direction we want the club to focus on. This is your opportunity to express your thoughts on club operations. Contact: Incoming President

How Can I Participate?

- Volunteer to host a fireside chat
- Fill out your questionnaire as fully as possible
- Attend your assigned fireside chat

Newsletter Writers / Contributors

The writers assist the newsletter editor by writing about details of each of our weekly meetings for inclusion in the newsletter that is distributed to all club members. Contributors provide stories, jokes and any newsworthy information for the newsletter to help in making it fun and interesting.

- Volunteer to be the newsletter editor for the Rotary year
- Volunteer to be one of the newsletter writers who, on a rotational basis, takes notes during a weekly meeting and provides a summary to the newsletter editor
- Submit articles, your member profile, Rotary news, member stories, photos, poems, jokes, or your general musings to be published in the newsletter



Community Service

Salvation Army Bell Ringing

PWR members volunteer to ring the bell to collect donations in the traditional red kettles for the Salvation Army, usually the week before Christmas. Teams of two Point West Rotarians work one hour shifts at a designated location for one full business day. It's a great way to get into the holiday spirit, greet shoppers, and spread holiday cheer all while raising money for the Salvation Army.

How Can I Participate?

• At least 20 Rotarians are needed to volunteer for 1-hour shifts each on the designated day. Usually, after Thanksgiving, a sign-up sheet is available at our weekly meetings

Salvation Army Food Distribution

During the Christmas season, PWR members volunteer their time to assist the Salvation Army with their annual food and toy distribution to qualified families in the community. The Salvation Army organizes the event which is usually held at Cal Expo on the Wednesday before Christmas.

How Can I Participate?

- Volunteer to be part of the planning committee
- Approximately 30-40 Rotarians are needed to volunteer a block of at least three/four hours to distribute food on the designated day

Rotarians at Work Day

In the spring each year, Rotarians around the world participate in a hands-on project in their local community. The day is a great way to support our community while revitalizing our members, bringing in new members and generating publicity for Rotary. Rotarians, spouses, significant others, children, and friends of PWR spend the day making a difference in the local area. This is one of our most worthwhile "hands on" projects.

How Can I Participate?

- Volunteer to be part of the planning committee
- Volunteer to work the day of the event

Blood Donation

Members are encouraged to donate blood throughout the year. Blood donations are credited to the Point West Rotary account and are available to club members and their families as well as the community.

- Donate blood during the annual blood drive and throughout the year
- Volunteer to be a member of the committee to help set dates up



California Eagles Golf Program

California Eagles Golf is a program for those with special needs. It is held at and supported by Haggin Oaks Golf Course, Morton Golf, and the First Tee of Sacramento. Volunteers support the athletes on the golf course, at the driving range and on the putting green. Golf experience is not necessary to be a volunteer, as it is more about being supportive and providing encouragement. The group meets every Tuesday evening (5:30 - 7:00 pm) from May through September. Donating time to this project is a fulfilling and worthwhile experience and makes a difference in the lives of these golfers.

How Can You Participate?

• Volunteer to be a "coach" to support the special needs golfers

Vocational Service

Tours of Businesses

This is an opportunity for club members to tour different local businesses to learn more about what really goes on "behind the scenes." It is a chance to enhance club fellowship and learn more about those who are making a difference in our community. Past businesses that club members have visited are: Folsom Prison, Shriner's Hospital, and KMAX-TV.

How Can You Participate?

- Identify or recommend an interesting business or service to visit
- Participate in one or more of the tours

Vocational Spotlights

We periodically highlight the vocational activities and skills of the members of our club by presentations at our meetings. This may be member profile or panel discussion format.

- Volunteer to join the Vocational Services Board to identify or solicit club members to present a vocational discussion
- Participate in a vocational discussion event at a club meeting



Youth Services

Scholarship Awards

PWR members select students from Encina Preparatory High School and West Campus High School to receive scholarship awards from the club. Students can apply for scholarships while attending college if they maintain the prerequisite GPA. The chairperson of the committee selects a topic for the students to write about, encouraging creativity, meaningful thought and reasoning. A panel of club members will then review the essays and select the students with the best essays to receive monetary awards to assist them in their educational pursuits.

How Can You Participate?

• Volunteer to be a panel member to review the essays, interview the students, and select the students to receive a scholarship award

Youth Leadership Conference - "Partners in Leadership"

"Partners in Leadership" is a one-day conference, held at Sac State in the fall, that brings business leaders/mentors together with juniors and seniors from Encina High School. The purpose is to pair students from Encina with local business leaders in interactive group settings to discuss leadership and ethics, and how to make good choices when faced with ethical situations.

How Can You Participate?

- Volunteer to be part of the conference planning committee
- Participate as a business leader/mentor for the conference
- Participate in the follow up mentoring sessions at Encina High School though the year

Speech Contest

This is a district-wide competition for high school students. Each year, the district announces the topic for the contest. The initial competition is held at the club level with students from Encina Preparatory High School and West Campus High School competing. The contestants present their speeches at a club meeting and are judged by a panel of PWR members. The winner of the PWR speech contest receives a monetary award from the club and moves on to compete at the regional level and, if successful, at the district level.

- Volunteer to be one of the panel members to select the student with the best speech at the club level
- Volunteer to select and mentor students wishing to compete



Rotary Youth Leadership Awakening (RYLA)

Rotary Youth Leadership Awakening is a week-long leadership camp conducted by Rotarians for approximately 100 local high school students. Each year, Point West Rotary selects, sponsors, and coordinates transportation for at least four students to the Portola area for the camp. PWR members have also participated by being counselors for the week at the camp.

How Can You Participate?

- Volunteer to be part of the club's RYLA committee which reviews student applications and selects the students to participate
- Volunteer to organize and supervise the transportation for the students to and from the camps.
- Volunteer to participate as a counselor for the week (this can be life changing)

Interact

Interact clubs bring together young people ages 12-18 to develop leadership skills while discovering the power of Service Above Self. Interact clubs organize at least two projects every year, one that helps their school or community and one that promotes international understanding. Rotary club sponsors mentor and guide Interactors as they carry out projects and develop leadership skills. Celebrate the global impact of Interact by getting involved in:

- World Interact Week
- Interact Video Awards
- Rotary Youth Day at the United Nations
- Global Youth Service Day

How can you participate?

- Volunteer to become an advisor to one of our two Interact clubs (Encina and West Campus High Schools). Organize and supervise a community service project for the Interact clubs
- Provide transportation for Interactors who have volunteered for a community service project.



International Service

Rotary Youth Exchange

Rotary Youth Exchange (RYE) students from many other countries spend 10 months of a school year living with 2-3 host families (average of 3 months per family). It is mandatory for students to attend school during this "student" exchange. During the year, students learn more about themselves, learn our culture and share theirs, become self-sufficient, more independent, and become fluent in English. The students are also ambassadors for their country through sharing their culture and ideas.

There are "Outbound" and "Inbound" students that makeup the RYE program. If an Outbound student is "sponsored" by PWR to attend school in another country, then PWR "hosts" an Inbound student to attend school here during the same Rotary year.

How Can You Participate?

- Volunteer to host the club's inbound student for 3 months.
- Volunteer to be a counselor to one of the students.
- Volunteer to be on the District's RYE committee.

International Grants Committee

PWR's International Grants Committee reviews and recommends funding from the club's Foundation for projects outside of the U.S. to meet needs in disadvantaged areas of the world. The projects address one or more of Rotary's seven areas of focus (peace and conflict prevention/resolution, disease prevention and treatment, water and sanitation, maternal and child health, basic education and literacy, economic and community development, and the environment). The committee also works with other Rotary Clubs to identify needs, develop, and fund projects.

- Volunteer to be a member of the committee
- Contact the committee regarding worthy projects to pursue