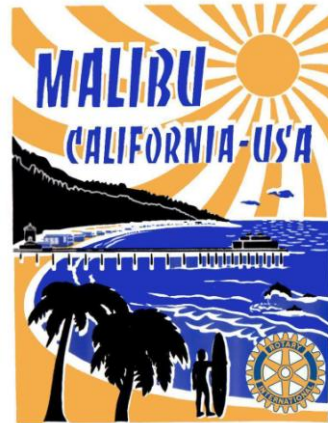




**ROTARY:
MAKING A
DIFFERENCE**



The Award Winning

Malibu Rotary Club Surfwriter

March 14 2018

Official Newsletter of the Rotary Club of Malibu
Malibu Rotary Club President Bianca Torrence
Pictures by John Elman

Edited by Dr. John W. Elman

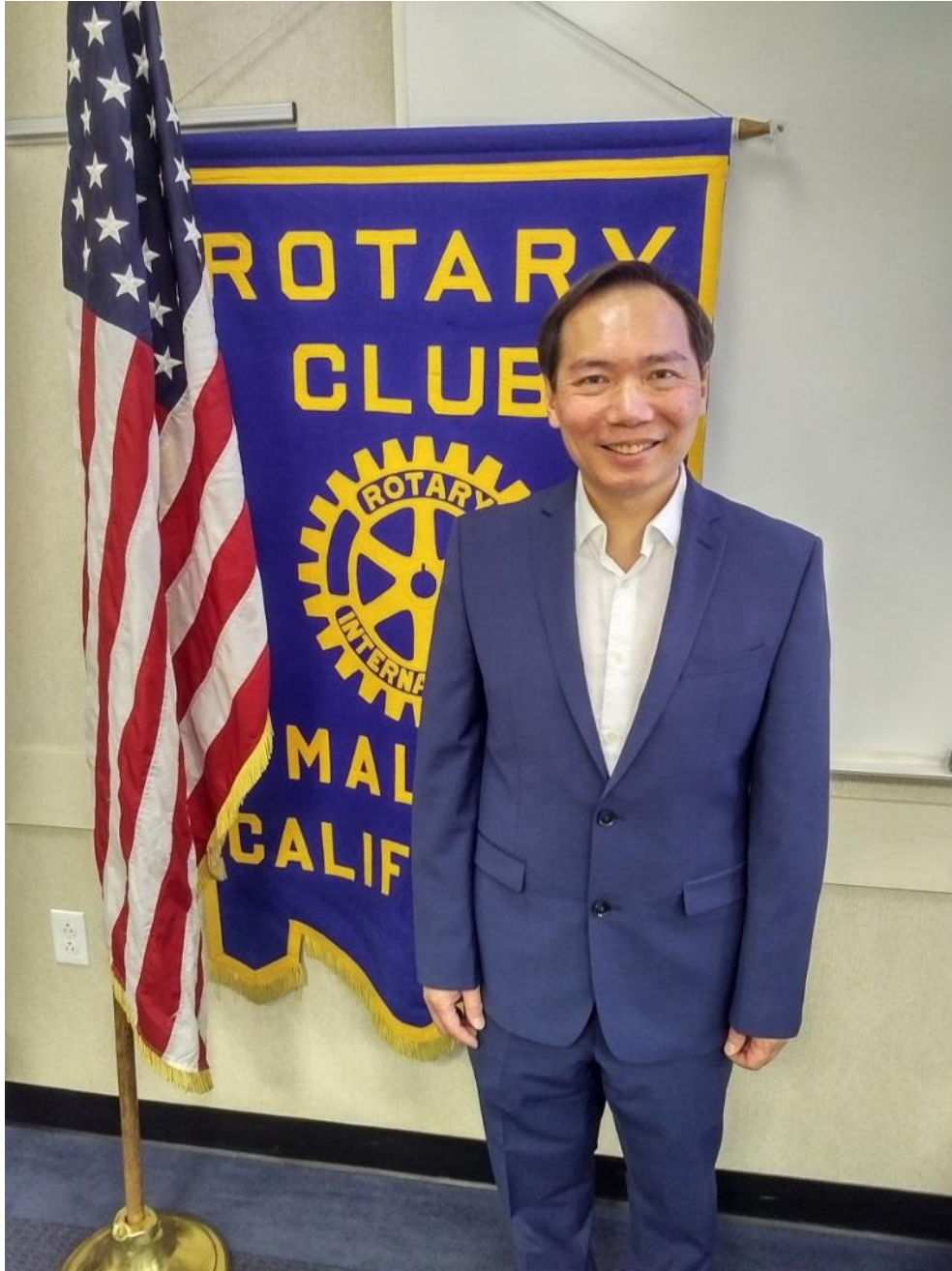
In This Issue (click underlined topics for web link when connected to the Internet)

- Last week Newton Lee, Professor at Woodbury College talks about how to **Live Longer and Healthier With Immune System Rejuvenation**, and research supported by the Institute of Education, Research and Scholarships
- **Malibu Rotary Club Mixer Monday March 19 at Casa Escobar 5:30 p.m.** (no morning meeting the week at Pepperdine—we are dark on March 21).
- Next regular Malibu Rotary Club meeting March 28 2018 Room LC 152 on the Pepperdine Drescher Upper Graduate campus Fellowship will begin at 7:30 a.m. with meeting starting at 8:00 a.m. Speaker will be Malibu Rotarian Joy Arcenas who will talk about her project in the Phillipines “The ART of Giving”

- Check [Calendar](#) on Malibu Rotary website www.maliburotary.org
- Rotary International Website: www.Rotary.org

- **Rotary District 5280 Website:**www.rotary5280.org/
- **RI President (2017-2018) Ian H.S. Riseley**
- **Rotary District 5280 Governor (2017-2018) Cozette Vergari**

Newton Lee, Professor at Woodbury College talks about how to Live Longer and Healthier With Immune System Rejuvenation



Live longer and healthier by rejuvenating the human thymus was the topic of Newton Lee's talk on March 14th at the Malibu Rotary Club meeting. Lee is the chairman of the California Transhumanist Party, adjunct professor of Applied Computer Science at Woodbury University, president of the 501(c)(3) Institute for Education, Research and Scholarships (IFERS) that has been acknowledged by the California State

Senate for its charitable work on Type 1 diabetes.

“The holy grail of health and longevity is within each of us,” said Newton Lee. The thymus is a specialized primary lymphoid organ of the immune system. A healthy thymus produces T cells that protect us from foreign invaders and cancer cells. Unfortunately, the human thymus starts to age and shrink in size after puberty, leaving us vulnerable to diseases if the existing T cells in our body become defective or depleted. That is why the flu poses a greater danger to the elderly and people with weakened or suppressed immune system. Flu vaccines are useful only if there are healthy and functional T cells in the body.

Furthermore, antibiotics are losing their effectiveness against superbugs that have mutated to resist even alcohol based hand sanitizers. The human immune system is our best line of defense against antibiotics-resistant superbugs, cancers, and many other aging-related diseases.

Conducted under an FDA-approved IND (Investigational New Drug) between 2015 and 2017, the research team led by Dr. Greg Fahy, director of biomedicine at the California Transhumanist Party and chief science officer at Intervene Immune, has had successful human trials on thymus regeneration to reverse the shrinkage of thymus and to generate new healthy T cells. This new technology can also be used to prevent organ transplant rejection, reverse autoimmunity, and enable cancer immunotherapy without invasive surgery and harmful side effects of chemotherapy. At the time of writing, the phase two human trials are scheduled for mid-2018.

IFERS supports the most promising medical research and aims to offer affordable healthcare. For more information on this groundbreaking anti-aging health technology, contact Newton Lee at newton@ifers.org and visit <http://www.ifers.org/immune-system-rejuvenation.html>

Guests and Other News from the March 14 Malibu Rotary Club meeting



Pictured above; Pete Allman, Malibu Rotary Club President Bianca Torrence, and speaker Newton Lee.

March 14 meeting of the Malibu Rotary Club there was one regular guests: **Pete Allman**

(Producer-Journalist, Talk show host, Donald Trump Look-Alike, YouTube.com/peteonthescene), who introduced speaker **Newton Lee**.

Bianca had been in contact with Malibu Chamber of Commerce CEO Barbara Bruderlin not only about publicity for the March 19 5:30 p.m. Malibu Rotary Club Club Mixer at Casa Escobar Restaurant, but also about a possible joint morning meeting of the Malibu Rotary Club and Malibu Chamber when the Malibu Chamber hosts one of its Connection Breakfast meetings at the Paradise Beach Café. The Chamber breakfasts are held on Wednesday from 8:00 a.m. to 9:30 a.m., the same time as the normal Malibu Rotary Club meetings. The Malibu Rotary Club is a member of the Chamber. The day of the scheduled joint meeting the Malibu Rotary Club would be the “speaker” at the Chamber meeting, with members of the Malibu Rotary telling Chamber members about the Malibu Rotary Club. Two dates that might be available for the special joint meeting are May 9 or June 13. Barbara was to tell Bianca which date works for the Chamber. In the meantime the Malibu Rotary Club is not booking speakers for those 2 dates until Barbara tells her which one is available for the joint meeting.

District Events

Bianca announced Rotary District events— including the District St Patrick’s Day 5k Color Run to End Polio, starting a 8:30 a.m. Saturday March 17 in the Crystal Springs Picnic Area at Griffith Park. Bianca and Bill Wishard were scheduled to go to this. All proceeds from this event were to go to End Polio Now and will be matched two-to-one by the Bill & Melinda Gates Foundation.

Malibu Rotary Club Plans Mixer at Casa Escobar on March 19



ROTARY MIXER

MARCH 19TH 5:30 P.M. to 7:30 P.M.

AT CASA ESCOBAR

FREE APPETIZERS



BE THE INSPIRATION

WE SUPPORT MANY COMMUNITY PROJECTS

LOCAL YOUTH PROGRAMS & HIGH SCHOOL SCHOLARSHIPS

DISEASE & HUMAN TRAFFICKING ERADICATION

ANNUAL GLOBAL HUMANITARIAN TRIPS

2018 COLOMBIA & 2019 PERU

COME AND MEET ROTARY MEMBERS, FRIENDS AND NEIGHBORS

MALIBU ROTARY CLUB SERVING THE COMMUNITY & THE WORLD SINCE 1971

Link to event: MalibuRotary.org

Calendar

March 19 2018 5:00-7:00 p.m. Malibu Rotary Club Mixer at Casa Escobar

March 21 2018 There will be no Malibu Rotary Club meeting at Pepperdine (because of the mixer on March 19)

March 28 2018 Joy Arcenas Talks About “The ART of Giving”



The last Wednesday of March, Joy Arcenas, will talk about a charity near and dear to her heart, The ART of Giving, a private charity she has been supporting in the Phillippines since 2014, bringing backpacks of items asked for by the poor children living in her native country.

April 4 2018 Lotay Yang is speaker at the Malibu Rotary Club meeting at Pepperdine Drescher Upper campus LC 152 telling us What is Black Card Circle?

Black Card Circle® connects influencers and advocates for social networking, business networking, and philanthropy through exclusive events for its

authenticated community of “Black Card” holders, respected professionals, upstanding community leaders, and inspiring entrepreneurs and advocates. The global Black Card Circle® community consists of "Connectors, Influencers, and Advocates" (CIAs) worldwide.

Black Card Circle® Registered Investment Advisor (RIA) firm, a separate and independent entity, provides financial planning and investment guidance. Clients of Black Card Circle® RIA receive priority access and invitations to Black Card Circle® events.

Black Card Circle® was founded by **Lotay Yang** in 2005 to serve as a social, business, and philanthropic networking vehicle. Black Card Circle® (BCC) hosts exclusive events in Beverly Hills, Chicago, Los Angeles, Malibu, Mission Viejo, New York, and Shanghai, China, with other cities planned throughout the world!

April 11 2018 Dr Emily Letran “Living the American Dream”

Dr.Emily Letran. dentist, high-performing coach & mentor and world-class keynote speaker. She is the The American Dream. She was born and raised in Vietnam and made it to America with a beautiful dream in her heart that has been fulfilled.

**April 18 2018 Jim “Gweed” McMichael Lt Col USAF (retired)
speaking on “Making a Fighter Pilot”**

Lt Col Jim "Gweed"McMichael is a military strategist who usually does not speak to civilians about what he will be speaking about at the Malibu Rotary Club on April 18. He will take us inside the cockpit view of an F-16 with a video and presentation that we expect will be captivating, interesting and informative.

April 25 2018 Rotary District Governor Cozette Vergari returns to the Malibu Rotary Club for her “Unofficial” Visit

When Rotary District 5280 Governor (2017-2018) came to the Malibu Rotary Club for her official visit Malibu Rotary Club President Bianca Torrence was not able to be there because of tragic family events that we are all aware of. At the time Cozette vowed to return when Bianca could be there. April 25 Cozette returns for her unofficial visit to see Bianca and the Malibu Rotary Club.

