

# ROTARY SPOKES

*The Rotary Club of Ventura  
Weekly Bulletin*

*"The friendliest club in Rotary"*

*100% Paul Harris Club*



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Volume LXXXI Number 38

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March 30, 2011

## Meeting of March 23, 2011

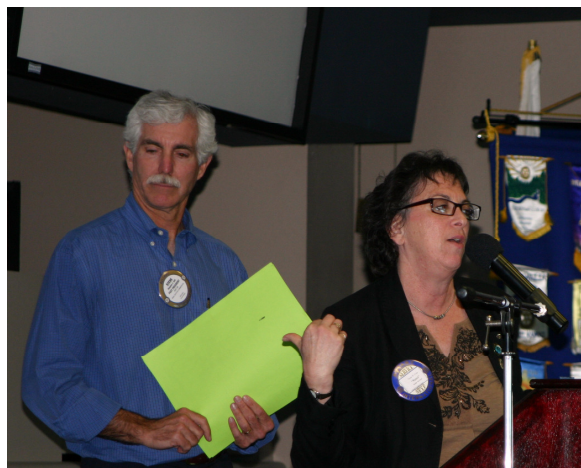
**Reporter: Betsy Chess**

### Introductions:

Barbara Asbell made the introductions and we enjoyed a patriotic song.

### Announcements:

It's Literacy Month. Don't forget to sign up for the Ride for Literacy on April 16th. Steve Doll said there will be a lunch after the ride.



Connie Young (pictured with Steve Doll) reported that she has lined up several "media opportunities" to promote club projects.

The Ojai Music Festival has offered Rotarians a 25% discount on tickets purchased by March 30th.

Potluck and Rotary "Friendraiser" at Roseanne Hill's home @ 4:00 pm on March 26th

President-Elect Lynda reminded us that an iPad goes to the member who brings in the most new members this year.

Reminder to register for the R I Convention in New Orleans and District Assembly. Please see Jim Newton.

**Many thanks to Ann Deal who is sponsoring our 4th of July event at the \$10,000 level!**

Ed Campbell reminded us that in order to achieve

Super Club status we need to bring in 19 new members to the Bequest Society that requires a pledge of \$10,000. Likewise, Barbara Asbell said we need four more members to sign up for Master PRLS. There will be a Basic PRLS class in Oxnard on April 8th.

Larry Emrich announced that he needs an order of at least 10 shirts for an embroidery order.

President Hutch said that this year's Spring Social will be April 28th at the LaRoche's.

Norm Blacher announced that his group, the Funsters, is sponsoring an evening at the Rubicon on April 14th. The play is the Lonesome Traveler. Please see Roz Warner for discounted tickets.

### Fining:

Terry Schaeffer asked questions relating to rainfall and made lots of money.

### Happy Dollars:

Lots of happy dollars for some amazing things happening in our member's lives!

### Program:

Norm Blacher introduced retired orthopedic surgeon David Cullton, whose talk was entitled "Dem Bones, Dem Bones – the Past, Present and Future of Orthopedics."



Dr. Cullton's fascinating talk focused on the hip, knee and shoulder. Beginning with the hip joint, the largest and

*cont'd*

Web addresses: Club [www.venturarotary.org](http://www.venturarotary.org) – Photos: [www.rotarycov.smugmug.com](http://www.rotarycov.smugmug.com)  
District 5240 [www.rotarydistrict5240.org](http://www.rotarydistrict5240.org) – R.I. [www.rotary.org](http://www.rotary.org)

## Meeting Programs & Assignments

### Programs

Program Chair: PP Larry Emrich

March 30, 2011

*Calif. Lutheran University*

Dr. Chris Kimball

April 6, 2011

*The Ventura Music Festival*

Cheryl Heitman & Roz Warner

April 13, 2011

*Rotaractors and the NID*

Greg Abrams et al

### Introductions

Chair: Chris Brashears

March 30 – Roger Case

### Rotary Moment

Chair: Barbara Asbell

March 30 – Saurabh Bajaj

April 6 – Todd Binkley    April 13 – Steve Warriner

### Fining

Chair: Todd Binkley

March 30 – Joyce Frenette

April 6 – David Shea    April 13 – Scott Patterson

## 2010-11 Officers and Directors

### Officers

President .....Hutch Hutchinson  
President Elect .....Lynda Girtsman  
Secretary ..... Jim Deardoff  
Recording Secretary \* .....Larry Emrich  
Treasurer .....Jim Newton  
Assistant Treasurer \* .....Mark Sauer  
Immediate Past President .....Larry Emrich  
•Non-Voting Position

### Avenue of Service Directors

Club Service .....Maria Berntson  
Community Service .....Dennis LaRochele  
International Service .....Albert McCartney  
Vocational Service ..... Scott Patterson

### Elected Directors

#### 2<sup>nd</sup> Year 2009-11:

Ellyn Dembowski  
Erik Feingold  
Sonny Shah  
Juan Soto

#### 1<sup>st</sup> Year 2010-12:

Barbara Asbell  
Dale Jaedtke  
Kristin Taylor  
John Williams

### *Program continued:*

most stable joint in the body, he described the early years of hip replacement surgery beginning in the 1960's. The first problem was to find a replacement part that was sturdy enough to last and the second was to combat the problem of infection.

Dr. Culton called the knee, "the most injured joint in the body." The big breakthrough was the advent of arthroscopic surgery.

The shoulder was described as "the most unstable joint in the body," with repairs to torn rotator cuffs being the most prevalent surgery.

Dr. Culton said the future lay in the development of adult stem cell technology whereby, for instance, stem cells could be "sprayed" into a knee to regenerate injured cartilage. He also said there was promising work being done in regenerative medicine

### ***March 30 Program: California Lutheran University***

The program will be presented by Dr. Chris Kimball, President of CLU. He will discuss the current activities of Cal Lutheran, including impacts on the Ventura County community.



## MAKE-UP OPPORTUNITIES

Day/Time	Club	Location
<b><u>Monday</u></b>		
Noon	Santa Paula	Logsdon Restaurant
Noon	Ventura South	Wedgewood Banquet Ctr.
<b><u>Tuesday</u></b>		
6:45 AM	Fillmore Sunrise	El Pescador Restaurant
7:00 AM	Camarillo Brkfst.	Spanish Hills Country Club
7:00 AM	Ojai West	Soule Park Golf Course
Noon	Simi Valley	Simi Valley Cultural Arts Ctr
12:10 PM	Montecito	Montecito Country Club
12:10 PM	Oxnard	Courtyard by Marriott
6:00 PM	Simi Sunset	Grand Vista Hotel
<b><u>Wednesday</u></b>		
7:00 AM	Carpinteria AM	Carpinteria Women's Club
Noon	Camarillo	Camarillo Center for Spiritual Living
<b><u>Thursday</u></b>		
7:00 AM	Simi Sunrise	Grand Vista Hotel
7:30 AM	Oxnard Sunrise	Tomas Café
11:45 AM	Carpinteria	Carpinteria Community Bldg
Noon	Fillmore	Fillmore Western Dining Car
Noon	Ventura East	Poinsettia Pavilion
<b><u>Friday</u></b>		
Noon	Ojai	Soule Park Golf Course

For other District 5240 Make-Up locations and directions go to [rotarydistrict5240.org](http://rotarydistrict5240.org) and click on link "When and where clubs meet"

To make up on-line via the world wide web, go to [rotaryclubone.org](http://rotaryclubone.org) To make up anywhere around the world, go to [rotary.org](http://rotary.org) and use the Club Locator

### The Four Way Test – of the things we think, say and do:

Is it the TRUTH?  
Is it FAIR to all concerned?  
Will it build GOODWILL and better  
FRIENDSHIPS?  
Will it be BENEFICIAL to all concerned?

## UPCOMING EVENTS

### April 9, 2011 (Saturday)

District 5240 Assembly in Oxnard (Pacifica High School).

**NOTE: Club pays registration fee!**

Great opportunity to meet people from other clubs to share information and projects. Please see Lynda Girtsman for more information.

### April 14, 2011 (Thursday)

**"Lonesome Traveler" at the Rubicon.**

This world premier event is sponsored by our "Funsters" past president group. A reduced ticket price is available for club members. Please see Roz Warner for more information.

### April 16, 2011 (Saturday)

**7 AM – 5 PM Gold Coast Ride for Literacy**

To sign up for one of the many volunteer positions or for more info, please contact Steve Doll or go to the website [goldcoastrideforliteracy.org](http://goldcoastrideforliteracy.org)

### April 26, 2011 (Thursday)

**PLEASE NOTE DATE CHANGE**

**11:45 AM Monthly Board Meeting at 71 Palm**

Note that this counts as a make-up if attended within the make-up period.

### April 27, 2011 (Friday)

**7:30 AM Monthly Newcomers' Meeting at Crowne Plaza C Street Restaurant**

This also counts as a make-up if attended within the make-up period.

### May 21-25, 2011

**R I Convention - New Orleans, LA.**

For more information, please contact Lynda Girtsman

### May 28, 2011

**5 PM Club Social – Garden Party at Dennis LaRochelle's home**

Sign-ups and more details at club meetings or contact Christina Rust.

### June 21 (Tuesday)

**Prez Hutch's Demotion Party at Crowne Plaza**

Don't want to miss this, so put the date on your calendar now! More info to come

### June 25, 2011

**DG Deepa's Demotion & District Awards Celebration – Santa Ynez Valley Marriott**

Watch for more information to come!

### July 4<sup>th</sup>, 2011

**New Format for this annual Celebration!**

Special booth discounts are available for non-profit organizations.

Watch for committee meeting announcements and get involved. Contact Ellyn Dembowski or PE Lynda Girtsman for more detail.