

Rotary District 5030 Newsletter

March 2019



Peace and Conflict Prevention/Resolution

Alan Merry District Governor



We are pleased to announce that arrangements have been made to view the Saturday Plenary Sessions featuring Rotary International President, Barry Rassin and World Leader Bill Gates, for our Joint District Conference!

Both events will be simulcast into the Spokane Convention Center's Conference Theater. Tickets for this unique opportunity are \$125 and include admission into Sunday's breakfast plenary!

I strongly recommend that you will enjoy your Conference experience even more by staying at Spokane's Centennial Hotel which has a special rate of \$124 per night! Register for the simulcasts, and for your hotel by selecting <u>https://www.cometogether2019.com/</u>.

I hope to see you there as there is so much to celebrate this Rotary Year!

March is Water and Sanitation month in our Rotary world.

One of the most gratifying aspects of serving as District Governor is the ability to approve the distribution of funds for District 5030 Global Grants. This is an incredible opportunity to understand the tremendous impact that we Rotarians have in the world!

Here are three examples of grants focused on Water and Sanitation that originated from clubs around here. The clubs listed below were the primary sponsors of these projects; each also had partners that ensured that most of us had some piece of the action:

Lake Union Rotary: This is Rotary Club of Addis Ababa West and Lake Union's fourth project together to deliver clean water, hygiene education, and sanitation for children in Addis Ababa. Through this Global Grant we will benefit approximately 5,600 students and staff in the poorest government schools.

RBBC: The grant will provide safe drinking water and sanitation training for the people in Haiti in the Moustiques region of NW Haiti. The project will take water from a newly capped spring by gravity to 14 villages downstream from the source. These people were drinking from a polluted river where cholera is present. Federal Way: Construct 132 Ecological Dry Composting Latrines in households in Districts Ecologico Subcentral Surutu Antacawa and Espejitos in rural Bolivia, complemented by training focusing on excreta disposal through proper latrine use, hand washing, food preparation, and consumption, and safe water practices.

Keep it up Rotarians! We truly are a worldwide organization!

Meanwhile, it is appropriate to call the next few months of the District 5030 2018-2019 Rotary year the period of Blood, Sweat, and Celebration! Thanks to a bunch of hard-working Rotarians, we can show our friends and neighbors how we embrace "Service Above Self."

Blood represents the Blood Drives our District 5030 will be holding in conjunction with Bloodworks NW. The drives are scheduled for April 2 at the Snoqualmie Valley YMCA, April 6 in Bellevue, April 12 in Issaquah, April 15 in downtown Seattle, April 22 in Edmonds, and April 27 in Auburn.

Please make your appointment by either visiting <u>schedule.bloodworksnw.org</u>, calling 800-398-7888, or downloading the Bloodworks App by texting "bloodapp" to 91985. Mention or search for the Rotarians Bold for Blood Group to make sure that you are part of our commitment to save some lives in our community. Thanks to Beth Tesh, <u>teshb@comcast.net</u>, Blood Drive Coordinator, and to all of the Club Champions who have stepped up to maximize their Club's participation!

Sweat signifies the hard work we will be doing to Clean up the Interurban Trail on April 13. Our District Project Chairs, Sora Moon, <u>soramoon90@gmail.com</u>, and Devon Ahud, <u>devonahud@gmail.com</u>, have split the trail into sections that are awaiting the special touch of District 5030 members. Thanks again for the Club Champions who will inspire their Club Mates to make our Interurban Trail spotless!

Celebration? 750 people taking pride in Rotary in Spokane from May 16-19? Count me in!

Your club, and your service have inspired me throughout the year! I hope that we can celebrate our successes somewhere down the line. Please stop by and say hello! I would love the opportunity to thank you for all that you've done this year!

Yours in Rotary Service,

~ Alan



May 16, 2019 - 8:00 AM thru May 19, 2019 - 3:00 PM Spokane Convention Center 334 W Spokane Falls Blvd Spokane, WA 99201

www.cometogether2019.com

Theater Seating\$ 125Rotarian Registration (SOLD OUT)Rotaract/Interact, etc. (SOLD OUT)

REGISTER HERE

Book your room at The Centennial Hotel Spokane

HOTEL RESERVATIONS HERE



Some Things to Enjoy at the District Conference

THURSDAY MORNING—Golf Tournament

Conference participants, and even those who aren't, may still sign up for our Joint District Golf Tournament on May 16! Starting at 8:00 a.m. duffers of all skill levels will hit their dimpled ball at and around the exclusive Kalispel Golf and Country Club. The four-person scramble format tournament will feature on course contests, games, raffles and prizes. Join us by touring <u>https://secure.perfectgolfevent.com/</u> <u>eventweb/7542/</u> today!

THURSDAY AFTERNOON—Wine on the Deck

Enjoy wine from several Eastern Washington wineries. When you register, indicate that you'll be attending this event. More information to follow.

FRIDAY MORNING—Volunteer Project

This hands-on food packing event will benefit Spokane Second Harvest.

FRIDAY NOON—Conference Opens

The 2019 Joint District Conference kicks off with a lunch plenary session featuring Angelo Lombardo as our keynote speaker. Excellent breakout sessions all afternoon. More information to follow as the conference takes shape.

SATURDAY—A Day Filled with Inspiration

The day starts with a 5k in Riverfront Park followed by sessions to inspire including keynote speakers Minda Dentler, an award-winning athlete who has overcome enormous obstacles to succeed; Barry Rassin, Rotary International President; and Bill Gates of the Bill and Melinda Gates Foundation. A day you'll never forget, be sure to register now before tickets sell out!

All conference updates posted on our Facebook page!



Tickets now available for Issaquah Rotary's 13th Annual Grape Escape. Many attendees return annually for a festive community event with great food and beverages. Experience tastings from 15 wineries, 5 distilleries, and a brewery. Savor tasty small bites from 10 local restaurants and food vendors.

Bid on great items at the silent auction. Purchase wine and spirits. As this is a fundraiser for a non-profit no sales tax is charged on liquor purchases. Must be 21 to attend. Tickets are \$45 and can be purchased online at

<u>www.lssaquahrotary.org</u>. The website lists participating wineries, distilleries, and restaurants.

The Grape Escape proceeds benefit the Issaquah Rotary Foundation which supports many local social service non-profits and scholarships for local high school graduates.

Special Offer for ALL of Our Clubs!

We're getting ready for the big <u>Come Together 2019 Joint</u>

<u>District Conference</u> in Spokane in May and want to tell you about a special project. All of the clubs attending the conference will have a large flag made and 100 or more of these will circle the convention center in Spokane. Clubs can order one or two of these large promotional flags at cost – <u>over 50% less than what</u> <u>you will find online</u>. The flags will be displayed at the conference and on Sunday, your club can take your flag home for use at your own events in the future where you want to look great and use the current Rotary brand.

Cost of the flags are \$180 each and measure nearly 2.5' by 15' tall (see attachments). This two-sided flag features *Rotary: People of Action,* with your club name imprinted on both sides and includes the ground stake. We just need to know the name of your club to imprint on the flag (brand name is better, e.g., Shoreline Rotary vs. legal name, The Rotary Club of Shoreline), who in your club receives the invoice, and the number of flags requested.



Time is short. The absolute deadline to have all flags ordered is <u>April 10</u>, so please don't delay.

We're excited to offer this great deal to your club and hope to hear from you soon!

Rotary Trip to Nepal, Fall 2019

Bellevue Rotarian Rob Rose will be leading a 16-day adventure tour to Nepal this fall, in partnership with Global Family Travels, departing Seattle on October 29 and returning November 13. You are invited to join Rob on this amazing journey, where you'll learn about the culture and history of Nepal. Plus, you will also have an easy trekking experience with spectacular views of the Himalayas, as well as several life-affirming volunteer experiences with children with disabilities.

Testimonials from some of the 2018 trip participants:

Very rewarding and treasured lifetime experience. I went with no expectations and found that everyday was uniquely meaningful. The kindness, respect, caring, and genuineness that I observed of a very ethnically diverse Nepali people left an indelible imprint on me. Spending time with "differently-abled" people gave me lasting insights into a world I would never have know otherwise. Experiencing the beauty of Nepal, particularly the Himalayan Mountains was the 'icing on the cake' of this trip for me. — John Lee

If you're considering going with Rob to Nepal, I suggest you stop thinking about it and just do it! We had an amazing adventure. We met so many warm and caring people, and we gained a totally new perspective of our world and the people in it. The opportunities to learn about the Nepali culture and get involved with local non-profit organizations are so enriching. — Armen & Lori Stein

This was the adventure of a lifetime. The Nepalese people are so

kind, caring, and welcoming ... it was so wonderful to be exposed to Nepali culture. I want to see so much in this world but I feel like I have to go back to Nepal. — Claudia Hansen Traveling with TRIFC to Nepal is in one word: EXPERIENTIAL. The team they have working together have the trip down to a science. — Graham & Vicki Calder

Please contact <u>Rob Rose</u> (Ph 425.985.3176) if you are interested in the trip, want additional information, or if you have any questions.

Is traveling to exotic Kathmandu, Nepal, on your personal "bucket list"? Watch this short video where four Bellevue Rotarians share their Nepal trip experiences:







Effective Feb 2, 2019 The Russell-Hampton Company and National Awards4U have joined together under the Russell-Hampton brand, bringing together over 130 years of combined experience and a total of 6 generations of Rotarians serving Rotarians.

As always, they look forward to serving you with the highest quality Rotary merchandise and customer service along with continued innovation in product selection. "We're not the best because we're the oldest, we're the oldest because we're the best!" For more information see bestclubsupplies.com/na.asp



Mar Brettman from Businesses Ending Slavery and Trafficking spoke at Seattle City Rotaract Feb. 22nd.



Lake Union Rotarians Tie the Knot

It was February, the month for lovers, and Love was clearly in the air at the Lake Union Rotary Club. At our fellowship evening on February 21, we celebrated TWO weddings. Al Raymond (our oldest member at 86!) married his sweetheart Mary on December 29 at Bayview Manor where they were both living.

In January, Lexie England, one of our youngest members, married her fiancé Victor at a ceremony in Mexico.

We celebrated both couples with a buffet, champagne, & love-themed games, with all the prize items donated to YouthCare.

BOLD FOR BLOOD

BLOODWORKS NORTHWEST

and

WTG Vashon Rotary!

It's neat to see the district



promoting the blood drives. Vashon Rotary is in year #10 now of hosting a bi-monthly drive on our island.

The club president who started this is still in the club, but our champion who organized the drive for ten years just dropped out. We're looking for a new coordinator; we have no intention of dropping the project unless no one will pick it up. ~ Jan Milligan, Vashon Rotary



Meet the new Bloodworks App. Lifesaving power in your palm.

Sign up to give blood wherever, whenever. Personal profile and alerts help you see where you're needed. And how many people you've helped. It only takes a couple taps to make a difference.

Putting the **Bloodworks App** on your phone will help us track how many Rotarians are donating. Make sure to join the Rotarians Bold For Blood Group.

Go to BloodworksNW.org or text "bloodapp" to 91985 and download the app!



Larry Shaw, Director **Community Engagement**





PLEASE JOIN US





Polio Update by Steve Crane

End Polio Night at the Mariners, July 3, 2019 <u>mariners.com/polio</u>



Specially priced tickets for Rotarians are now on sale for End Polio Night. Go <u>www.mariners.com/polio</u> and use polio as the promo code to see the selection of discounted seats the Mariners have set aside for us. For \$25 seats, \$11 will go to PolioPlus. \$14 from each \$45 ticket sold will benefit PolioPlus. The Bill & Melinda Gates Foundation will match these donations 2:1. Please publicize this special evening. The pre-game program will feature a video on the big screen and the first pitch by John Matthews to District Governor Alan Merry. Use the poster with Mitch Hanniger the Mainers created for us by downloading it from the website. Please send any questions or ideas for promoting this event to <u>craneintl@aol.com</u>.

Fundiing for the global eradication campaign continues to be a challenge. \$3.7 billion is needed through 2023 to vaccinate over 400 million children in up to 60 polio affected/at risk countries; to support over 150,000 tireless health workers; and to sustain essential disease surveillance activities. To help fund Rotary's campaign contributions, RI will ask Major League Baseball to plan End Polio Nights similar to ours on one night during the 2019 season at all their games.

Country	Mar 6	Year End			
	2019	2018	2017	2016	2015
Afghanistan	2	21	14	13	20
Pakistan	4	12	8	20	54
Nigeria	0	0	0	4	0
Global Totals	6	33	22	37	74



Edmonds Rotary: Awesome member Randy Hutchins (along with Elise Hegrat, not pictured) loading up the truck for another Kids in Transition packing party. Our club is partnered with some great community supporters. <u>https://www.edmondsrotary.com/</u>

Ezra Travels to Ethiopia with RI President Barry Rassin



Celebrating Rotary day in Addis Ababa, Ethiopia with RI President Barry Rassin. The local clubs, Rotaract and Interact show casing their impressive projects.



Ethiopia recognized as polio free - in recognition of its polio free status since five years, the Rotary International President Barry Rassin presented a prestigious Testimony Plaque to the President of the Federal Democratic Republic of Ethiopia H.E. Sahlework Zewde at a ceremony held in the palace where the Ministry of Foreign Affairs and Senior Rotary officials were present.



Books for Schools in Kenya

Working with Books for the World and clubs in District 5020 and 5030

By Judy Ginn, Rotary Club of Mercer Island

I'm asking for your help in getting books to rural Kenyan

students. I've been to Kenya three years in a row working on a Global Grant teaching Kenyan teachers to teach with methods that engage students, as opposed to lecturing. It was very rewarding and put me in a number of rural schools. The kids are eager. The teachers are dedicated. English is the language of instruction although it is the students' second or third language. I didn't see even one functioning library. I saw this sign outside a Kenyan High School.



Library at the same school and one of the better books in a Kenyan Primary School.

Three ways you and your club can help get books to Kenyan kids.

- Gather books preschool through high school. Work with your Rotaract and Interact Clubs to hold book drives in schools, businesses, churches, community centers this spring.
- Donate to cover packing and shipping costs. We need at least \$7,000 per container. It costs about \$300 per pallet which is 24 boxes of books. The container will stay in Kenya to become a library, community center, health center, etc. (Estimated cost is \$21,000)

• Help pack books at Northwest Harvest on <u>August 3</u>. We will need MANY hands.

A fellow Rotarian in District 5020 is rallying his district. We are working with **Rotary Books for the World** because of their expertise and they do not pay bribes. In addition to school libraries, the First Lady of Taita Taveta County (like US States) wants to start a bookmobile for villages scattered throughout the hills. Hifadi Africa wants to start the first library in Baringo County. The need is real. Books for the World has more requests than books available. Want more information? Want to help? Want me to talk to your club?

Please contact: Judy Ginn - Email: rjginn@juno.com Phone: 206 232-7527 - Cell: 206 280-2406

Edmonds Rotary's Project in The Gambia

Four members of the Edmonds Rotary Club left Seattle on February 1st and flew some 30+ hours to The Gambia. The purpose of the trip was to identify a site in the remote area of the Central River Valley for a "pure" science lab. This crucial component for the Secondary Schools does not currently exist, effectively cutting off access to college or even high school graduation, as this science lab work is required for both.

Upon arrival, the club members immediately set to work meeting with the Governor, Permanent Secretary, The Ministry of Education and other district 5 officials. Literally every person they encountered embraced this project warmly and enthusiastically. They came away with a MOU (Memorandum of Understanding) from the Permanent Secretary pledging the Government's support in this work. We are also partnering with the Rotary Club of Brusubi, who will be closely monitoring and helping us assess the project as we move through the process.

There were some pretty strict parameters that the choose school had to meet; A competent involved principal, good staff, a clean school, strong community support and a central location with many "feeder" schools were just a few. We had hoped to find a site that already had a building to renovate, but in the end, that was not the case. We found literally everything we wanted in our chosen site - Niani Senior Second School on the North Bank. Principal Lamin Juwara and several of his staff gave an impassioned appeal for their school, and we were so happy to choose them for this project.

Every single school we visited (all 9) had a list of needs; fencing, water, solar power, furniture, books and other supplies. Our hope is that as we spread word of our project, other clubs will join us in helping not just with this science lab, but some of these smaller projects as well.

We are looking for other Rotary Clubs, NGO's and community organizations to help us raise the funds to make this dream a reality. Members of our team will be happy to come to any club or business to make a presentation, just let us know if you are interested in hearing more about our work.

For more information, or to schedule a presentation, please contact Maggie Peterson: <u>Mag2Teach@comcast.net</u> or 425-308-4013

Photos: Team Members Maggie Peterson, Beth W. Kealy, Randy Hutchins and Lamin Manneh Niani School Principal Lamin Juwara









DACdb Workshop: The Next Level SATURDAY, MARCH 30, 2019 9:00 AM—Noon

DACdb is a powerful communication tool and we'll cover just how your club can get more out of it. It is also a great place to store documents that are now spread out with various members. Don't lose track of important information again!

Secretaries, Presidents, and club members alike will find this a valuable workshop to attend. Bring your own computer, tablet, or phone to access DACdb while in class, or not – your choice! The huge projection screen is easily seen even from the back of the room. Please bring a power cord if you feel you will not have enough battery-power.

Here are some of the topics we'll cover:

- Committees and how to use them.
- Pmail and Ptext one, or all, with ease.
- How do I use the Calendar for my club meetings and activities?
- Using the Files function effectively
- Basics of the Engagement module.
- How do I Bring your questions, there will be some Q&A time!

Here's how to register for the workshop:

- 1. Log in to DACdb and choose the District tab.
- 2. Choose Calendar icon.
- 3. Scroll down to find March 30, 2019, where you'll see DACdb The Next Level.
- 4. Select "Register Now" twice!
- 5. Your name will automatically be filled in, so now just select Continue
- 6. Fill in your club position.
- 7. Choose Proceed to Confirmation, and then choose Confirm Selection.
- 8. You can now just return to DACdb.

Questions or concerns? Email Kay Cook at <u>rotary@jcook.net</u> Becca Palm at <u>beccapalm.rotary@yahoo.com</u> Valerie Claypool at <u>247EventsNW.com</u>

Location: Embry-Riddle Aeronautical University 1000 Oaksdale Ave SW Suite 110 Renton, WA 98057





District Conference Registration

www.cometogether2019.com

REGISTER HERE

HOTEL RESERVATIONS HERE



RI Districts 5080 & 5030 *'Come Together'* Conference Golf Classic



Kalispel Golf & Country Club Spokane, Washington



DG's Alan & Bev invite you to join your fellow Rotarians for our '**Come Together'** Conference Golf Classic at beautiful Kalispel Golf & Country Club on **Thursday morning, May 16th, 2019** to kick-off our 2019 Joint Rotary Conference in Spokane!

A great morning of fun, golf and fellowship, with all proceeds benefitting Polio Eradication!

Pacific NW P.E.T.S. Rotary () The Premier Club Leadership Event

The PNW Presidents-elect Training Seminar is the largest and one of the oldest multi-district PETS. PNW PETS is a joint effort of the nine Rotary districts in the Northwest area of North America. This large area includes the states of Alaska, Oregon, Washington, parts of Idaho and California, the Canadian province of British Columbia and the Yukon Territory. PNW PETS is managed, prepared and conducted by a PETS Operating Committee composed of the District Governor-elect and a Past District Governor representative from each participating District. Consisting of well known exceptional speakers, informative workshops, detailed district training sessions, fellowship and networking. The basic purpose of our PETS is to have the best prepared, most enthusiastic club presidents in the Rotary world. Over 550 Presidents-elect attend annually and leave well prepared to carry out their Rotary duties. To learn more visit these sites: Website: www.pnwpets.org Facebook: https://www.facebook.com/PacificNorthwestPets/ Pictures of PETS: https://www.facebook.com/PacificNorthwestPets/ Pictures of PETS: https://adobe.ly/2UaRdwf.



Top Left: Rosemary Barker Aragon, PDG (PETS Operations Committee Chair), Lisa Latchford (Opening Song), Dave Spicer (PE), Jean Withers, AG - Bottom Left: Rick King, (RI Past President and Keynote Speaker), Mark Maloney (RI President-elect), Kim Moore (PE) and Cathy Gibson, DGN.



Music Mends Minds

As the photo indicates, I was invited by Alex Hopkins to exhibit Music Mends Minds at the PETS conference/training, Feb. 22 and 23 at the DoubleTree hotel in SeaTac. Through

this booth, I was able to give more the incoming Rotary presidents handouts on the history of Music Mends Minds, current research on the efficacy of music therapy on neurodegenerative patients and their caregivers and tote bags to carry all their materials.

In addition, I submitted my application to DG Alan Merry for Music Mends Minds to be considered as a District 5030 Project. He replied, "We have received all that we need. Marilee and I will be talking soon about our District 5030 Business Meeting at the Conference. Rest assured, you will be part of our discussion of District Projects."



C ShelterBox Corner

Harrowing images of the devastation from Cyclone Idai in Beira City, Mozambique shared with us by <u>Rotary District 9210</u> District Governor Hutchson Mthinda. People huddled on rooftops



waiting to be rescued. A ShelterBox Response Team is on the way to Malawi to assess how we can best support families in need. <u>See More</u>





This ship will be sailing in to the Hamburg harbor.

Register Now for the Rotary International Convention in Hamburg, Germany. June 1 - 5, 2019 www.riconvention.org/hamburg

Kent Rotary

The Rotary Club of Kent recently honored its Students of the Month for February, spotlighting Kent-Meridian High School.

Joining Rotary Club President Don Gregory, second from the left, and Club Scholar Chair Kim Walley, far right, at the ceremony were: Breanne Devlin, K-M assistant principal, far left; Trey Cooper (math and science) and Hajer Dahi (career and technical education).



From Rotary First Harvest

A huge thank you to all who came out to Hearts & Wine 2019 on Friday night. You helped make it the best one ever! Friends were greeted, great food was eaten, exciting items were auctioned, and best of all, many hungry people will now be fed.

~ David Bobanick

FBI Honors Founder of Puget Sound Area Nonprofit, Kids Without Borders

Son Michael Pham Empowers Children to Help Other Children, Locally and Internationally

The FBI's Seattle Field Office selected Sammamish, Washington, resident Son Michael Pham for its 2018 Director's Community Leadership Award (DCLA). Every year, each FBI field office honors a person who has demonstrated outstanding contributions to his or her local community through service.

As a 2006 graduate of the FBI Seattle Citizens Academy, Mr. Pham has been a longtime supporter of law enforcement.

On February 27, 2019, in a ceremony at the FBI's office in Seattle, Special Agent in Charge (SAC) Raymond P. Duda congratulated Mr. Pham. In May 2019, FBI Director Christopher Wray will present Mr. Pham with the 2018 DCLA award in a ceremony at FBI Headquarters.

"Son Michael Pham is connecting communities in Washington State with each other and with the world," said SAC Duda. "The FBI applauds Mr. Pham's dedication to teaching children to embrace diversity and care for those in need. The Seattle Field Office is honored to announce his selection as this year's Director's Community Leadership Award recipient for the state of Washington."

A Vietnam War refugee, the generosity and care of Chicago community church members profoundly impacted Mr. Pham when he arrived in the United States in 1975. Mr. Pham has dedicated his life to extending the kindness he experienced to others by championing causes for improving the lives of children, both locally and internationally.

As a member of Rotary International, Mr. Pham embodies the organization's motto, "Service above self." Mr. Pham actively supports charitable programs of the University District Rotary Club that serve the Puget Sound region and international communities. He also facilitates donations to the Tukwila Children's Clothing Bank and Seattle Ronald McDonald House, as well as local refugee communities. In addition, he serves as an advisory board member of the Asia Injury Prevention Foundation, which worked with Vietnam lawmakers to create a children's motorbike helmet law.

Mr. Pham creates opportunities for young people in the Puget Sound region to experience the power of charitable giving through his nonprofit organization Kids Without Borders. For example, he coaches them on how to run donation drives for supplies to address hygiene and clothing needs of other children. He believes strongly that by empowering children to help other children, they will begin to recognize more similarities than differences in each other.

The mission of Kids Without Borders is to inspire and involve youth in service to others in their communities and worldwide.

Mr. Pham originally launched Kids Without Borders as a school service project for students to sort clothes and donated items for Puget Sound area children.

Today, the organization supports and works with children in more than 30 countries, and has an international volunteer base.

Through Kids Without Borders, Mr. Pham mentors and partners with local high school students to organize the annual Hope Festival, a year-round service project helping homeless and low income people. In addition, Kids Without Borders partners with the Seattle-based group called The Marah Project, which supports and educates kids, parents, and the public about the disease of addiction. The Marah Project also supplies law enforcement with Narcan, a life-saving drug for opioid overdose.

Mr. Pham's accomplishments and service extend even further beyond the Puget Sound community through his work with Kids Without Borders and other organizations. His involvement with initiatives to improve the safety and wellbeing of children in the global community includes:

- Mentoring Vietnamese orphaned teenagers, encouraging them to pursue career and educational goals, protecting them from being victimized by poverty, trafficking, and sexual exploitation, through the Teach Me to Fish program.
- Supporting the needs of several orphanages in Vietnam by providing medical supplies, volunteers, and other resources several times a year.
- Providing wheelchairs to children in Vietnam in partnership with Rotary International.
- Traveling with volunteers to Vietnam on yearly "HumaniTours," in which participants engage in service projects such as visiting orphanages to provide supplies, learn about the country's history, and experience Vietnamese culture.
- Working with Make Agent Orange History, advocating for the U.S. Government to eradicate remaining traces of the military -employed Vietnam War herbicide Agent Orange that are still present in Vietnam.

For the countless ways that he positively impacts the Puget Sound and international communities, the FBI honors Son Michael Pham with designation as Washington State's 2018 DCLA recipient.



Seattle Special Agent in Charge Raymond Duda presents Son Michael Pham with the Seattle Director's Community Leadership Award.

YOUTH SERVICE NEWS - March 2019



RYLA, YOUTH EXCHANGE & INTERACT ROTARACT ROTARY

Rotary Youth Exchange

Not long ago, on March 2, District 5030 held the first of three orientations for the 2019-2020 Outbound Exchange Students. We are sending 6 students to the summer program and 4 to the long-term program from the Rotary clubs of: Bellevue with 3 students, Bellevue Breakfast with 1 student, Covington with 1 student, Renton with 1 student, Shoreline with 3 students and Vashon with 1 student. These clubs will also host our Inbound students who will arrive for their exchanges in July and August.

These countries are hosting our students: Chile, France, Germany, Italy, Spain and Switzerland. This photo was taken at the orientation. Privacy concerns dictate that I can't identify the students by name, but some are Inbound and some are Outbound. These are outstanding young people who will become outstanding world citizens and Rotarians.

Why don't you ask your club leadership to get involved with Youth Exchange? It will energize your meetings and activities and bring down the average age in the room. Seeing young faces at the table gives all of us sense of the possible.



Rotaract - Keepin' Busy

We continue to be proud of our district's Rotaract clubs and of our district Rotaract team. Here's a list recent and planned activities published by DRR Arielle Howell. As you can see Rotaract is very active!

2/28	Winter President's Summit at 6 pm
3/2	Beacon Hill Food Forest Work Party (10 am - 2 pm)
3/13	World Rotaract Week Dodge Ball Tournament
3/16	Beacon Hill Food Forest Work Party (10 am - 2 pm)
3/29 - 3/30	Build tiny houses (Deadline to RSVP 3/25)
4/1	Send in upcoming president's info
4/12 - 4/13	Paint tiny houses (Deadline to RSVP 3/25)
4/13	District Wide Urban Trail Cleanup
5/16 - 5/20	District 5030/5080 Joint Conference

And don't miss the Rotaract break-out sessions at the joint District 5030/5080 Conference, <u>Come Together https://</u>www.cometogether2019.com/. They're gonna be great!

Interact - Shorecrest High School Interact Club

The Shorecrest High School Interact Club, sponsored by Lake Forest Park Rotary, is known in their community as the people to call if you need volunteers. Their members love to give back to the community through Rotary events such as the Rotary Auction and the Giving Tree.

Aside from Rotary-led events, the club has their own projects, such as a brunch at the Ronald McDonald House with help from Rotary and many visits to Mary's Place to donate handmade blankets to the children living at the shelter. They have also made visits to Tent City to donate supplies and talk to people living there in order to further their knowledge about the homeless crisis.

In addition, the club volunteers at various community events, including the Shorecrest Unity Festival, the Shorecrest Big Band Swing Dance, tree planting and park cleanup events, Briarcrest's Heritage Festival, Brookside's STEM Night, Hunger Intervention Program packing parties, and any other local events that they are needed at.

Shorecrest Interact Club Officers



RYLA NW

By the time you receive this newsletter, RYLA NW 2019 will be history. From March 7-10, check out @RYLANW on Facebook and @RYLANW50205030 on Twitter for live updates. More than 110 High School students from throughout Western Washington will return to your communities ready to continue their leadership development and contribute to the community. For those clubs that have sponsored participants, make sure to invite your attendees to a club meeting to share their experiences. Consider asking your RYLA Participants what their most meaningful take-away from RYLA 2019, what did they hear, and how are they committed to turn their lessons into action. If you or your students have comments or questions about their RYLA experience, please contact the RYLA planning committee at <u>RYLAconference@hotmail.com</u>