



PALOS VERDES PENINSULA ROTARY:
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August 26, 2011

La Rotación

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Prez David Rowe and a team of fellow Rotarians helped uproot some persistent predators last weekend. Read about their adventures on page 3.

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Birthdays, wedding and club induction
anniversaries

Meeting Alert!

We are **DARK** next
Friday, September 2. Be safe
while enjoying the long Labor Day
weekend and be safe. We'll see
you for lunch on September 9.

Program This Week



The Braille Institute and Eye Disease

This Friday, Carmen Apelgren will bring us up to date on all the free programs and services provided by the Braille Institute.

Carmen will speak from a very personal perspective, as she began losing her eyesight at an early age and has overcome the loss. She earned a bachelor's degree in fine arts from Michigan State University and is now on staff at the Braille Institute as community relations coordinator. •

The Braille Institute provides a wealth of free programs and services. The award-winning Braille Institute Library offers more than 1.4 million books on audio, in braille, and in large-print format, for those who are visually impaired or physically disabled.

Prez Sez

By David Rowe



*Rotary members helping the Land Conservancy restore land to its original, natural beauty last weekend were, from the left, **Phyllis Pelezzare**, membership applicant Jonathon Udewitz, **Harry Kitter**, membership applicant Tom Hiatt, **Hal Lazar**, **Inga Liden**, and **David Rowe**.*

Persistent Predators Uprooted by Rotary Team

The second installment of our Rotary club's Hands On Volunteer Opportunity of the Month provided a satisfying feeling of community service and a plentiful level of fellowship. Veteran members **Hal Lazar**, **Harry Kitter**, **Inga Liden**, **Phyllis Pelezzare** and I were joined by membership applicants Tom Hiatt and Jonathon Udewitz at the Palos Verdes Land Conservancy's White Point location to help restore the land to its original, natural beauty.

Provided with gloves, shovels, hand tools and buckets, we carefully followed the instructions of Land Conservancy staff member Roxanne and got down in the dirt to purge the area of those nasty



yellow dandelions. On our hands and knees, we did not simply pull at the predators, which were brought to Palos Verdes by some unknown negligent, if not evil, force; we dug deep into the stiff soil and found the bottom of the roots, and then extracted them carefully before placing them in the large orange buckets. Our mission was clear and we accomplished it well while basking in the Southern California sun and sometimes taking moments of break to gaze at the beautiful Pacific Ocean.

A few of us then went to one of San Pedro's finest sandwich providers, the Buzy Bee. Unfortunately, but actually fortunately, they only have Take Away (oops, bits of me are still in London), make that, To Go. So by **Inga's** suggestion we finished our orders and then headed over to scenic

Trump National, the home of next month's Hands On Volunteer Opportunity of the Month, the Palos Verdes Concours. We located a vacant picnic table with the best view in the park, and proceeded to reward ourselves with a hearty meal and refreshments.

Thank you for all who participated. It was a great experience and a wonderful way to share the meaning of Rotary. •

If You Missed Us Last Week

By Suzy Zimmerman



Aryn Sieber announced the August service opportunity: assisting the Land Conservancy.

AUGUST 19, 2011. Promptly at 12:15 p.m. **President David Rowe** opened the meeting— announcing a loud and clear welcome to everyone to the Palos Verdes Peninsula Rotary, the best Rotary Club in the world. **Mel Schrier** led the us in the Pledge of Allegiance. A moving invocation was given by **Joan Behrens** and **John Schuricht** led us in a heartwarming *God Bless America*, accompanied by pianist Jacques Assayag. This followed with guest introductions made by **Inga Liden**. We had many visitors and we made them feel right at home with a lovely serenading of our “welcome song.”

Harry Kitter provided us with an update on the fundraising efforts for our EOTY dinner. So far we have raised approximately \$31,000 and the generous support keeps coming. Thanks to all who have donated and those who have reached out to securing funds and sponsorships!

Aryn Sieber provided the group with information on our community service opportunity of the month: assisting the Land Conservancy with the replanting of native plants on Saturday, August 20 at 10 a.m..

President David requested our participation in the Annual District Picnic, which will take place on Oct. 2 from 11–4 at Seaside Lagoon in Redondo Beach. This will be a fun-filled family event. We’re looking for a captain and crew for our very own cardboard boat. *Ahoy, matey!*

Julia Parton needs 10 volunteers for this year’s PV Concours to assist her at the entrance gate. **Greg Sparkman** encouraged us to visit www.pvconcours.com for this year’s silent auction. Not only can you donate items, you can also bid for them. Remember, a portion of the proceeds comes directly to our Rotary Club—so let’s show them our support!



Among our many guests last week were, (top) Michael Stuger, pictured with **Joan Behrens**, and (below) Melissa Criado, pictured with **Julia Parton**.

Steve Coy gave us an update on Elliott's progress. Through Steve's former colleagues at Motorola, a special fund has been established to assist with the many expenses associated with Elliott's recovery. Contact Steve for information on how to donate.

Raffle winners: The rough-and-tumble chardonnay was selected by **Mel Schrier** with **Len Danryd** getting the other great option.

Our guest speaker, David Bauer of Providence Little Company of Mary, was introduced by **Steve Day**—incognito behind his sunglasses, which also work as bifocals in a crunch.

We learned many interesting facts about osteoporosis—the thinning of bone tissue and loss of bone density that occurs over time. This can result in bone pain, fractures, loss of height and the dreaded stooped posture!

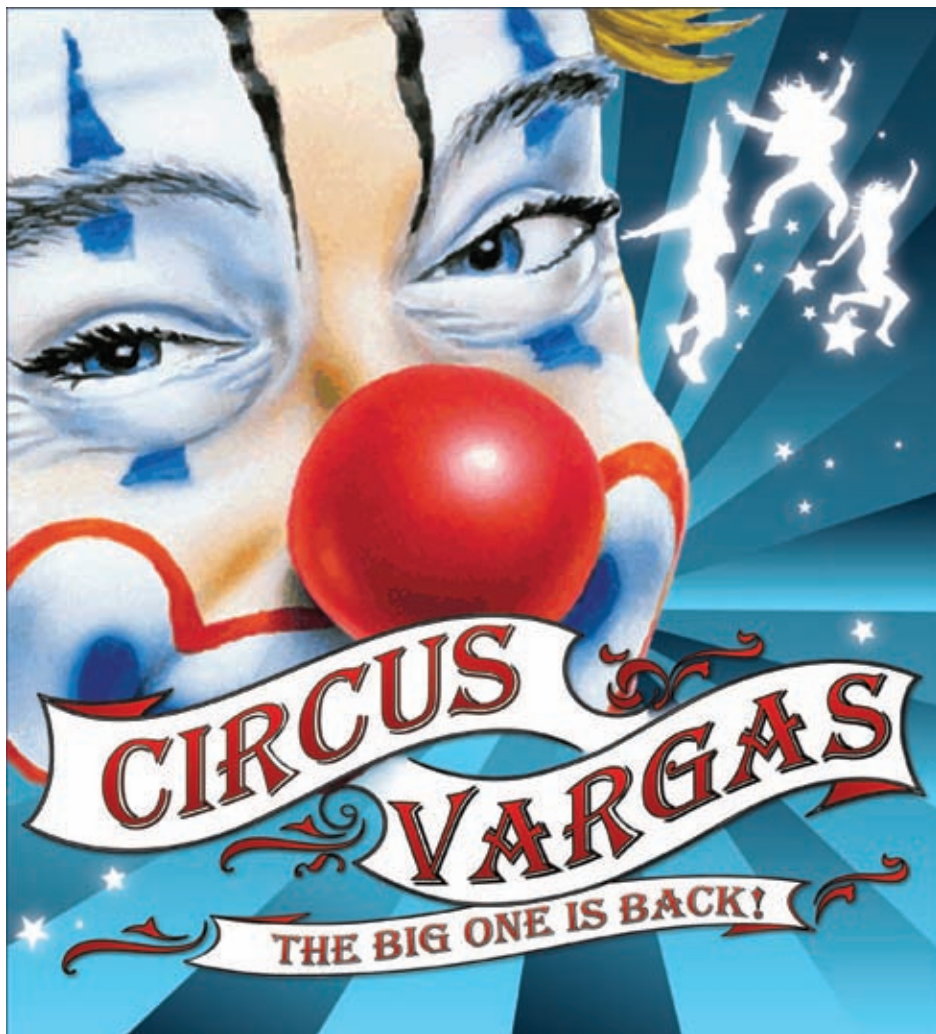
Service Opp!
Help Julia Parton man (or “woman”) the PV Concours entrance gate on Sunday, September 18 at Trump National Golf Club. Sign up at a Friday meeting or send Julia an email by [clicking here](#).

Luckily, there is treatment available to control pain and slow or stop bone loss. This consists of calcium/vitamins, exercise (swimming, walking/biking), avoid excess alcohol (still unclear on what is considered excess), and no smoking.

Surgical intervention is an option in worst-case scenarios, but I think we all agreed that prevention is the best alternative. So keep eating your ice cream! •

District News

The Circus Is Coming To Town! November 6 in Torrance



Rotary Foundation Celebration

Sunday, November 6, 2011

Del Amo Fashion Center Torrance

Doors open at 11 am | Pre-Show begins at 12:10 pm

Tickets are now available:

\$65 adult | \$35 children under 16

Includes: Children and adults get one hot dog or nachos, one cotton candy or popcorn, and two beverages.

Plus, each Adult ticket also gets one deli sandwich.

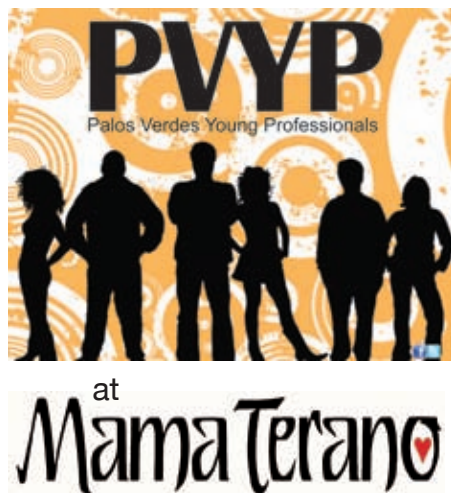
What a fun, family way to support our Rotary Foundation!

[Click here to go to the District 5280 website for additional news.](#)

Chamber Events & News



<http://palosverdeschamber.com/>



Palos Verdes Young Professionals Evening Networking Mixer

Tuesday, August 30 | 6–8 PM

Mama Terano's is on the Brick Walk at 815 Deep Valley Drive, Rolling Hills Estates
Beer and wine specials. Free appetizers. Awesome raffle prizes. Bring your business cards.

Cost: \$10/Chamber Members, \$15/Non-Members.

RSVP: To help our host determine how much food to have on hand, please RSVP to Tracy Ferrara at the Chamber office at tracy@palosverdeschamber.com (click the underlined text to open your email window).



Enjoy a hearty breakfast (although it maybe not be the one pictured here) at the Chamber's Breakfast Mixer.

Breakfast Mixer

Wednesday, September 7 | 7:15–9 AM

Speaker / Topic: Jonathan Werner of Jackson/DeMarco/Tidus/Peckenpaugh with "The Wage and Hour Update." From independent contractors to overtime, learn about evolving legal issues and how to safely navigate them.

Location: Mary & Joseph Retreat Center, 5300 Crest Road, Rancho Palos Verdes

Cost: \$15/Chamber Members, \$18/Guests and Prospective Members. Hearty breakfast will be served.

RSVP REQUIRED: To help our host determine how much food to prepare, please RSVP to 310-377-8111 or [click here](#) to send an email to the Chamber office.

Calendar Items

Club and District Calendar

AUGUST 26: Carmen Apelgren, from the Braille Institute, speaking on eye diseases

SEPTEMBER 2: DARK. Enjoy a long and safe Labor Day weekend.

SEPTEMBER 9: Justin Skarb, representing California Water, presents “The Palos Verdes Pipeline.”

SEPTEMBER 16: TBA

SEPTEMBER 17: PV Concours Road Rallye

SEPTEMBER 18: PV Concours

SEPTEMBER 23: Young Exchange Program

OCTOBER 2: Annual District Picnic, 11–4 at Seaside Lagoon in Redondo Beach

OCTOBER 7: District governor visits our club.

NOVEMBER 6: Paul Harris Celebration at Circus Vargas

NOVEMBER 9: Educator of the Year at PV Golf and Country Club.

DATES IN GRAY indicate district events or other clubs’ events. [Click here to go to the District website](#), where you will find additional information about those events.

Greeters, Invocators, and Reporters

Date	Greeters	Invocation	Reporter
August 26	Norton Donnor Les Fishman	Inga Liden	Liz Fitzgerald
September 9	Joey Komada Carolyn Lehr	Jeff Parker	Jeff Parker
September 16	Steve Day John Cameron	Bruce Attig	TBA

Celebrating In August



Rotary Inductions

Charles Elias _____ Aug 1, 1979
Mary Jane Schoenheider _____ Aug 28, 1987
Keith Deisenroth _____ Aug 2, 2002

Birthdays

Derald Sidler _____ Aug 8
Mary Jane Schoenheider _____ Aug 15
Bob Gulcher _____ Aug 26
Len Danyrd _____ Aug 28

Wedding Anniversaries

Kendra & Steve Day _____ Aug 4
Dianne & Jeff Parker _____ Aug 5
Mary Todd & Peter McCormack _____ Aug 9
Donna & Rick Learned _____ Aug 15
Don & Donna Duperon _____ Aug 20
Wendy & Allen Bond _____ Aug 21
Lynn & Bruce Attig _____ Aug 21
Suzanne & Paul Rubincam _____ Aug 25

Congratulations to all!

Your Rotary Leadership

Club Leadership *Click on a name below to send that person an email.*

President: David Rowe

International Service: Inga Liden

Programs: Steve Day

Sergeant-At-Arms: Paul Rubincam

President's Asst: Liz Fitzgerald

Club Service: Kimberly Lynch

Membership: Tim Dickins

Educator Of The Year:

President-Elect: Greg O'Brien

Vocational Service: Joan Behrens

Public Relations: Derald Sidler

Joan Behrens & Jim Hartman

Secretary: Suzy Zimmerman

Community Service: Bruce Attig

Communications: Greg Sparkman

Rotary-In-The-Home: Jackie Ignon

Treasurer: Norton Donner

New Generations: Julia Parton

La Rotación: Nicki Nikakhtar



RI Leadership

President: Kalyan Banerjee, from the Rotary Club of Vapi, India
His speeches and news are posted at www.rotary.org/president



District 5280 Leadership

District Governor: Brad Robinson, from the Rotary Club of Beverly Hills

Pictured at left: District Governor Brad Robinson and his wife, Catherine