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2	Rotary Club of Anchorage East EastWind Do Good, Have Fun, Make Friends	?
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Editor Michelle Drew If you have any comments or questions, please contact the editor. Speakers Jan 08, 2014 Club Assembly Jan 15, 2014 Rick Mystrom Nutrition Jan 22, 2014 Steve Lindbeck Alaska Public Media Jan 29, 2014 Dean Rashmi Prasad UAA College of Business and Public Policy View entire list Club Events International Service Fundraiser - Save the Date Feb 08, 2014	Stories Boon - On Sno-Go Posted by Duff Planner on Jan 07, 2014 Image	
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Puerto Vallarta - Do Good, Have Fun, Make Friends Posted by Sandra Wicks on Jan 06, 2014

AER members Cliff Baker, Shirley Nelson, Sandra Wicks and Bruce Phelps are in Puerto Vallarta now and have a full week of Rotary activities ahead of them. After a Sunday brunch together, the AER members, plus Cliff's fiancee, Martha Zeman, and Puerto Vallarta Sur Rotary member Eleanor Hawthorn posed holding the presentation cards Sandra prepared for the students who will receive scholarships on Thursday evening, January 9. The cards show, on one side, the AER logo and on the other side a picture of the person (or persons) who donated their scholarship. The picture of the AER board represents the scholarships donated with club international service funds.

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Refugee Assistance & Immigration Service Holiday Party Posted by Laurel Hummel on Jan 06, 2014

AER members stepped up to help newly arrived refugees have a happy holiday season by providing holiday gifts for seven refugees and fruit for distribution at the RAIS holiday party on December 19 at the RAIS Welcome Center. Three AER International Service Committee members, Sandra Wicks, Jaime Fink, and Laurie Hummel, attended the party and assisted with gift distribution as well as providing helping hands during some rousing games of holiday-themed Bingo!

While attending the party, Sandra Wicks was chatting with some Somali refugees who related they arrived Anchorage via Somalia to Ethiopia to Sudan to Libya to Malta. We hear about these perilous odysseys on NPR and documentaries; here in front of us was living proof of the dangers refugees face to make it safely to the U.S. Government assistance is extremely limited to refugees; the good work done by RAIS at the Welcome Center is reliant on community support such as ours.

AER was presented a list of refugees by name, sex, and age, along with a list of recommended gift items. It was nice to know who you were buying for and added to our sense of holiday cheer. It was especially nice to meet some of the people who received our gifts, and hear their stories.

Items gifted were: containers with lids which acted as gift receptacles; blankets; plush throws (like a bed blanket, but smaller and meant for snuggling); towels; warm hat and scarf combo; tool sets (leathermen of different sizes, key chain with tools, flashlight and batteries, carrying case); slow cookers (aka "crock pots"); kitchen gadgets (can opener, spatula, cooking spoon); dish cloths and dish towels; warm socks; gift cards to Fred Meyer and Bed, Bath, and Beyond. Each gift was comprised of some combination of items listed above. Every gift had at least one gift card included. Every gift item was wrapped and the entire package was encased in a big red bow with attached ornament. Each container had a card attached stating "Happy Holidays, compliments of Anchorage East Rotary Club. The gift wrapping and cards were seasonally festive and non-religious in orientation. The value of each gift was approximately \$60 - \$70. We also contributed small gifts that were used as Bingo prizes.

AER members contributing gifts and/or cash included Kathleen Madden, Jeff Blake, Barbara Kagerer, Bruce Phelps, Sandra Wicks, Jaime Fink, Mary Rohlfing, and Laurie Hummel.

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A young holiday party attendee poses with some tasty fruit provided by AER and
Laurie Hummel and Fawziya, a widow and refugee from Sudan, with the gift package provided by AER. All our gifts inside the gift package were individually wrapped. Fawziya's son Kamal was also on our gift list.
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Laurie Hummel with a Sudanese refugee who had arrived in Alaska only a few days prior to the party. Wrapped inside the plastic tub are a slow-cooker, cooking gadgets, dish cloths and towels, warm socks, and a Fred Meyer gift card.
Thank You For Your Generosity - Boom's Christmas Posted by Sandra Wicks on Dec 31, 2013

Thanks to the generosity of AER members, Boom had quite a Christmas.

Sandra writes: "What I did to spread out the cards, tickets, etc., for Boom was to give him one card at the International Service committee meeting at his host house the Thursday before Christmas. Then I gave him another card with the ticket to SFO on Christmas Eve. Finally, I gave him the third card with money and the return ticket from Las Vegas (thanks to Alan Clark) at Christmas dinner. AER members donated so much money for Boom's Christmas that not only does he have airline tickets both directions for the West Coast Tour, but he also has all of his deposit money."

Thank you !

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Christmas Traditions - Baking with Boom Posted by Sandra Wicks on Dec 31, 2013

I spent a day cooking and baking with Boom the day before Christmas Eve, then he came for Christmas Eve dinner with us and we went to Duff Pfanner and Kathy Atkinson's (Boom's current host parents') house for Christmas dinner with Boom and them and their kids.



With special thanks to Duff and his family for hosting our exchange student!

Note that the ENTIRE FAMILY are wearing Thai Traditional Pants which Boom gave as gifts.

Merry Christmas from New Zealand Posted by Heather Flynn on Dec 31, 2013

From: Grant Cossey <gcossey@costech.co.nz> Sent: Monday, December 23, 2013 10:53 PM Subject: Merry Christmas from New Zealand Hello Alaskan friends Best wishes for a very happy Christmas and great New Year All is good down under in New Zealand. The GSE team are well and having fun lives. S-J is happily married, Donna is happily engaged, Laura is excited about motherhood and Kerri is enjoying time with her children. I am well and happy . Our son and daughter-in-law are expecting

another baby - due in April, a little girl, so they will have one of each. They have moved to two and a half acres in Kumeu, a lovely property. I love being a Nana, but am also still enjoying my job at Middlemore hospital. Husband Grant has been busy designing and building a rowing skiff- has been building it with his nephew who has been living with us since he came back from Australia in July. They hope to get orders in January and go into full production in February. Our daughter arrives from Canada on 28 December and stays until 9 January - first time we have had both children at home for Christmas all good. She is enjoying life in British Columbia, is well and truly settled in Revelstoke and talking of marriage and children. Trust you are all well and enjoying life – judging by some of your Facebook pages, life in Alaska is still the best!. I love seeing the beautiful photos and plan to get back there someday. Take care Love, Gill

Boom's trip to Sitka Posted by Kathleen Madden on Dec 31, 2013 Image
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A highlight was a new friend, the Rotary YE Student, Larella from Mexico! She is a kick and they had a great time together.

Boom and Larella spent 1 hour on the local public radio station being interviewed as Spanish Christmas carols were featured. He did a great job speaking in his 2nd language, English!!

Upon return to Anchorage, a big breakfast at Gwennies was in order and Boom went back to his host family to "hibernate" as he called it.

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Monthly Club Events - 2013-2014

Posted by Michelle Drew on Aug 07, 2013

Weekly Anchorage East Rotary Club Meeting

The weekly Anchorage East Rotary Meeting is held at the Anchorage Downtown Hilton. The food line opens at 11:30 am and the meeting starts at noon. Lunch is \$21 and coffee with dessert is \$8.

Mobile Food Pantry

Mobile Food Pantry distribution is the second Saturday of each month at 1:30pm at the Fairview Recreational Center. Contact Dave Kester d.kester@alaskausainsurance.com for more information.

AERIE Meetings (Anchorage East Rotary Information & Education) All members are welcome to join the monthly AERIE meetings and learn more about Rotary International and our club. For 2013-2014 AERIE will be held on the third Thursday of each month at 7:30 am at the Alaska Bagel Restaurant located on Northern Lights at C Street. Red badge members come with an update of your blue badge status. Blue badge members, come for a makeup. Contact Jeff Blake if any questions: jeffb@fidelityak.com or jcjblake@gmail.com

AER Board Meetings

Regularly monthly board meetings will be held the 3rd Tuesday of the month at **4:30 PM** in the first floor board room of the UBS Financial at 3000 A Street. Board meetings occasionally move or are changed so check the "Events" section of the bulletin or the the club runner website. All are invited to attend. It counts towards getting your blue badge and as a meeting make-up.

Rotary Foundation Thought Posted by Michelle Drew on Dec 17, 2013

Week of December 17 - This week's **Rotary Foundation Thought** is about: **Supporting the Foundation**

"I believe in donating annually to The Rotary Foundation because it's my foundation. Ifl don't do it, then how can I convince others to give?" -District Governor Atmaram "Ram" Gawande

Solomon's groane Posted by Gregory Se A dentist and a				
Advertise with Rot Posted by Michelle D				
In order to pay our	CLUBRUNNER is our website and newsletter program, but it is not free. In order to pay our annual dues we have to sell advertisements. Consider advertising your business on clubrunner and in the Eastwind.			
Ads are only \$50 fo website.	r four weeks and the online ads link directly to your			
	OR, consider advertising on our in-meeting half-sheet program - ads are \$50 for four weeks there as well. These items are rarely left on the tables.			
Want to place an ad? Contact Michelle Drew.				
mdrew@bdo.com	mdrew@bdo.com			
Got some news!? Posted by Michelle Drew				
family and wants to hear announcements must be	Have some interesting news about yourself? Your family? Anchorage East is one big, happy family and wants to hear about our members! But remember, just like in meetings, announcements must be limited to personal/family news, news related to you, your family or another club member. Thanks!			
Michelle's Commitments				
Current Cl	ub Committees			
Committee	Role			
Team December				

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