



# District Newsletter

## November 2021

Howard Cohen  
District Governor

Rotary  
District 5030



SERVE TO  
CHANGE LIVES

### RI's Special Observance Month: Rotary Foundation Month

#### Important Links

##### Websites:

[District 5030 Website](#) (members)  
[District 5030 Website](#) (public)  
[District Conference Website](#)  
[LinkedIn Page](#) (members)  
[DACdb](#)  
[Rotary International](#)  
[Zone 26/27](#)  
[End Polio](#)

##### District Projects:

[Harvest Against Hunger](#)  
[Partners for Work](#)  
[Music 4 Life](#)  
[Music Mends Minds](#)  
[Bloodworks NW](#)

##### Misc.

[D5030 Facebook Page](#) (general public)  
[D5030 Facebook Page](#) (members only)  
[Past District Newsletters](#)

#### Newsletter Deadline

##### Articles & Club Ads

**Send to:** [carmamckay@gmail.com](mailto:carmamckay@gmail.com)  
**Deadline: 1st of each month**  
 Submit Email or Word.doc  
 Limit to 300 words or less.  
 Font: Calibri 10 pt.  
 Ads: .jpg format.

#### District Governor's Message

Welcome to November's Foundation Month!

Although I joined Rotary in August 2001, I "became a Rotarian" in June 2005 when entered my first House of Friendship in Chicago along with 40,000 other Rotarians. We were in the home city of Rotary celebrating Rotary's 100<sup>th</sup> anniversary! In Chicago, on February 23, 1905, Paul P. Harris, Gustavus Loehr, Silvester Schiele, and Hiram E. Shorey gathered in Loehr's office for what would become known as the first Rotary club meeting.

It was in that House of Friendship where I realized the power of Rotary. Booth after booth after booth of PASSION by Rotarians from all over the world showcasing their projects. There were projects funded by one or a few clubs; projects funded by District Grants; and projects funded by Global Grants. Where do these GRANTS come from, you might ask? They come from the clubs and the Rotary Foundation!

The Rotary Foundation transforms your gifts into service projects that change lives both close to home and around the world. Since it was founded over a 100 years ago, the Foundation has spent more than \$4 billion on life-changing, sustainable projects.

During my club visits this year, I have shared the concept of "Breathing IN Suffering; Breathing OUT Compassion". In my eyes, and hopefully yours, that is what the Rotary Foundation offers to the world around us. Rotarians see suffering in each of the Seven Areas of Focus and with the wonderful work of the Rotary Foundation, compassion is breathed into each Area.

So, how exactly does the Rotary Foundation work? It is quite simple. Each year, Rotarians around the world donate to the Annual Fund

and/or Polio Plus. Unlike most organizations, the district receives back almost half of those funds three years later to use for District Grants. The other half stays with Rotary International for Global Grants. For District 5030, a huge shout out to District Foundation Chair Jeff Brennan along with the great work of overseeing the reviewing, processing and approvals of the District and Global Grants by Kathleen Davis, Cathy Burnell and the many other dedicated Rotarians on the District Foundation Committee.

**What impact can one donation have?** Here are three examples: 1) For as little as 60 cents, a child can be protected from polio. 2) \$50 can provide clean water to help fight waterborne illness. 3) \$500 can launch an antibullying campaign and create a safe environment for children.

Consider enrolling in Rotary's recurring giving program, Rotary Direct, which makes giving easy, fast, and secure. You can schedule a monthly, quarterly, or annual donation that empowers Rotarians to change lives in communities around the world. To find Rotary Direct, go to [myrotary.org](http://myrotary.org) and click under Rotary Foundation > Give > Ways to Give.

Spend some time this month during your club meetings to talk about the Rotary Foundation and how you and your club can make a difference in the world.

Join me this month in embracing and championing the Rotary Foundation. Together, we can *Serve to Change Lives*.

Howard Cohen



## Welcome to The Hope Factory



### A Partnership



Build TINY HOUSES with fellow Rotarians every 3rd Sunday from 9 AM to 2 PM. Maximum limit of 15 people\*. Email DG Howard Cohen to sign up.  
[hcohen@clisehotels.com](mailto:hcohen@clisehotels.com)

*\*Must be vaccinated and wear a mask.*

## Meet Our 2024-2025 District Governor



*Rachele Bouchand*

It gives me great pleasure to announce our next Rotary District 5030 Governor for 2024-2025, District Governor Designate, **Rachele Bouchand**.

Rachele is a member and Past President of the Bellevue Rotary Club since 2009. She currently serves on the Rotary District DEI Committee and the Rotary District Strategic Visioning Team. Rachele was also a member of the Rotary International Next Generation Conference in 2014. She also served as a member of the Global Polio Finance Committee. Her Rotary classification is Consulting-Business. Rachele currently serves as Managing Director of Pathstone, the present stop on her 24 year journey of financial planning. To learn more about Rachele, watch for a feature story in a future District Newsletter.

Please join me in congratulating Rachele as she joins the District 5030 Governor team. ~ Howard Cohen, DG

### In-Person Meetings?



As Rotary clubs across District 5030 move to back to meeting in person, please consider having Harvest Against Hunger provide an update of our current work and everything we've learned and done over the past year.

To schedule them for an update full program presentation, please email [David](mailto:David).

### New Member Orientation and Social

**Tuesday, November 16  
5:00-6:00 PM on Zoom**



Welcome to the great big world of Rotary! Join this session to meet fellow Rotarians from across the District, learn more about our organization, and receive a great info guide and resource booklet.

Zoom link to register: [https://zoom.us/join/zoom/register/tJAvf--urjIqHNZnn\\_EumB8OD2FMHA3XUb6u](https://zoom.us/join/zoom/register/tJAvf--urjIqHNZnn_EumB8OD2FMHA3XUb6u)



If you are eligible and can **donate blood make sure you go to** your nearest Bloodworks location. Tell them Rotary sent you so we get credit. It's simple. Just give them the code **5030** at check-in.

Click the link to schedule your appointment.

<https://schedule.bloodworksnw.org/DonorPortal/Default.aspx>



Beth Tesh, B4B Chair, is planning an **appreciation event on November 27 from 11 am- 3 pm at Kent Station Ram Restaurant**. She welcomes donors & volunteers to hand out bracelets and enjoy refreshments. This coincides with a pop up donation from 9 am - 5 pm at Kent Station and our Bold 4 Blood week of November. Contact Beth: [teshb@comcast.net](mailto:teshb@comcast.net)

## Howard and Alan's Incredible Birthday Celebration

There are certain dates of the year that need celebrating! Now it's not like Christmas or New Year's or Polio Plus Day or Rotary's Birthday.

But when the Current Governor and the Governor Twice

Removed find they were born on the same day, well, they want to make February 27 a District 5030 Holiday!



Now we're not asking for presents of money, or gems, or stock certificates, or Paul Harris Recognition Points (at least Howard's not), let's celebrate by honoring one of Rotary's Seven Areas of Focus, Basic Education and Literacy.

### How about a District 5030 Poetry Slam?

Picture this: Each club uses any means possible to find their Poetic Representative. Hold contests on your own! Recruit your most creative member, reach out to the Rotaract Club you've sponsored or how about featuring the talent of one of your Interact students? This may be a way to introduce Rotary to local schools that are without Interact.

Then again, why limit the contest to kids? Perhaps there is an incredible genius waiting for his or her hidden creativity to be discovered.

This being a Rotary Contest, we'll require that the subject of all poems will be Service.

Our thought is that the Slam will comprise of Four Rounds. Round One, will break the District down into Assistant Governor Areas. These 13 Areas will then be broken down into Four Regions, (North, South, East, and Central) in Round 2. The top two of the Regions will matriculate into the Semi-Finals, leading to the Final Championship.

Depending on the COVID Climate we're thinking that Rounds One and Two could be held over ZOOM, with the Semis and Championship being held live and in-person at a to be determined location.

Yes, there should be prizes, and we're open to any ideas of what they can or should be. Working backward let's pencil in the Final Rounds for Friday, February 25. Round Two could be held on February 18, with Round 1 slated for February 12. This is only an idea right now. It can only happen if we have the cooperation and assistance of you! Do you think we can all pull this off? Send your comments and suggests to Alan Merry: [almer5030@gmail.com](mailto:almer5030@gmail.com)

**BOUND  
BY BLOOD**  
**DONATE AS ONE**  
[schedule.bloodworksnw.org](https://schedule.bloodworksnw.org)



### Rotarians: Lead by example. Give blood for our community.

The seasons and coffee shop menus may change (pumpkin spice latte, anyone!?), but our community's need for blood remains the same. Hospitals will continue to admit trauma, cancer, transplant and other types of patients who need blood, and it's up to donors like you to make sure it's there for them. Only you can help!

Bloodworks is doing its part to create and maintain an adequate blood supply with a busy schedule of unique and convenient [Pop-Up Donor Centers](#) throughout our region, and we urge you to [make an appointment](#) and give! With your help, someone's second chance could come this season.

**Donate this fall on behalf of Rotary District 5030 with these simple steps:**

- 1) Schedule an appointment to give! Visit [schedule.bloodworksnw.org](https://schedule.bloodworksnw.org) to find locations near you & set up your appointment.**
- 2) On the day of your donation, simply provide the code **5030** at check-in to have it count towards the Rotary District 5030!**

**Appointments required:** To make your appointment, visit [BloodworksNW.org](https://BloodworksNW.org) or call 800-398-7888.

 **Bloodworks**  
Northwest

The things you do for yourself  
are gone when you are gone.  
The things you do for others  
remain your legacy...







## World Health Organization Approves Malaria Vaccine for Children



**Malaria Partners International**

"Every day, we are getting closer to the day when malaria will be eliminated worldwide. Just this month, the World Health Organization approved the first malaria vaccine (RTS,S) for routine inclusion in the vaccine protocol for children.

Here at Malaria Partners International, we celebrate this achievement! Momentum is building for the global elimination of malaria and Rotary clubs from around the world are joining the fight."



Jenny Andrews, Executive Director,  
Malaria Partners International

Malaria remains a primary cause of childhood illness and death in sub-Saharan Africa. More than 260,000 African children under the age of five die from malaria annually. Read the full landmark statement from the World Health Organization [here](#).

Click the button below to schedule a club presentation.

**Schedule a Club Presentation**

## Calling All Difference Makers

We all have a chance to make a difference in the trajectory of our planetary environment.

Some differences can and should be made on a macro global scale by supporting major policy changes, and some differences can be made on an individual basis.

One way our individual actions can make a collective difference is to each take the Global Climate Pledge <https://www.globalclimatepledge.com/individual-pledge/>

The goal is to have 500 of our beloved District 5030 Rotarians sign the Global Climate Pledge on or before December 31, 2021. In so doing, each of us who sign the Pledge agree to take some individual action to help our distressed natural environment come back into balance in such a way that all living beings can live in harmony.

When I took the Global Climate Pledge, I agreed to move towards a plant based diet. Statistics indicate that about 2/3 of deforested land is being used to raise food for animal agriculture. If I joined the world wide movement towards a plant based diet, then that would result in repurposing what crops are being grown and should also slow deforestation. I also pledged to turn my computer off at night when I was not using it, thereby using less energy.

We can all make a difference. Rotarians are difference makers. We have proven that over time. Let's make a difference by supporting a healthy living environment.

In big ways and little ways. Visit [www.globalclimatepledge.com](https://www.globalclimatepledge.com) and decide what action you are going to take to help support our environment. Do it before the end of the year!



**Missed the live event?**  
Watch the video by clicking on the picture.





## District 5030 Interact

District 5030 sponsors 20 active Interact clubs. Our Interactors participate in service events within their schools, local communities, and Internationally. We aim to connect Interact clubs with each other, as well as with Rotaract clubs, so they can build strong connections with peers outside their schools.

For more info, check out their website!  
<https://www.interact5030.org/>

↓ **They Need Items... Contact Mia NOW!** ↓

SAVE  
the

DATE District 5030 Rotaract Committee Presents:

COMMUNITY  
ROTARACT AUCTION

*"BOOKS ACROSS THE SOUND"*

DECEMBER 10th & 11th, 2021

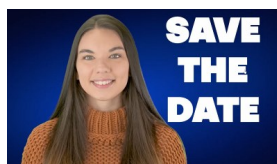


Rotary   SERVE TO  
CHANGE LIVES

## Books Across the Sound

Rotaract Clubs around our district are coming together to host a community auction. The auction is focused on increasing DEI (Diversity, Equity & Inclusivity) literacy in our local school districts. Participate and your local schools will benefit. You can help by donating an item for auction and/or joining in on the auction fun December 10th and 11th. For more information, contact District Rotaract Representative Mia Harris.  
[rotary.harris@gmail.com](mailto:rotary.harris@gmail.com)

Join the members only [Rotarians of District 5030 Facebook page](#). Then, [Click here to watch Mia talk about it.](#)



**The Northshore Interact Club** presented an in-person Halloween Trick or Treat Event on Sunday, October 24 at Hollyhills Clubhouse. The event featured a haunted walk through, goodie bags, fun games, photo booth and more!

The local newspaper, Woodinville Weekly, published an article prior to the event and Northshore Interact did a social media push, which resulted in over 100 attendees of costumed families. After a major dumping of rain, the skies cleared up just in time for the event, with a huge line of families anxious to join the festivities.

Here's a link to the Woodinville Weekly article: [https://www.nwnews.com/community/student-group-invites-community-to-a-spooky-celebration/article\\_3da84f66-32bc-11ec-862f-d705e73e347c.html](https://www.nwnews.com/community/student-group-invites-community-to-a-spooky-celebration/article_3da84f66-32bc-11ec-862f-d705e73e347c.html)

Northshore Interact Facebook post with pics: <https://www.facebook.com/northshoreinteractclub>

Northshore Interact Instagram with pics and a reel: <https://www.instagram.com/northshoreinteract/>



## Interested in helping with District 5030/5020 RYLA?

RYLA is a yearly leadership camp for high school students, hosted by Rotary and Rotaract, with the goal to create the leaders of the futures.

They need a couple facilitators (camp councilors) ... no experience required. Your job would be to share your experience on what it means to be a strong and effective leader both professionally and privately.

If you are interested in applying, you can do so on this form.  
<https://docs.google.com/forms/d/e/1FAIpQLScIbcnyicSEuOnLKkKuHk9YQc55oYg7gxPIDuVWbezrNnGw/viewform>

### Save the Date

RYLA Northwest will be  
**June 8 - 11, 2022**  
 at YMCA Camp Colman!  
 \$415/Student



Students must be in grades 10 & 11 (age 16 & 17) and may not be 18 years or older on June 8, 2022.

### What's different about the 2022 RYLA?

- No limit on the # of students a club can send
- Students will be sleeping in cabins
- Outdoor experiences (such as ropes courses) will further enrich the leadership experience
- No refunds will be allowed per our agreement with the YMCA

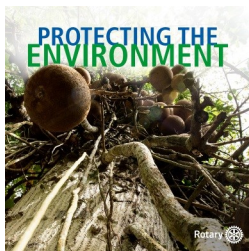
More info will be available on the RYLA Northwest website, [rylanw.org](http://rylanw.org), including informational Zoom calls for Parents, Students and Rotary Clubs!



## From Rotary International...

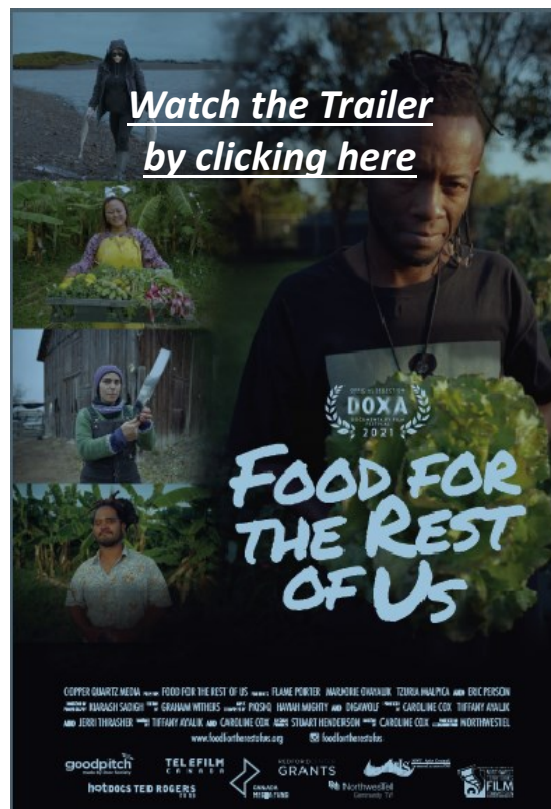
Let's talk about one of Rotary's Causes: Protecting the Environment.

It seems like we're constantly hearing new stories about something detrimental happening to our environment and how long we have to fix it. We only have one Earth and we have to do everything in our power to protect it, that's why Rotary is taking steps to help empower communities and spur innovation in Protecting the Environment.



Due to deforestation, tropical forests went from covering 12 percent of Earth's land to 5 percent. We need forests to absorb carbon dioxide and help regulate Earth's climate. They provide homes for wildlife, maintain water systems, protect against flooding, and are a source of medicine and food. The Maromizaha forest in eastern Madagascar faced deforestation threats because of a push for more agricultural land. At the same time, local villages depended on the Maromizaha forest for charcoal. In response, Rotary members in Madagascar, Italy, and France teamed up with a local nonprofit organization to plant native seeds across 125 acres of land. The Rotary teams also provided 500 cookstoves so families would reduce their dependence on charcoal for fuel.

If you want to help Protect the Environment, you can plant a tree or teach your friends and family to recycle. You can also check out ongoing projects and volunteer with the Environmental Sustainability Rotary Action Group.



**The Environmental Rotary Club** is delighted to present the movie *Food for the Rest of Us* in a virtual screening **at 7 p.m. on January 8, 2022**. The event will be a joint fund raiser with the Environmental Rotary Club of Puget Sound and Harvest Against Hunger.

*Food for the Rest of Us* is a feature film that presents 4 stories of people living life on their own terms, serving as leaders who are lending their voice to the underdog and leading a revolution to a better world, from the ground up!

Harvest Against Hunger plays a unique role in the hunger relief system by connecting farmers, transportation providers, produce packers, volunteers and hunger relief organizations to move healthy produce from farms and fields to the plates of those in need.

The Environmental Rotary Club of Puget Sound is a cause-based Rotary Club for anyone who cares about the environment and would like to meet others who also care about the environment. You do not have to be an expert to join, this club is for anyone who cares about the earth.

**Ticket sales and any additional funds you donate will help support these two great organizations. [Buy tickets here.](#)**

The day of the movie night, ticket holders will receive an email with the zoom information. Then you can pop some popcorn, sit in your comfy chair, cast the movie from your cell phone or computer to your big TV and enjoy an evening in to support a great cause!



## Rotary Presidents Coffee

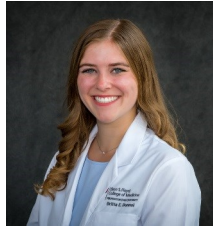
Brian Lynn, Sunil Khanal, David Rice, Steve McConnell, Colleen Turner, Jason Richert, Chris Carlson, Gary Sandwick, Patrick Rowe, Beverly Mahoney, Patricia Chapman, Lisa Yeager, Maggie Peterson, Nikki Dickerson, Matt Storey, Randy Fehr, Kimberly Peterson, Diane Lyons, Vukasin Nickolic, Gordon King, Janine McKorkle, Kaycie Wood, Dean Saggau, David DeBois, Janis Martinka, Ed Sterner, Ruth Ann Halford, Jeff Patterson, Annette Grimm, Cheri Mackinnon, Jenny McCloskey, Victoria Wellman, David Mincks, Brooke Knight, Lynne Langseth, Aaron Easter, Nathaniel Gibbs



Elson S. Floyd  
College of Medicine  
WASHINGTON STATE UNIVERSITY



## Our First Rotary Scholar



**Britta Bunnel**

**Class of 2025 Cohort**

**Tri Cities Learning Community**

### *Excerpts from Britta's Scholarship Essay*

*Dreamed of becoming a doctor: to know what to do when someone needed care to help them feel better.*

*Pursuing a career in medicine that focuses on helping others by using tangible skills that can make a substantial difference in the lives of people.*

*Member of Phi Delta Epsilon pre-med academic fraternity whose mission is "deeds not words," placing high value on serving others... Served at low-income clinic in Quito, Ecuador and on a public health team in Mexicali, Mexico.*

### ***We Grow Physicians™ For Underserved Communities***

**More Than \$17,000 Donated through 9/21/2021**

#### Individual Donations

Jeffrey Brennan, Kaitlin Brown,  
Claudina Campbell, Chris & Geri  
Carlson, Marina Cofer-Wildsmith,  
Sandy & Laura Denser, Cory  
Duskin, David Duskin, Brietta  
Easterlin, Beverly Harrington,  
Sterling Johnston Real Estate,  
Robert Kearns, Bill McElroy, Dave  
Mincks, Clifford Ridgeway, Russell  
Taylor, Janet Thompson

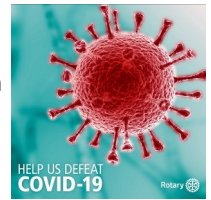
#### Donations by Rotary Clubs

Bellevue Sunrise  
Kent  
Lake Union  
Seattle Northeast  
University Sunrise

To learn more or donate visit  
[bellevuesunriserotary.org/  
rotary-scholarship](http://bellevuesunriserotary.org/rotary-scholarship)

## From Rotary International

18 months ago our world as we knew it began to rock as the public learned more about COVID-19. Rotary was no different than any other organization. We had to take a step back to visualize how we would respond.



In early March we decided to put a halt on face-to-face meetings. But in as little as two months, Rotarians worldwide were helping with support for healthcare workers, communities, and those who have underlying conditions. In June 2020, we published our initial roundup of projects related to COVID-19. Since then, our response to the pandemic have been relentless. We have used over \$27 million of grants from The Rotary Foundation to be a light in these difficult times.

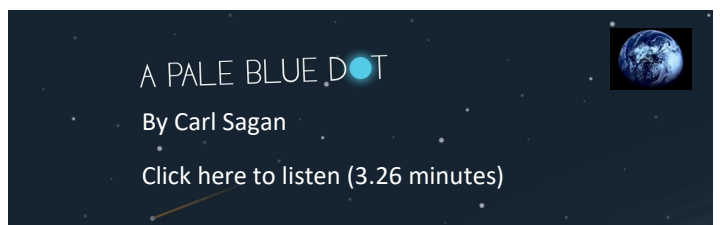
If you'd like to learn more about Rotary's efforts in the fight against COVID-19 and what you can do to help, visit: <https://on.rotary.org/3ACbl9q>



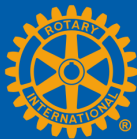
## Kent Rotary receives ShelterBox HERO recognition for Rotary Year 2021-2022.

HERO awards are sent out quarterly and reflect total club giving for Rotary Year 2021-22. When a club reaches 1,000 they become a HERO Bronze level, at 3,000 they earn Silver level and at 5,000 they are Gold level Hero Clubs. HERO Clubs are listed annually at [www.shelterboxusa.org/hero](http://www.shelterboxusa.org/hero)

ShelterBox has provided aid to over 2 million people since 2000, we could not have reached them without clubs like yours. The global pandemic has not stopped our efforts, your help has provided aid to over 17,000 households in 2021. Help us grow! Volunteer as a District Ambassador or Club Champion, learn more: [www.shelterboxusa.org/volunteer](http://www.shelterboxusa.org/volunteer)



The  
**Rotary**  
Foundation



**Doing Good in the World**



Peacebuilding  
and Conflict  
Prevention

Disease  
Prevention  
& Treatment

Water,  
Sanitation  
& Hygiene

Maternal &  
Child Health

Basic Education  
& Literacy

Community  
Economic  
Development

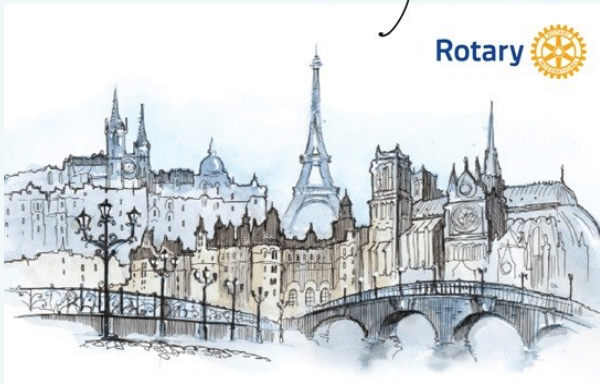
Environment



## Coming UP (Save the Date) - Clubs in ACTION!

Please join the Lake Forest Park Rotary  
for an

Evening in Paris



A Parisian cocktail party to fundraise and mingle with  
friends and supporters of the Lake Forest Park  
Rotary Club.

COCKTAILS AND HORS D'OEUVRES SERVED

Saturday, February 5, 2022  
doors open at five thirty in the evening

Civic Club

17301 Beach Drive NE,  
Lake Forest Park  
98155

### Christmas Tree sales to Fund Scholarships

[Sammamish Rotarians](#) and friends traveled to Alpine U-Cut Tree Farm in Belfair, Washington to visit with Jerry Reid, owner. Jerry has been in the Christmas Tree business for more than 30 years. He's also a Rotarian! The Sammamish members got to tour some of his 147-acre tree farm and see first-hand the tender, loving care he gives to each tree.

The Sammamish Rotary tree lot runs from November 26 to December 19 at Pine Lake Park in Sammamish. Noble, Douglas, Nordmann, and Fraser Fir trees from 4/5' to 8/9' will be available, as well as natural and decorated wreaths. More information at [rotarytrees.org](http://rotarytrees.org).



**THANKSGIVING IS A GREAT TIME  
TO MAKE A DONATION TO  
THE ROTARY FOUNDATION**

**[WWW.ROTARY.ORG](http://WWW.ROTARY.ORG)**

**Sponsor a Wreath  
to be placed in honor of our  
American heroes during  
National Wreaths Across  
America Day**



**REMEMBER** our fallen U.S. veterans

**HONOR** those who serve

**TEACH** our children the value of freedom

The Rotary Club of Magnolia is supporting Wreaths Across America, as a community service and a fundraising event. The wreath laying will take place on December 18. We are asking Rotarians to purchase wreaths for this year's National Wreaths Across America. Your \$15 dollar donation will sponsor one wreath. DONATE HERE: [Wreaths Across America](http://Wreaths Across America). The cut off date for orders is Nov. 30.

For more Information please contact J. Bryce McWalter, Rotary Club of Magnolia, 206-283-2037 or [info@magnoliarotary.org](mailto:info@magnoliarotary.org)



## Our Clubs & Rotarians in ACTION!



### West Seattle Rotary

It's been a busy fall for the Rotary Club of West Seattle through our Community Service Projects. Pencil Me In For Kids (PMIFK), in its 26<sup>th</sup> year, was a huge success again. It is a unique program where West Seattle public grade schools send in requests in June of what they will need for fall. Over \$11, 000 worth of school supplies purchased by the Rotary Club of West Seattle and items donated by Staples and the Fauntleroy Church, UCC were distributed in August.

Another project was to gather new and gently used items for [Transitional Resources](#). The Rise at Yancy Street apartments will be home to adults living with serious mental illness as they exit homelessness, hospitalization, or residential care facilities. It was a fun group of volunteers who collected all the items and helped deliver them to make sure the new apartments were ready for move-in!

Upcoming service projects include an Adopt-a-Street Clean-Up plus yard clean-up projects for local seniors.

Learn more about The Rotary Club of West Seattle by clicking: [website](#)

**Fremont Rotary** has been doing this service project for 20 years. They have a monthly sandwich making meeting. The sandwiches are split between Family Works & Compass Housing Alliance. They make them with supplies donated & purchased. Thank you to Roxy's Deli & Franz Bakeries! 260 total sandwiches were delivered.



### Free Little Libraries

By Shirley Kinsey

Imagine you are a little girl who loves to listen to your school librarian read books to your first grade class. One day, the teacher reads Mo Willem's *There is a Bird on Your Head* and says children can take it home. You love this funny book and want to take it home and read it over and over. When you ask your mom, she says, "I'm sorry, dear, we cannot check books out from libraries because if they are lost, we can't pay the fees." Now, unbeknownst to you, you are vulnerable to falling behind in reading because time spent reading correlates directly to a child's reading progress.

Knowing that if children are not reading at grade level by the end of grade 3, they have a 50% chance of being unemployed as adults and that parents in tough financial situations do not allow their children to check out library books, Mill Creek Rotary decided to give books away. Since beginning at

the Mill Creek Food Bank in September 2021, we have given away nearly 500 books in three weeks.

In addition, builders in our club are constructing Little Free Library boxes for nearby mobile home parks. We feel grateful for book donations from club members, Friends of the Library, and Susan Atlas. Our Community Service Committee fills the boxes with children's books. Upon requests, we are working toward including bilingual books. Research shows that children who read in their native language along with English achieve more in reading. These books, however, are hard to come by.

Do you belong to a club who may want to partner with us? Do you have contacts with people who can provide bilingual books? If so, please contact Shirley at [shirley.kinsey@hotmail.com](mailto:shirley.kinsey@hotmail.com).





## Rotarians Having FUN... Rotarians in ACTION!



### "No More Polio" Recap

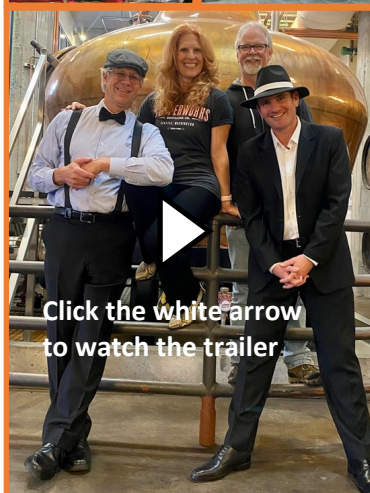
Lake Forest Park Rotarians teamed up with Lake Forest Bar & Grill to raise funds to support the eradication of POLIO. Thank you so much to the Lake Forest Bar & Grill for supporting this important cause, even though it was a rough year for the restaurant industry during these Covid times.

20% of all proceeds on the 26th of October went to END-POLIO. The event has been well supported by the Lake Forest Park community and beyond. Check it out...

[www.endpolio.org](http://www.endpolio.org)



[Rotary Club of the Pacific Northwest Ending Sex Trafficking](#) had a wonderful service project Nov. 7th. They assembled 100 backpacks filled with essentials for homeless youth.



Click the white arrow  
to watch the trailer

Bellevue Breakfast  
**Rotary**  
Club

Here comes the most  
talked about exclusive  
[Bellevue Breakfast](#)  
[Rotary Club](#) event of the  
year.

**Registration Opens:**  
**November 17th**

**In Person & On Zoom!**

**"Prohibition Classic Christmas"**  
**Friday December 17th, 7 pm**



The Rotary Club of Duvall is sponsored a pancake breakfast for veterans and their families on Thursday, Nov. 11th from 8:00 - 10:00 am at the Sno-Valley Senior Center. Rotary, with the Interact Club, cooked and served the breakfast for free to all Vets and only \$5 for friends and family of vets. (Children \$3).





**Great turnout for the first “Celebrate Community” initiative,  
Kent-area service Clubs are launching a Green River Trail clean up.**

**Celebrate Community 2021**  
Kent, WA, USA



**Participating Clubs include:**

- Kent AM Kiwanis - Meridian Kent Kiwanis - Kent Lions Club
- Key Club of Kentridge HS - Kent Sunrise Rotary Club- Kent Rotary Club
- Covington Rotary Club



**Rotary Club of Mercer Island** - Fun day cleaning up the Issaquah Preston trail, followed by an Octoberfest feast!



Saturday, October 30, brought a ray of sunshine and a group of Issaquah Rotarians to the Issaquah Post Office to work on the grounds of one of the busiest places in town. The Post Office parking lot had been an eyesore for a long time. Our Club has organized and led the effort for the past two years to help clean up the grounds by weeding, raking, replanting, and general clean up. We also encourage the community to participate – and many have. This is our opportunity to demonstrate our civic pride and show our postal workers our appreciation.



*Rotarians at work in Issaquah!*

**University Sunrise Rotary Club** (12 members and 3 friends/partners) descended on Foundations NW to assist with building Tiny Homes. This was the second volunteer outing to [Sound Foundations NW](#) by the club. The volunteers (young and old, skilled and unskilled) were all willing, eager, and able participants in the event that ran from 9 AM to 3 PM that day.

The volunteers participated in various phases of construction: component assembly (floor and walls), finishing (door/window installation, insulation, interior walls, and interior/exterior caulking), and interior/exterior painting. At the end of the day the group was able to “raise the barn” by attaching two walls to a floor assembly.

Building tiny home is now a District 5030 focus, but under Mike Bronsdon’s leadership, the University Sunrise Club was the first to volunteer.

At the end of the day, the group shared a universal feeling of accomplishment and contribution to the mission. All in all, a testament to the mission of Rotary!







*Robin Roat Chair, Patricia Chapman, Bill McElroy (PDG), Blake Messer, Howard Cohen (DG), Robin Roat (Chair), Mia Harris (Rotaract Rep)*

### Happy Rotary Foundation Month

Take a look at this month's video (link below). At the end there is room for your club's logo to be added. If you send me your Club's logo - I will replace the District's with the Clubs. Once you receive the updated video you can then put it on your Facebook page. I will be demonstrating how to maximize this video to have people donate to your Club's Foundation during this upcoming Zoom meeting Thursday at 5:30 to 6:00 pm.

<https://www.dropbox.com/s/c275dduko66xigu/Club%20Foundation%20Video.mp4?dl=0>

## Did you know?

### You Can Subscribe to the Digital Edition of the Rotary Magazine & More

- [Subscribe to Rotary magazine's digital edition](#) to receive an electronic version of the magazine.
- [Read the digital magazine](#)
- [Share your feedback](#) about the RI Magazine
- [Send a letter](#) to the RI editor
- [Get your project covered](#) by RI



Virginia McKenzie - "At the Zone Institute. Enjoyed a little backpack build session for #EmpoweredGirls. [Suzanne Seidl Griffin](#) would be pleased."



This week, several D5030 Rotarians are in Tucson Arizona for the annual Big West Institute. Next year, it will be held in Salt Lake City. It's open to all Rotarians.



DG [Howard Cohen](#) is with our future District Governors, Kae Peterson and Kaj Pedersen, while they go through training at the Big West Institute.

Here's our own District Governor Elect, Kae Peterson, with her fellow District Governors from Zone 26/27 as they graduate from District Governor training.





**GIVING TUESDAY**  
30 NOVEMBER 2021



The  
Rotary  
Foundation

November is Rotary Foundation Month, which brings many opportunities to show your support for the Foundation. Last year, the Foundation helped fund 2,066 global grants and 467 district grants. To keep up with demand, it's more important than ever to celebrate our Foundation.

One way to do this is to be active on Giving Tuesday, which is 30 November. Giving Tuesday has grown into a global movement of generosity. It's a day that empowers us to give to our communities through service, kindness, and financial support — all acts that Rotary values deeply. One easy way to celebrate Giving Tuesday is to **make a gift** (open 1st) to the Foundation's **Annual Fund-SHARE** (open 2nd or it won't work).

Another giving opportunity that begins during Foundation Month is Give the Gift of Rotary. In November and December, you'll notice materials for this initiative being shared with members around the world. This key fundraising campaign highlights the impact a gift can have and is vital to raising funds for the grants that make Doing Good in the World possible.



## Honoring Veterans

Thank you to all the veterans and community members who came out to support our clubs mission of building peace. This dinner was 100% sponsored by numerous donors. We had the opportunity to honor 30 veterans, had 55 individuals in attendance and collected 42 brand new toys for Toys For Tots!

Every veteran and community member was honored Monday night with a peace pin. These peace pins were part of the district grant that our club was granted. Our President Mia had the opportunity to explain how peace became a part of Rotary International and to showcase local veterans building peace.

Thank you to each and every Rotarian who has served in the armed forces! Thank you to all the Rotaractors and Rotarians who helped make this night one many veterans will remember!

~ Mia Harris

## COVID-19 Interesting Studies



Kaj Pedersen

Fascinating research has emerged that makes one pause for thought when it comes the Covid vaccine. (Note: Link to the study in *The Economist* link will require a free account. Easy, just click the link.) [A new study has shown that people with Covid jobs have been less likely to die of other causes](#) — although it is important to point out that this new study finds a discrepancy, but not an explanation.

It was almost a year ago that Pfizer and BioNTech announced the first promising results from a clinical trial of a covid-19 vaccine. Since then, studies from around the world have confirmed that jabs are safe and provide good protection against severe forms of the virus. Now a recent report from the Centers for Disease Control (CDC) in America has produced a novel, and even mysterious, reason to be glad for a covid-19 vaccination. The CDC data show that people vaccinated with the Pfizer or Moderna covid-19 jabs are one-third as likely to die of other causes too.

Another interesting study has also emerged regarding vaccination incentives that were focused on an estimated 93 million people who are eligible for shots but have chosen not to get them. It turns out that the incentives and public-health messages [didn't have a noticeable impact](#) among those who already were hesitant about getting the shot, new research shows.

The latter study demonstrates that quick knee-jerk responses in appealing to a baser motivator does not work with those who hold deep views on the need for the vaccine, despite that fact that these individuals are most vulnerable to serious illness from the highly contagious delta variant and most likely to carry the virus, spreading it further. In the end, we will learn how to find better approaches for engaging a population when it comes to vaccines, especially in terms of how to improve the efficacy of the vaccination rates. However, a key component to this is recognizing and dealing with the issues of trust and clarity in messaging to ensure everyone sees the broader benefit.

We all recognize that we live in choice when it comes to vaccines. The latter research on incentives indicates the complexity of engaging a community, when it comes to vaccines, is not easy as a result. Something that Rotarians are well aware of with their own campaigns involving polio and malaria as they engage communities global in the fight against these diseases. We have also witnessed the impact of successful vaccine campaigns to these same communities as they saw improvements in their economic and social development.

In many regards, these two research studies indicate that there are benefits to being vaccinated and, for those who did get the vaccine, there are further potential benefits from the choice they made. One being that they are 26 times less likely to have an adverse event from Covid, so it seems to be imminently sensible to get vaccinated, considering the benefits beyond just the Covid virus.

### A puzzling disparity

US, non-covid-related deaths among the vaccinated and the unvaccinated, per 100 person-years\*  
Dec 14th 2020-Jul 31st 2021



## Lake Union Rotary TINY HOUSE GRANT

Building Tiny Homes for the burgeoning number of homeless people in the Greater King County area is becoming a passion for District 5030 Rotarians. Around the District, Clubs as diverse as University Sunrise and the new PNW Club dedicated to Ending Sex Trafficking have built Tiny Homes at the warehouse of Sound Foundations NW. District Governor Howard Cohen is so inspired that he first purchased a nine-foot Rotary banner, which hangs in 'The Hope Factory' where the homes are built. Then, he proclaimed the Third Sunday of each month as the day Rotarians throughout our District can sign up to join the home-building team.

Lake Union Rotary, which built its first Tiny Home in June and has continued to do so each quarter since, went a step further. At a sold-out Happy Hour 4 Good in July, the Club 'raised the paddle' and, in seven minutes, secured enough donations to build a Tiny Home. Then, under the leadership of President Ruth Ann Halford, they proposed a District grant. Working from July to September, when the grant proposal was due, they secured donations from seven Clubs around the District.

Those partners include:

Lake Union Rotary	\$5,000
Seattle NE Rotary	4,000
Fremont Rotary	2,000
Magnolia Rotary	1,000
Ballard Rotary.	1,000
Lynnwood Rotary	1,000
Bellevue Sunrise	1,000
Lake Forest Park	1,000

Additionally, two individual contributors joined in for a total of \$700. District 5030 matched the proposed effort with \$9,500. After the grant was approved, Seattle International District Rotary opted in for \$4,200.

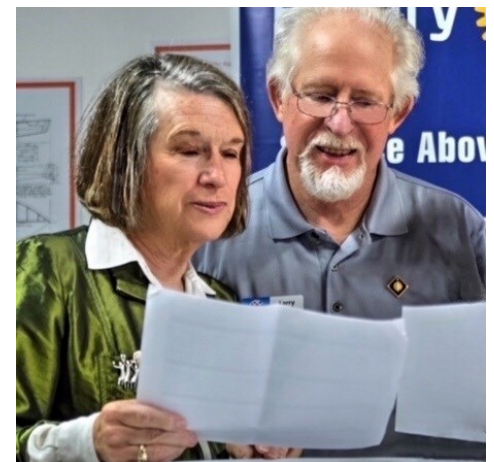
During the long run-up to submitting the proposal, the Lake Union grants team learned that Sound Foundations had secured a grant from Lowe's in which Lowe's would double funds received up to \$35,000 by the deadline of October 31. Finally, at the unexpected death of the Club's Secretary, Tom Youngs, Club members donated another \$6,425 to a GoFundMe account that will further fund Tiny Homes dedicated to his memory.



*A huge Rotary banner welcomes Tiny Homes volunteers as they arrive to build a home that will help another homeless family get off the streets this winter.*



*Chris Hansen and Jean Withers wrote the Lake Union Rotary District grant proposal.*



*President Ruth Ann Halford and Larry Logue joined the grant team to secure additional partners among District 5030 Clubs.*



## Report on use of District Designated Funds (DDF) in Rotary Year 2020-2021

**Your Rotary Grant Dollars at Work!** Our district grant's program is supported by your contributions to The Rotary Foundation's Annual Share Fund and come back to the district as District Designated Funds (DDF). In our last Rotary year of 2020-21, our available DDF total was \$144,041. Of that amount, \$143,820 was used to support a total of 62 projects! The remaining \$221 was returned to the World Fund to be reused. District 5030 awarded two types of grants in 2020-21: District Grants and Urgent Community Needs Grants. **Read on to find out more about the two grant types and about all of the projects!**

District 5030 awarded \$115,100 to 16 projects through District Grants. This program provided matching grants of up to \$10,000. In addition to this, \$28,720 was awarded to 46 Urgent

Community Needs Grants. These grants ranged from \$250 to \$750 and were driven by clubs identifying the most pressing needs in their community. We also welcomed the participation of Interact and Rotaract club projects too! Each of the projects is listed below along with, the primary club involved, the project description, the project's location, and the amount granted.

All of these great district grant projects were made possible through the generosity of your contributions to The Rotary Foundation's Annual Fund. **Remember, November is Rotary Foundation Month, please continue to support your foundation generously!**

*Respectfully submitted,*

*Jeff Brennan, your D5030 Foundation Committee Chair*

District Grants			
Club	Project description	Location	Grant \$\$
Alderwood-Terrace	Fund purchases of children's clothing for local non-profit.	USA	\$2,750
Ballard	Script, record and edit a series of 30 minute podcasts targeted at improving knowledge for Sickle Cell disease patients and health providers.	USA	\$4,500
Bellevue Breakfast	Fund delivery vehicle purchase for a community food bank.	USA	\$10,000
Edmonds Daybreakers	Provide seeds, fertilizer, and related equipment and training programs for nutrition, garden and animal raising techniques to help address food needs driven by Covid-19.	Cambodia	\$7,000
Emerald City	Provide infrastructure to support a reverse osmosis system to bring water to health clinic and residents.	Haiti	\$10,000
Kent	Fund equipment purchases to increase food handling capacity at five community food banks.	USA	\$10,000
Lake Forest Park	Provide funding for equipment and support for food and housing for homeless youth.	USA	\$10,000
Lake Union	Fund move-in kits for homeless youth transitioning to permanent housing.	USA	\$10,000
Maple Valley	Install generator at Rwanda vocational school for power and as a learning tool for generator maintenance.	Rwanda	\$10,000
Redmond	Install plumbing and fixture to bring water to buildings in an orphanage.	Tanzania	\$2,500
Renton	Support a training program for women to equip them with financial literacy skills.	Kenya	\$4,350
SeaTac-Tukwila	Supply soccer equipment to youth programs in the Somali communities of South Seattle, Tukwila, and SeaTac.	USA	\$1,000
Seattle	Support training program for clinical staff to help refugee women in Seattle recover from sexual and physical violence.	USA	\$7,000
Seattle-International District	Install solar power at a primary school and train villagers to provide ongoing maintenance support.	Tanzania	\$8,000
Shoreline	Provide equipment and supplies for remote learning classes for an emergency shelter program supporting five shelters and a day care center.	USA	\$10,000
Woodinville	Provide refrigeration unit to a student farm to help reduce food	USA	\$8,000

## Report on use of DDF in Rotary Year 2020-2021 continued...

Urgent Community Needs Grants			
Club	Project description	Location	Grant \$\$
Alderwood Terrace	Food Bank	USA	\$750
Auburn	Elk Run Farm Cooler Project	USA	\$750
Ballard	Mary's Place	USA	\$750
Bellevue Breakfast	Jubilee Reach Groceries for Familes	USA	\$750
Bellevue Eastside	Renewal Food Bank	USA	\$500
Bellevue Sunrise	YMCA Backpack Meal Program	USA	\$750
Covington	Elk Run Farm Cooler Projects	USA	\$750
Des Moines Normandy Park	Elk Run Farm Cooler Project	USA	\$750
Duvall	Snoqualmie Valley Senior Cntr Meal Program	USA	\$750
Emerald City	Beds for Kids - Seattle Police Foundation	USA	\$750
Environmental Club	Horseneck Farm Break Area	USA	\$750
Green River College (Rotaract Club)	Elk Run Farm Cooler Projects	USA	\$500
Issaquah	Mental Health Counseling for Teens	USA	\$750
Kent	Elk Run Farm Cooler Project	USA	\$750
Kent Sunrise	Elk Run Farm Cooler Project	USA	\$750
Kentlake (Interact Club)	Elk Run Farm Cooler Project	USA	\$250
Kent Meridian (Interact Club)	Elk Run Farm Cooler Project	USA	\$250
Kentwood (Interact Club)	Elk Run Farm Cooler Projects	USA	\$250
Lake Forest Park	Hunger Intervention Program	USA	\$750
Magnolia	Ballard Food Bank	USA	\$750
Maple Valley	Community Center Emergency Lunch Program	USA	\$750
Matson (Interact Club)	Elk Run Farm Cooler Projects	USA	\$250
Mercer Island	Homeless Move-in Essentials	USA	\$720
Mill Creek	Mill Creek Food Bank	USA	\$750
Northshore	Food Bank	USA	\$750
Northshore (Interact Club)	Martin Luther King Food Drive	USA	\$250
Northshore (Rotaract Club)	Martin Luther King Food Drive	USA	\$500
Puget Sound Passport	Mary's Place	USA	\$250
Puget Sound Passport	Harvest Against Hunger	USA	\$500
Sammamish	Low Income Housing Institute	USA	\$750
SeaTac-Tukwila	Tyee HS DECA Food Program	USA	\$750
Seattle	Beds for Kids - Seattle Police Foundation	USA	\$750
Seattle Center School (Interact Club)	Cocoon House	USA	\$250
Seattle International District	Homeless Move-in Essentials	USA	\$750
Seattle NE	Jane Adams Middle School Community Support	USA	\$750
Seattle University (Rotaract Club)	Bailey Gatzert Elem School Food & Supplies	USA	\$500
Shorecrest (Interact Club)	Blanket Making for Homeless	USA	\$250
Shoreline	Shoreline School District Family Advocate Fund	USA	\$750
Shorewood (Interact Club)	Hopelink Food Bank - Food for Families	USA	\$250
Snoqualmie Valley	Helping Hands - Youth Food Backpacks	USA	\$750
Southeast Seattle	Rainier Beach HS Scholars Welcome Back	USA	\$750
University District	University Heights Center Community COVID Response	USA	\$750
University Sunrise	Seattle Central College Student Fund Bank	USA	\$750
Vashon Island	Outdoor Connections at Camp Sealth	USA	\$750
West Seattle	West Side Baby	USA	\$750
Woodinville	Martin Luther King Food Drive	USA	\$750



Welcome to the  
Family of

Rotary



## New Members: Oct 1 - Oct 31

### Auburn

Elise Crick  
Eric Tilden

### Enumclaw

Philip Engebretsen

### Issaquah

Beau Pulliam

### Kirkland

Christine Bell  
Matthew Colpits  
Shellie Gehring  
Laura Loomis  
Paul Reyes

### Lake Forest Park

Paul Sanford  
Terry Smith

### Mill Creek

Vinny Cristenson

### Northshore

Drew Holes  
Kyle Walderhaug

### Redmond

Kate Atvars  
Whitney Meissner

### Sea-Tac/Tukwila

Kaz Kazuo  
Jan Bolerjack  
Mohamed Dheere Egal  
Lori Hairston

### Seattle Northeast

Judy Kuguru  
Nu Truong  
Ming-Ming Tung-Edelman

### Snoqualmie Valley

Brandon Gooch  
Kris Natarajan

### University District

Dieudonne Mayi  
Jim Rechten

### University Sunrise

Sue Diehl

### Vashon Island

Donald Furman

### PNW Ending Sex Trafficking (New Club)

Jennifer Harris  
Jim Fuda  
Virginia Gleason  
Michael Shaler  
Nancy Short  
Kelli Stone  
Erik Bauer  
Taylor Cline  
Rebekah Covington  
Carl Cox  
K'reisa Cox  
Shaunessy Joes  
Megan Malcolm  
Kelly Maniaracina  
Virginia McKenzie  
Julie McNamara-Dahl  
Susan Min  
Penny Moyer Cross  
Marshall Partington  
John Raybar  
Scott Robertson  
Sarah Schmitt  
Karen Sharp  
Susanna Southworth  
Barbara Strachan

Remembering the many Members of Rotary  
no longer with us this New Rotary Year.  
Thank you for your service...



### **Guy Falskow**

12/4/1930 - 10/11/2021  
University District Rotary  
PHF - Paul Harris Fellow



### **Don Persson**

1942-2021  
Renton Rotary  
PHF - Paul Harris Fellow  
Past President



### **Tom Youngs**

1944-2021  
Lake Union Rotary  
PHF - Paul Harris Fellow  
Past President

