



Mid San Fernando Valley

Service Above Self

Meeting at Denny's restaurant
Thursdays, 12:10 p.m.
16575 Sherman Way, Van Nuys, CA



November 10, 2011

Attending Members: Sara Vasquez, PDG Emilio Basile, Bub Pickup, Renée D'Auria, Rich Miller, Barbara Pampalone, Frank Santucci, Marc Tapper, Robin Kellogg, Jean Mabilon and Beth Ullman

Guests and Visiting Rotarians: Amber Fuellenbach, our speaker, plus 26 members and guests of the Van Nuys and North San Fernando Valley clubs

Joint Luncheon November 10

Announcements:

Register for Holiday Parties

Please register online to attend the District Foundation and Holiday Luncheon December 10, and our joint club holiday party on December 17. Our annual district gala will be at The Castaways in Burbank this year, on December 10, and Frank has tickets! For just \$45 you can socialize, have a fabulous meal, and get some awesome auction wins. Speaking of which, we are also looking for **items to donate**. Join the rest of your club and district in this last 5260 celebration. To register online, got to the Events section of the main page on the district website: www.rotary5260.org. For our club's celebration with the Van Nuys and North San Fernando clubs, sign up via the top left link on www.sanfernandovalleyrotary.org, our club website. Also available then is the address and a map link. The price is \$20, but our website does not have the credit card payment feature, so we need to pay at the door or in advance. If you need help, please ask Emilio or anyone who has already registered online. You can also give Emilio a verbal RSVP for the December 17 event, and mail in your reservation for December 10 to Marsha Floyd. Remember, we will be incorporating our annual gift wrap for a local charity into the joint holiday party; this year it's Casa Esperanza.

Joint Service Club Fellowship Lunch November 22

This annual event is hosted by Kiwanis, Van Nuys Rotary and the Greater San Fernando Valley Chamber of Commerce. This year's lunch scheduled for Tuesday, November 22, at The Courtyard by Marriott in Sherman Oaks at 11:30 a.m. will focus on fellowship. In keeping with the meaning of Thanksgiving and celebrating the Chamber's 100th Birthday, we will be honoring our non-profit members' "#1 Volunteer". Tickets are \$45 per person.

Calendar

- 11/16, Wed. 6:00 p.m. Jill Painter**, Daily News Sports Writer, Abe's Deli (meeting of Business & Professional Women, men welcome)
- 11/17 PDG Emilio Basile**, Foundation
- 11/20 Sun., Salvation Army** holiday crafting 1:00 – 4:00 p.m.
- 11/22 Tues., 11:30 a.m. Fellowship Lunch** at The Courtyard by Marriott in Sherman Oaks
- 11/24 No meeting – Happy Thanksgiving!**
- 12/1 Jorge Vasquez**, Oceans and Climate
- 12/3 Sat., 3:00 – 10:00 p.m. MAPS fundraiser**, at ONEgeneration Senior Enrichment Center, 18255 Victory Blvd, Reseda
- 12/6 Tues. 5:00-8:00 p.m. Fundraiser for Nobel Early Childhood Program** at Denny's
- 12/8 TBA**
- 12/10 Sat., District Holiday & Foundation party** at The Castaways, 1250 E. Harvard Rd., Burbank, **11:30 a.m. registration**
- 12/15 Alice Muntean**, on her trip to Fiji
- 12/17 Sat., Holiday Party & annual gift wrap** at Les Grossman's home
- 12/22 TBA**

MAPS Holiday Fundraiser December 3

Visit the Festival of Trees to kick-off your holiday season. Come see the many trees uniquely decorated by talented individuals and groups, check out the trees, wreaths, gingerbread village and hand made Hanukkah items, all for purchase, and enjoy the varied entertainment. Children can make a wish with Santa or create in the Kids Korner, and everyone can enjoy holiday food and drink, all to benefit charities that help our local seniors. From 3:00 – 10:00 p.m. at ONEgeneration Senior Enrichment Center, 18255 Victory Blvd, Reseda. Tickets are available online at www.sfvfestivaloftrees.org. Adults are \$5 (\$10 after 11/27/11), children and seniors \$5; children under 2 free.

Barbara Pampalone Honored

On Wednesday, November 9, our very own president, Barbara Pampalone, was honored as one of just 5 Legends and Heroes by the Chatsworth Chamber of Commerce at their 6th annual luncheon at the Porter Valley Country Club. Representative Brad Sherman was just one of the many dignitaries who spoke and thanked these community leaders for their unselfish service. Each was

given many certificates and honors. Barbara had the biggest cheering section of course – about 3 tables full!



Barbara Pampalone with two of her awards

St. John Eudes Fundraiser

Saturday and Sunday, November 12 and 13, we participated in the fundraising festival at St. John Eudes church. While many non-profits were there, including the Salvation Army (thanks to our own Captain Judy), the real focus was on raising funds to help prevent and rescue children from child slavery. We know several thousand dollars were raised, which means hundreds of children will be helped. Thank you Emilio and Renée (our committee chairs), Barbara, Rich, Robin, Jean, Antoinette and Beth for working the event, but a very special big thank you to Rosie and Clinton for not just working the whole event but bringing their special vibration equipment for “rides”!



Renée, Clinton (in back) and Emilio after Saturday's setup



Jean and Antoinette Mabilon, and Renée D'Auria

Speaker: Amber Fuellenbach, ONEgeneration

ONEgeneration's mission is to enrich the lives of seniors, children and their families throughout our diverse community. Founded in 1978, ONEgeneration began as a storefront senior center initiated, operated and directed by volunteers. As demographics changed and senior life-spans increased, ONEgeneration expanded and evolved to meet the increased needs of our seniors' at senior enrichment centers, day health care centers and in their homes.

A dramatic shift took place in 1994, when they added a child care program. This intergenerational (adults and children getting care in a shared setting) approach allows both young and old to help and benefit from the other on a daily basis, and is perhaps the most unique aspect of ONEgeneration compared to other program providers.

When ONEgeneration's seniors and children share activities, including field trips to museums, plays and art museums, seniors recall favorite songs, games, and projects of their pasts as they share their skills, patience, and expertise with pre-schoolers. When older adults tutor young people, they bring critical one-on-one attention to the youths' skill building, while the young people help make seniors more comfortable with new technologies. This reciprocity builds mutual respect and a sense of community, providing both children and adults with diverse role models, and life-long relationships.

Throughout the West San Fernando Valley of Los Angeles, ONEgeneration serves:

- Seniors, particularly low-income, homebound, and medically frail
 - Individuals with Alzheimer's Disease or other forms of dementia
 - Individuals with long term illnesses, including cancer, HIV/AIDS or Parkinson's Disease
 - Stroke victims
 - Caregivers for the elderly or very young
 - Infants and children ages 6 weeks – 6 years
 - At-risk youth, including foster children and teen parents
 - Developmentally disabled youth and adults
- Program participants reflect the diversity of the San

Fernando Valley communities, including recent immigrants from all over the world, who speak languages ranging from Armenian, Farsi and Yiddish to Spanish, Tagalog and Mandarin.



Leo O'Biecunas, Amber Fuellenbach and Barbara Pampalone

Amber asked everyone to consider participating in the Share Project, where a senior is “adopted” by a person, family or group and helped with many things and services they need. Some may have funds, but can’t physically go shopping for groceries. Others may need something as basic as a can opener, as did one elderly woman Amber supplied with soup, only to find it collecting dust on the counter for lack of that basic tool. The project runs year-round, but there is a special push to find adopters now, before the holidays. Seniors often need basics the adopter can supply, such as adult diapers, Ensure, toiletries, canes, books, batteries, low-salt food and first aid kits. If you “adopt” one, you’ll get their personalized list, which will also include one or two “luxury” items, such as a wheel chair or walker.

More demanding needs, such as yard care, personal bathing or house cleaning, can be accommodated by ONEgeneration, with the help of some funding. Almost all services are free to those 60 and older, though there is a \$2 charge for lunch. While they do get some subsidies, such as from MediCal, and coverage for some participants from their private insurance, donations are still needed to cover much of what they do.

For adult day care the center is looking for a canopy so those with disabling diseases can sit outside in the shade. Small prizes for Bingo are also on their wish list, as are a white board easel, DBD player, portable stereo and new computers for various enrichment programs.

Some of the seniors are still giving back to others, so donations of yarn are much appreciated. They knit or crochet scarves for Operation Gratitude, small blankets and baby items for teen mothers, or other items which are sold at their regular Farmers’ Market every Sunday (from 8:00 a.m. – 1:00 p.m. in the lot on Victory at Louise next to the Armory).

In addition to the weekly Farmers’ Market, funds are also raised at Food Truck Festivals once a month in the summer. For that, a collection of gourmet food trucks gather at ONEgeneration to sell their wares, and a percentage of all sales goes to the organization.

For more information on programs, “adoptions” or fundraising, please visit www.onegeneration.org, or call 828-708-6625.



4 of the 5 Tables of Attendees at our Joint Meeting

Reminders:

Salvation Army Canoga Park ARC Committees

The Salvation Army Advisory Council is looking for committee members. You and your friends and family are invited to join one, or help in other ways. New places for both donation boxes and to park the collection trailers are also needed. If you know of a site in our area, please contact Judy, Beth, or Nathan A. Wolfstein, who is the council’s chair. (Capt. Judy Rockey, 818-683-3510; Beth, 818-701-6889, bethullman@yahoo.com, Nathan Wolfstein, 818-388-6664, email NAW1111@aol.com.)

Possible Club Merger

The Van Nuys club has officially changed their meeting time to evening get-togethers at the 94th Aero Squadron, 16320 Raymer St. in Van Nuys from 6:00 to 7:00 p.m. For \$10 you are treated to delicious hors d’oeuvres and great company. These meetings are good opportunities for us to get to know the members of that club so please try and stop in one Wednesday.

No PolioPlus collection, Happy Bucks or Raffle today

Notable Quotable:

“Every man is a damned fool for at least five minutes every day. Wisdom consists in not exceeding the limit.” Elbert Hubbard, author, editor, printer (1856-1915)

“A man who takes away another man’s freedom is a prisoner of hatred, he is locked behind the bars of prejudice and narrow-mindedness.” Nelson Mandela, activist, South African president, Nobel Peace Prize winner (b. 1918)

Nearby Clubs and Meeting Information

Granada Hills, Thursdays at 12:10 p.m.
Porter Valley Country Club
19216 Singing Hills Dr
Northridge CA 91326-1716

North San Fernando Valley, Thursdays at 12:10 p.m.
IHOP
1225 Truman St.
San Fernando CA 91340

Northridge/Chatsworth, Tuesdays at 12:10 p.m.
Porter Valley Country Club
19216 Singing Hills Dr.
Northridge CA 91325

Sherman Oaks Sunset, Mondays at 6:15 p.m.
Marmalade Cafe (Ventura Blvd. & Kester Ave.)
14910 Ventura Blvd.
Sherman Oaks CA 91403

Studio City-Sherman Oaks, Tuesdays at 12:10 p.m.
Sportsmen's Lodge Hotel
12825 Ventura Blvd. Vista Room
Studio City CA 91604

Tarzana Encino, Tuesdays at 6:00 p.m.
John O'Groats
16120 Ventura Blvd.
Encino CA 91436

Van Nuys, Wednesdays at 6:00 p.m.
94th Aero Squadron
16320 Raymer St.
Van Nuys

West San Fernando Valley, Thursdays at 12:00 p.m.
Canoga Park Bowl
20122 Vanowen Street
Winnetka CA 91306

Woodland Hills, Wednesdays at 12:00 p.m.
Woodland Hills Country Club
21150 Dumetz Road
Woodland Hills CA 91364

Greater San Fernando Valley **E-Club**, Mondays at 12:00 p.m., Online 24/7, <http://www.rotaryclubgreaterfsv.org>

2011-2012 Club Officers:

President:	
Barbara Pampalone	H 818-882-2395
Immediate Past President	
Martha Stulman	H 818-708-8947
Administrator & Club Chair:	
Beth Ullman	H 818-701-6889
Secretary:	
Rosielee Jones	C 818-703-3201
Treasurer:	
Frank Santucci	C 818-652-7529
Membership VP:	
Marc Tapper	H 818-425-6667
Projects VP:	
Rich Miller	W 818-994-8234
Foundation VP:	
PDG Emilio Basile	H 818-886-4142
Sara Vasquez	H 818-368-6682
Public Relations VP	
Robin Kellogg	H 818-993-5378
Bulletin Editor pro tem:	
Beth Ullman	H 818-701-6889
Community Chair:	
Judy Rockey	C 818-683-3510
Int'l Chair:	
Sara Vasquez	H 818-368-6682
New Generations Chairs:	
Clinton & Rosielee Jones	C 818-609-7105
Vocational Chair:	
Carlos Menjivar	818-996-7337
Programs Chair:	
Robin Kellogg	H 818-993-5378
Sgt. at Arms:	H 818-882-1659
Renée D'Auria	
Parliamentarian:	
OPEN	

Beth Ullman
17426 Napa St.
Northridge, CA 91325