



THE WINDJAMMER

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UPCOMING

July 14

Lance Walters -
Juneau Salvation
Army, Update on
activities in Juneau
and Southeast.

July 21

Club Assembly

GREETERS

July 7

Sally Saddler
Andy Mills

July 14

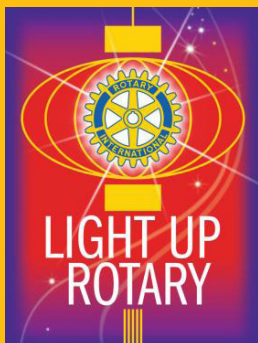
Bob Rehfeld
Scott Fischer

July 21

Wayne Jensen
Willis Kirkpatrick



2014-2015 Rotary
International Theme:



This Week's Program: Lin Bruce, Bike journeys inspiring seniors to live life to its fullest

Lin Bruce is a late blooming, against-the-odds cross country cyclist, whose first transcontinental ride was in honor of her 60th birthday in 1999. In the years since then, she has crossed the U.S. four times and bicycled 900 miles to attend her 50th high school reunion, among other adventures.



A native of the state of Wyoming, Lin worked two summer seasons during college on the private Rockefeller Ranch in Jackson Hole Wyoming, where she was once chastised for singing while she worked. However, at the end of the second season, she had the brilliant experience of being handed her first one hundred dollar bill by none other than David Rockefeller himself.

Attending the University of Wyoming, she left school early to marry husband Bob and raise a family. Bob's career as a college librarian led them to live in New Jersey, Colorado, Afghanistan, Maine, Minnesota, and Juneau, Alaska (1975-1977) before moving back to Northfield, Minnesota, where they currently reside.

In 1981, 21 years after her expected graduation date, Lin completed her bachelor's degree in Natural Sciences. She went on to massage school and established a successful 22-year massage therapy practice in Northfield, Minnesota.

Now a retired massage therapist, mother of four children, grandmother to eight, and wife of retired librarian turned yoga teacher, Lin has begun to speak far and wide, entertaining audiences with stories of her bicycle adventures. She welcomes referrals and suggestions about where to share her talk next.

When she went from biking across town to biking across the country she transformed her inner and outer sense of possibility, forever shifting the scope of her dreams.

So today, here to share her message that "it's never too late to say yes to bigger things," please welcome Lin Bruce.

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PHOTOS FROM THE 4TH OF JULY



NEW RI PRESIDENT K.R. RAVINDRAN

Before he gives a speech, K.R. Ravindran doesn't like flowery, adulatory introductions. They make him uncomfortable. The 2015-16 Rotary president would rather keep a low profile and share the credit. If it were up to him, you probably wouldn't even be reading this article.

Negotiating Days of Tranquility during the Sri Lankan civil war so that health workers could administer drops of polio vaccine? Although it was on his desk that the agreement landed, he says, a lot of people worked to make that happen. Rebuilding 23 tsunami-damaged schools for 14,000 children? He merely led the committee. Taking a label-printing business from a small outfit operating in a space the size of a garage to a global powerhouse in the packaging business that has helped change the value-added tea industry in his country? Well, he simply happened to be in the right place at the right time.

"I'm sometimes introduced as a self-made man," says Ravindran, a member of the Rotary Club of Colombo. "You've got to be utterly egocentric to believe you are self-made. Each one of us is made because so many people helped us become who we are."

One of the reasons I work so much for Rotary is that I have been helped by so many people, and often you never have a chance to reciprocate," he explains. "The only way you can is by helping others. When the people I help ask me, 'What can I do?' I say, 'Go and help someone else in return.'"

For Ravindran, paying it forward isn't a fad, it's a way of life. His theme for this Rotary year, Be a Gift to the World, also summarizes his personal philosophy.

Thanks to AK Litho/CopyWorks, for printing The Windjammer!