

Anchorage East Rotary

Doing Good, Having Fun, Making Friends

July 2013 - June 2014

Locally, Anchorage East Rotary (AER) contributed to . . .

- Dictionary distribution project (\$750)
- Alaska Mercy of Mission Clinic (\$3,000)
- Creekside Park Elementary School for community service and Bean's Café projects (\$2,000)
- Imagination Libraries/Best Beginners (\$1,000)
- Alaska Pride Media (\$3,000)
- Arc of Anchorage's mobility modified van (\$5,000)
- Catholic Social Services' refugee services, with the help of matching grants (\$5,000)
- Community Gardens of Bragaw (\$5,000)
- Rebuilding Girl Scout's Camp Singing Hills (\$3,000)
- Clare House computers (\$5,000)
- Clean water systems for elders in Upper Kalskag (\$5,000)
- Volunteers for our mobile food pantry, the English Camp, the highway cleanup, delivery of turkeys and food baskets, Thanksgiving lunch for our soldiers
- Sponsorship of an Anchorage Rotaract club
- College scholarships for Bartlett and East High Schools graduates (\$25,000)
- Food for Anchorage's World Refugee Day Celebration (\$237)
- Support and hosting of Rotary exchange students
- Eradication of world polio through efforts of the Rotary Foundation (\$20,000)
- Founding of an Interact club at West High School
- Mittens, hats, and school supplies for 25 students at Fairview elementary school (\$300)
- Family nutrition through the Crockpot program at Creekside elementary school (\$800)

Internationally, AER Provided . . .

- Ten (10) fuel efficient stoves to families in Xenacoj, Guatemala
- Twenty-eight Personal Energy Transport (PET) carts through Hope Haven International in Xenacoj, Guatemala, to physically-challenged people.
- English language instruction program for Hope Haven wheelchair factory employees in Xenacoj, Guatemala
- More than 350 water filters with the Puerto Vallarta Sur Rotary club
- With Helping Hand for Nepal provided an autoclave for a hospital in Kathmandu, Nepal

- Encouraged and provided scholarships for 12 students to complete high school, in partnership with the Puerto Vallarta Sur, Mexico
- Walked in the End Polio Now event, sponsored by the Puerto Vallarta Sur Rotary club.
- Taught English in the after school program at the Volcanoes school near Puerto Vallarta and contributed English children's books.

West High School Interact Club participated . . .

- **Global Lunch presentation on Project Peanut Butter** – learned about malnutrition in developing countries and the special nut paste/vitamin formula being used to effectively alleviate hunger.
- **Outreach** – made 175+ whole grain bread/organic peanut butter/low sugar jelly sandwiches for Clare House (women & children shelter), Brother Francis Shelter, and Kids' Kitchen (feeding program at Fairview Recreation Center)
- **Global Lunch** presentation on unsanitary water in developing countries and in Alaskan water and giardia as well as a number of water purification devices.
- **Outreach** - produced 70 low-tech water purification indicators (WAPIs) (at approximately 50 cents each) and presented them to Helping Hand for Nepal for distribution. WAPIs let the user know when their water has reached the proper temperature to kill all microbes.
- **Global Lunch** - Learned about issues of deforestation and fuel scarcity in developing countries and its relation to cooking food.
- **Outreach** – Made solar cookers out of clean pizza boxes, plastic, aluminum foil, plastic and black paper. Tested effectiveness by trying to cook s'mores and hotdogs with February sun and with a heat lamp. Both were only moderately effective, but students concluded the cookers would work in a tropical climate and supplies are available in developing countries. One student volunteered to take a pizza box solar cooker with her on Spring break to Palm Springs to test effectiveness.
- **Global Lunch** – Learned about the work of the Alaska Sudan Medical Project in South Sudan – building of medical clinics providing visiting doctors to help combat tropical disease and HIV; teaching locals how to build water wells; and teaching agricultural skills/providing seeds.
- **Outreach** – Students raised \$500 at a bake sale fundraiser on Friday, February 28, 2014. Asked for contributions of baked goods from East Anchorage Rotarians to be delivered on that morning before 10 am to West High School front office marked INTERACT
- **Outreach** - Students also volunteered at the Helping Hands for Nepal bazaar booth in November.