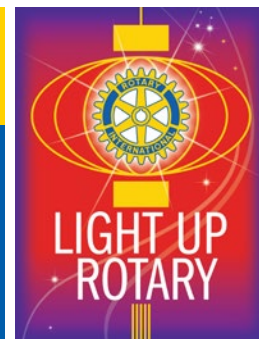


ROTARY SPOKES

The Weekly Bulletin of the Rotary Club of Ventura, est. May 1, 1919

95 YEARS OF
SERVICE

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Humanitarian Consequences of Nuclear Weapons

Today's speaker is Dr. Robert Dodge. He is a family physician practicing full time in Ventura, California. He serves on the board of Physicians for Social Responsibility Los Angeles, serving as a Peace and Security Ambassador and at the national level where he sits on the security committee. He also serves on the board of the Nuclear Age Peace Foundation and Citizens for Peaceful Resolutions He writes for PeaceVoice.



Dr Dodge has been a lecturer and author over the past 30 years of numerous published articles on various subjects related to peace, social justice and the environment including; nuclear weapons and their effects on human health and the environment, nuclear weapons legacy to future generations, health effects of radio nucleotide exposure from nuclear explosions, testing and nuclear power and health concerns from Fukushima disaster.

Dr. Dodge received his B.A. in Molecular Biology from the University of Colorado and his M.D. from the University of California Irvine. After his Internship and Residency at Ventura County Medical Center in Family Practice, he set up his current practice, Brent Street Family Practice Identity Medical Group in 1981. He is a current resident of Ojai and is a father of three sons.

Rotary Peace Centers and Careers in Peace and Conflict Resolution

With bloody conflicts raging in the Middle East, Eastern Europe, and parts of Central Africa, the message of nonviolence and reconciliation that nations worldwide observed on 21 September demands more urgent and collective attention.

In 2001 the United Nations designated the September date as an annual International Day of World Peace "to be observed as a day of global ceasefire and nonviolence" according to a General Assembly resolution.

The day's devotion to peace connects closely with what Rotary members have been fostering since The Rotary Foundation's mission to advance world understanding, goodwill, and peace, was proclaimed in 1917.

Rotary's goal of worldwide peace and tolerance has been an unwavering pursuit: conducting global forums, hosting international peace symposiums,

advancing peace through its 60-year collaboration with the UN, as well as grassroots initiatives such as the Rotarian Action Group for Peace.

But Rotary's most significant effort to wage peace is the Rotary Peace Centers program, established in 2002. Each year, the program trains some of the world's most dedicated and brightest professionals, preparing them to promote national and international cooperation and to resolve conflict. They include graduates of a two-year master's degree program and a three-month professional certificate program at Rotary's partner universities.

Today, more than 900 peace fellows are applying their expertise in various fields. They're settling border conflicts in West Africa, developing aid programs at the World Bank, drafting legislation to protect exploited children in Brazil, providing security for U.S. diplomats, and many other career paths devoted to peace.

Recap of October 01 Meeting

Neal Andrews started off the meeting with a prayer. Staci Johnson and RoseAnn Hill led the club in 'America the Beautiful.'

Mario de la Piedra asked members to step up and help volunteer for the October 18 Color Run. We need another 100 volunteers to maximize the money we will receive for the event.

Staci Johnson asked members heading up projects for the club, to send information to Ken Leandro to update our Fireworks Facebook page. Ron Calkins announced that the club had netted \$43,000 for thiis last July 4th event. Kristin Taylor announced that Coats for Kids is moving along well and Barbara Asbell asked members to volunteer for the annual bell-ringing.

Ellyn Dembowski awarded a Paul Harris Felloewship on Joe Siddens. Joe is with the Ventura Lions Club and helped collaborate with us on the backpack project.

Curtis Cormane, in his Rotary Moment, read from his travel blog about his trip to Nicaragua, in support of a Rotary project.

Program

Speaker Sharon Norling MD practices 'Functional Medicine' which combines the best conventional and natural medicines to treat the whole patient and find the underlying causes. Every person is different so their treatments should be individualized.

Dr. Norling extolled the virtues of a healthy sex life. Sex helps you live longer by strengthening the immune system. burning calories, reducing heart disease and preventing hormone imbalances.

She stressed that the key to good health lies in testing for a variety of health issues, such as hormone imbalances, particularly testosterone in men. Inflammation and cancers are often the results of such difficiencies.

Dr. Borling is the author of "Your Doctor is Wrong."

Today's Program

Humanitarian Consequences of Nuclear Weapons

Introductions: Barbara Asbell
Rotary Moment: Dave Loe
Finig: Kevin Clerici

Future Programs

Oct 15 CASA of Ventura County
Oct 22 Sleep Apnea
Oct 29 Member Spotlights



President Rob van Nieuwburg raises a Happy Dollar for his new grandson.



Guest Speaker Dr. Sharon Norling discusses the healthy benefits of sex.



Joe Siddens received a Paul Harris Fellowship from Elyn Dembowski.



Betsy Chess brought along her daughter to enjoy lunch at Rotary.



Curtis Cormane shared a piece from his travel blog concerning a Rotary project in Nicaragua.



RoseAnn Hill and Staci Johnson sing a patriotic song.



Indy Batra offers an announcement.



The meeting commenced with a prayer by Neal Andrews.



Ten Rotary members were honored as Women of Action at a Rotary Day at The White House on 7 October. The women are Marion Bunch, Deepa Willingham, Bernadette Blackstock, Michelle Candland, Carolyn Jones, Ginger Vann, Jacqueline Parsons, Elizabeth Usovicz, Jane Winning, and Carol Butler.


THE HAPPIEST 5K ON THE PLANET.

THE COLOR RUN™

OCTOBER 18, 2014

**SIGN UP RUNNERS!
USE CODE 'COLORJGMRF'**

Membership Updates:
John McConica II's Excused Attendance (Rule of 85) began on July 1, 2014.

October Birthdays		October Anniversaries
John Williams, Oct 04		Lucas Johnston, Oct 06
Sandra Laby, Oct 10		Jim Newton, Oct 11
Scott Patterson, Oct 12		Juan Soto, Oct 14
Jim Duran, Oct 13		Elynn Dembowski, Oct 23
David Wellik, Oct 21		Duane Georgeson, Oct 29
Brenda Allison, Oct 24		
Bob Cheatham, Oct 28		



OFFICERS	President	Rob vanNieuwburg	
	President Elect	Christina Rust	
	Secretary	Jim Deardoff	
	Recording Secretary *	Larry Emrich	
	Treasurer	Connie Young	
	Assistant Treasurer *	Mark Sauer	
	Immediate Past President	Irene Henry	
		<i>*Non-Voting Position</i>	
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		Director	Roz Warner
Assistant Director		Elynn Dembowski	
Community Service			
Director		Steve Warriner	
Assistant Director		Mike Anderson	
International Service			
Director		Albert McCartney	
Assistant Director		Mark Kirwin	
Youth Service			
Director	Dale Jaedtke		
Assistant Director	Dave Wellik		
Vocational Service			
Director	Mary Saputo		
Assistant Director	Saurabh Bajaj		
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Club #691

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Rotary International
President

Loretta Butts
District 5240 Governor

Rob vanNieuwburg
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