

Meet Sarah Mackay

Introduction by John Steckler

Our Newest Rotarian has more energy than she knows what to do with. Please welcome Sarah McKay, who joins us today under the classification of: Energizer Bunny!

Sarah was born in Dallas, Texas, and she is a Texas girl through and through. She loves horses, fly fishing, and the great outdoors. At the age of seventeen, her parents moved to Seattle and enrolled her into what she lovingly called, HOT TUB HIGH! We, of course, know it as Bellevue High School. After graduation, Sarah went to Colorado State College where she met the love of her life, Ian.



It was like a Hallmark movie, Ian was standing beside the road, petting a horse with a fly fishing rod in his hand, and Sarah was rollerblading by and immediately fell in love. First with the horse and fly fishing and then with Ian!

After college, she had a stint at the Seattle Art Museum as she was working her way up to become a curator, but then she decided to run away with Helly Hansen and go sailing for three years with New York Yacht Club Americas Cup Team.

After that, Sarah decided to leave the business world in order to focus on raising their two sons, Quinn, age 16 and Ryder, age 14. She told me they had to come up with a name quickly for the second one because they had decided on the name, Henry, but when he was born, he didn't look like a Henry, so they decided he looked like a Ryder.

Wow! That kid came this close to being named: Winston Churchill Mackay!

When she decided to return to work, Sarah reinvented herself. She went back to school and got her master's in Communications and Leadership. She quickly got a job at KIRO radio working for John Curley as his producer and auctioneer assistant for four years.

In 2014 Sarah started her own company and pursued her passion for research and public speaking. She is about to launch her own podcast called, "The Lens" where she interviews many colorful and intriguing individuals. Look out, she might ask one of you to do an interview.

Currently, her path has led her to Dale Carnegie, where she has found a calling that allows her to utilize her skills as a trainer, helping people in business develop their leadership skills.

Sarah is actively involved in the community with numerous nonprofit organizations. She is also a global citizen having traveled to Peru, Nepal, Haiti and is planning on going to Africa this fall.

She is proposed today by two great Seattle 4 Rotarians, Heather Fitzpatrick, and Paul Hepner. We thank them both for bringing Sarah into our club.

Sarah lives her life with the following commitment:

She seeks to understand all those she meets, for when we understand each other, we understand ourselves better.

Please join me in giving a warm Seattle Rotary welcome to our newest Rotarian, Sarah Mackay, Classification....Consulting – Leadership Development.