



# Bridges

Team Rotary's Connector

November 2016

Monthly Newsletter of Rotary District 5030



Bo Darling  
District Governor

## Rotary International's Special Observance Month Rotary Foundation



Montlake Bridge



### Bo's Message

Let's focus on our FOUNDATION this month, and how Rotarians truly ARE "Serving Humanity". Please note the excellent articles by Mike Montgomery and Jeff Brennan--and be even more proud to be a part of this altruistic organization. 5030 Clubs are recognizing the 100<sup>th</sup> Anniversary of The Rotary Foundation during 2016-2017 and we will honor all our work at the District Conference in Portland.

District 5030—you have shown your colors!  
You are coming to the Socials in full force!

And you are bringing guests: family, friends, possible new Rotarians. Thank you for supporting the Picnic, the Hydroplane Museum, and the Oktoberfest! (and much obliged to Jessie Perkins for this one) These have all been well attended, successful events --and there will be more to come. It is definitely heartwarming to see so many from Clubs around the District—not only having fun, but also sharing Club challenges as well as Club projects and activities. Each time I hear someone say "Well, I just learned something."

It is rather confusing: I noted Christmas items in the stores right after school started! Don't be fooled into rushing through these Holidays. Enjoy the last leaves of Summer and join me in being thankful I am a Rotarian.

Bo Darling, DG

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### Links

[District 5030 Website](#)  
[D5030 Facebook Page](#)  
[District Conference Website](#)  
[District Conference Registration](#)  
[District Private LinkedIn Page](#)  
[DACdb](#)  
[RI Website](#)  
[End Polio Website](#)  
[Rotarian Malaria Partners](#)

### The Bridge Deadline

#### Articles & Club Ads

Send to: [carmamckay@gmail.com](mailto:carmamckay@gmail.com)  
 Deadline: 25th of each month.  
 Submit text in the body of an email or as a Word.doc. Ads need to be in .jpg format.

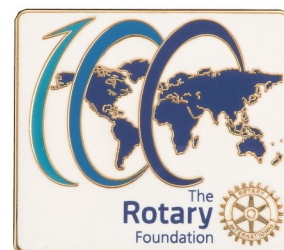
## The Rotary Foundation – Magnificent!

One hundred years ago, RI President Arch Klumph proposed an endowment that would "do good in the world." The Rotary Foundation was born! ~ So... how are we doing in that "doing good" business? In a word, **magnificent!**

A recent Global Grant Worldwide Report, lists 1,112 Global Grants (min. budget of \$30,000) approved in the last 14 months... an average of 17 Global Grants per week, year after year, after year. Imagine what that means! Rotarians around the globe are working wonders every week! Clubs working together accomplish community- based, and sustainable humanitarian projects; assemble and dispatch Volunteer Training Teams and recruit Rotary Peace fellows every week, year after year. Add to that Rotarians' District Grant projects and Polio Eradication efforts, and you've got a magnificent track record of doing good in the world – brought to you by The Rotary Foundation! Be proud of that!

Remember... Every Rotarian Every Year! Use "Rotary Direct" ... consider \$20/mo.

PDG Mike Montgomery, DRFC District 5030



## "Save the Date"

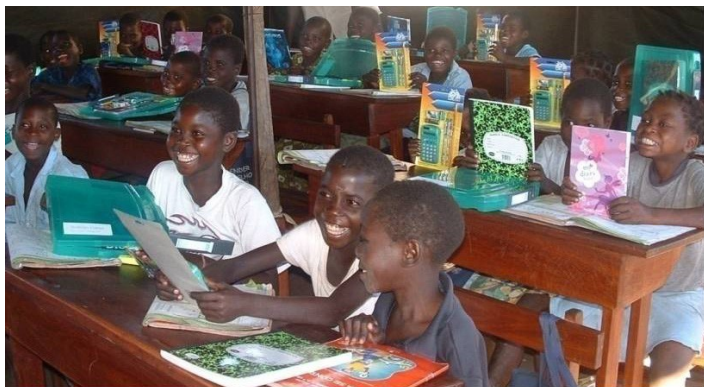
### RI President John Germ to Visit Seattle

Our District Centennial Dinner celebrating 100 years of our Rotary Foundation will feature our RIP John Germ. The date is Tuesday, January 10, 2017 at the Washington Athletic Club 1325 6th Ave Seattle. The cost will be \$100 per person and includes parking. More info to follow.





## Rotary Books for the World



**What is it?** A project that collects and ships lightly used books in English or Spanish, especially children's books and textbooks with teacher's guides to countries in the world hungry for books. We pack and ship them to Texas where they are loaded in a container and shipped to English or Spanish speaking countries.

**Our book packing day is May 20, 2017** at Northwest Harvest Warehouse in Kent. 9 AM to 1 PM.

**How can you help?** Collect lightly used books. Have a used book drive. Help pack on Packing Day. Donate money for shipping.

### What to do with the books between now and May?

Keep them until May or take them in boxes to **Western Van Lines 8521 South 190 Street Kent, WA 98031 (425) 251-3400, Monday to Friday 8:00 – 4:00**

**Questions? Comments?** Judy or Rand Ginn  
rjginn@juno.com hrginn@juno.com 206 232-7527

**PS: If this project speaks to you, it needs a new champion. This is the last year for the Ginns.**

## Express Grants Rock

Twenty clubs have approved Express Grants since the program was introduced a year ago. Several smaller clubs have used them for their first District-funded grant project.

\$500 per club is available through your club's Assistant Governor. They are also available to Rotaract Clubs through Steve Crane: [craneintl@aol.com](mailto:craneintl@aol.com). There is no matching requirement.

Approved projects involve several members and engage the local community. Joint club projects multiply the grant funds available. Let your AG or Steve know if you want to explore this new project funding opportunity.



## DG Club Visits Leave Bo Filled with Pride



Mercer Island with PDGs & AG



West Seattle

Renton



Southcenter

Issaquah



## Deadline Nov 15th

It's that time of year when we send out the call for nomination for District Governor (this year we are nominating for the 2020-21

Rotary year!) Please do not assume no one in your club would be interested; I've found people continually surprise me.

Serving as District Governor was one of the most fulfilling opportunities I've had in Rotary. It may look like a lot of work on the outside but for the time and energy you give you truly receive so much more back. It is just like when you work on club projects and events!

Contact PDG John Enger for more information [Engie3@yahoo.com](mailto:Engie3@yahoo.com).





## Polio Update *by Steve Crane*



**World Polio Day (10/24) Op Ed for the Seattle Times**

### A Polio Free World Is Within Reach

*By Ralph Munro, Ezra Teshome, Steve Crane*

The world was reminded about the importance of polio vaccinations in the last two months after three children were found paralyzed in northern Nigeria – the country's first polio cases in more than two years. While very disappointing, this was not surprising, as the children live in a conflict area, preventing vaccinations. An emergency plan was implemented immediately, so experts believe this outbreak will end quickly. Two other countries – Pakistan and Afghanistan – have also reported cases this year. To date, they've had 23 cases, but that's less than half the number reported at this time a year ago.

Many Americans know a polio survivor from the epidemic that gripped the U.S. until the 1960s. Vaccines have been developed that have stopped polio here and are now eradicating it in Asia and Africa. But this progress is fragile and terrorist sanctuaries remain. As long as polio exists, it can travel anywhere and threatens everyone. It is just a plane ride away.

The good news is that polio can be stopped. Ending polio for good has been Rotary's top priority since 1988 and has resulted in a 99.9 percent reduction in polio cases since then. Seattle area Rotarians have been especially active in this effort. They have vaccinated children in Ethiopia for over 20 years. Many others have gone to Africa and Asia to help health officials vaccinate 2.5 billion children. In addition, Rotarians have contributed over \$1 billion to this effort. The Bill and Melinda Gates Foundation, a major contributor, has matched recent Rotary contributions 2 to 1.

Funding from the U.S. government has been essential to this effort and remains critical until polio is eradicated. Four of Washington State's elected officials who have been highly supportive have honored by Rotary International as Congressional Champions of Polio Eradication. They are Senator Patty Murray, Congresswoman Jaime Herrera Beutler, and Congressmen Dave Reichert and Jim McDermott. We are grateful to them and to many others on Capitol Hill who stand by polio funding.

If progress continues in Afghanistan and Pakistan, the outbreak in Nigeria is stopped, and American and foreign governments sustain their support, the world can have a polio-free world in just a few years. That will be one of the greatest public health victories in history.

You can help. Encourage friends and family with children to have them protected by the safe, effective polio vaccine. In countries where it is hard for parents to do this, governments, Rotarians, and the global health community are working to reach every child at risk.


**Ralph Munro is the long-time Washington Secretary of State and Rotary polio champion. Ezra Teshome, Past Rotary District Governor for the 47 clubs in the Greater Seattle Area, has led over 20 polio vaccination trips to Ethiopia. Steve Crane is a polio survivor and Rotary polio advocacy leader.**

## LFP Fellowship & Polio Awareness



Rotarians everywhere are passionate about eradicating Polio and those in [Rotary Club of Lake Forest Park](#) are no exception! This club collaborated with local restaurant Lake Forest Bar and Grill and held a fundraiser dinner at the restaurant. All donations, and thanks to the generosity of the restaurant management, 20% of all dinner tabs from that night are headed to the Rotary International Polio Plus fund! What a great way for a community to come together and save lives!

*"It was a pleasure as always to work with you on such a worthy cause. We appreciate your patronage, and look forward to the next one."* [Lake Forest Bar and Grill](#)

 Country	Year-to-Date (10/25)		2015 Totals
	2016	2015	
Afghanistan	9	13	20
Pakistan	14	38	54
Nigeria	4	0	0
Global Totals	27	51	74



Rotary 

The polio strategy ensures that children in refugee camps will not be overlooked





## Cameo Apple Harvest

Tucked away in a picturesque valley in Cashmere, WA, a three-acre orchard of cameo apples was ground zero for a remarkable collaboration of Rotarians and community hunger-relief efforts. It also served as a wonderful example of how Rotary First Harvest's Harvest Against Hunger program is connecting local growers with local hunger relief programs to reduce hunger and food waste.

After several months of tireless effort to produce a beautiful crop of apples, the orchard owners learned that the sale of the fruit had fallen through because the market for cameo apples has softened dramatically as newer varieties of apples have become more popular.

Rather than let the apples fall and rot, the orchardist reached out to Upper Valley M.E.N.D.'s gleaning and produce recovery program. The program represents a "graduated" Harvest Against Hunger program that was launched three years ago with the placement of AmeriCorps VISTA volunteers. Over the past three years, the new community gleaning program has taken root and flourished in this agricultural corner of Washington State.

Upper Valley M.E.N.D. contacted

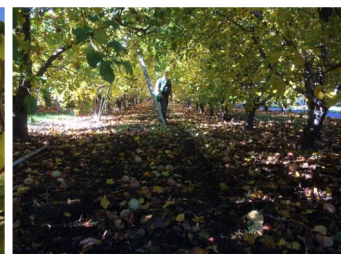
Rotary First Harvest and our partners at Northwest Harvest in Yakima, WA with the opportunity. We quickly reached out to our Rotary network to find volunteers for a one-day glean to salvage as many apples as we could.

More than 40 volunteers representing 10 different Rotary clubs from Districts 5030 and 5060 volunteered at a one-day work party on Saturday, October 22nd. As the volunteers received instructions and picking bags were handed out, empty bins were distributed through the orchard, waiting to be filled with healthy, nutritious fruit.

Within three hours, 18,000 pounds of apples were harvested and ready to be distributed to local food pantries. Instead of going to waste on the orchard floor, these apples were going into the hands of families and individuals in need.

The orchard owner was in tears as the event wrapped up and volunteers emptied the last of their picking bags, put away ladders and shared smiling handshakes. Her final, emotional comment for the day was:

*"I can't tell you how happy I am knowing that our apples are going to be helping hungry people instead of going to waste. This means so much to us – thank you all so much for taking the time to help us help others."*







## ROTARACT & INTERACT

**How can Rotary Clubs engage Rotaract & Interact Clubs, other than Sponsorship?**

**There are lots of ways. Here are just a few:**

- New members - Referrals children, grandchildren, and their friends are very welcome.
- Transportation - Members of our high school and college-based clubs often do not have cars. Getting to events can be a challenge. Ride sharing is much appreciated.
- \$\$\$ - Rotaract and Interact clubs get some support from their sponsor clubs. Some can use financial help with service projects. Rotaract and Interact members really like to go the district conference. Most can use help with the registration fees, transportation and housing.
- Invite a Rotaract or Interact club to participate in your Rotary club's fundraising; split the proceeds.
- Invite Rotaract and Interact members to service events - They satisfy their service requirements and you get energetic participants. The Rotary club might even get to offer transportation, too.
- Participate in their service events. Contact their leaders. Find out what they're planning and offer to help.
- Help with speakers. A great idea. They'll really appreciate ideas for speakers.
- Invite them to your social events, observing restrictions for any minors, if alcohol is served.

Rotaract contact info: <http://www.5030rotaract.org/rotaract-clubs.html>. For Interact contact: [susanbeals@gmail.com](mailto:susanbeals@gmail.com)

## Did You Know...

**District 5030 Rotaract Has a Newsletter? Check it out at:**  
<http://eepurl.com/cmHRVr>



## ROTARY YOUTH EXCHANGE

Rotarians, did you know that every club can sponsor a Summer Youth Exchange student? There is no cost to the Club, no impact to your budget. Your children, grandchildren, cousins and everyone else are eligible. The Summer Youth Exchange lasts 2 short months during school vacation. We know it makes a lasting difference in the lives of the students. Here is a letter from the mother of a student who went to Spain in July 2016 and then returned home with his Spanish exchange partner. For privacy, the names are deleted.

*Dear Hal,*

*First of all, thanks to you and all of the Rotary Club for making the exchange program possible for our son last summer. We enjoyed hosting a student from Spain and our son -- had an incredible time there. I think that he would say that it was a life-changing experience, and he is now very focused on incorporating "international" in his future studies and career aspirations. He has initiated an international club at his high school, is friends with a Rotary exchange student from Chile, and is now serving as a Spanish tutor. And from our perspective, the Rotary program was kid changing for sure. He came back as a much more mature version of himself on so many levels - truly amazing!*

Please give me a call and let me show you how easy it is for your club to give a life changing experience to a future Rotarian.

Yours in Rotary,  
Hal Beals (206) 849-3226

## RYLA

SAVE THE DATE for our upcoming 2017 Rotary Youth Leadership Awards program at Pacific Lutheran University. This year's event will take place March 16-19, 2017.

Keys to getting started:

Ask your Youth Service Chair or identify a member of your Youth Service Committee whose responsibility it will be to recruit RYLA participants.

If you sponsor an Interact Club, contact your local high school early in the school year to begin the RYLA recruitment process. If you are not sponsoring an Interact Club, reach out to the principal or school counseling staff.

Share that you're looking for high school juniors who have demonstrated a desire or some leadership, but that you're looking for students on the cusp of leadership.

Contact Josh Gerstman, District 5030 RYLA Chair or Susan Beals, District 5030 Youth Service Chair if you would like to help with the recruitment of RYLA participants or have questions about the seminar: [josh.gerstman@gmail.com](mailto:josh.gerstman@gmail.com) and [susanbeals@gmail.com](mailto:susanbeals@gmail.com).



## District 5030 Grant Money at Work

A cadre of University of Washington doctoral audiology students spent 10 days this August in Guatemala working with audio techs from Quetzaltenango, San Marcos, Huehuetenango, Retalhuleu, Morales and San Benito. The group provided education workshops and hands on testing to children who would otherwise not be able to afford or have access to these services. In all 450 children received hearing screening, 150 were identified as needing surgery, 75 children with hearing aids were checked out, and 55 children were fit with new hearing aids. Thanks to a [Rotary District 5030](#) matching grant, our Rotary Club was able to fund medical equipment that made this trip possible.



Photos courtesy of Sheridan Frank.

## Rotary District 5030 Conference - 2017

### Don't miss the Celebration

100 Years of the Rotary Foundation  
30 Years of Women in Rotary

Great Fellowship  
Great Entertainment



Special Recognition  
Exceptional Speakers

Rotaract • Young Professionals • Club Projects • Dancing •  
Wine Tasting • 20+ Breakouts • Entertainment • Comradeship •  
Kid's Camp • Golfing • Tax Free Shopping • Interact • Club  
Recognition • Community Service • Beer Tasting Happy Hour

**Portland**  
**April 21st - 23rd**

Register Today at: [www.rotarycon2017.org](http://www.rotarycon2017.org)

Don't Forget about the Hotel - Special rate of \$159



EDMONDS DAYBREAKERS  
ROTARY CLUB

## APPLE CUP CHALLENGE

FRIDAY, NOVEMBER 25TH

12:00 PM

Salish Sea Brewing Company  
518 Dayton St., Edmonds, WA 98020

Come help the Daybreakers club members  
support their favorite team.

Game starts @ 12:30pm

UNIVERSITY  
OF  
WASHINGTON

VS

WASHINGTON  
STATE  
UNIVERSITY

## Rotary's International Convention

This is the first time in 4 years that the RI Convention has been in the US. Hotels are filling up fast, so register and book your room soon. This is a great opportunity to meet Rotarians from around the world. Imagine 40,000 + like minded Rotarians coming together to make the world a better place. Many from our district will be attending... How about YOU?!?

Register at: [www.riconvention.org](http://www.riconvention.org)







The Halloween Soiree lead by [Seattle City Rotaract](#) for the [#Rotary#connectingforgood](#) tour in Seattle was a huge success! Thank you to Philip Eckhoff the Director of Research at the Institute for Disease Modeling for sharing how mathematical modeling helps fight diseases like malaria and polio with complex strategies, and thank you to [Nancy Osborne](#) the founder of [Rotarian Malaria Partners](#) for sharing how Rotarians are mobilizing against malaria with boots on the ground. Terrific costumes and fun times had by all!

## Seattle #4 Video Archives Available

Seattle Rotary's club meetings & speakers are recorded and available to see on line at <https://www.youtube.com/channel/UCneh4po3bteKZyYiP-xBsFQ>

Miss a meeting? Watch a video. Speaker doesn't show up? Pick a video from the archives. Want to see how a large club operates a meeting? Check it out.

Seattle 4 is the 4th oldest Rotary Club in the world. It's one of the largest Rotary clubs in the world. And, it is the grandparent to all Rotary clubs in District 5030.



## Zone 25/26 Connecting for Good Tour

The RV Team stopped in Seattle to celebrate Halloween, meet young Rotarians, Seattle City Rotaractors, and learn about Rotarian Malaria Partners. This is the largest goodwill tour of the US West Coast.

Follow them on the Tour here, <http://ow.ly/eQi4305DXVs> catch us on Twitter (<http://ow.ly/uNIX305DXeV>) and Instagram (<http://ow.ly/ZihL3052xYt>)

Thank you to Nancy Osborne, Seattle 4 Rotarian for hosting the event and David Bobanick, Mercer Island Rotarian for coordinating the effort in Seattle.



## Rotarian Young Professionals (YP)

### Happy Hour

at Elysian Brewing - Capitol Hill

1221 E Pike St. 6-7 PM

on Wednesday Nov 30th.



14 members of the Rotary Club of Kent and 3 dogs hiked to Lake Talapus and Lake Olallie near Snoqualmie Pass, then followed that up with a pot luck at a cabin at the Pass.





## District Club's Happy Hour at Big E Ales... Good Times, Good People...



## World Polio Day at the Gate's Foundation We're Almost There



## Big West Conference was a Success !!!

