

*Strong Communities  
are built on safe blood.*

**B.H. Rotary Club**

# BLOOD DRIVE



**Thursday • June 4, 2015**

**11:30AM - 5:00PM**

**The Peninsula Beverly Hills – 9882 S. Santa Monica Blvd, 90212**

Walk-Ins welcome, yet advance pre sign-ups are best.  
Send names & preferred times to Dr. Nazarian or James Overbaugh:  
[DrSNazarian@aol.com](mailto:DrSNazarian@aol.com) • [JamesOverbaugh@Peninsula.com](mailto:JamesOverbaugh@Peninsula.com)

***PINT FOR A PINT!***

All donors receive a voucher for a free  
pint of any flavor Baskin Robbins!



Sponsored by Rotary Club of  
Beverly Hills – District 5280



**We Need EVERYONE'S Help For This Important Cause!**

PLEASE TURN PAGE FOR DONOR GUIDELINES →



## **Blood Donor Guidelines**

### **To qualify, donors must meet these FDA requirements:**

- ◆ Be at least 17 years old (*no upper limit*), healthy, feel well on day of donation.
- ◆ Weigh at least 110 pounds.
- ◆ No dental surgery within 72 hours prior to donation.
- ◆ Not currently taking antibiotics for an infection. Acne treatment is OK.
- ◆ Not taking the medications Accutane, Proscar, Propecia, Absorica, Claravis, Myorisan, Sotret, or Zenatane in the past 30 days.
- ◆ Not taking the medications Avodart or Jalyn in the past 6 months, Soriatane in the past 3 years, or ever taken Tegison.
- ◆ No travel to a malaria area in the past 12 months.
- ◆ No tattoos or permanent make-up within the past 12 months.
- ◆ Ear and body piercing is OK if done with sterile, single-use needles. 12-month deferral if other methods used.
- ◆ Cancer-free during the last year. OK if treated for localized skin cancer.
- ◆ Never used intravenous or IV drugs.
- ◆ No history of hepatitis after the age of 11. No close contact in the past 12 months with someone who has hepatitis.
- ◆ No history of HIV (AIDS).
- ◆ Cannot donate if you have:
  - Spent a combined total of 3 months or more in the United Kingdom from 1980 -1996.
  - Spent a combined total of 5 years or more in Europe from 1980 -the present (*including time spent in the UK from 1980-1996*).
  - Resided on a US military base in Europe for 6 months or more from 1980-1996.
- ◆ Male donors must not have had sex with another male (*even once*) since 1977.

**Prior to your donation, be sure to have  
something to eat and extra water to drink!**

**If questions about your eligibility -OR- interested in supporting this important  
cause with your very own blood drive event, please contact Dave Keys:  
(310) 717-5996 • [KeysD@cshs.org](mailto:KeysD@cshs.org)**