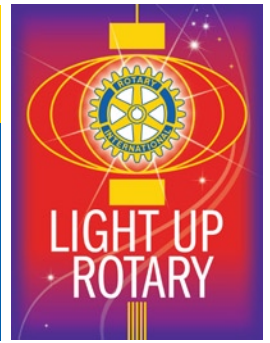


# ROTARY SPOKES

*The Weekly Bulletin of the Rotary Club of Ventura, est. May 1, 1919*

**95** YEARS OF  
SERVICE

Volume VC  
Number 04  
13 AUG 2014



## Reins of H.O.P.E. with Julie Sardonia

Today's program is the Ojai-based Reins of H.O.P.E. (Human Opportunity Partnering with Equines). Their program is dedicated to provide a safe, positive, and professional therapeutic equine experience. Their goals are to empower clients to improve communication/problem solving skills, build confidence/trust in self and relationships and decrease mental health issues.



Speaker Julie Sardonia, founder and executive director, will be sharing Reins of H.O.P.E. story. She will describe what is Equine Assisted Psychotherapy and Learning? Why use Horses for Healing? She will cover who they serve: at-risk Youth Services and H.O.P.E. for Warriors, our active duty, veterans, reservists, Air National Guard and their families all at no cost.

Ms Sardonia has been a Licensed Marriage Family Therapist for 21 years. Julie is certified EAGALA (Equine Assisted Growth And Learning) Level 2. She has over 21 years of experience in private practice, social service agency, administration of a psychiatric hospital assessment services department and local private boarding school counseling services. She has long had a dream to combine her love of horses and therapy. With the creation of Reins of H.O.P.E., she has now found a way to share this dream with others.

Their vision is to enhance and build healthy relationships with Equine Assisted Psychotherapy growth and learning activities. Their long term vision is to offer day and weekend retreats for at-risk youth,

families, and corporations incorporating traditional therapy, Equine Assisted Psychotherapy as well as other nature therapies.

### Some Horse Sense

Horses use their ears, eyes and nostrils to express their mood. They also communicate their feelings through facial expressions.

Horses have near 360 degree vision. They do however have blind spots directly in front and behind them. It is extremely dangerous to stand behind a horse as they are liable to kick out if they get scared by anything as kicking out is their way of defending themselves.

Horses use a range of different vocalisations to communicate. Whinnying and neighing sounds are elicited when horses meet or leave each other. Stallions (adult male horses) perform loud roars as mating calls, and all horses will use snorts to alert others of potential danger. Mares (adult female horses) use deep smooth sounds, whickering, when they are nursing a foal (infant horse).

Horses and other equines have better senses of smell and hearing than humans. Their ears can turn in different directions to aid their hearing.

Horses are undeniably clever animals. Beyond being proficient at relatively simple learning tasks, they are also recognised as having the capacity to solve advanced cognitive challenges involving categorisation learning and a degree of concept formation.



*Sheila Fatarelli and Andy Soter load up at the lunch above Santa Paula.*



*Rotarians are shown the kennels at the Rescue Center.*



*Prajesh Acharya gave his spotlight on Aug 6. about his journey from Nepal to Ventura.*

## Today's Program *Reins of H.O.P.E.*

Introductions:

Bill Kearny

Rotary Moment:

Mystery

Fining:

Roger Case

### Future Programs

Aug 20 Human Trafficking

Aug 27 Ventura County Transportation  
Commission

Sep 03 Aspire Program



*The pile of rubble helps search and rescue teams practice their life-saving techniques.*



*Dan Holmes and Anup Rimal shared images and words of their Himalayan adventure.*



# Ventura Rotary Backpack Stuffing



*Our annual backpack project has surpassed 900, filled with everything for the students who may not have the means to purchase supplies.*





# Ventura Rotaract Mexico Home Build



Ventura Rotaract, along with SLO Rotaract and members of Ventura Rotary, sponsored their fifth home build project with the organization Corazon to build a modest home in one day.



## Membership Updates:

A Leave of Absence has been granted to the following: Kristin Taylor through Aug. 28, 2014,

Excused Attendance (Rule of 85) has been granted to Hoot Bennett as of Jun. 1, 2014.

### August Birthdays

Wayne Bruce, Aug 01  
Kristin Taylor, Aug 05  
Harald Wulff, Aug 15  
Dave Wallace, Aug 16  
Saurabh Bajaj, Aug 18  
Dave Loe, Aug 19  
Sylvia Cheatham, Aug 20  
Eliane DeBlauw, Aug 21  
Erik Feingold, Aug 23

Daniel Holmes, Aug 24  
Andrew Soter, Aug 31

### August Anniversaries

Ron Bamieh, Aug 13  
Ron Calkins, Aug 14  
Rosa Lee Measures, Aug 20  
Eliane DeBlauw, Aug 21  
John Williams, Aug 26  
Terry Schaeffer, Aug 28

## New Member Proposals

The following is proposed for membership:

**Ranjeet S. Bajwa**, proposed by Dick Hatcher with classification of "Optometry."

If you have any objection to membership of this individual in our club, please contact the President or Secretary in writing within 7 days.



**Rotary Club of Ventura**  
Club #691

**Gary C.K. Huang**  
Rotary International  
President

**Loretta Butts**  
District 5240 Governor

**Rob vanNieuwburg**  
Club President

[venturarotary.org](http://venturarotary.org)



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President	Rob vanNieuwburg
President Elect	Christina Rust
Secretary	Jim Deardoff
Recording Secretary *	Larry Emrich
Treasurer	Connie Young
Assistant Treasurer *	Mark Sauer
Immediate Past President	Irene Henry
	<i>*Non-Voting Position</i>

### Club Service

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Assistant Director	Ellyn Dembowski

### Community Service

Director	Steve Warriner
Assistant Director	Mike Anderson

### International Service

Director	Albert McCartney
Assistant Director	Mark Kirwin

### Youth Service

Director	Dale Jaedtke
Assistant Director	Dave Wellik

### Vocational Service

Director	Mary Saputo
Assistant Director	Saurabh Bajaj

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### SPOKES

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