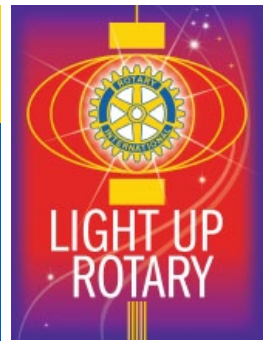


ROTARY SPOKES

The Weekly Bulletin of the Rotary Club of Ventura, est. May 1, 1919

95 YEARS OF
SERVICE

Volume VC
Number 11
01 OCT 2014



What Rotarians Need to Know About Sex

Today's presenter is Sharon Norling, MD, MBA.



Dr. Norling is a leading expert in functional medicine. As a medical doctor she is nationally board-certified in OB/GYN, Integrative Medicine and Medical Acupuncture. Dr Norling's life work has been to keep people healthy and safe.

Dr. Norling's expertise is based on her years of clinical experiences, her faculty position at the University of Minnesota Medical School, and her research. Importantly, she is a skilled and highly trained compassionate physician who finds the root cause of symptoms and illnesses. During her years in healthcare she has been nurse, medical doctor, hospital administrator, advocate and a dismissed and misdiagnosed patient.

She has testified before the White House Commission on Complementary Alternative Medicine Policy. She has served in multiple leadership roles as Medical Director and senior management in two large healthcare organizations. Her roles have brought her in direct contact with all levels of business, government and healthcare.

In addition to being the author of *Your Doctor is Wrong* Dr. Norling is the co-author of a textbook, *Integrative Medicine* and numerous articles.

She founded the highly acclaimed Mind Body Spirit Center located in Westlake Village, CA.

She is an international speaker on a wide range of current health topics, including corporate health. As a presenter, she is engaging, articulate, humorous, and insightful, making learning a dynamic professional and personal growth experience.



Memorial Service Scheduled for John McConica

Services will be held Saturday, October 18, 10:00 AM at the Ted Mayr Funeral Home, 3150 Loma Vista Road, Ventura with The Reverend Wayne Kempton of Community Presbyterian Church officiating. Burial has taken place in the family plot at Ivy Lawn Memorial Park, Ventura.



Memorial donations may be made to the Ventura County Museum of History and Art. Arrangements are under the direction of the Ted Mayr Funeral Home, 3150 Loma Vista Road, Ventura. Condolences may be left at TedMayrFuneralHome.com.

Recap of September 24 Meeting

Barbara Asbell began the meeting with her invocation and introductions. Clyde Reynolds, Staci Johnson and RoseAnn Hill led the club in 'Smile.'

Mario de la Piedra needs members to step up and volunteer to help out at the October 18 Color Run. An email with a link to sign up as a volunteer has been sent to members. Your participation will bring in funding for our projects, plus it is a lot of fun!

As we move into Fall, the baseball post-season will be upon us and Jeff King fined about all-yhings baseball.

Hutch Hutchinson bestowed yet another Paul Harris Fellowship to Steve Kipp for all his service to the club.

Program

The ever-popular Member Spotlights showcased Amy Fonzo and Matt LaVere.

Amy Fonzo was born and raised in Pennsylvania, growing up in Erie and attending Penn State. Tired of the winters back east, Amy migrated to California 23 years ago. Her first job here was as a basketball referee, but she later worked as an government administrator, non-profit director and her current position in public relations for an energy company.

Amy likes to travel and she has two sons, 18 and 20 years old, who are very involved in sports She is engaged to be married in 2016.

Matt LaVere began his presentation with an image of his baby daughter.

Matt hails from this area, having grown up in Ventura and Ojai. He received his law degree at Pepperdine and lived and worked in Washington, DC and Las Vegas, before coming back to Ventura to raise a family. He realized that this was by far the best place to live.

His law practice allows him to spend valuable time raising his daughter.

Today's Program

What Rotarians Need to Know About Sex

Introductions:	Neal Andrews
Rotary Moment:	Curtis Cormane
Fining:	Kristin Taylor

Future Programs

Oct 8	Polio & Wars
Oct 15	CASA of Ventura County
Oct 22	Casa Pacifica



Amy Fonzo shared aspects of her life, from Erie, PA, to Ventura, with the club.



Matt LaVere spoke of his local roots and how he finally decided to settle back in his hometown.



Steve Kipp accepts his latest Paul Harris Fellowship from Hutch Hutchinson.



Jeff King fined on America's pastime, baseball.



Mary Saputo reminds members to attend the next Childrens Christmas Party meeting.



Mario de la Piedra urges members to sign up to volunteer for the October 18 Color Run.



SusAnne Lee Chung makes an announcement for the Dictionary Project.



Barbara Asbell starts off the meeting.

Polio vaccinators make significant headway in Nigeria

Nigeria is closer than ever to eradicating polio, riding a successful effort to reach children in seven northern states at highest risk for the disease.

“Rotarians have [gone] into remote areas of the country by car, canoe, motorbike, and even on foot to ensure every child gets the vaccine,” says Rotary’s Nigeria PolioPlus Committee Chair Tunji Funsho.



In Katsina state, members of the Nigeria PolioPlus Committee (NPPC) recently met with leaders of two communities notoriously opposed to immunization, mainly on religious grounds and in protest of the lack of basic health care. They persuaded the leaders to endorse vaccination by obtaining government assurance that mobile health camps would provide free checkups, medications, immunization against diseases besides polio, and other services.

Along with Pakistan and Afghanistan, Nigeria has never stopped transmission of the wild poliovirus. However, it has recorded only three polio cases so far this year (as of 3 June), down from 24 cases for the same period in 2013. The NPPC began providing funding for the health camps in May. And in response to community demands for clean water, some Rotary clubs are sponsoring projects to install boreholes.

In high-risk states like Katsina, “the mere participation of community leaders, allowing their own children to be vaccinated or pronouncing the acceptance of OPV [oral polio vaccine] is enough to encourage community members to allow the vaccination teams into their homes,” says Funsho.

Rotary field coordinators are helping close immunization gaps in northern Nigeria by gaining public support from government and community leaders through

October Birthdays	October Anniversaries
John Williams, Oct 04	Lucas Johnston, Oct 06
Sandra Laby, Oct 10	Jim Newton, Oct 11
Scott Patterson, Oct 12	Juan Soto, Oct 14
Jim Duran, Oct 13	Ellyn Dembowski, Oct 23
David Wellik, Oct 21	Duane Georgeson, Oct 29
Brenda Allison, Oct 24	
Bob Cheatham, Oct 28	



providing technical support, and monitoring the quality of vaccination teams.

“In the security challenged areas, measures such as ‘fire walling,’ which ensures that children going in and out of Borno and Yobe states are immunized, have been put in place,” says Funsho. Teams of health workers and security agency personnel also use “hit and run” tactics to immunize children and withdraw in two days’ time or less, he adds.

Funsho and others are optimistic that Nigeria can stop polio transmission by the end of 2014, one of the goals of the polio endgame strategic plan. Rotary is a leading partner in the Global Polio Eradication Initiative .

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