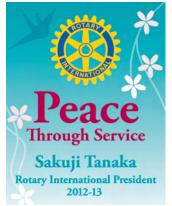
ROTARY SPOKES

The Weekly Bulletin of the Rotary Club of Ventura, est. May 1, 1919



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2013 Rotary International Convention in Lisbon

Club member Ed Campbell will present information on the upcoming Rotary International convention in Lisbon, Portugal.

Why Attend?

Meet Rotarians from all over the world and broaden your understanding of Rotary by attending the 2013 RI Convention, 23-26 June.



RI conventions offer an ideal opportunity to network with Rotarians from all over the world, develop your leadership skills, and connect with others who share your recreational, professional, or humanitarian interests. You can learn about RI programs and important updates during workshops, and be motivated by inspiring speakers during plenary sessions. Expand your horizons at the House of Friendship by learning about service projects, or showcase a project of your own!

Lisbon, the host city

The second-oldest European capital after Athens, the city was once home to great explorers like Vasco da Gama, Magellan, and Prince Henry the Navigator. At its peak, the city served as capital to an empire spanning several continents, from South America to Asia.

Lisbon is also unique among European capitals. Located on the edge of the continent, it developed its own strong artistic heritage. Spared much of the devastation of World War II by the country's nuetrality, the city has not undergone the massive post-war renovation typical in other European capitals. Many of its neighborhoods maintain a charmingly antiquated and medieval appearance.

The city is built on seven hills, each with a different personality. A tram ride to the top offers visitors breathtaking viewpoints. The mild, mostly sunny climate, makes the days seem longer, making it perfect for exploring. Experience the city's genuine and multifaceted neighborhoods, and become fascinated by an eclectic mix of sights and sounds.

Museums and monuments include the Jeronimos Monastery



in Belem, a symbol of triumph, the Belem Tower, and the Monument to the Discoveries. Saint Georges Castle and the famous Alfama district offer some of the best views in town. And the Calouste Gulbenkian Museum hosts the oil tycoon's vast collection of art. If you like shopping, Lisbon's your place. Bargains abound. The greater Lisbon region also includes two UNESCO World Heritage sites, palaces, beaches, mountains, and other areas of historical interest within kilometers of the city center.

An international city with a palate to match, Lisbon offers nearly every type of cuisine, but the "must eats" come from the sea. After dinner, take a stroll along the scenic waterfront, experience the soulful sounds of Fado music, or visit the Bairro Alto, an artsy, bohemian quarter of Lisbon known for its lively bars and restaurants.



For more information , go to the RI website at http://www.riconvention.org.

Recap of February 13, 2013 meeting

With Valentine's Day coming up, Mary Kay Doubek shared several humorous quotes dealing with love as her invocation. After a solo rendition of 'America the Beautiful' by Clyde Reynolds, Curtis Cormane also used the 'Love' theme in his fining.

Ed McCombs and Christina Rust, our directors of International Service spoke of their recent trip to Roatan, Guatemala where they brought clothing and dispensed medications. Efforts at the Glendafae clinic focus on the local problems of hypertension and diabetes.

The meeting featured the induction of our newest member, Sandra Burkhart who has the classification of Petroleum Trade Association.

Program

Dr. Alejandro Garcia MD, FACC spoke about stem cell therapy. He is conducting clinical research with Baxter to develop a particular process that allows the body to produce blood stem cells and then injecting those cells directly in the heart to stimulate regrowth of blood vessels. This would be particularly effective in reversing the effects of angina.

Dr. Garcia reports that testing has proven to be very positive but warns that this therapy should be considered a 'last resort' to be used if conventional pharmaceutical approaches are not working.



President Indy officially inducts Sandra Burkhart who was sponsored by Rosa Lee Measures.





Rob Orth auctioned tickets to a Beethoven concert donated by Sandra Laby.



Dr. Alejandro Garcia MD, FACC shares images of the latest in heart disease therapy.

NEW MEMBER PROPOSAL

The following are proposed for membership:

Mark Stienecker, proposed with classification of "Restaurant Marketing" by Rosa Lee Measures

If you have any objection to membership of these individual in our club, please contact the President or Secretary in writing within seven days.



'Nurse' Christina Rust, the club's Assistant Director of Ron Bamieh answers a fining question. International Service, shares info about Roatan



Curtis Cormane, in celebration of Valentine's Day, fines on how to say 'I Love You' in different languages

Upcoming Events

NID to India

Feb 24, 2013 - Feb 25, 2013

Exchange Student Fundraiser

Doug Halter Residence Mar 02, 2013 05:30 PM - 09:00 PM

President Indy's Demotion

Crowne Plaza Hotel Jun 18, 2013 05:00 PM - 09:00 PM





Mary Kay Doubek shares quotes about love for her invocation and introductions

Future RI Convention Sites



2014 Sydney, Australia 1-4 June



2015 São Paulo, Brazil 5-8 June

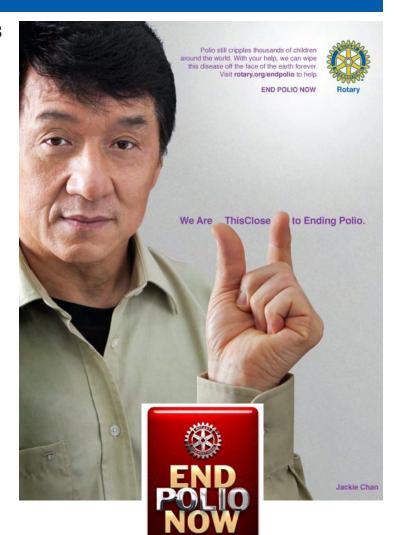


2016 Seoul, Korea 29 May–1 June



2017 Atlanta, Georgia, USA 10-14 June





Rotary Club of Ventura 2012-2013

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Editor Curtis Cormane
(curtisvta@gmail.com)
Assitant Editor
Photographers Jim Deardorff, Dan Holmes,
John McConica II

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Doug Halter