



# THE ROTARY CLUB OF SIMI VALLEY



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## THE EYES HAVE IT!

### Beware of the Itchy Eye



The Good Doctor... aka the Emperor kicked off the year with tips for losing those extra holiday pounds .... one tip was eating less ... well he made sure there would be less eating at last week's meeting by sharing lots of "gory" photos of cornea abrasions, subconjunctival hemorrhage and chemical conjunctivitis (way to go Doc). The ***Health for Self*** tip was about common eye problems. There's the corneal abrasion—which can be caused by trauma from the fingernail, paper and makeup or flying leaves, glass or wood and worn out or ill-fitting contact lenses. Superficial foreign bodies—this is when a flying object gets into the eye, most dangerous is metal; subconjunctival hemorrhage occurs spontaneously and can be caused by a simple sneeze; and chemical conjunctivitis can be caused when products containing alkali or acid, such as hair dyes, drain cleaners, or bleach gets into the eyes. Eye protection is important especially when working with power tools, flush eyes with water for 10 to 20 minutes, see your doctor—and drink WINE!

### Theodore Payne Foundation

**The Theodore Payne Foundation was founded in 1960 to showcase the work of gardener Theodore Payne who came to the U.S. from England. The Foundation's mission is to preserve, propagate and promote California native plants, seeds and wildflowers. Native plants conserve water and other resources and provide for wildlife and add color and fragrance to gardens.**

**The Foundation operates one of the best retail nurseries for native plants and sells seeds out of drawers that are 113 years old. Their Education Center and Outreach programs offer classes and field trip for adults and children in K-12 grades. Garden tours are also offered—this year's tours are scheduled for April 1-2; 32 gardens are included in the tour. By gardening—we can save the world**

**It takes a staff of 17 full and part time staff members to run the Foundation, plus 200 volunteers. There are 3000 members. In 2015 the Foundation propagated 100,000 plants, 900 different native plants.**



### Celebrating Birthdays, Anniversaries and Club Anniversaries

#### Birthdays

Lynne Kline 1/07  
Christina Orta 1/08  
Dan Rosen 1/13  
Dr. Deb Wollum 1/21  
David Ralphe 1/22  
Gordon Lindeen 1/23  
Jerry Gladden 1/28

#### Spouses Birthdays

Michael McIntyre 1/13  
Vonda Lansden 1/13  
Michael Dare 1/27

#### Anniversaries

**Jack and Toni Parfitt**  
**1/27/60**  
**57 Years**

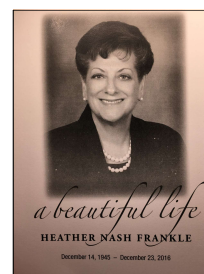
#### Club Anniversaries

James Hoehn 1/7/14  
**3 years**  
Kate O'Brien 1/23/01  
**16 years**  
**Josie Hirsch 1/25/11**  
**3 years**  
Mike Judge 1/25/11  
**3 years**

"Small things

**BIG Difference!"**

### In Memory of Heather Frankle



**A True Rotarian**  
**Service Above Self**

### Happy Bucks ... for Birthdays, Video Shoot and More

Dan was happy for his upcoming birthday and to be younger than Dee Dee, Sharon L. was happy for the video shoot, happy that her sales manager's daughters were not hurt in a recent car accident and was grateful to members for helping to fund the Interact student in France, and guest Rotarian Maggie K. had a sad buck for a friend stricken with cancer. Michele was happy for the successful video shoot and for the upcoming SSI "Galentine's Day" fundraiser, guest Rotarian Joe announced that he was also younger than Dee Dee, and Lynne K. dropped in more birthday bucks, she was happy for the birthday surprise from members during the video shoot.

Coleen was happy for Mike's upcoming birthday and for the rain of course, Becky was happy about the video shoot, for all of the guests in attendance and for her nephew's budding film career and John L. was happy for a great championship, but sad Bama lost. Allan congratulated Mike M. and Scott S. on their years of service to the City as Planning Commissioners, he was happy Clemson beat Bama and happy guest Rotarian Maggie K. brought her father—oops husband to the meeting. Henry was happy for the video shoot and the Emperor was happy for the success of the video shoot as well and for the special guests in attendance.



### A Few Announcements ....

**February 25—Interact Clubs will present FAYM (see Sharon L. )**

**Naming Opportunity—The newly completed emergency room at the Simi Valley Hospital will be named for the five Rotary Clubs in District 5240 ... A special blessing event will be held at the hospital on March 2. Our club pledged \$5,000.**

**April 20—Paul Harris Night and Red Carpet Event for the debut of the Paul Harris Video.**



**Paul Harris Video Debut**  
**April 20**