

District 5010 Monthly Newsletter

November 1, 2010

News from District Governor Jane Little December is Family Month



Greetings For December 2010

This is the last month of year 2010 and hopefully everyone has had an enjoyable productive year. December is "Family Month" in Rotary and we should be celebrating not only our own families but also the family that we have developed within our Rotary clubs.

As I traveled throughout our district on my club visits, I was so impressed with the quality of work that is done within the clubs and all the wonderful projects that the members

continue to work on to improve the quality of life in their communities and around the world. In addition, it was wonderful to see the way all the members within the clubs work together to make things happen.

Rotary International provides the opportunity for all of us to get to know each other through a multitude of activities in our clubs, districts, zones, and international events.

Over time as our relationships develop and we work together, we form lifetime friendships. This is what develops the family of Rotary. My hope is that we will all find something very special in all of our members this month and take the time to thank each and every person for their time, efforts, and accomplishments.

December is the time each club will be electing their officers for the next Rotary year starting July 1, 2011. Once the President Elect is selected, that person should start making their plans for their year and prepare to attend the President-Elect Training (PETS). These trainings offer an opportunity to meet other club officers throughout our district, prepare for the coming year, share experiences, and get questions answered.

Attendance at a PETS training is mandatory for the President-Elect. The North American PNWPETS will be held in Seattle, Washington February 16 -20.

In Eastern Russia, we also include the club Secretaries and Treasurers in this training and every club should have at least one officer attend and we prefer all three of these officers to attend if possible. Our PETS this year will be held in two locations in Eastern Russia – March 25, 26, and 27 in Yuzno-Sakhalinsk and April 1, 2, and 3 in Novosibirsk.

I want you to know that I appreciate all the time you volunteer throughout the year to Rotary. Without each and every one of you, we would not have any accomplishments and successes in our Rotary clubs. Let us all take time as this year comes to an end to celebrate our "Family of Rotary."



Rotary District 5010 Assembly & Conference June 16-19, 2011 Homer, Alaska

For details or to register early, go to http://homer.rotary5010conference.org

District Governor's Club Visit Schedule December

- 1- Anchorage East
- 2 Soldotna
- 8 Anchorage Midtown
- 9 Anchorage Hillside Anchorage South



Why should you attend the District Conference?

- Motivational speakers share information on the latest Rotary programs.
- Have Fun! The perfect time and place to get to know Rotarians from other district clubs and reconnect with old friends!
- ¶ Enjoy the location! 'Halibut capital of the world' and 'arts community by the sea' are just two namesakes for homer's unlimited recreation and adventure opportunities.

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Deadline for District and club news, including club events, activities and fund-raisers is the 20th of the month.



News from District Governor Jane Little Russian Translation

Приветствия в декабре 2010

Это последнее письмо в текущем 2010 году и я надеюсь, что этот год был для всех продуктивным и радостным. Декабрь месяц Семьи Ротари и этот месяц мы должны отметить не только в кругу своих родных, но и в кругу с теми, кто стал нашей семье благодаря Ротари.

Продолжается посещение клубов нашего округа и я потрясена теми большими делами, которые вешатся в клубах, теми великолепными проектами, которые воплощают в жизнь клубы, с целью улучшить жизнь в своих городах и селах, и во всем мире в целом. Особенно радует тот факт, что все члены клубов работают сообща, и благодаря их совместной работе происходят такие прекрасные дела.

Ротари Интернешенел благодаря всем мероприятиям на уровне клубов, округов, зон и других международных событий дает нам возможность лучше узнать друг друга. Крепятся наши отношения, мы работаем сообща, и наша дружба укрепляется на долгие годы. Вот что создает семью Ротари. Я уверена, что в этот месяц мы узнаем что-то особенное о членах нашего клуба, мы найдем время сказать каждому члену клуба слова благодарности за время, которое они тратят, за их усилия и достижения.

В декабре каждый клуб выберет своего президента и ответственных на следующий год, который начнется 1 июля 2011 года. Как только будет избран будущий президент, необходимо, чтобы он начал планировать свою работу, а также был бы готов поехать на учебу для будущих президентов. Этот тренинг дает возможность встретиться руководство клубов со своими коллегами всего округа, подготовится к своему году, поделиться опытом, получить ответы на вопросы.

Посещение учебы является обязательным. Вы можете выбрать одно из трех мест, где будет проходить учеба. Учеба, проводимая в российской части нашего округа предполагает присутствие секретарей и казначеев. Российским клубам необходимо определиться и командировать на учебу по крайней мере либо секретаря либо казначея. Учеба в этом году будет проходить в двух городах российской части округа – в Южно-Сахалинске с 25 по 27 марта и в Новосибирске с 1 по 3 апреля. Североамериканская учеба будет проходить в Сиэтле с 16 по 20 февраля.

Я хочу, чтобы все вы знали, насколько я благодарна вам всем за ваше время, которое вы добровольно отдаете Ротари. Только благодаря каждому из вас мы можем выполнить намеченные планы и достичь успеха в наших клубах. Давайте все вместе отметит месячник Семья Ротари.



Rotary Di stri et 5010 Assembly & Conference
June 1849 2011 Hour, Alaska

For details or to register early, go to http://homr.rotary5010conference.org

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November 2010



DG Jane's "Little" Adventure! by Candy Behrends, AG Southeast

Just what do we mean when our District Governor does the SE/Yukon Swing? It means a whirlwind tour from

Ketchikan to Whitehorse!

11 days...

10 Rotary Clubs

2 Interact Clubs

1 Rotaract Club

6 Jet flights

2 commuter flights

2 ferry rides

2 two-hour drives

2 International border crossings

12 Board meetings

5 hotel rooms

2 joint club meetings

6 Exchange students

5 town tours of Rotary projects

1 Rotary night at the Museum

1 Rotary night at the Theater

6 informal social gatherings

1 wine tasting fundraiser

3 new member inductions

5 Paul Harris fellow awards

1 home stay



Gastineau, Juneau, Juneau Glacier Valley, Whitehorse, Whitehorse Rendezvous and Whitehorse Midnight Sun; The Rotaract Club of Juneau Capital City and the Interact Clubs of Juneau Douglas High School and Ketchikan High School.

The Rotary Clubs

of SE Alaska and Yukon, Canada are functioning well, have active and involved memberships. They are fundraising and have some wonderful projects, both locally and internationally. SE/Yukon is indeed Building Communities and Bridging Continents!

Jane visited the Rotary Clubs of Ketchikan First







Top, Ketchikan First City Rotary President, Christa Bruce-Kotrc and DG Jane visit with Ketchikan High School Interact members. Above left, DG Jane attends the lighting of the "Whitehorse Inn" sign at the McBride Museum. Relighting the sign was a long-tern project of the Whitehorse Rotary Club. Above, DG Jane and Whitehorse Rendezvous Rotary Club president Peter Turner and Whitehorse Rotary Club president Rod Hill at the Rotary Centennial Bridge spanning the Yukon. Left, DG Jane and Whitehorse Midnight Sun Rotary Club president Steve Lee present club VP Jean-Francois Latour with his Paul Harris certificate and pin.



Bivalent oral polio vaccine delivers powerful blow By Dan Nixon

The bivalent oral polio vaccine (bOPV) is proving to be a potent weapon in the global battle to eradicate the disease.

Developed to stop transmission of the type 1 and type 3 wild polioviruses simultaneously, bOPV was introduced in all four polio-endemic countries — Afghanistan, India, Nigeria, and Pakistan — in late 2009 and early 2010. It has helped reduce the incidence of polio in India to 39 cases as of 26 October, compared to 498 for the same period in 2009. The number of cases in Nigeria has fallen to 8 from 382 for that period.

"There's been the largest ever year-to-year drop in polio cases following the use of bOPV," says Dr. Bruce Aylward, director of the Global Polio Eradication Initiative (GPEI) at the World Health Organization.

The results of a field trial published in the British medical journal the *Lancet* in October underscore the effectiveness of the new vaccine. The randomized, doubleblind, controlled trial, conducted by WHO between August and December 2008, involved 830 newborns in India who received bOPV or another polio vaccine.

For the entire story, go to www.rotary.org

Rotarians stepping up to meet \$200M challenge by John F. Germ, Chair Rotary's US\$200M Challenge Committee

Great strides have made this Rotary year to keep Rotarians actively engaged in Rotary's US\$200M Challenge. To date we have raised over US\$ 152 million. As current Rotarians, you have a unique opportunity to ensure that your tenure be remembered as the period in which Rotarians raised US\$200 million to eradicate polio. We are this close to eradicating polio and with your efforts and support we will be even closer.

In celebration of World Polio Day, The Rotary Foundation offered a 2 for 1 recognition promotion during the week of 18-24 October. In this one week alone, we raised US\$3.3 million. This is more than was raised the entire 2009-10 year from online contributions to all TRF programs combined. It is an amazing display of what Rotarians can accomplish when it comes to the task of polio eradication.

To better assist you, the resources listed below are available:

- Check out our revamped End Polio Now website featuring our This Close campaign
- Keep track of our progress in reaching \$200 Million
- Reference rotary.org for fundraising ideas in your community

As a reminder, clubs are encouraged to contribute a minimum of US\$2,000 for each Rotary year of this campaign. Districts are encouraged to contribute 20% or more of their DDF each Rotary year. If your district has not made a contribution from the 2010-11 DDF please contact your Governor and consider a contribution. You

can also contribute from the 2011-12 DDF at this time and it will help us reach the \$200 Million by New

Orleans. Certificates of appreciation will be issued at the end of the Rotary year to those clubs and districts that meet these goals.

Thank you for your continued support and dedication to Rotary's US \$200 Million Challenge. Your hard work is instrumental in meeting our commitment to The Bill and Melinda Gates Foundation and brings us one step closer to eradicating polio forever. By Building Communities – Bridging Continents, together we will END POLIO NOW.





Wasilla and Suva Rotary Clubs join forces on Fiji sanitation project Contributed by Holly Gittlein, Wasilla Rotary Club

For nearly two years the Rotary Pacific Water For Life Foundation (RPWFLF) has been working throughout the Fijian Islands bringing safe, sustainable drinking water to over 85 rural communities. In 2009, the foundation recognized its responsibility of treating the other end of the water spec-

trum: waste water. Executive officer Resina Koroi and a member of Rotary Club of Suva states, "We realized that if we provide safe drinking water then we also must begin to address the increased impact that water has on sanitation and





Top, current sanitation systems in Fijian villages. Above, Holly Gittlein with some of the children who will be able to live healthier lives because of the project. Next column, workers on the banana trenches that will filter and cleanse wastewater that flows to the sea. Next page, workers inspect banana trench. (Photos provided by Holly Gittlein)



wastewater issues in our project communities." It was time for the foundation to get dirty.

In February 2009, Holly Gittlein, Wasilla Rotarian and a Past Ambassadorial Scholar and volunteer for RPWFLF, designed the foundation's pilot project in sanitation focusing on finding affordable, low-tech solutions that could be used in a variety of situations. The result was introducing an array of technologies such as: composting toilets, grey water coconut soakers, and Banana Trenches into a small Fijian community located on the Coral Coast. Beyond improving village health, Gittlein's project aimed at protecting the coral reef environment surrounding the village.

Nutrients from wastewater flush coral reef systems in excess, causing algal and Ciano bacteria blooms, degrading the reef and choking the coral. Most rural Fijian



. . . Fijian sanitation project promises healthier lives for villagers Continued from p. $\mathbf{5}$

villages live a subsistence lifestyle and are dependent on the coral reefs for their everyday food, thus making the negative effects of wastewater contamination both detrimental to drinking water sources and the very environment from which they survive. The Banana Trench, designed by Andrew Dakers of Eco Eng. New Zealand, was created to capture wastewater effluent as it runs out of septic tanks and utilizes the nitrogen absorbing roots of banana plants to keep harmful nutrients from entering the delicate reef ecosystem, thus protecting the village's food source. More significantly, Fijians identify themselves culturally through their intimate relationship with the sea and land. By protecting the ocean, corals and rivers this project also focuses on conserving Fijian heritage.

The success of RPWFLF's pilot project encouraged the foundation to seek more funding and propelled Gittlein into writing grants to achieve these goals. In October 2009, a RI competitive matching grant of USD\$95,000 was awarded to host Rotary Club of Suva East, Fiji and international partner the Rotary Club of Wasilla, Alaska, to supply three communities with effective, low-tech, affordable waste water treatment technologies and educational training. Additional funding was received from Rotary Clubs of Orinda, California; Auckland East, New Zealand; and Denver, Colorado. This grant was one of only 16 competitive matching grants awarded by RI in 2009. Technologies from the pilot project as well as wetlands and other methods will be used to address the diverse wastewater dilemmas at project sites.

In an effort to build local capacity, the sanitation projects function as a partnership between the Foundation and the communities; the former providing the funding and the community providing the manpower to facilitate the construction. To ensure sustainability, each community sets up a wastewater committee or Rotary Community Corps, composed of equal numbers of women and men, that works hand in hand with the foundation and Rotarians during infrastructure designing and implementation. Villagers gain knowledge and skills as they work with experts during the construction process in order to problem shoot and manage their wastewater systems long after project completion. The grant also covers educational workshops, which play a critical role in improving local knowledge about wastewater management issues, improving local capacity to deal with these issues and empowering the wastewater committee to ensure the sustainability of the project.

RPWFLF was also awarded an NZ Aid KOHA-PICD grant in November 2009 to complete two more sanitation projects and in 2010 plans to continue its trek across Fiji, working towards sustainable solutions to wastewater and sanitation issues.

However, the journey down this 'dirty' road is looking too short, unless funding can be secured for future projects. The Rotary Club of Suva East and RPWFLF can do the hard work and complete sustainable projects, but needs overseas clubs to provide funds. Join them in the effort to protect villages and precious coral reef ecosystems with your pledges for the next round of sanitation projects. Even better, come over to Fiji and help them deliver these cutting edge sanitation systems and enjoy the satisfaction of seeing first hand what a major change sanitation makes to the lives of people. Clubs can get in touch with Suva East at; http://www.rotary.org.nz/

club.cfm?ID=38projects@waterforlife.org



Club Focus — Projects and Fund-raisers

Anchorage Rotary Club World Community Service riding season, never get rained-out and not have to worry **Committee News**

Russia - Lloyd Morris, Carol Butler and Cheryl Myers attended the grand opening of the Barnaul physiotherapy clinic that ARC funded during President Tim's Rotary year. Our funding plus a Rotary International Matching Grant allowed a physiotherapy room to be added to the only sports training/workout facility (Invasport) for people with disabilities in that Siberian city of 750,000 people. People with physical and mental challenges train alongside ParaOlympians and the entire facility is down a steep flight of stairs. Accessibility is a huge roadblock in Barnaul and, because of that, people with disabilities are isolated. Perhaps due to their invisibility, they feel ostracized. We were happy to shed publicity on the situation as the opening was covered by the local TV station and Cheryl (as a physical therapist) was interviewed both on TV and on a one hour news radio show. We further met with a number of sports physicians at a local hospital. The Russians were interested in health care accessibility and delivery differences between our countries. It was a wonderful trip and the Barnaul Rotarians welcomed us with open hearts. We were pleased to bestow a Vocational Service award to both the Barnaul Rotary Club and to Igor Kuznetsov, the athlete extraordinaire and director of the Invasport Facility.

Honduras - ARC VP Laura Edmondson and her husband are leading a water and sanitation project trip to Cholucteca, Honduras, January 15-23, 2011. This is a WCS project that began a number of years ago by the Corpus Christi Rotary Club. They committed \$16,100.00, our club committed \$10,000.00, other clubs and District 5010 donated an additional \$25,837.00, District 5930 donated \$20,000.00 and an RI Matching Grant of \$25,000.00 was obtained That's the power of Rotarians and the power of the grant system (Your Paul Harris donations at work!) Please contact Laura if you are interested in going on this Rotary trip.

Anchorage Rotary Club Community Projects

Rainbow Connection - Susan DiMaggio and her dynamic committee raised \$30,000.00 towards covering the Rainbow Connection's arena so riders can extend their

about moose and bears while they ride! Thanks to Susan and her committee and to the ARC!



Juneau Gastineau Foundation Auction big success

We held our annual Foundation Auction for 2010 at our Nov. 18 regular meeting. We raised nearly \$10,500, of which \$4,700 was from the outcry auction, ably conducted by Club Administration chair John Wynne. Colleen Torrence, our Foundation Chair organized the event, assisted by Past Presidents Linda Blefgen and Sharon Barton, Treasurer Julie Olson, and two fairly new members, BJ Barnes and Annette Smith. There will be several Paul Harris awards coming out of this event and the generosity of all who took part in it.

Subsequent to that event, the club's board of directors met and approved a \$500 donation to District 7020's Haiti efforts. The Polio Plus campaign was the big winner here, though.



Juneau Interact Club sleeps out for homeless

On Nov. 7, 19 members of the Juneau-Douglas High School Interact Club spent the night camped out in cardboard shanties on the Riverbend Elementary School basketball court to draw attention to the plight of Juneau's homeless teens. This year, 194 students in the Juneau school district have been identified as homeless.

After the sleepout, the Interact group walked to Safeway to display signs and hand out pamphlets to try to raise additional funds. So far this year they have raised more than \$1,500, not counting this events efforts. Money raised is divided between the Glory Hole for family food boxes and the district homeless fund.

Joining the students during the sleepout were Juneau Douglas High School teacher and Juneau-Gasineau Rotarian Dixie Weiss and Rotarian Doug Eckland.



Club Focus - Projects and Fund-raisers

Juneau Rotaract Club Raises Breast Cancer Awareness

Juneau Rotaract Club's "Oktoberfest for Breasts" raised \$11,000 for the breast cancer fight. The money was donated to Juneau's Cancer Connection.



Wasilla Sunrise Rotary Club donates cash to Wasilla Food Pantry

At its Nov. 16 meeting, Wasilla Sunrise Rotary Club President Dan Molina announced cash collections for the Wasilla Food Pantry. Molina said, "with a simple request for cash, the Rotary Club chipped in \$1,035." The club then matched the amount with another \$500 for a total donation of \$1,535.

Eddie Ezelle, of The Food Pantry of Wasilla was really appreciative of the cash donation, especially at this time of year. Additional contributions can be made to The Food Pantry of Wasilla at 501 E Bogard Rd., Wasilla, AK 99654-7109 (907) 357-3769.



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Early Registration Deadline Dec. 31!



Join Thousands of Rotarians

WWW.rotary.org/convention
Register by 12/15: \$300
Second deadline 3/31: \$340
After that: \$380

Whitehorse Exchange Students turn spaghetti into shelter!

by Bonnie Venton Ross

Neither Andy Dake nor Lara Slugh had ever hosted a spaghetti dinner before last month. All they knew was that they wanted to raise money to buy two ShelterBoxes and pass forward their good fortune to others in need.

But now they know that, in Whitehorse, the fastest way to raise money for a great cause is with a plate, fork, spaghetti, and great volunteers.

The spaghetti dinner at the CYO Hall on Nov. 7 sold out, with 120 plates at \$15 each - raising \$1,800 alone! Then, their silent auction raised another \$736 - boosted by the donation of two prints by renowned Yukon artist, Jim Robb, who was also there for dinner. The cash donations the two students took in contributed another \$583, as donors lined up to sample Indian desserts made by Andy and Swiss chocolate provided by Lara.

When all was said and done, an amazing \$3734 was raised - nearly enough for FOUR ShelterBoxes!



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