



**Oneonta Rotary Club  
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**Oneonta Rotary Fund, Inc.**

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Sarah Patterson

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**Oneonta Rotary Club**  
PO Box 1122  
Oneonta, NY 13820

[www.oneontarotary.org](http://www.oneontarotary.org)  
[info@oneontarotary.org](mailto:info@oneontarotary.org)  
<https://www.facebook.com/oneontarotary/>

**Central New York  
District 7180**  
<https://cnyrotary.org/>

**Newsletter Editor**  
Lynne Sessions  
[info@oneontarotary.org](mailto:info@oneontarotary.org)

**Weekly Newsletter**

**January 23, 2025**

## Good Things



Rotary truly is an international organization. Rotarians John Maine and Marie Lusins found this club in Nassau in the Bahamas!



**Meeting At A Glance  
January 23, 2025**

**President**  
Meghan K. Sheehy

**Invocation**  
Lynne Sessions

**Song Leader**  
Lynne Sessions

**Finemaster**  
Carlton Cleveland

**Program**  
Timothy Korytko, MD,  
Radiation Oncologist-in-Chief,  
Bassett Healthcare Network

Please Join Us for the 3rd Annual

## ONEONTA ROTARY CLUB WINE TASTING fundraiser!

Hosted by Social Eats Cafe - Project 607

—◆◆◆◆—

**- Lets Raise a Glass or Two -**

February 15th, 6PM  
\$75 per ticket  
**LIMITED AVAILABILITY!**

546 Main St, Oneonta

—◆◆◆◆—

RSVP At  
[www.oneontarotary.org](http://www.oneontarotary.org)  
-or scan below-

Payment due by Feb. 10 to reserve seat.  
Walk-ins welcome as space allows.

Oneonta  
**Rotary**  
Club

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This year's Oneonta Rotary Winetasting Fundraiser will be held on February 15th, at 6 pm at Social Eats Café—Project 607. Cost is \$75/person. The event features a hand-crafted five-course wine tasting with amuse-bouche pairings and a three-dip starter plate. A non-alcoholic option is available.

Make your reservations at [www.oneontarotary.org](http://www.oneontarotary.org) As space is limited, payment must be received by February 10th to reserve your seat. Walk-ins welcome as space allows. Proceeds benefit the work of the Oneonta Rotary Club.

## Upcoming Events and Programs

### January is Vocational Service Month

January 23	Timothy Korytko, MD, Radiation Oncologist-in-Chief, Bassett Healthcare Network Canstruction Organizational Meeting, 11 am, The Elks Club
January 30	The Elks Lodge
February 4	Oneonta Rotary Club Board of Directors Meeting, 7 pm
February 6	TBA
February 13	Oneonta Rotary Fund Annual Meeting
February 15	Oneonta Rotary Wine Tasting Fundraiser, Social Eats Café—Project 607, 6 pm, 546 Main St. Oneonta, NY Reserve a seat at <a href="http://www.oneontarotary.org">www.oneontarotary.org</a>

### Around CNY District 7180 and Rotary International

January 28- June 30	<b>Member Orientation: 4<sup>th</sup> Tuesday of the Month</b> , Covers the basics of Rotary <a href="https://cnyrotary.org/CalendarItem/Details?CalendarItemId=8bdfc0d7-b1a4-4f35-9963-8b6beeadf62f&amp;Start=2025-01-28&amp;End=2025-01-28">https://cnyrotary.org/CalendarItem/Details?CalendarItemId=8bdfc0d7-b1a4-4f35-9963-8b6beeadf62f&amp;Start=2025-01-28&amp;End=2025-01-28</a>
February 23	<b>Rotary 120th Birthday Extravaganza: Happy Hour Events Across the CNY District, TBA</b>
March 1	Rotary Leadership Institute, Final Session, Johnson City
April 4-6	<b>SAVE THE DATE:</b> CNY District 7180 Annual Conference, Binghamton, NY

Please send calendar corrections, additions, and changes to [info@oneontarotary.org](mailto:info@oneontarotary.org)  
Send suggestions for speakers to Adam Stoutenburg at [adam.stoutenburg@casella.com](mailto:adam.stoutenburg@casella.com)

## Recap: January 16, 2025

**Presenter: Dr. Bob Davidson, Rotarian**  
**Topic: Meaning and Origins of Common Phrases**

Our presenter was our very own Dr. Bob Davidson, who was curious about the meanings and origins of common phrases. He asked the audience first to define the phrase, and then he told us the origin of it. Some of the phrases were originally nautical expressions, such as: “son of a gun”, “loose cannon”, “as the crow flies”, “know the ropes”,



“pull out all the stops”, “bite the bullet”, “have your work cut out for you”, “run of the mill”, and many more. Other phrases came from a terrestrial origin, such as: “let the cat out of the bag”, “don’t look a gift horse in the mouth”, “mind your own beeswax”, “wet your whistle”, “barking up the wrong tree”, “rub the wrong way”, “raining cats and dogs” and “three sheets to the wind”. Members were very entertained, and it was an enjoyable meeting.

~ Vicki Rickard

## Club and Community: Service Opportunities

### Help Grow Our Membership!

One of President Meghan Sheehy's goals for this year is to grow our membership and you can help. At each meeting, there is a sign-up sheet located on the check-in table. Next to your name, please write down the name of one person that you will invite to a meeting and/or ask to be a speaker, preferably someone that you have a personal connection with. Recording that information on the sign-up sheet will make sure that we don't have four or five club members approaching the same person. In addition, if you are asking an individual to do a presentation, be sure to coordinate with Adam Stoutenburg at [adam.stoutenburg@casella.com](mailto:adam.stoutenburg@casella.com) How can inviting people to our meetings help? Inviting people to attend a meeting or be a speaker gives them a one-on-one experience with our club. We are our own best messengers just by being who we are—community-minded people, helping others, and having fun.

### Volunteers needed for Canstruction: March 22, 2025

Canstruction is an annual event where groups across the Oneonta community get together to build a structure entirely out of cans. Each group is responsible for funding the structure, deciding the design and composition of the structure, and building the structure. The build will take place in the Southside Mall on March 22nd, and the cans will remain on display in the mall until March 30th. The best structures will win a Canstruction trophy! This is a great way to advertise, team build, and help the community all at once. Last year, 7,266 pounds of food were donated to our local food pantries, making a grand total of 57,266 pounds of food so far! The distribution of food to local pantries is coordinated by the Hunger Coalition of Otsego County (HCO). Visit <https://www.canstruction.org/cansculpture> to see examples of structures. (Ours will be a bit more modest.) Much of the planning for Canstruction was done in 2020 but was shelved when the pandemic forced the cancellation of the project. Kathy Leahy and Vicki Rickard have agreed to continue their leadership on this project. We need people to help plan, shop and then build the structure. We also hope to partner with another group. If you are interested, please contact Lynne Sessions at 607-437-9596 or at [lsessions411@gmail.com](mailto:lsessions411@gmail.com) or come to the organizational meeting on Thursday, January 23 at 11:00 am before the club meeting.

**January 2025 Blood Drives in Otsego County**

1/3/2025	American Legion Post 259	279 Chestnut St.	Oneonta	2:00 PM - 6:00 PM
1/3/2025	Otsego Fire Dept.	5 River St.	Otsego	1:00 PM - 6:00 PM
1/6/2025	Springbrook Community Campus	5588 NY-7	Oneonta	10:00 AM - 3:00 PM
1/8/2025	Fox Care	1 Fox Care Dr.	Oneonta	12:00 PM - 5:00 PM
1/10/2025	Bassett Hall Auditorium	1 Atwell Dr.	Cooperstown	12:30 PM - 5:30 PM
1/13/2025	Richfield Springs Community Center	6 Ann St.	Richfield Springs	2:00 PM - 6:00 PM
1/21/2025	Elks Lodge 1312	88 Chestnut St.	Oneonta	12:30 PM - 5:00 PM
1/21/2025	St. James Episcopal Church	305 Main St.	Oneonta	1:00 PM - 6:00 PM
1/22/2025	Footbills Performing Arts Center	24 Market St.	Oneonta	1:00 PM - 6:00 PM
1/26/2025	Quality Inn	5206 State Hwy. 23	Oneonta	1:00 PM - 6:00 PM
1/31/2025	Cooperstown High School	39 Linden Ave.	Cooperstown	10:30 AM - 3:30 PM

**CHANCE TO WIN**

Come give Dec. 16 thru Jan. 3 for a NEW long sleeved Red Cross T shirt, incl. qty. Chill with us!

Come give Jan. 1 thru 26 for chance at a trip for 2 to Super Bowl LIX in NOLA! ([redcross.org/SupersBowl](http://redcross.org/SupersBowl))

Come give Jan. 27 to Feb. 28 for a \$15 e gift card [redcross.org/Heartz](http://redcross.org/Heartz)

1-800-859-CROSS | [RedCrossBlood.org](http://RedCrossBlood.org) | Download the Blood Donor App

## District News

From Lizzy Martin, CNY District President (315) 470-2107 [rotarylizzy@gmail.com](mailto:rotarylizzy@gmail.com)@clubrunner.email

I'm reaching out to all clubs located in the heart of CNY to ask for help with an upcoming happy hour that we'd like to plan in your part of the region to celebrate Rotary's birthday. Can you help? On Sunday, February 23rd, Rotary turns 120 years old. We are holding a Rotary Birthday Extravaganza, which involves hosting multiple happy hour events in locations across CNY on that day. All the parties will have the same format, held at the same time, and members will be able to choose whichever location is most convenient for them to attend. What we need in order to have an event in your neck of the woods is a host! The host has a lot of support because CNY Rotary will be doing all the promotion and registration. Their main responsibilities are to secure a venue for our set day and time, and some materials for the function, including cupcakes (which will be paid for us by CNY too!). We have a more detailed job description that I can share if you are interested. We are looking for some place central for the clubs in Chenango, Otsego and Delaware Counties, so maybe Oneonta or Unadilla. Since this is a large area to cover, we have the flexibility to do two locations if we can get two hosts willing to help out in the north and south of area. If you like to throw a party and would be willing to be our host, please reply right away. You can reach me by phone, text or email. **Our next planning meeting is this Thursday at 6pm (on zoom)** and we want to have all the hosts present to all get on the same page with next steps for registration and promotion. I appreciate your consideration of this opportunity to serve your fellow members in a fun way!