

### **Guidelines for Blessings / Inspirations at Rotary Meetings:**

These guidelines are intended to simplify and encourage everyone to feel comfortable participating in this portion of our weekly meetings.

Rotary is a non-discriminatory, non-political, and non-denominational organization. Rotary is comprised of members from a wide range of beliefs and religious traditions, and for that reason Rotary International recommends non-denominational meeting blessings / inspirations that give no reference to specific religions or belief systems. Additionally, Rotary blessings / inspirations should be short and simple. Like all presentations, it is recommended that what you say be considered in advance.

Rotary blessings / inspirations can:

1. Give thanks for those who serve us.
2. Give thanks and ask for wisdom for leaders of all types.
3. Give thanks for relationships between one another, our family, our friends, and community.
4. Give thanks for the blessings we enjoy.
5. Be a request that we each have wisdom, integrity, patience and good humor in our dealings with everyone we encounter.
6. Express a wish for positive outcomes on a case-specific basis (e.g., international, national, or local events).
7. Be an invitation for the group to share a moment of silence to reflect on individual thoughts or to reflect on any of the above topics.
8. Be a recitation of a quote, poem or a short story that is appropriate to the mission of Rotary, current events, or the program topic.

This document is also available at [www.LFLBRotary.org](http://www.LFLBRotary.org)