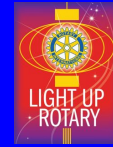


First City Rotary

Rotary Awareness



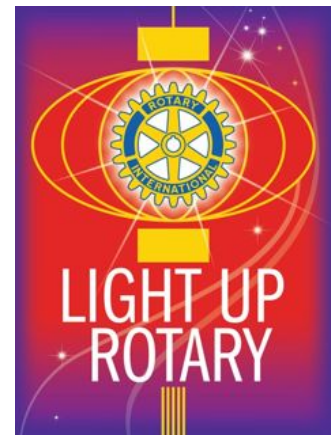
Editor: rosie.roppel@gmail.com

April 2015

Chartered 1988, District
5010
2014-15 District
Remembering District
Governor:
Dick Sutliff



President Chris Baca (President 2014-15)



Upcoming Activities and Speakers

- 4.23. Ron Zebal
"Oceans Alaska"
- 4.30. Caitlyn
Jacobson
"Empowering Girls"
- 5-7-12 District
Conference
"Girdwood" Make
Time for Rotary
- 5. 7 Kevinn Smith
"Astronaut"
- 5.9 Bess House
Warming
- 5.13. Board Meeting
at the Point
- 5. 16 Annual Rotary
Beach Cleanup Pasley



Kayhi Rotary Interact
holds a Colorful Suicide
Awareness "Run for Life
Event" Proud of you!

Programs/Speakers Chairs:

*Thank you Monthly chairs!!
Please send information to
these chairs if you have an
idea for a speaker! And
please volunteer...call Licha*
April – Dianne Gubatayao
**May – International
conv. George Shaffer**
**June – Rotary Fellowship
– Bethel**
**July – New Year
beginnings – Sue Bethel**

**EREY: \$100. FOR A
YEAR.
Donate to Annual
Fund and
Foundation**

Board: Pres. Chris Baca; PPres and AGE: Rosie Roppel; PElect: Sue Bethel; Sec: Margaret Custer; Treas: Cynna Gubatayao; Mbs at Large: Steve Rydeen and George Pasley; Foundation: Jim Dahl; Dist. Grants Friendship Exchange and International project chair: Mary Kowalczyk; Membership: Helen Mickel; Sgt Arms and District New Gens: Dave Owings; Social: ? ; Recognition: Chere Klein; Projects: Steve Rydeen; PRelations: RRoppel photographer and MO'brien; Interact: Cathy Gucker, YEO: Cynna Gubatayao. DGN: O'Brien, District Leadership Instructors: Bethel and Roppel, Newswriter: Roppel

Youth Exchange:



Frederick Bjerger and family are coming July 7. He is our youth Exchange student who was here last year from Denmark and is bringing his family back to meet us! Yeah!!! Can't wait!!

Youth Exchange and Interact Raise Funds for KRBD. THANK YOU!!!



INTERACT INTERNATIONAL DINNER to RAISE MONEY FOR TAFCOM!!!



President Baca quizzes the Youth Exchange: Kirsten, Lita, and Lily



INTERACT Received a grant from District 5010 for Suicide Awareness so here is the result of their color run for life:



Interact Students explain their projects to First City Rotary



Interact Run for Life participation
Thank you to Gretchin O'Sullivan for this fine photo

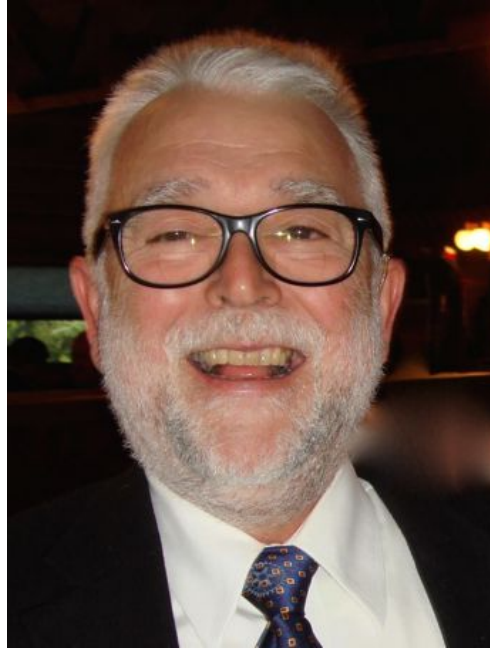


Thank you for your efforts to the community by raising
awareness of suicide prevention and promoting a healthy
lifestyle - body mind and spirit.

Sincerely,

Senator Lisa Murkowski

Jim Dahl, Foundation Chair
announces this scooter for Polio
Plus



PROUDLY INDUCTING NEW MEMBERS TO OUR FAMILY
and Red to Blue Graduation
New Member Jen Etten



Red to Blue Class: Kevinn Smith, Dr. Hahn, Scott Edwards, Helen Mickel, and President Baca...CONGRATULATIONS!!!



**Clay Keene, Returns to the club
WELCOME BACK!!!**



Welcoming Committee: Rotary 2000 Dr. Clark Davis welcomes Mike Wilson?



Club Fun



Morning is a busy and fun time in our club!!! Alan Rockwood, Rebecca Valentine and President Baca, with Chere Klein standing by!!!



*If you would like one of our vests, we will be ordering again. The vests will cost you approximately \$47...all inclusive. I am going to see if there are fleece shirts that one might like later on! Thank you all to Marsha Erichsen "Top Stitch Embroidery" for helping us with our vest project. Ben would like one and who else? Email me: Rosie.roppel@gmail.com



More club Fun!!!! Aporkalypse for Outbound Youth Exchange - Lily Foster father in far right of photo



Lilly's Father "Chris" and Roppel



Bacon wrapped Frog legs







Great Speakers!!!

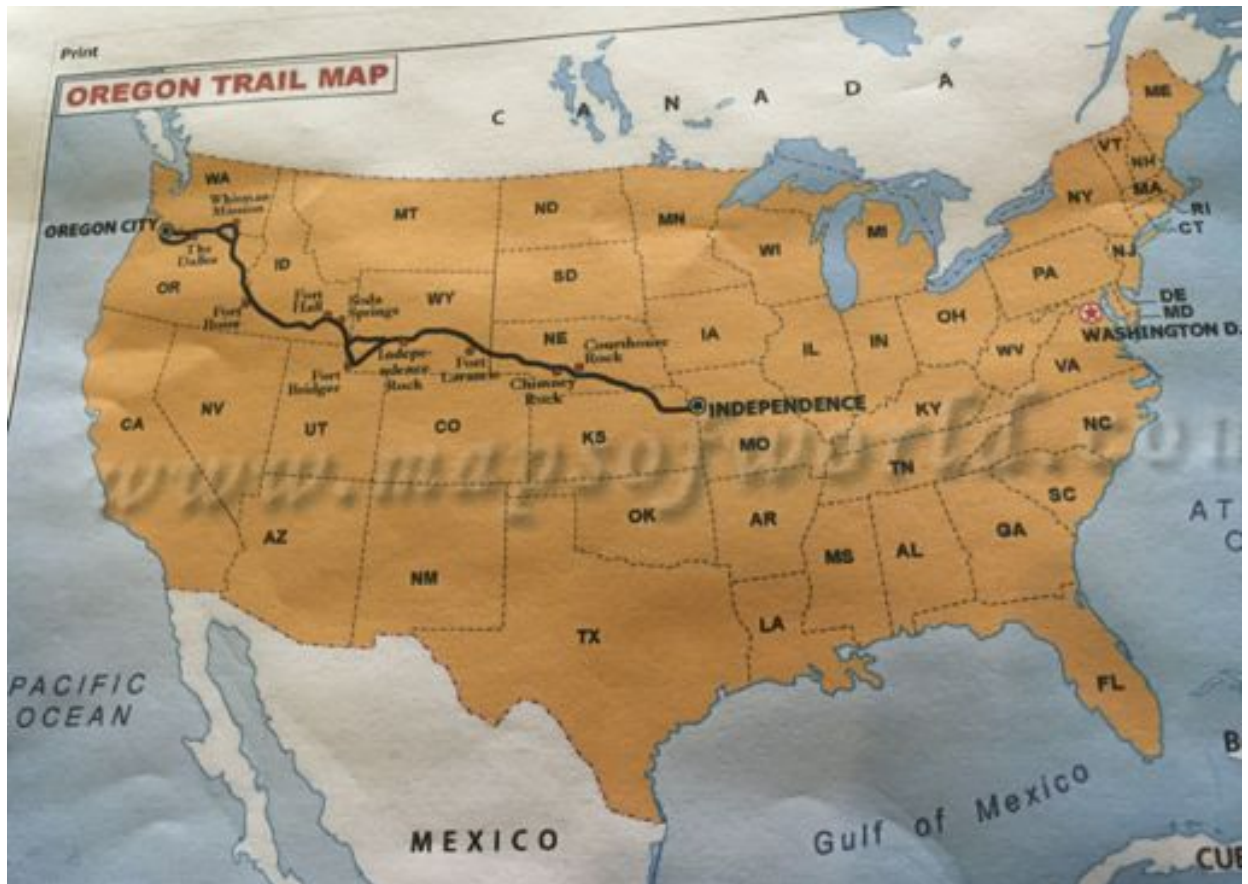
Coaching Boys into Men Coaches Stockhausen and Brandt-Erichsen



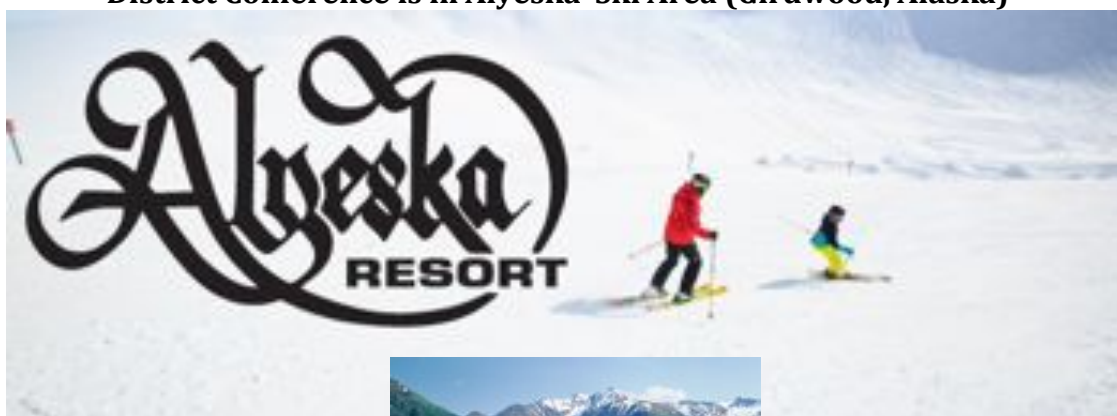
Lloyd Gosman is walking the Oregon Trail for Cancer



Oregon Trail



District Conference is in Alyeska Ski Area (Girdwood, Alaska)



More Great Speakers: The Lawlers who are coaching Girls on the Run get into the action. Chad and Rebecca.



Rosie Roppel ran into Paul Harris, the Founder of Rotary International on the streets of Washington, D.C.



Interact and First City in the News:

**The Rotary Club of Ketchikan First City Proudly announces:
Rotary Interact of Kayhi applied for a grant for Suicide Awareness
"RUN FOR LIFE"**

"Rotary Interact of Kayhi wanted to do something to promote suicide awareness," Past President Royer says. As reported by the Ketchikan Daily News, Rotary International District 5010, the district for Alaska and Yukon, had a grant for Rotary Interact to use. Karly Blair president of the Interact group says, "Rotary District 5010 decided they wanted to get different schools and students in preventing suicide. Rotary Interact has (30 members). This color run is what the team wanted to do. They are grateful for participation by their parent club First City, high school students and teachers, the running club, the public and one club member, and Rotary 2000.

Suicide awareness by Ketchikan Daily New Editorial April 21, 2015

One issue after another comes up in Alaskans' days, but not many are as deserving of attention as suicide prevention. By comparison, some issues don't even matter. All aspects of suicide, including prevention, take precedent. Alaska has the second highest suicide rate of 50 states at 23.1 suicide-related deaths per 100,000 people. Alaska's population is slightly over 735,000.

Despite the high rate, suicide has only gradually been becoming a topic of public conversation. In the past, suicide seemed to be talked about infrequently, despite the statistics, and in soft tones.

It was almost as if it was discussed, then that would prompt more of it to occur. More likely, it was a concern of upsetting those who had experienced a loved one committing suicide or simply a fear of not knowing how to address it. With as much of it that has happened and the number of people affected when it has, suicide is becoming a problem that's getting attention.

In Ketchikan this past weekend, Rotary Interact, a high school version of the First City's Rotary International clubs, promoted suicide awareness through a Run For Life 5k. The run attracted 37 participants and many shots of colored dye and powder, coloring runners in all colors of a rainbow.

The event came about as a result of a grant acquired by the local Interact club. The grant, which came from Rotary District 5010 that includes Ketchikan, was awarded along with others to interest communities in addressing suicide awareness.

Directing attention to suicide awareness is the initial step in prevention. Alaskans need to know the severity of the problem and be motivated to respond before beginning to come up with solutions. That the local Kayhi students are leading the way is a substantial statement when it comes to their well-being and Alaska's in the future.

This group is advised by First City Rotarian Cathy Gucker.

More great speakers: Ron and Mrs. Zepal "Oceans Alaska"

≠



One more awesome Membership Red to Blue...Sophia Smith!!!



Duck Tickets Selling Season

You can tell potential purchasers that we have used the money in the past for these projects and more. Most of the \$ stay in the community as the Gaming Permit has rules that the money has to be spent in the state of Alaska.

Our First City Float and look who will be back this July 4...yes, Jen and Doug?





Prom Youth Exchange



Lita above with her prom friends



and left is Kirsten and her date

RYLA students represented...stay tuned for their report. Diane Gubatayao chaperoned



Lois Munch sported around a Laker for the big games and look where they ended up?

