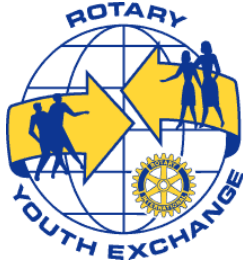


HELPFUL HINTS



ROTARY YOUTH EXCHANGE LONG FORM APPLICATION

1. Download the form onto a thumb or flash drive
2. There is a pdf editor program embedded in the form that will allow you to save your changes.
3. Fill out the form as completely as possible
 - a. Get your YEO information from your YEO
 - b. Get your sponsor club information from your YEO
4. Take your flash drive to your doctor and have him or her complete "Section C: Medical History and Examination"
Print five copies of pages 7 and 8 and sign them in blue ink.
5. Take your flash drive to your dentist and have him or her complete "Section D: Dental Health and Examination"
Print five copies of page 9 and sign them in blue ink.
6. Take your flash drive to your school counselor and have him or her complete "Section G: Secondary School Personal Reference"
Print five copies of page 14 and sign them in blue ink. Give your counselor an envelope addressed to your sponsor club YEO with instructions to send it directly with your school transcripts to your YEO. Please apply proper postage to the envelope .
7. Carefully complete the check list of page 15.
Don't forget copy of passport and or birth certificate.

AND

8. Download and complete the OB District rules for exchange.
9. Add three passport photos (two for visa and 1 for business cards).
10. Get your measurements and or size for Rotary blazer.
11. Get the entire package to your YEO with the first \$2,000 by December 1, 2007.

GOOD LUCK