

Roto News



Be a gift to the world

“Change to Grow Rotary”

Madam President was all fired up today, dressed in red and fines were fling.

Sandi Schwartz lead us in a beautiful prayer, and Dave Sullivan (filling in for Terry Schropfer) lead us in the flag salute. Bruce Keith was asked to lead us in song. He choose Woody Guthrie's "This Land Is My Land". A great song, but we could use work.

Day Smith introduced our one visiting Rotarian, John Prior, I think from downtown.

We had lots of young visitors today. Steve Richardson had his 2 children, Taylor and Jacob, Aaron Markovits had his daughter Sara, and Mike Burger brought his son Nicco. Steve Karcher also had his beautiful young wife Dana.

Madam Prez introduced the head table, Bob Parker, Lloyd Plank, and the lovely Gina Lorenzo. And thanked the greeters and the reception. Unlike last week, everyone was at their posts today, which was a first and Madam Prez really appreciated it.

Rotarian Birthday's included Tomeka Powell, who was absent, and Amanda Frank. When asked if she was doing any-

thing fun, Amanda replied that it was yet to be determined. There were no spouses birthday, no club anniversaries and only one wedding anniversary. Tom and Gail Burch celebrated 46 years on August 9th. Tom was happy to report that she is keeping him for another year.

Fernando reminded us that the backpack giveaway at the Homeless Center is tomorrow. This will be our 15th year helping out there and Fernando said if you haven't had the opportunity to see how grateful they are to receive their backpacks, you should try and show up. This was one of the moments that made him want to be a Rotarian.

Rena Kay presented both Tom Burch and Steve Gibbs with a small gift and thanked them each for all they did during their year.

Then the fined begun,; first Bruce Keith was fined \$20 for being a no-show and neglecting his reception desk duties. Jose Pereya fined \$20 for not finding a fill in last week to do invocation. Both claimed that they were guilty as charged.

Mike Burger was also fined \$20 for not holding up his end of the bargain and

filling in for Brain Oberg, who had previously filled in for him. He did offer a lame excuse about a new email address, but Rena Kay wasn't buying it.

Steve Richardson was called on to explain why our "Master of Fun" has been missing all year. He was given a bunch of goodies and promised to be more fun. No fine yet, but we will see.

Feed the Pig—Doug Amstutz was happy to report that Sunni got her cast off and he no longer has to drive her around. Sandi reported that Africa is 1 year polio free. Susan Gill reported that her son just took his BAR Exam and they should know in November if he passed or not. Tom Burch reported that the County is replacing the benches in Rotary Park.

Rena Kay called on Michele Brown to see were she went for vacation and how the fund raising was going for the Avon Walk. Michele apologized for no suck-up gift and reported that she still need \$100 for the Walk. Jean Watanabe offered to donate if Rena Kay would play better music at her meetings.

50/50 was won once again by Bob Parker. He complained about winning \$3, but was told to sit-down. No Mercy!!

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2015-2015 BOARD OF DIRECTORS

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**Programs Steve Gibbs
Roto News Michele
Brown**

**Bakersfield East Rotary
Club**
PO Box 2383
Bakersfield, CA 93303

Juanita Buck—Rotary House Retreat

.Our speaker, Juanita Buck is a Marriage and Family Therapist Intern. She graduated the University of Nevada, Las Vegas and has a Masters of Science in Counseling. For 9 years she worked for the Kern County Mobile Evaluation Team . Currently she is in private practice at Tehachapi Wellness Center, specializing in Trauma, PTSD, and Grief, and crisis intervention. She is currently the Managing Clinician for the Rotary House Retreat. Affiliated with these community projects and programs.

The Rotary House was a vision that was started by Past District Governor, Deepa Willingham, and Rotarians Wendy Wayne and John Pryor., who saw a need and wanted to make a difference. After much work it is scheduled to open October 2015.

The Rotary House Retreat is a six day intensive outpatient retreat that provides first responders the opportunity to learn and practice new coping skills while addressing issues such as substance abuse, anxiety, depression, PTSD symptoms, suicidal thoughts, and sleep disorders. The goal of RHR is to enable First Responders to restore and resume his/her work in a highly productive manner and avoid negative outcomes such as family dissolutions, chemical dependence, or suicide.

The retreat emphasizes the importance and benefits of participants' developing peer support, seeking mental health care, and involving chaplain faith services to expand

Their personal trust and support systems. The retreat is supported by specially trained peers and clinical professionals focusing on PTSD and general mental health education and healing for first responders. Ample activities are included at RHR to encourage stress relief by utilizing new outlets such as horseback riding, swimming, fishing, hiking, yoga, and creative arts. A daily theme encompasses the focus of each day and includes multiple skills, tools, and activities.

At the end of the week, participants of RHR have learned and practiced new life skills, gained friends and confidants who understand the issues, (personal and Professional) related to being a First Responder, and have a trusted lifeline for the rest of their career and beyond.

RHR is located on a peaceful, private ranch here in Kern County. It is designed specifically for law enforcement, fire fighters, emergency medical technicians, paramedics and all front-line, first responding personnel who have experienced a critical incident and the repercussions are impeding their professional work, intimate relations and personnel well-being. The cost per person is \$3000 per week and they are in need of scholarship funds., contact Juanita for any additional information. 661-822-8979

Birthdays

Tomeka Powell—Aug. 9th
Amanda Frank—Aug. 14

Spouse's Birthdays

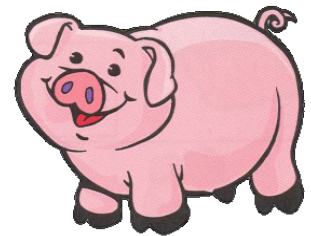
None

Club Anniversaries

None

Wedding Anniversaries

Tom & Gail Burch—Aug 9th—46 years



August

Aug.21— Stu Witt from the Mojave Air and Space Museum
Aug 28—Johb Harte, Photo Journalist

September

Sept. 4- DARK for Labor Day
Sept. 11—Open
Sept. 18th—Mandy Waters, Kern County Libraries Future

BERC Club Assignments

	Greeter	Greeter	Flag Salute	Invocation	Visiting	Reception	Reception
Aug. 21st	Stanfill	Swatzell	Sullivan	Urban	Watanabe	Westfahl	Williams
Aug. 28th	Wilson	Womack	Aguirre	Amstutz	Auriemma	Bank	Bass
Sept. 11th	Brown	Burger	Burch	Carpenter	Coffey	Colatruglio	Creott
Sept. 18th	Dierck	Franey	Frank	Gibbs	Giblin	Gill	Giordano
Sept. 25th	Gresco	Jackson	Jung	Karcher	Keith	Kress	Lifquist
Oct. 9th	Markovits	Maxwell	Moxley	Oberg	Parker	Pereyra	Powell
Oct. 16th	Ramsey	Randall	Richardson	Sabin	Schroepfer	Schwartz	Smith
Oct 30th	Sorci	Soto	Stanfill	Swatzell	Sullivan	Urban	Watanabe

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Amazon will donate 0.5% of the price of eligible AmazonSmile purchases to the Rotary District 5240 Charitable Foundation. Proceeds will go toward the Rotary District 5240 Charitable Water Projects Grant Program. It's an easy way to become part of our efforts to alleviate the global water crisis.

ANNOUNCEMENTS

3 Seasons Dinner is back for more information contact Hank Hinse, Past President & Honorary Member of BERC.

August 22nd Angels game to help end polio.

August 29th—PRLS, Holiday Inn in Bakersfield

District Conference, Oct 2, 3 & 4th, in Bakersfield at the Crystal Palace.

Plank Golf Tournament—October 5th Rotary World Peace Conference—January 15th & 16th, at the Ontario Convention Center, Ontario, CA Lean more at: www.PeaceConference2016.org

Club Directors & Committees

- I. Club Service, Administration**.....Director: **Steve Karcher**
- Attendance/Front Table.....: Tony Ansolabehere
 - BERC Database & WEB.....: Tony Ansolabehere
 - Roto News Publisher.....: Michele Brown
 - Roto News Photographer.....: Brian Oberg
 - BBQ.....: Steve Karcher/Rena Kay S.
 - Holiday Lunch.....: Melinda Westfahl
 - Charter Night.....: _____
 - Gin Fizz.....: Gary Stanfill
 - Venue/Food.....: Steve Karcher
 - Historian.....: Rena Kay Schrader
 - Programs.....: Steve Gibbs/John Wilson
 - Public Relations.....: _____
- II. Club Service, Membership**.....Director: **Jimmie Soto**
- Classification.....:Tom Burch
 - Evaluation.....: Wayne Kress
 - Rotary Information.....: Dan Giordano
 - Fireside/Assimilation.....: Jimmie Soto/Rena Kay
 - Membership Development (Master of Fun).....: Steve Richardson
 - Rotarian Magazine.....: Dan Giordano
 - Membership Directory.....: Melinda Westfahl
 - E-mail Blasts.....: Michele Brown
 - Family of Rotary.....:Jenny Dierck/Steve Karcher, Christy S.
- III. Vocational Service**.....Director: **Mike Brazzell**
- Employee Recognition.....: Steve Richardson
 - Business Person Of The Year.....: Mike Brazzell
 - Craft Talks.....: Mike Brazzell
 - Vocational Scholarships.....: Mike Brazzell & Aaron Markovits
 - Officer Of The Year.....: Mike Brazzell
- IV. Community Service-Youth Services**.....Director: **Aaron Markovits / Day Smith**
- East High Interact.....:Tomeka Powell
 - Highland High InterAct.....: Brian Oberg
 - Garces High InterAct.....: Scarlett Sabin
 - OLPH InterAct.....: Scarlett Sabin
 - Joe Alexander Scholarship Foundation Liaison.....: Aaron Markovits
 - RotarAct.....: Aaron Markovits
 - Scholarships.....: Gary Creott & Bill Gresco
 - RYLA.....: Day Smith/Sandi Schwartz
 - Business & Ethics Conference.....: Steve Richardson
 - Four Way Test.....: Aaron M. & Day S.

V. Community Service-Outreach.....Director: **Fernando Aguirre****Blood Bank Organ Donation**.....:Sandi Schwartz

A. Blood Bank Days

BGC & Children Outreach.....: Fernando Aguirre

A. Backpack Project.....: Tom Burch, Christy Swatzell & Fernando

B. Jamison Center.....: Tom Burch

Environment

A. Bike Path Maps.....: Terry Schroepfer

B. Rotary Park.....: Ron Biglin, Tom Burch & Jon Lifquist

C. Cleanup Projects.....: Fernando

Handicap/Poverty/Senior Citizens.....:**Other Community Service Outreach**

*Can Food Drive.....: Christy Swatzell

*Salvation Army Bell Ringing.....: Michelle Brown, Susan Leedy

*Youth Financial Literacy.....: Jim Williams & Roy Herrmann

A. Dictionary Project.....:

B. Listen to Readers.....: Julie Womack

*The Forgotten Initiative.....: Jenny Dierck

Veterans

A. Honor Flight.....: Tom Burch

B. Rebuilding Kern Together.....: Fernando Aguirre

VI. International Service.....Director: **Amanda Frank**

• Polio Plus.....: Dan Giordano

• Polio Plus Donations.....: Dan Giordano

• International Service Development/Grants.....: Christy Swatzell & Committee

• South of the Boarder/Education.....: Amanda & Sandi Schwartz

• Love Water.....: Amanda & Christine Randall

VII. BERC Foundation.....Director: **Dan Giordano**

• Vino Amore Chair.....: Tom Burch & Michelle Brown

• Vino Amore Sponsorships.....: Scott Begin

• Vino Amore Auction Items.....: Jenny Dierck / Dan Urban

• Vino Amore Treasurer.....: Bob Parker

• Vino Amore Tickets.....: Sandi Schwartz / Christine Randall

VIII. FUN Raisers

• Shooting Contest.....: _____

• Photo Calendar, Note Cards, Post Cards.....: _____

Updated 07.16.2015

