

# Volunteer Activities & Organizations Supported

**Rotary**



Rotary Club of Arlington Heights



**Project Name:** Eggs and Cheese

**Description:** For three weeks out of the month, we purchase 40 dozen eggs and 40 pounds of cheese for the Wheeling Township Food Pantry. This is usually done on the Monday of each week. The shoppers can select which stores have the best prices.

**Location:** Grocery store of your choice delivered to Wheeling Township headquarters at 1616 N. Arlington Heights Rd.

**Frequency:** Each month on the the 2nd, 3rd, and 4th Monday of each month

**Time Commitment:** 1 ½ hours

**Number of Volunteers Needed:** 1-2 people

**Contact:** Amy Rogers [amy@inspirereadwrite.com](mailto:amy@inspirereadwrite.com)





**Project Name:** Illinois Medical District (IMD) Guest House

**Description:** The Guest House is a residence for patients receiving treatment for cancer, transplants, or any other long-term health care issue provided by Rush Hospital, Cook County Hospital, or U of I Health. They are provided with dorm-like rooms for no charge during their stay which can be up to a year in length. Each room is equipped with its own kitchen and bathroom.

Once a quarter, we provide the food for a dinner meal, cook it, and serve it to the residents. Most of the food is delivered to their rooms, but some of the residents come down to the common room to eat. We sit and visit with the residents while we join them for dinner.

**Location:** Damen and Polk Street in Chicago

**Frequency:** Quarterly, on the second Thursday of February, May, August, and November

**Time Commitment:** 4-5 hours

**Number of Volunteers Needed:** 4-6 people; we need people to supply the food and people to go down to the Guest House to cook and serve the food. Servers will usually carpool down, and parking is free with a car placard from the Guest House.

**Contact:** Chuck Frankiewicz [ctfrankiewicz@comcast.net](mailto:ctfrankiewicz@comcast.net)

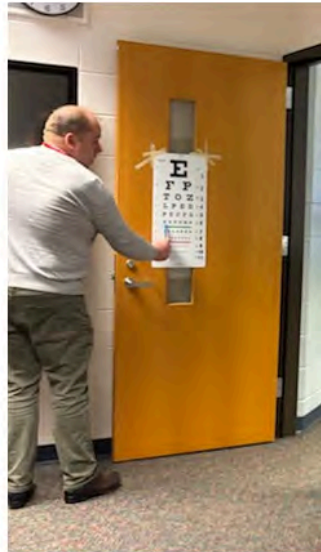




## Club of Arlington Heights

**Project Name:** Vision Examinations

**Description:** Twice a year, we partner with a local optometrist and Walmart in Palatine to provide eye examinations and glasses to low income students in District 15 elementary schools. The students are brought to the physicians at the school who will complete an examination and determine if they need a prescription. A representative from Walmart provides the student with a choice of frames on site and will then fulfill the prescription. Rotary volunteers help with the student's screening. The school district nurse will determine which school and which students will need to be screened, and is also responsible for acquiring necessary parent/guardian permission. We then pay for the glasses for the students.



**Location:** District 15 school in Palatine, as determined by the district nurse.

**Frequency:** Twice per year, day/time determined in coordination with optometrist and school nurse.

**Time Commitment:** 3 hours on site

**Number of Volunteers Needed:** 2-3 people

**Contact:** Amy Rogers  
[amy@inspirereadwrite.com](mailto:amy@inspirereadwrite.com)







**Project Name:** Good Neighbors Network

**Description:** Periodically throughout the year, we will go to the GNN headquarters to pack hygiene kits, food kits, starter kits for high school graduates in district 214 who are going off to college, and other items. The districts will provide GNN with what they need, and then we will pack the necessary items. We will also help with the delivery of these items. We then go out for fellowship and brunch afterwards.

**Location:** GNN headquarters at 415 West Golf Rd, Suite 57, Arlington Heights

**Frequency:** TBD based on need

**Time Commitment:** Packing takes about 1-2 hours, and parking is free. Fellowship is usually 1 ½ to 2 hours. Usually done on a Saturday morning.

**Number of Volunteers Needed:** Up to 10 people

**Contact:** Amy Rogers [amy@inspirereadwrite.com](mailto:amy@inspirereadwrite.com)





**Project Name:** Thanksgiving Boxes

**Description:** This event provides non-perishable food items for 50 families in Wheeling Township and 25 families in the Village of Arlington Heights for the Thanksgiving holiday. Both organizations provide us with a list of food items, and the same items are provided in all boxes. The items are purchased at Meijer in Rolling Meadows, picked up by College Hunks, and delivered to Rolling Meadows High School. In partnership with the RMHS Interact Club, members help unload and sort items, repackage and seal items in individual boxes, and load on the truck for delivery. Each box will also contain a \$20 gift card for a protein purchase of the recipient's choice.



**Location:** Shopping is done at Meijer at 1301 Meijer Rd. Rolling Meadows, and boxes are filled at Rolling Meadows High School south cafeteria: 2901 Central Rd, Rolling Meadows

**Frequency:** Annually on the third Tuesday of November

**Time Commitment:** 2 hours

**Number of Volunteers Needed:** 25-30 people (Rotarians and Interact students)

**Contact:** Mark Tauber [mtauber1@yahoo.com](mailto:mtauber1@yahoo.com)





**Project Name:** Holiday Shopping

**Description:** This event, coordinated with the Social Service Department of the Village of Arlington Heights, provides holiday gifts for local families in need. The Village provides us with a list of families to shop for by age and gender, along with their requested items. In partnership with the Rolling Meadows High School Interact club, we typically shop for about 30 family members and spend \$100 per person. Shopping is completed at Meijer in Rolling Meadows. After that, we gather at a designated place to wrap the presents and prepare them for delivery. Food/beverages are available at each person's own expense to enjoy while wrapping and organizing. The presents are delivered to the village on the Monday following the shopping date.

**Location:** Shopping is done at Meijer at 1301 Meijer Dr, Rolling Meadows, and wrapping and fellowship at a place TBD.

**Frequency:** Annually on the first or second Sunday of December

**Time Commitment:** 2- 2 ½ hours

**Number of Volunteers Needed:** 20 people (10 Rotarians and 10 Interact students)

**Contact:** Amy Rogers [amy@inspirereadwrite.com](mailto:amy@inspirereadwrite.com)





# Rotary Club of Arlington Heights

**Project Name:** Community Resource Center Food Pantry Shopping - Palatine Township

**Description:** For one month during the summer, we shop for non-perishable items for the Community Resource Center Food Pantry in Palatine. The coordinator of this event contacts the Community Resource Center, and they provide us with a list of what they would like us to purchase for that month.

**Location:** Grocery store of your choice (usually Aldi on Rand Rd. in Arlington Heights) and then delivered to Community Resource Center at 1585 N. Rand Rd, Palatine

**Frequency:** once, in May

**Time Commitment:** 1 ½ hours

**Number of Volunteers Needed:** 2-3 people

**Contact:** Karen Baker  
kbaker@nch.org





# Rotary Club of Arlington Heights

**Project Name:** Summer Food Pantry Shopping - Wheeling Township

**Description:** For three months during the summer, we shop for non-perishable items for the Wheeling Township Food Pantry. The coordinator of this event contacts Wheeling Township in Arlington Heights and they provide us with a list of what they would like us to purchase for that month.

**Location:** Grocery store of your choice (usually Aldi on Rand Rd. in Arlington Heights) and then delivered to Wheeling Township headquarters at 1616 N. Arlington Heights Rd.

**Frequency:** June, July, and August

**Time Commitment:** 1 ½ hours

**Number of Volunteers Needed:** 2-3 people

**Contact:** Amy Rogers [amy@inspirereadwrite.com](mailto:amy@inspirereadwrite.com)



# Rotary Club of Arlington Heights

**Project Name:** Feed My Starving Children

**Description:** Once a year, we go to the Feed My Starving Children warehouse in Schaumburg to pack vitamin enriched food for malnourished children in foreign countries. We go to the facility in Schaumburg, pack the food per their instructions, and then go out for fellowship and dinner afterward. We may also partner with other area clubs to do this project.

**Location:** Feed My Starving Children: 740 Wiley Farm Ct, Schaumburg

**Frequency:** Once per year

**Time Commitment:** Packing takes about 1 ½ hours and the parking is free. Fellowship usually is 1 ½ to 2 hours

**Number of Volunteers Needed:** up to 20 people

**Contact:** Amy Rogers [amy@inspirereadwrite.com](mailto:amy@inspirereadwrite.com)



# Rotary



## Club of Arlington Heights

**Project Name:** Exodus World Service

**Description:** Once a year, we will shop for a refugee family resettling in the Chicago area and set up the apartment for their arrival. Exodus provides us with a list of household items needed to set up their apartment. It will include items for the kitchen, bedroom, bathroom, and dining room. The Club will pay for the higher priced items, and then Club members can volunteer to provide the smaller items, typically under \$20. We will then go down to the apartment and set it up by making the beds, putting away dishes, silverware, cutlery, pots and pans, etc. throughout. We then stay and welcome the family to Chicago.

**Location:** To be determined by Exodus based on apartment availability

**Frequency:** Once per year

**Time Commitment:** Shopping for large items - 2 hours. Individual shopping - less than an hour. Apartment setup and welcoming - 2-3 hours. For the setup, we usually carpool and then park on the street near the apartment.

**Number of Volunteers Needed:** Set up 5-6 people

**Contact:** Chuck Frankiewicz  
ctfrankiewicz@comcast.net







**Project Name:** Easter Baskets- WINGS

**Description:** Rotary donates around 40 Easter baskets each year to the children in WINGS (Women in Need Growing Stronger- domestic violence program). Children of all ages enjoy baskets filled with small treats, toys, coloring books, sports items, stuffed animals, etc. to enjoy on Easter morning. Individual Rotary members notify the leader how many baskets they would like to make, and are then given info regarding the age/gender of the child/ren receiving the basket/s as well as some possible desired items. The Rotarian purchases and assembles the baskets and encases them in plastic (see photo below) to allow for easy transport. Each person usually spends \$30-40 on a basket.

**Location:** Baskets are dropped off at the Koebernick household approximately three weeks before Easter

**Frequency:** Once per year

**Time Commitment:** 1 hour for shopping and assembly

**Number of Volunteers Needed:** Varies, depending on each Rotarian's commitment, to total approximately 40 baskets



**Contact:** Kari Koebernick [ricknkar@comcast.net](mailto:ricknkar@comcast.net)

# FUNDRAISING VOLUNTEER OPPORTUNITIES

# Santa Run – July 4 Parade

- Club is a parade entry; usually with a fun car with side panel poster on the Santa Run
- We hand out postcards with Santa Run website link to sign-up, causes the Santa Run supports and day of race information
- We normally have 5 or so members show up for this but could really use 10+ to hand out candy canes and postcards
- Commitment is ~8:45AM – 11:00AM





# Santa Run – National Night Out (End of July)

- We need 2 people for each of 2 1.5-hour shifts (5-6:30pm AND 6:30pm – 8pm) to hand out Santa Run postcards and candy canes.
- Very well attended by families who are ideal for participating in Santa Run and Reindeer Dash.





# Santa Run – Farmer's Market (2<sup>nd</sup> & 3<sup>rd</sup> Saturdays in October)

- We need 4 people for each of 2 2-hour shifts (8-10AM and 10AM – Noon) to hand out Santa Run postcards and candy canes.
- Very well attended by families who are ideal for participating in Santa Run and Reindeer Dash.





# Santa Run – Trunk or Treat - October

- Just before holiday, we participate in Arlington Height's Trunk or Treat celebration at Pioneer Park.
- Need 2-3 volunteers to be at our spot handing out Santa Run postcards and candy canes for 2 hours or so.





# Santa Run – Week and Day Of Volunteer Opportunities

## ● WEDNESDAY - Swag Bag / medal packing (lunch hour) [20]

- Bring Santa Suits/other items from storage to ARC [4]

## ● THURSDAY & FRIDAY - Two 2 1/2 Hour Shifts Starting 2:30PM

- Bib Assignor - PC lookup and name on bibs [4]
- Distribute Santa Suit and/or Reindeer Antler/Nose [2]
- Santa Schlepper-bring Santa Suits into sign-up area [2]
- Distribute Santa Run Apparel [1]

## ● SATURDAY MORNING - RACE DAY

- Bring remaining Santa Suits/Reindeer Dash supplies from ARC to Metropolis 7:00AM - 8:00AM [3]
- Sign Distribution 7:00AM - 8:00AM [2]
- Corner Marshalls 7:00AM - 8:00AM [35]
- Finish Line Set-Up 8:00AM - 9:00AM [6]
- Reindeer Dash 9:15AM - 10:00AM [6]

## ● SATURDAY MORNING - RACE DAY (CONTINUED)

- Parking Garage Marshalls 8:00AM - 10:00AM [2]
- Metropolis Lobby 8:00AM - 10:00AM
- Bib Assignor - PC lookup and name on bibs [4]
- Distribute Santa Suit and/or Reindeer Antler/Nose [3]
- Santa Schlepper-bring Santa Suits into sign-up area [3]
- Distribute Santa Run Apparel [2]
- Medal Distribution - Finish Line 10:30AM - 11:30AM [4]
- Garage/Finish Line Tear Down 11:00AM - Noon [4]
- Sign Pick-Up 11:00AM - 11:30AM [2]
- RILEE 9:15AM - 11:15AM [2]
- Return Suits/Supplies to Storage 11:00AM - Noon [4]