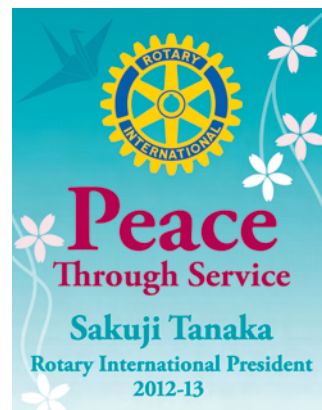


ROTARY SPOKES

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Advances in Stem Cell Therapy for Heart Diseases

Coronary heart disease and heart failure continue to be significant burdens to healthcare systems in the Western world. In the United States alone, there are 7.1 million survivors of myocardial infarction and 4.9 million people living with congestive heart failure.

Dr. Alejandro Garcia MD, FACC will be speaking to us about stem cell therapy, the very cutting edge of medical science. He is a doctor at the Ventura Cardiology Consultants Medical Group and is the Director of the Cardiac Catheterization Laboratory and Cardiovascular Research at St. John's Regional Medical Center in Oxnard. He is board certified in Internal Medicine, Cardiovascular Diseases and Interventional Cardiology.



Dr. Garcia achieved his MD in 1984 and spent his Residency/Fellowship in Internal Medicine/Cardiology at Universidad Peruana Cayetano Heredia in Lima, Peru. In 1990 he received a Scholarship in advance echocardiography at Cleveland Clinic, Cleveland, OH. From 1991 to 1993, he was an intern and resident of Internal Medicine at SUNY Health Science Center, Brooklyn, NY. From 1998-2010, Dr. Garcia had a private practice in Oxnard and Ojai and in 2002-2003, he served as Chairman of the Department of Medicine, St John's Regional Medical Center, Oxnard, CA. He is a Fellow, American College of Cardiology, a Fellow, Society for Coronary Angiography and Interventions and a Fellow, Sociedad Latino Americana de Cardiologia Intervencionista.

RI President Sakuji Tanaka writes of "Service Above Self"

In December, I spoke at the first of the three Rotary Global Peace Forums we have planned for this Rotary year. This first event, with the theme "Peace Without Borders," was held in Berlin, the home of the Berlin Peace Clock. The clock, intended as a piece of art, is 3 meters high and weighs over 2 tons. On its side are inscribed the words, "Time bursts all walls asunder."

The clock was unveiled on 9 November 1989. That was the day the Berlin Wall fell. It was a wonderful coincidence that the moment the hands on the clock began to move, the orders were given to open the border to West Berlin. The words written on the side of the clock had come true.

In Rotary, we do not divide our work by nation, culture, or language. It does not matter what is printed in your passport. What matters is that you believe in Service Above Self. But even in Rotary, it is easy to think in terms of countries or communities. This project may help someone in my own community, or that project may help someone from Germany, or Kenya, or South Africa. Sometimes we think of different types of borders. This project, we think, helps the young. This helps the elderly. This helps people who are hungry, poor, or sick, or who have disabilities.

The truth is that Service Above Self does not know such borders. When we serve, the impact is not limited to our community, or the community we are helping. We are not only helping the young, or the elderly, or this school, or that orphanage. When we serve, we are helping all of humanity. The effects of what we do go on and on.

When we put Service Above Self, we are making a choice. We are choosing to put other people's needs ahead of our own desires. We are saying, "Your problems are my problems, and I care enough to help you."

Rotary brings peace by addressing the needs that cause conflict: the need for clean water, for nutrition, sanitation, and health care. When these needs are met, there is opportunity. And there is hope. Hope has no borders. It is the garden from which peace can grow.



"Peace Through Service" brings out the best in us. It makes us aware of the borders we set up around ourselves – and it helps us tear them down.

Recap of February 6, 2013 meeting

Ron vanNieuwburg led us in the invocation and introductions. RoseAnn Hill and Clyde Reynolds led us in the patriotic song. Terri Adams, in her Rotary Moment, said she was honored to call everyone in the Club friends. SusAnne Lee Chung conducted fining.

Dave Loe shared letters from the Rotary magazine contrasting attitudes towards attracting new members. It was announced that Hutch Hutchinson had won the Paul Harris Fellow for the Super Bowl Party. Speaking of the game, thanks go to Sherry Scott for hosting the successful Super Bowl Party at her home. Sheila Fatarelli announced the next Fireside Chat at the home of Melody Namikas on February 26.

Program

Bob Willard was our program and he shared his 55-year passion for all things associated with President Abraham Lincoln. He showed us a variety of items from his extensive personal library of memorabilia. Including some 2,000 books, posters, images and even novelties like Lincoln bobbleheads!

Bob has sat on and led many organizations dedicated to maintaining Lincoln's legacy. He once spent four weeks on the Lincoln Trail, which runs from Kentucky, through Indiana and into Illinois, gaining a more personal experience of the early life of the president. He encouraged us to visit the Lincoln Presidential Library in Springfield, Illinois and showed us a photo of him standing in Lincoln's bedroom in the White House!



President-elect Nominee Rob vanNieuwburg handles introductions.

Today's Agenda

Dr. Alejandro Garcia

Advances in stem cell therapy
for heart diseases

Introductions

Mary Kay Doubek

Rotary Moment

Eliane Deblauw

Fining

Curtis Cormane

Bob shared the lessons he learned from Lincoln and they include; humor, humility, perseverance, taking blame and giving credit, innovation, education, diversity and relaxation.



Brenda Allison shares with Rotarians, during Happy Dollars.



Bob Willard shares his love of all things Lincoln with the club.

NEW MEMBER PROPOSAL

The following are proposed for membership:

- **Robert J. (BJ) Jelaca**, proposed with classification of "Civil Engineering (Retired)" by Andy Soter
- **Daniel Saltee**, proposed with classification of "Architecture" as a New Generations Member, by Curtis Cormane.

If you have any objection to membership of these individual in our club, please contact the President or Secretary in writing within seven days.

Upcoming Events

NID to India

Feb 24, 2013 - Feb 25, 2013

Exchange Student Fundraiser

Doug Halter Residence

Mar 02, 2013 05:30 PM - 09:00 PM

President Indy's Demotion

Crowne Plaza Hotel

Jun 18, 2013 05:00 PM - 09:00 PM



Albert McCartney shares some Happy Dollars with the club.



Dave Loe reads from the latest copy of the Rotarian Magazine.



Terri Adams shares her Rotary Moment with the club.



Ron Calkins announces the suspension of the Fourth of July festivities.



Greg
Woodburn



Elizabeth
Schwyzer



Alfonso
Palencia



Dr. Brandon
Todd



Pat
McCollum

Rotary Club of Ventura 2012-2013 Officers

President	Indy Batra
President Elect	Irene Henry
Secretary	Jim Deardoff
Recording Secretary *	Larry Emrich
Treasurer	Connie Young
Assistant Treasurer *	Mark Sauer
Immediate Past President	Lynda Girtsman
	*Non-Voting Position

Avenues of Service

Club Service

Director	Dan Holmes
Assistant Director	Mario de la Piedra

Community Service

Director	Ellyn Dembowski
Assistant Director	Ron Calkins

International Service

Director	Ed McCombs
Assistant Director	Christina Rust

New Generations

Director	Gary Young
Assistant Director	Courtney Lindberg

Vocational Service

Director	Doug Halter
Assistant Director	Lynda Girtsman

Rotary Spokes

Editor	Curtis Cormane (curtisvta@gmail.com)
Assitant Editor	Dave Wellik
Photographers	Jim Deardorff, Dan Holmes, John McConica II

Meet our GSE Team

Rotary District 5240 is pleased to announce the selection of the 2012 Group Study Exchange (GSE) Team to Sri Lanka. The GSE team will leave for Sri Lanka on February 9, 2013 and return in March.

The Rotary GSE program is a unique cultural and vocational exchange opportunity for business and professional people between the ages of 25 and 40 in the early stages of their careers. The program provides travel grants for teams to exchange visits with different countries. For four weeks, Rotary District 5240 team members will experience Sri Lankan culture and institutions, observe how their vocations are practiced there, develop personal and professional relationships and exchange ideas. The GSE Team from Sri Lanka came to California in October 2012.

The team was chosen from applicants sponsored by Central Coast Rotary clubs. The members of the GSE team are:

- Alfonso Levi Palencia, an Immigration Paralegal from Santa Barbara. He has over 10 years experience as a paralegal, working with Spanish-speaking clients.
- Elizabeth Schwyzer, a Writer and Dance Critic from Santa Barbara. Once a professional dancer, Elizabeth now interviews dancers and choreographers, and reviews dance performances.
- Dr. Brandon Todd, a Chiropractor from Grover Beach. Brandon practices chiropractic medicine. He is passionate about educating people and helping them achieve better health through natural means.
- Greg Woodburn, a Social Entrepreneur from Ventura. The youngest member of the team, Greg started a non-profit organization, Give Running, when he was just 18 years old to distribute running shoes to young people who cannot afford to buy them.
- Pat McCollum, a Graphic Designer & Trade Show Manager from Camarillo, is the Team Leader. For over 25 years she has used her talents in all aspects of graphic design work and trade show management for small and large companies.