# **THE 2023 MONADNOCK REGION** FAMEY RESOURCE CU









Rotary Club of Keene Keene Elm City Rotary NEW HAMPSHIRE CHARITABLE FOUNDATION

## The Keene Sentinel

## TABLE OF CONTENTS & INTRODUCTION

The Family Resource Guide was developed by the Success by Six Committee of the Rotary Clubs of Keene. This guide is part of the mission to help children - improving the quality of life of young children and their families by building and sustaining a climate of support - throughout the Monadnock region. The guide is organized by the type of service.



Emergency Services Hospital Main Lines 07

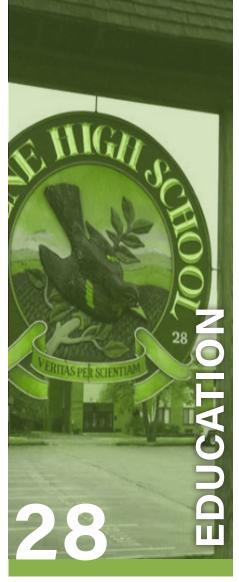
07



Hospitals & Medical Centers	09
Dental Care Assistance	09
Community Health Agencies & Organizations	10
Mental Health Services	12
Health Insurance Assistance	13
Housing Assistance	13
Clothing, Furniture & Household Items	14
Fuel/Energy Assistance	15
Food Assistance	16
Assistance for Children with Special Needs	18
Assistance for Seniors	20



Childcare & Early
Education Resources
Licensed Childcare Centers



School Districts Public Charter Schools Private Schools Adult Education

23

24



<b>Recreational Activities</b>	33
Libraries	35
Transportation Resources	37
Financial Assistance	37
Legal Assistance & Services	38
Adoption Support Resources	38
Parenting Information & Resources	39

PUBLISHER Keene Publishing Corporation EDITOR SARAH SHERMAN DIRECTOR OF SPECIAL PUBLICATIONS Michael Breshears DIRECTOR OF ADVERTISING OPERATIONS Shelly Bergeron GRAPHIC DESIGNER Meg Gale DIGITAL + DESIGN Jessica Garcia Shay Riley

29

30

30

31

#### CIRCULATION Kelvin Parker THE MONADNOCK FAMILY RESOURCE GUIDE is a publication of The Keene Sentinel Keene Publishing Corp. 60 West St., Keene, N.H. 03431 Telephone: 603-352-1234 sentinelsource.com © 2022 Keene Publishing Corporation

#### Dear Reader,

Welcome to the 2023 Monadnock Region Family Resource Guide, brought to you by The Keene Sentinel, the Success by Six Committee of the Rotary Clubs of Keene and the Monadnock Region Health Reporting Lab.

On the following pages, you should find resources pertaining to these categories: Emergency Services Health and Wellness Childcare Education Family and community assistance

I want to thank Sarah Sherman, who compiled and edited this guide, and to the several funders of the Monadnock Region Health



Reporting Lab whose donations were used, in part, to produce this publication. These donors include individuals and institutions who care greatly about the region and its wellbeing, including the Putnam Foundation, Cheshire Medical Center and the New Hampshire Charitable Foundation. The guide is free to the community and represents our best effort to provide a comprehensive resource for the many services in this region that can assist you and family members.

While it is comprehensive, it will not capture every possible non-profit or community group that is out there doing good work on behalf of residents. We will post this information online, and you can help us expand the listings and keep everything updated by emailing any corrections to webmaster@keenesentinel.com. We also will post a form on www.keenesentinel.com that you can use to send us omitted listings electronically. We will next produce this booklet in late 2024 and can include all updates. We will also publish this online in Spanish in the coming weeks.

Thanks to the Rotary Clubs for help distributing the guide and for continued support of this resource. We hope you find it helpful and a valued reference for your family.

Sincerely,

Revence L. Uniliania

Terrence L. Williams President and COO



## **EMERGENCY SERVICES**



### **Emergency Services**

NH State Police: 800.525.5555; \*77 cell for NH, ME, MA

Northern New England Poison Control: 800.222.1222

ServiceLink Resource Center of the Monadnock Region: 603.357.1922

**NH Statewide Help Line:** 211 or 866.444.4211 out of state

NH Mental Health Assistance: 988

Family Support Warm Line: 800.640.6486

NH Alcoholics Anonymous Hotline: 800.593.3330; nhaa.net

Monadnock Substance Abuse Services: 603.357.3007 888.392.7867; phoenixhouse.org

NH Division of Children, Youth and Families: 800.894.5533; dhhs.nh.gov

Monadnock Family Services: 603.357.4400; mfs.org

Monadnock Center for Violence Prevention 24-Hour Crisis Line: 888-511-MCVP (6287) National Runaway Safeline: 800.RUNAWAY (786.2929)

The Samaritans NH Crisis Hotline: 603.357.5505, 866.457.2910

National Suicide Prevention Lifeline: 800.273.TALK (8255)

The LGBT National Help Center: 888.843.4564

The Trevor Project (suicide hotline for LGBTQ youth): 866.488.7386

Disaster Distress Helpline: 800.985.5990

Trans Lifeline: 877.565.8860

Crisis Text Line: 741741

Veterans Crisis Line: 800.273.8255 or text 838255

**24-Hour NH DHHS Child Protection & Juvenile Justice Line for Reporting of Child Abuse/Neglect:** 603.271.6562; 800.894.5533

NH Children's System of Care Crisis Line: 833.710.6477

## Hospital Main Lines:

**Cheshire Medical Center/Dartmouth Health:** 603.354.5400; cheshiremed.org

Monadnock Community Hospital: 603.924.7191; monadnockcommunityhospital.com

Brattleboro Memorial Hospital: 802.257.0341; bmhvt.org

Brattleboro Retreat: 800.RETREAT; 802.258.3737; brattlebororetreat.org



## HEALTH AND WELLNESS









## Hospitals & Medical Centers

#### **Cheshire Medical Center/Dartmouth Health**

580-590 Court St., Keene 603.354.5400 cheshiremed.org

Regional medical center and multi-specialty physician group practices with family practice offices in Walpole and Winchester and community health programs.

#### **Monadnock Community Hospital**

452 Old Street Road, Peterborough 603.924.7191 monadnockcommunityhospital.com

Critical access hospital offering comprehensive inpatient and outpatient services to residents of the Monadnock Region.

#### **Brattleboro Memorial Hospital**

17 Belmont Ave., Brattleboro, VT 802.257.0341; bmhvt.org

Not-for-profit community hospital in southeastern Vermont, licensed for up to 61 beds and serving residents of Vermont, New Hampshire, and Massachusetts.

#### **Brattleboro Retreat**

1 Anna Marsh Lane, Brattleboro, VT 802.258.3737; brattlebororetreat.org

Private not-for-profit mental health and addictions hospital that provides comprehensive inpatient, partial hospitalization, and outpatient treatment services for children, adolescents, and adults.

### **Dental Care Assistance**

#### **Cheshire Smiles**

603.354.5454 ext. 5494 nhoralhealth.org

Dental screenings and education for preschool to grade 3, as well as preventive care and referrals to dental offices for those without routine dental care.

#### **Monadnock Healthy Teeth**

603-924-4699 ext. 1108 monadnockcommunityhospital.com/services/ monadnock-healthy-teeth

A school-based oral health education and prevention program of Monadnock Community Hospital.

#### **NH Smiles**

844.ASK.DHHS (275.3447); dhhs.nh.gov/programsservices/health-care/medicaid-dental-services-newhampshire-smiles-program

Assists Medicaid-eligible individuals, of all ages, in finding a NH Medicaid enrolled dentist and can answer questions about dental bill, benefits, or transportation.

#### **NH Oral Health Program**

603.271.0460; dhhs.nh.gov/programs-services/ disease-prevention/oral-health-program

Raising the public's awareness of good oral health as an important part of total health and wellness.



## **Community Health Agencies & Organizations**

#### Center for Population Health at Cheshire Medical Center: Community Programs

580 Court St., Keene 603-354-5460; cheshiremed.org/community-programs

Cheshire Medical Center's Center for Population Health and its many partners offer a wide range of community programs including Wellpowered Worksites, Wellpowered Schools, Tobacco Cessation Program, Senior Passport Program, Prescribe for Health, The Doorway, Advance Care Planning and Family Resource Counseling. In addition, a robust selection of programs that foster community connection, education, and overall well-being are offered regularly that help increase public access to wellness education, helping community members live healthy, well-balanced lives.

#### Healthy Monadnock Alliance

580 Court St., Keene 603.354.5460; healthymonadnockalliance.org

Regional partnership of community leaders representing municipalities, schools, businesses, nonprofits, coalitions, faith, and civic groups, who have joined together around a common purpose to create a compassionate community where health equity and emerging community needs are a priority. The Southern NH HIV-AIDS Task Force 603.595-8464; harborcarenh.org/hiv-aids-index

A program of Harbor Care that provides medical case management, early intervention and prevention, and peer support services for people living with HIV/AIDS.

#### American Red Cross Northern New England

2 Maitland St., Concord 603-225-6697; redcross.org

Provides relief for victims of disaster and helps people prevent, prepare for and respond to emergencies through education and training, as well as organizing blood drives and volunteer services.

#### Home Healthcare, Hospice and Community Services (HCS) 312 Marlboro St./ PO Box 564, Keene 603.352.2253; 800.541.4145; hcsservices.org

With locations in Keene, Charlestown, and Peterborough, provides home healthcare, hospice services, and nutrition assistance for seniors, as well as a Healthy Starts program for child services. Also offers the Family Resource Center at Healthy Starts, available to all community members and designed to be a drop-in center and place for arranged gatherings, meetings, or workshops.

#### **Monadnock Center for Violence Prevention**

12 Court St., Suite 103, Keene 603.352.3782 or 888.511.6287 (24-hour hotline); mcvprevention.org

Provides 24-hour crisis hotline and support to survivors of domestic violence, rape, sexual assault, and stalking, and works to break the cycle of violence through school, community and business prevention education programs.

#### Monadnock United Way

23 Center St., Keene 603.352.4209; muw.org

Monadnock United Way improves the lives of community members by mobilizing diverse partners and investing in programs and people to create longlasting, measurable change. Its Impact Monadnock program seeks to improve outcomes for ages birth to 8 in the Monadnock Region and their families.

#### **Planned Parenthood Keene Health Center**

8 Middle St., Keene 603.352.6898; plannedparenthood.org

Provides routine gynecological care and treatment, sex education, birth control, pregnancy testing and options counseling, sexually transmitted infection testing and treatment to those with and without insurance.

#### **Monadnock Birth Center**

907 W. Swanzey Rd., Swanzey 603.352.5860; monadnockbirthcenter.com

Offers safe, comfortable midwifery care with support and personal attention through pregnancy, birth, and post-birth care in a free-standing birth center.

#### **Big Brothers Big Sisters of New Hampshire**

3 Portsmouth Avenue #2, Stratham 603.430.1140; bbbsnh.org

Nonprofit organization that provides youth mentoring services to the state of New Hampshire with several offices and serving all communities through local interviews and matches with mentors for site-based or community-based connection.

#### **The River Center**

9 Vose Farm Road, Suite 115, Peterborough 603.924.6800; rivercenternh.org

Family and community resource center that provides Information and referrals for area services as well as parenting programs, employment resources, classes and workshops, children's play groups, and parent support groups.

#### **The Grapevine Family and Community Resource Center** 4 Aiken Street, PO Box 637, Antrim 603.588.2620; grapevinenh.org

Resource center promotes family and community health and well-being through support, education, and sharing of resources for residents of Antrim, Francestown, Hancock, Bennington, Hillsborough, and Deering.

#### **Cheshire Doulas**

580 Court St., Keene 603-354-5454 ext. 2270; cheshiremed.org/pregnancy-birth/preparing-birth

Volunteer trained doulas aim to provide birthing mothers and partners with continuous physical, emotional, and informational support during labor in partnership with Cheshire Medical Center birthing teams, including encouragement, information, and wide range of comfort and relaxation techniques such as massage, visual imagery, and aromatherapy. Research shows that doula-supported deliveries require less medication and fewer cesarean births.





### Mental Health Services

#### **MAPS Counseling Services**

23 Central Square, Suite 300, Keene 603-355-2244 mapsnh.org

9 Vose Farm Road, Peterborough 603-924-2240

Committed to ensuring that quality counseling and psychotherapy services are available to everyone in the Monadnock Region.

#### Monadnock Family Services (MFS) 64 Main St., Keene

603.357.4400; mfs.org

Nonprofit community mental health center provides a wide range of mental health and support services for children, families, adults, and seniors through parent education, youth development, family support, elder care, veterans services, substance abuse prevention and treatment, and individual and group treatment and recovery support for persons and families struggling with mental illness. **Brattleboro Retreat** 1 Anna Marsh Lane, Brattleboro, VT 802.258.3737; brattlebororetreat.org

Private not-for-profit mental health and addictions hospital that provides comprehensive inpatient, partial hospitalization, and outpatient treatment services for children, adolescents, and adults.

#### NH Children's System of Care

Crisis Line: 833.710.6477; nhcsoc.org

Seeks to improve the behavioral and mental health of NH children, youth and families through a network of resources and support. FAST Forward / NH Wraparound is a youth- and family-driven process that supports youth to age 21 with significant emotional or behavioral challenges and their families by bringing together a community-based team to support the family by developing and monitoring a plan of care that builds on family and youth strengths and addresses their needs. Website offers a family mental health resource directory with local and statewide resources.

## *Health Insurance Assistance*

New Hampshire Children's Health Insurance Program (CHIP) 800-852-3345 ext. 4344; benefits.gov/benefit/1608

Provides access to low-cost and free health coverage options for New Hampshire's uninsured children and teens as part of New Hampshire Medicaid.

#### NH Children's Medicaid Unit Keene District Office:

111 Key Road, Keene 603.357.3510; 800.624.9700; nheasy.nh.gov

Assistance in applying for Medicaid insurance coverage for children as well as other state assistance programs available for income-eligible residents through the NH Department of Health and Human Services.

## Housing Assistance

#### Hundred Nights, Inc.

17 Lamson St., Keene 603.352.5197; hundrednightsinc.org

Emergency shelter that provides clean beds in a safe and warm space from 6:30 p.m. to 7 a.m. year-round to neighbors in need, as well as the Open Doors Resource Center nearby at 17 Federal St., providing meals, employment assistance, workshops, referrals, and other services daily.

#### **Keene Housing**

831 Court St., Keene 603.352.6161; keenehousing.org

Provides and advocates for affordable housing and supportive services that strengthen and empower lowand moderate-income households in the region. Keene Housing Kids Collaborative program (5 Harmony Lane, 603.352.0109, khkc.org) serves children living in housing owned or managed by Keene Housing by partnering with community organizations to provide free or low-cost access to programs and learning opportunities for youth.

#### **Contoocook Housing Trust**

603-878-1247; housingtrust.org

Nonprofit provides affordable rental and homeownership opportunities for low- and moderate-income families in Antrim, Bennington, Dublin, Francestown, Greenfield, Greenville, Hancock, Hillsborough, Jaffrey, Peterborough, Rindge, Sharon, and Temple.



## Housing Assistance Continued

#### **Monadnock Area Transitional Shelter**

PO Box 3053, Peterborough 603-924-5033; matsnh.org

Provides transitional housing, support and referral services to people who are experiencing homelessness and educates the community on issues of home insecurity to advocate for solutions.

#### **Southwestern Community Services**

63 Community Way, P.O. Box 603, Keene 603.352.7512; scshelps.org

Community action agency providing programs of affordable housing, energy assistance, energy conservation, food and WIC, transportation, workforce development and Head Start for low-income families.

#### Shelter from the Storm

P.O. Box 257, Jaffrey 603.532.8222; shelterfromthestormnh.org

Program providing transitional housing and support services for individuals and families in the Jaffrey/ Rindge and surrounding areas who have become temporarily homeless due to acute situations as divorce, domestic violence, job loss, foreclosure, medical expenses, etc.

#### **Monadnock Habitat for Humanity**

PO Box 21, Keene 603.357.8474; monadnockhabitat.org

Nonprofit organization builds houses in the Monadnock Region and beyond to provide decent, safe, and affordable homes for neighbors living in inadequate housing by offering a hand up, rather than a hand out as Habitat homeowners help build their own homes and pay an affordable interest-free mortgage. Also assists with critical home repairs



## *Clothing, Furniture, Household Items*

#### The Salvation Army Family Store

132 Monadnock Hwy., Swanzey 603.357.2207; easternusa.salvationarmy.org/northernnew-england/keene/family-store

Affordable clothing, footwear, furniture, toys, and household items with money raised used to fund social service efforts in the area.

#### Threads of Hope

80 Peterborough St., Jaffrey 603.532.6400; hfcnh.com/threads

Nonprofit, resale clothing store sponsored by Hope Fellowship Church with most items priced at \$1 thanks to clothing donations.

#### **Troy Helping Hand Center**

1 Depot St., P.O. Box 240, Troy 603.242.3007

Provides clothing and household items to the public based on family size.

Linda's Closet 43 Cypress St., Keene 603.357.1015; lindascloset.org

Free clothing resource for women in the Monadnock Region to assist women in achieving life and career goals.

#### **The Community Closet**

Call or message for address, Keene 603.313.2472; facebook.com/staceyscommunitycloset

Free clothing for children, adults, and families in need through donations.

#### More Than a Thrift Store 19 Ralston St., Keene 603.355.1890; keenethriftstore.com

Nonprofit thrift store that donates 100% of its net-proceeds back to the community, offering affordable clothing, footwear, furniture, and household items.

#### **Homestead Thrift Shop**

221 Main St., Marlborough 603.876.3415; facebook.com/HomesteadThriftShop

Affordable clothing, footwear, furniture, and household items with proceeds benefiting local charities.

#### Keene Senior Center Court St. Thrift Shop

70 Court St, Keene 603.352.5037; thekeeneseniorcenter.org/thrift-shop

Offering affordable men's and women's clothing, jewelry and accessories, yarn, puzzles, and games.



## Fuel/Energy Assistance

#### **Southwestern Community Services**

63 Community Way, P.O. Box 603, Keene 603.352.7512; scshelps.org

Community action agency provides fuel and electric utility/energy assistance as well as energy conservation program.



## Food Assistance

Catholic Charities Community Services 428 Main St., #11, Keene 603.357.3093; cc-nh.org

Provides information and referrals for area resources, such as the NH Food Bank.

#### The Community Kitchen, Inc.

37 Mechanic St., Keene 603.352.3200; thecommunitykitchen.org

Operates pantry program that distributes food weekly, clients verified annually by income and residence, and hot meals program that serves a free meal six days a week; an evening meal on weekdays and lunch on Sunday. Gleaning project partners with other agencies and businesses within Cheshire County to obtain fresh local produce.

#### NH Supplemental Nutrition Assistance Program 109 Key Road, Keene 603.357.3510; dhhs.nh.gov

A program of the New Hampshire Dept. of Health and Human Services that assists families in applying for food benefits if they are eligible. St. Vincent DePaul Society 173 Main St., Keene 603.357.1647

A program of the Parish of the Holy Spirit at St. Bernard's Catholic Church that provides a food pantry.

#### St. Vincent de Paul Mary Queen of Peace Food Pantry

99 Main St., Winchester 603-336-6168

Offers food pantry for Winchester area residents.

#### **Troy Helping Hand Center**

1 Depot St., P.O. Box 240, Troy 603.242.3007

Offers food pantry for Troy and Fitzwilliam residents.

#### WIC Program

63 Community Way, Keene 603.352.7512 ext. 4234; 800.529.0005 ext 4234; scshelps.org/wic

Provides supplemental foods, health care referrals, and nutrition education at no cost to the families of low-income pregnant, breastfeeding and nonbreastfeeding postpartum women, and to infants and children up to 5 years of age.

#### **Feeding Tiny Tummies Resource Center**

305 Park Ave., Keene (603) 762-5890; feedingtinytummies.com

Nonprofit program fighting childhood hunger by providing meals to children on weekends, breaks, and summers away from school and also offers open community hours twice weekly, including pickups from other area towns for distribution.

#### Granite State Market Match Cheshire Conservation District:

11 Industrial Park Drive, Walpole 603.756.2988 ext.4 granitestatemarketmatch.org

Doubles SNAP/EBT benefits for fruits and vegetables at participating farmers markets, farm stands, and CSAs across New Hampshire, partnering locally with the Cheshire Conservation District.

#### **NH Food Bank Mobile Pantry**

700 East Industrial Park Drive, Manchester 603-669-9725 nhfoodbank.org/what-we-do/mobile-food-pantry

Provides regular food drops to locations around the state in response to local need and as a means to distribute nutritious food, such as fresh produce, meats, dairy and canned or boxed items.

#### Joan's Pantry

Asbury Methodist Church Route 63, Chesterfield 603.363.8348

A food shelf formed to assist local residents.

#### Marlborough Food Pantry

16 Pleasant St., Marlborough 603.876.3863

Located in the basement of The Federated Church of Marlborough and available to any member of the community who finds themselves in need of extra help with food, diapers, or personal care items.

#### The Fall Mountain Friendly Meals

122 NH Route 12A, Langdon 603.835.2283; fallmountainfoodshelf.org

A 501(c)3 charitable organization consists of three programs: Fall Mountain Food Shelf, Friendly Meals, and Meals on Wheels, providing emergency food supplies to families and individuals in Sullivan, Windsor, Cheshire, Windham counties and surrounding towns who do not have the means to purchase sufficient nutritious food.

#### **Antrim Baptist Church**

85 Main St., Antrim 603.588.6614

Food pantry for Antrim and Bennington residents.

#### Antrim First Presbyterian Church

73 Main St., Antrim 603.588.2209

Food pantry for Antrim and Bennington residents.

#### **Francestown: Community Food Resources**

Call 603.554.7265 and leave message

#### **Greenfield Congregational Covenant Church**

12 Depot Drive at the Ministry Center 60.547.3626

Food pantry

#### **Greenville: Sacred Heart Parish**

15 High St., Greenville St. Vincent DePaul Society 603-878-0518

Food pantry

#### **Hillsboro District Food Pantry**

7 Church St., Hillsboro 603.464.4080

Food pantry for Hillsboro-Deering School District, Washington, Windsor

## Food Assistance Continued

**Compassion Food Pantry of Jaffrey Assembly of God** 48 Stratton Road, Jaffrey 603.532.6131

**United Church of Jaffrey Food Pantry** 54 Main St., Jaffrey 603.532.7047

#### **Peterborough Food Pantry**

25 Elm St., Peterborough 603.924.3008

Serving the following towns: Antrim, Bennington, Dublin, Francestown, Greenfield, Greenville, Hancock, Jaffrey, New Ipswich, Peterborough, Rindge, Sharon, Temple.

#### **Rindge Food Pantry**

Corner of Route 119 & Cathedral Road (rear of the building), Rindge 603.899.5031

#### **Temple: Faith Food Pantry**

3 Leighton Place, Temple Congregation Church of Temple parsonage 603.878.4177

#### Wilton: Open Cupboard Pantry

Wilton Falls Mill, 6 Burns Hill Road # 5, Wilton 603.809.6004

#### **Community Supper at Stone Church**

Peterborough Unitarian Universalist Church 25 Main St., Peterborough 603.924.6245; uupeterborough.org/community-supper

Free community suppers every Wednesday evening at 5:30 pm (suspended due to Covid but will restart when safe to do so).



## Assistance for Children with Special Needs

#### **Cedarcrest Center for Children with Disabilities**

91 Maple Ave., Keene 603.358.3384; cedarcrest4kids.org

Provides comprehensive medical/residential care, special education and outpatient therapy services to children with complex medical and developmental needs.

#### **Council for Youths with Chronic Conditions** 113 Crosby Road #1, Dover info@nhcycc.org; nhcycc.org

Collaborates with governmental departments in advisory capacity, as well as families, and the public and private sectors in relation to youths with chronic health conditions to increase awareness and promote community-based services around youths with chronic health conditions.

#### **Monadnock Developmental Services**

121 Railroad St., Keene 603.352.1304; mds-nh.org

Provides advocacy and case management services, family support and respite along with residential, vocational, recreational and therapeutic services for persons with developmental disorders. Includes:

#### **MDS Birth to Three: Early Supports & Services** 103 Roxbury Street, Suite 102, Keene

603-352-0165; mds-nh.org

Once deemed eligible, provides early intervention services for children from birth to 3 years and their families.

#### Partners in Health

121 Railroad St., Keene 603-352-1304 ext. 409

Community-based family support program designed to address the needs of families who have children with chronic health conditions.

#### **Rise... for Baby and Family**

147 Washington St., Keene 603.357.1395; riseforbabyandfamily.org

Provides early support and services for infants and toddlers with special needs and their families, as well as on-site childcare program, which integrates children of different abilities.

#### **New Hampshire Family Voices**

Thayer Building 129 Pleasant St., Concord 603.271.4525 or 800.852.3345 ext. 4525 nhfv.org

Assists parents and professionals in navigating the systems of care that deliver services through the engagement of families and partnerships to participate in program development, implementation and evaluation sharing family expertise in the formation of policies affecting their children.

#### **Parent Information Center**

54 Old Suncook Road, Concord 603.224.7005 or 800.947.7005; picnh.org

Provides information and training to parents and community agencies regarding special education laws and services provided by schools, such as IEPs for children ages 3 to 21.

#### **NH Family Ties: Parent to Parent**

70 Pembroke Rd., Concord 800.499.4153 ext. 241; nhfamilyties.org

Matches parents of children with disabilities with parents of children with similar concerns. Also provides information and referral services.

#### Services for Children with Special Health Care Needs

(Department of Health and Human Services) Thayer Building, 97 Pleasant St., Concord 603.271.4488; nh.gov/programs-services/disabilitycare/developmental-services

Provides medical and financial services to children with special healthcare needs, or at increased risk for chronic physical, developmental, behavioral or emotional conditions that require health and related services of a type beyond what is required for children generally.

#### Special Olympics New Hampshire PO Box 3598, Concord

603.624-1250; sonh.org

Provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.





## **Assistance for Seniors**

#### **Bureau of Elderly and Adult Services**

105 Pleasant St., Concord 603.271.9203; 800-351-1888 dhhs.nh.gov/programs-services/adult-aging-care

Provides variety of social and long-term supports to adults age 60 and older and to adults between the ages of 18 and 60 who have a chronic illness or disability.

#### Home Healthcare, Hospice and Community Services (HCS) 312 Marlboro St./ PO Box 564, Keene 603.352.2253; 800.541.4145; hcsservices.org

With locations in Keene, Charlestown, and Peterborough, provides home healthcare, hospice services, and nutrition assistance for seniors, as well as Meals on Wheels.

#### **Keene Senior Center**

70 Court St, Keene (603) 352-5037; thekeeneseniorcenter.org

Offers wide variety of programs designed to cultivate the minds, bodies, and spirits of older adults in the community. Members enjoy wellness classes, movies, crafts and card making, singing, weekly lunches, gardening, all day access to exercise equipment, pool table, and more.

#### **Cheshire Village at Home**

A program of the Keene Senior Center 603-903-9680; thekeeneseniorcenter.org/cvah

Offers older adults an affordable option for staying in their own homes when transportation and household chores become difficult for those who wish to remain independent and socially connected to the community.

#### **The Fall Mountain Friendly Meals**

122 NH Route 12A, Langdon 603.835.2283; fallmountainfoodshelf.org

A 501(c)3 charitable organization consists of three programs: Fall Mountain Food Shelf, Friendly Meals, and Meals on Wheels in Sullivan, Windsor, Cheshire, Windham counties.

#### Monadnock ServiceLink: Aging & Disability Resource Center 25 Roxbury St., Suite 106, Keene 603-357-1922; servicelink.nh.gov/locator/keene.htm

ADRC program is collaborative effort of the Administration on Community Living and the Centers for Medicare & Medicaid Services. ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities of all income levels.

#### Community Volunteer Transportation Company (CVTC)

375 Jaffrey Road, Suite 3, Peterborough 877.428-2882; cvtc-nh.org

Volunteer driver program for those without access to transportation to non-emergency medical appointments, social services, food shopping, and pharmacy visits.

#### Monadnock at Home

100 William Loeb Dr., Unit 3, Manchester 603.371.0809; monadnockathome.org

Program of Catholic Charities NH, serving the towns east of Mount Monadnock to provide seniors of the Monadnock Region with the support and practical means to live and thrive in their homes and communities.



# CHILDCARE









## Childcare & Early Education Resources

#### NH Childcare Scholarship Program

Bureau Of Child Development & Head Start Collaboration 129 Pleasant St., Concord 603.271.8153; dhhs.nh.gov/programs-services/childcare-parentingchildbirth/child-development-head-start-collaboration

Keene office: 111 Key Road, Keene

Provides funds for eligible families with children up to age 13 years or through 17 years for children with disabilities.

#### NH Connections: Child Care Aware

88 Temple St., Nashua 855.393.1731; 603.578.1386 nh-connections.org

Provides tailored list of licensed and licenseexempt childcare providers by town along with educational information on choosing quality childcare and information about how to apply for the New Hampshire State Scholarship is also available.

#### Impact Monadnock

Monadnock United Way 23 Center St., Keene 603.352.4209; muw.org/im

A signature impact initiative of Monadnock United Way, seeks to improve outcomes for all children in the Monadnock Region, from birth to age eight, and their families. Selected in September 2021 as the Lead Agency for New Hampshire's Early Childhood Region 1 and is drawing upon its proven collective impact record to forge new partnerships and a high level of collaboration with early education programs, schools, family support agencies, health agencies, and more.

#### **Success by Six Committee**

PO Box 126, Keene SbySIX@gmail.com; portal.clubrunner.ca/2933/ Stories/success-by-six-mini-grants

Collaboration of the Keene and Elm City Rotary Clubs awards grants to organizations with programs for young children to help them start school ready to learn. Grants limited to service area, which includes Keene and nearby towns (list available online).





## Licensed Childcare Centers

\*Please note that the following list includes licensed childcare centers only. It is intended as a resource rather than a recommendation of childcare programs.

#### **Footsteps Daycare & Learning Center**

407 Winchester St., Keene 603.357.1475; footstepsdaycare.com

Offers a program for children from 6 weeks to 6 years.

#### **Growing Minds Preschool & Daycare**

69 Washington St., Keene 603.354.3977; growingmindsdaycare.org

Offers quality early education and care to children ages 6 weeks to 5 years old.

#### Spring Hill Children's Center

424 Old Walpole Road, Keene 603.357.8663; springhillmonadnock.org

Offers year-round nature-based, Waldorf-inspired early childhood care programs for ages 3-6.

#### Honey Bee Hollow

1 Simineau Lane, Swanzey 603.354.3809; facebook.com/HoneyBeeHollowChildcare

Honey Bee Hollow is a licensed child care center for children ages 6 weeks to 12 years.

#### Jack and Jill Cooperative Nursery School

679 Old Homestead Highway, Swanzey 603.357.8550 facebook.com/JackandJillNurserySchool

Preschool program located in the First Congregational Church in Swanzey.

#### Harrisville Children's Center 66 Main St., Harrisville 603.827.3905; harrisvillechildrenscenter.org

Provides full- and part-time childcare and preschool to children from ages 6 weeks to 6 years.

#### Head Start 63 Community Way, Keene 603.352.7512 ext. 4164; scshelps.org/head-start

Program of Southwestern Community Services that provides supportive and consistent preschool educational environment for children with programs in Ashuelot, Claremont, Jaffrey, Keene, Newport, and Swanzey.

#### Home Away From Home

1 Maplewood Circle, Walpole 603.756.3550

Fun, educational and loving childcare in a relaxed home-like setting for children from 6 weeks to 12 years.

#### **Keene Day Care Center**

86 Wood St., Keene 603.352.2129; keenedaycarecenter.org

Provides childcare services for children 6 weeks through preschool.

#### Keene Family YMCA

200 Summit Road, Keene 603.283.5253; keeneymca.org/child-care

Provides childcare services for infants through preschool and before and after school programs.

#### Keene Montessori School

125 Railroad St., Keene 603.352.4052; keenemontessorischool.com

Provides quality education for children aged 6 weeks to 6 years.





## **Licensed Childcare Centers Continued**

#### Keene State College Child Development Center Elliot Hall, 229 Main St., Keene

603.358.2232; keene.edu/cdc

Serves children and families from both Keene State College and the greater Monadnock community, ages 4 months through 4 years 11 months.

#### **Montessori Schoolhouse**

28 Hurricane Road, Keene 603.352.3301; mshocc.org

Toddler and preschool programs, as well as extended care and options.

#### **Rise... for Baby and Family**

147 Washington St., Keene 603.357.1395; riseforbabyandfamily.org

Onsite childcare program integrates children of different abilities.

#### Sophia's Hearth

700 Court St., Keene 603.357.3755; sophiashearth.org

Offers full-time, year-round childcare program for children ages 3 months to 6 years.

#### **Trinity Christian School**

100 Maple Ave., Keene 603.352.9403; tcskeene.com

Preschool program designed to help young children make the transition from home environment to formal school setting.

#### Walpole Village School

75 Westminster St., Walpole 603.756.4246; walpolevillageschool.org

Provides play-based education for children ages 2 to 5. pre-K program offers before and after school care for children up to age 12 who live in Walpole.

#### Winchester Learning Center

109 Keene Road, Winchester 603.239.7347; winchesterlearningcenter.org

Offers childcare, preschool and family resources for families with children from 6 weeks to 12 years.

#### Happy Valley School

603.924.7362; happyvalleynh.org 130 Gulf Road, Peterborough

Enriching, educational environment for ages 2 to 5 years.

**Kids Club** 49 Squantum Road, Jaffrey (603) 532-6543

Longtime center provides childcare for ages 6 weeks to 12 years.

#### Monadnock Community Early Learning Center

Community Lane, Rt. 202 South, Peterborough 603.532-6021; mcelc.org

Provides quality, early learning and child care for families of children ages 12 months through 2nd grade.

#### **Dublin Community Preschool and Child Care Center** 1281c Main St., Dublin

603.563.8508; dublinpreschoolandchildcare.org

Offers before school, preschool, after kindergarten, and after school care for children ages 6 weeks through 11 years.

#### School Kids in Peterborough (SKIP)

14 Vine St., Peterborough 603.924.7050; kidsatskip.org

Accommodates working parents' schedules by providing a safe, nurturing, and stimulating beforeand after-school program for grades K – 8.

#### The Grapevine Family and Community Resource Center

4 Aiken Street, PO Box 637, Antrim 603.588.2620; grapevinenh.org

Learning Vine Preschool Program meets on Monday, Wednesday, and Friday mornings and welcomes children ages 3-5.

#### **Robin's Nest Nature Preschool**

277 A Union St., Peterborough, 603.562.5892; robinsnestnaturepreschool.com

Focuses on creative explorations in nature, play, art, music, and academics for ages 18 months to 6 years.

# EDUCATION











## **School Districts**

*Please note: SAUs 96 (Sullivan) and 91 (Surry) do not operate schools at this time and are not included on this list.* 

School Administrative Unit 24: Stoddard, Weare, Henniker 258 Western Ave., Henniker 603.428.3269; sau24.org

School Administrative Unit 29: Chesterfield, Harrisville, Keene, Marlborough, Marlow, Nelson, Westmoreland. 193 Maple Ave., Keene 603.357.9002; sau29.org

School Administrative Unit 60: Alstead, Walpole, Acworth, Charlestown, Langdon. 122 NH Route 12A, Langdon 603.835.0006; sau60.org

School Administrative Unit 92: Hinsdale 49 School St./P.O. Box 27, Hinsdale 603.336.5728; hnhsd.org School Administrative Unit 93: Fitzwilliam, Gilsum, Richmond, Roxbury, Swanzey, Troy 600 Old Homestead Highway, Swanzey 603.352.6955; mrsd.org

School Administrative Unit 87: New Ipswich, Greenville 16 School St., Greenville 603.291.2017; mascenic.org

School Administrative Unit 94: Winchester 85 Parker St., Winchester 603.239.4381; wnhsd.org

School Administrative Unit 1: Antrim, Bennington, Dublin, Francestown, Greenfield, Hancock, Peterborough, Sharon, Temple 106 Hancock Road, Peterborough 603.924.3336; convalsd.net

School Administrative Unit 47: Jaffrey, Rindge 1 Conant Way, Jaffrey 603.532.8122; sau47.org

## **Public Charter Schools**

#### Surry Village Charter School

449 Route 12A, Surry 603.357.9700; surryvillagecharterschool.org

Provides students in grades K-8 with tuition-free challenging and rigorous education in an environment that emphasizes creativity, collaboration, and community. Located at two campuses: grades K-4 in Surry and 5-8 at 146 School St. in Keene.

## Making Community Connections Charter School (MC2): Monadnock

310 Marlboro St. #115, Keene 603.283.0844; mc2school.org/mc2-monadnock-home

Tuition-free, public charter high school, enrolling students from any community in New Hampshire and focused on learner strengths and real-world, community-based learning.

#### **LEAF Charter School**

789 Gilsum Mine Road, Alstead 603.352.1829; leafschoolnh.org

Tuition-free public high school provides expanded educational opportunities for all students, through an intellectually rigorous STEAM (Science-Technology-Engineering-Arts-Math) curriculum and strong partnerships with creative professionals.

#### Gathering Waters Charter School Lower school: 98 South Lincoln St., Keene Upper school: 31 Washington St., Keene 603.733.8701; gatheringwaterscharter.org

Provides tuition-free rich and engaging education guided by the principles of Waldorf public education to students in grades K-12.

## **Private Schools**

#### **Trinity Christian School of Keene**

100 Maple Ave., Keene 603.352.9403; tcskeene.org

Christian school for preschool to grade 8.

## Saint Joseph Regional School & Our Lady of Mercy Academy

161 Main St., Keene 603.352.2720 stjosephkeene.org; mercyacademykeene.org

Christian school for pre-K through grade 12.



#### **Dublin Christian Academy**

106 Page Road, Dublin 603.563.8505; dublinchristian.org

Christian day and boarding school for grades K-12.

#### **Ashuelot Valley Academy**

31 Washington St., Keene 603.726.5605; mountprospectacademy.org/services/academicservices/ashuelot-valley-academy-keene-nh

Co-ed therapeutic day school for grades 5-12, part of Mount Prospect Academy.

**Dublin School** 18 Lehmann Way, PO Box 522, Dublin 603.563.8584; dublinschool.org

Grades 9-12 private school.

Hampshire Country School 28 Patey Circle, Rindge 603.899.3325; hampshirecountryschool.org

Grades 3-12 private school for boys.

#### Hawthorne Academy

100 Old North Branch Road, Antrim 603.588.6800; hawthorneacademy.org

Christian boarding and day school for grades 9-12.

#### **Mountain Shadows School**

149 Valley Road, PO Box 348, Dublin 603.563.8170; mountainshadowsschool.com

Progressive school serving students in grades 1-8.

#### **The Well School**

36 Well School Road, Peterborough 603.924.6908; wellschool.org

Independent day school for preschool through grade 8.

**Pioneer Junior Academy** 13 Mount Gilboa Road, Westmoreland 603.399.4803; pioneerjunioracademy.com

Christian education for grades 1-8

#### Victory High School

7 Knight St., Suite 3, Jaffrey 603.532.6119; victoryhs.org

Private high school providing education in a flexible format.



## Adult Education

Keene Community Education

227 Maple Ave., Keene 603.357.0088; keenecommunityed.org

Provides educational help for adults ranging from basic reading and math skills to HiSet classes, testing and alternative diploma classes. Also provides enrichment classes, English as a second language and vocational certificate programs.

#### **Monadnock Community Education**

184 Hancock Road, Peterborough 603.924.4120 cvhs.convalsd.net/school-counseling/adult-diploma/

Offers an adult diploma program through ConVal High School.

## FAMILY AND COMMUNITY RESOURCES









## **Recreational Activities**

#### Takodah YMCA

32 Lake St., Swanzey 603.352.0447; camptakodah.org

Serves thousands of children annually through heritage tours, outdoor education programs, and summer camps for families, schools and community groups.

#### **Keene Family YMCA**

200 Summit Road, Keene 603.352.6002; keeneymca.org

Programs for children and teens, physical activities for all ages, as well as summer day camp and vacation camps.

#### **Keene Parks and Recreation Department**

312 Washington St., Keene 603.357.9829; ci.keene.nh.us/parks-recreation

Offers a range of recreational activities for both residents of Keene and non-residents. Outdoor recreation areas include multiple parks and playgrounds, ballfields, tennis courts, hiking trails, swimming pools, a skatepark and a mountain bike park.

#### **MoCo Arts**

40 Roxbury St., Keene 603.357.2100; moco.org

Community-based, family-centered, multi-arts and wellness education organization for youth of all ages and all levels of ability.

#### **Stonewall Farm**

242 Chesterfield Road, Keene 603.357.7278; stonewallfarm.org

Nonprofit working farm offering educational programs and events, trails, and summer camps to promote the importance of agriculture and natural resources.

#### **Cheshire Children's Museum**

149 Emerald St., Keene 603.903.1800; cheshirechildrensmuseum.org

Hands-on children's museum for families to play, learn, and explore together through imagination and curiosity. Activities and programs offered weekly.

#### **Distant Hill Accessible Nature Trail**

66 March Hill Road, Alstead (603) 756-4179; distanthill.org/distant-hill-nature-trail

Distant Hill Nature Trail is a mile-long wheelchair and stroller accessible network of trails through a hemlock forest in Alstead and Walpole, NH, with vernal pools, a forest seep, a cranberry bog, and a play area to explore. Open daily with story walk installations by the Walpole Town Library.

#### 4-H Clubs

Hillsborough County: 603.641.6060 Cheshire County: 603.352.4550 extension.unh.edu/new-hampshire-4-h

4-H helps youth acquire knowledge, develop life skills and form attitudes to enable them to become selfdirecting, productive, and contributing members of society. Offered free of charge to youth ages 5-18.

#### **Boy Scouts of America Daniel Webster Council**

1500 Bodwell Road, Manchester 603.625.6431 nhscouting.org/districts/mt-monadnock-district

Scouting gives young people the opportunity to explore a world beyond the boundaries of everyday life and presents them with chances to try new things, provide service to others, build self-confidence and develop leadership skills. Multiple programs and Cub Scouts for grades K-5

#### **Girl Scouts of the Green and White Mountains**

1 Commerce Drive, Bedford 888.474.9686; girlscoutsgwm.org

Girl Scouts of all backgrounds and abilities discover their strengths and rise to meet new challenges through programs run by adult volunteers, mentors, and millions of alums.

## **Recreational Activities Continued**

#### **Keene Swampbats**

Mailing address: 303 Park Ave., Keene (603) 357-5464 swampbats.pointstreaksites.com/view/swampbats

The Keene Swamp Bats are a collegiate summer baseball team based in Keene and are a member of the New England Collegiate Baseball League. They play home games at Alumni Field on Arch Street.

#### **Monadnock Speedway**

840 Keene Road, Winchester 603.239-4067; monadnockspeedway.com

Paved one-quarter-mile oval race track in Winchester that hosts various races for regional touring series.

#### The Colonial Theatre

95 Main St., Keene 603.357.1233; thecolonial.org/education

Nonprofit performing arts center that entertains more than 50,000 patrons annually, with film, music, and live theatre events. Student Program Series offers high-quality performances that complement school curriculum and illustrate the dynamic relationship between the performing arts and literature, history, science and world cultures.

#### **Peterborough Recreation Department**

64 Union St. Peterborough 603.924.8080 peterboroughnh.myrec.com/info/default.aspx

Recreational programs for all ages, facilities include Adams Playground with ballfields and Adams Pool, tennis courts, Cunningham Pond, Peterborough Community Center, Hilltop Golf Course.

#### **Granite Gorge Mountain Park**

341 Route 9, Roxbury info@granitegorge.com; granitegorge.com

All-season mountain park offering outdoor recreation opportunities.

#### **Crotched Mountain Ski Resort**

625 Francestown Road, Bennington 603.588.3668; crotchedmtn.com

Offers 100 acres of impeccably groomed terrain, tree glades, and challenging steeps catering to a variety of experience levels in western Hillsborough County.

#### **New England Center for Circus Arts**

10 Town Crier Drive, Brattleboro 802.254.9780 necenterforcircusarts.org

Premier circus training school in the US with professional program for aspiring performers, along with workshops and recreational classes for youth and adult students of all ages, levels, and abilities.

#### The Friendly Farm

Route 101, Dublin 603.563-8444; friendlyfarm.com

Visitors can wander around a 5-acre barnyard to interact with loose birds, feed the friendly animals and even help the farmer feed a bottle of warm milk to the playful goats. Open daily, weather permitting, late May until Labor Day; weekends through mid-September.



### Libraries

Shedd-Porter Memorial Library 3 Main St., Alstead 603.835.6661; sheddporter.wordpress.com

**Chesterfield Public Library** 524 Route 63, Chesterfield 603.363.4621; chesterfieldlibrary.org

**Fitzwilliam Town Library** 11 Templeton Turnpike, Fitzwilliam 603.585.6503; fitzlib.org

**Gilsum Public Library** 650 Route 10, Gilsum 603.352.4826 gilsum.org/community/gilsum-public-library

Harrisville Public Library 7 Canal St., Harrisville 603.827.2918; harrisvillepubliclibrary.blogspot.com

Hinsdale Public Library 122 Brattleboro Road, Hinsdale 603.336.5713; town.hinsdale.nh.us/library

Keene Public Library 60 Winter St., Keene 603.352.0157; keenepubliclibrary.org

**Frost Free Library (Marlborough)** 28 Jaffrey Road (Route 124), Marlborough 603.876.4479; frostfreelibrary.com

Marlow Town Library 12 Church St., Marlow 603.446.3466; marlownewhampshire.org/library.php **Olivia Rodham Memorial Library** 1 Nelson Common Road, Nelson 603.847.3214; nelsonlibrary.org

**Richmond Public Library** 19 Winchester Road, Richmond 603.239.6164 sites.google.com/site/richmondpubliclibrary

Davis Public Library 1391 Route 123 North, Stoddard; 603.446.6251; stoddardnh.org/davis-public-library

Sullivan Public Library 436 Centre St., Sullivan 603.847.3458; townofsullivannh.com/library

Surry Reed Free Library 8 Village Road, Surry 603.352.1761; surry.nh.gov/library-2

**Mt. Caesar Union Library** 628 Old Homestead Highway, Swanzey 603.357.0456; mtcaesarunionlibrary.weebly.com

Stratton Free Library 9 Main St., West Swanzey 603.352.9391 swanzeynh.gov/community/stratton\_free\_library.php

**Gay-Kimball Public Library (Troy)** 10 South Main St., Troy 603.242.7743; troylibrary.us

Walpole Town Library 48 Main St., Walpole 603.756.9806; walpoletownlibrary.org

Walpole Town Library (North Branch) 70 Church St., North Walpole 603.445.5153; walpoletownlibrary.org



## **Libraries Continued**

**Westmoreland Public Library** 33 South Village Road, Westmoreland 603.399.7750; wplnh.org

**Conant Public Library** 111 Main St., Winchester 603.239.4331; conantlibrary.org

**Thayer Public Library** 3 Main St., Ashuelot 603.392.0175

**Peterborough** 2 Concord St., Peterborough 603.924.8040; peterboroughtownlibrary.org

Jaffrey Public Library 38 Main St., Jaffrey 603.532.7301; jaffreypubliclibrary.org.

**Ingalls Memorial Library** 203 Main St, Rindge 603.899.3303; ingallslibrary.com

**Dublin Public Library** 1114 Main St., Dublin 603.563.8658; dublinnhpubliclibrary.org

Hancock Town Library 25 Main St., Hancock 603.525.4411; hancocktownlibrarynh.wordpress.com

**George Holmes Bixby Memorial Library** 52 Main St., Francestown 603.547.2730; francestownnh.org/bixby-library **GEP Dodge Library** 2 Main St., Bennington 603.588.6585; dodgelibrary.com

Acworth Silsby Library 5 Lynn Hill Rd, Acworth 603.835.2150; acworthlibrary.org

**Chamberlain Free Public Library** 46 Main St, Greenville 603.878.1105; chamberlinlibrary.org

#### **Stephenson Memorial Library**

761 Forest Rd, Greenfield 603.547.2790 greenfield-nh.gov/stephenson-memorial-library

#### **New Ipswich Library**

6 Main St, New Ipswich 603.878.4644; newipswichlibrary.wordpress.com

#### Silsby Free Public Library

26 Railroad St, Charlestown 603.826.7793; silsbyfree.org

### **Transportation Resources**

**City Express** 312 Marlboro St., Keene 603.352.8494; cityexpress.org

Program of Home Healthcare, Hospice and community services. Public transportation for the City of Keene, weekdays, 8 a.m.to 4:30 p.m., excluding holidays

#### Friendly Bus

312 Marlboro St., Keene 603.352.8494; cityexpress.org

Program of Home Healthcare, Hospice and Community Services, shared ride, door-to-door community transportation service available for adults aged 60 and over, operating weekdays, 8 a.m. to 4 p.m. **Community Volunteer Transportation Company (CVTC)** 375 Jaffrey Road, Suite 3, Peterborough 877.428-2882; cvtc-nh.org

Volunteer driver program for those without access to transportation to non-emergency medical appointments, social services, food shopping, and pharmacy visits.

## **Financial Assistance**

#### NH Department of Health and Human Services

**Keene District Office:** 109 Key Road, Keene 603.357.3510; 800.852.3345 dhhs.nh.gov/financial-assistance

Provides assistance for eligible individuals, children, families and seniors and administers programs and services such as mental health, developmental disability, substance abuse and public health.

#### **Keene City Human Services**

3 Washington St., Keene 603.357.9809; keenenh.gov/human-services-welfare

Provide quality assistance to the financially disadvantaged in the most economic manner possible, while instituting and maintaining policies, procedures and programs to aid such individuals to maintain dignity and to return to a state of self-sufficiency.

#### **Cheshire County Shepherd Program**

12 Court St., Keene 603-399-7368 co.cheshire.nh.us/departments/maplewood-nursinghome/rehab

Helps county residents who are in need of durable medical equipment with recycled donations of used medical equipment. Run through Maplewood's Rehab Department and based on available inventory.

## Legal Assistance & Services

#### 603 Legal Aid

93 N. State Street, Suite 200, Concord 603.224.3333; 800-639-5290; nhlegalaid.org

Private, nonprofit law firm that provides free legal services to eligible, low-income people in New Hampshire.

#### **NH Public Defender Program**

1 West St., Keene 603.357.4891; 800-464-0652; nhpd.org

Private, nonprofit corporation gives New Hampshire a cost-effective means of providing high-quality, reliable representation to indigent defendants.

#### **CASA of New Hampshire**

P.O. Box 1327, Manchester 800.626.0622; 603.626.4600; casanh.org

Court Appointed Special Advocates is a national association in the United States that supports and promotes court-appointed advocates for abused or neglected children. CASA are volunteers from the community who complete training that has been provided by the state or local CASA office.

#### Monadnock Region Children's Advocacy Center

640 Marlboro St., Route 101, Keene 603.352.0413 cac-nh.org/centers/monadnock-region-cac-cheshirecounty

Program of the Granite State Children's Alliance serves children throughout Cheshire County to provide all victims of child abuse with a neutral environment where justice, healing, equity and prevention are fostered through the consistent, high-quality and sustaining collaboration of community partners.

## Adoption Support Resources

#### NH Department of Health and Human Services Keene District Office: 109 Key Road, Keene

603.357.3510; 800.852.3345 dhhs.nh.gov/programs-services/child-protectionjuvenile-justice/adoption/post-adoption-support

Adoption assistance may be available to adoptive parents of a child with special needs if the child and adopting parents meet the eligibility requirements of the Adoption Assistance and Child Welfare Act. DCYF provides information and referral regarding post adoption services and support as well as short-term case management, voluntary services, education and support.

#### Adoptive Families for Children Inc.

18 Center St., Concord 603.357.4456; 603.228.6712; adoptivefamiliesforchildren.com

Full-service adoption agency, licensed in New Hampshire since 1983. Offers adoption counseling and placement services for birth parents who want to place their child for adoption. For families looking to adopt, it offers assistance with home study, post placement assessments, and placement services.



#### **Bethany Christian Services of Northern New England** PO Box 320, Candia 401.428.1300; bethany.org.

Private, nonprofit, Hague-accredited agency with more than 120 offices nationwide. Domestic services include birth parent counseling as well as adoptive assessments, independent family assessments as time allows. Domestic adoption services and international adoption programs in 15 countries.

#### Waypoint

464 Chestnut St., PO Box 448, Manchester 603.518.4000; 800.640.6486 waypointnh.org/programs/adoption

Statewide, non-sectarian, nonprofit, family service and adoption agency with full range of adoption services to adoptive parents, birthparents, and adoptees, including private and interstate adoptions. Program provides birthparent counseling, search and reunion services; as well as both domestic and international adoption home study/assessment services.

#### **Catholic Charities New Hampshire.**

100 William Loeb Drive, Unit 3, Manchester 603.669.3030 ext. 214 cc-nh.org/programs/adoption-maternity-services

Statewide, nonprofit social service and adoption agency providing services to birth parents and adoptive parents. Counseling is provided to all members of the adoption triad, as well as full postadoption services to individuals who were adopted through the agency. In addition, home studies are provided to families adopting privately.

#### New Hope for Children

130 Central Avenue, Dover 603.842.4794; newhopeadoption.com

Licensed, Hague-accredited adoption agency offers support and counseling to both birth parents as well as prospective adoptive parents as they navigate their way through the adoption process. Sponsors fun events for the entire family as a means of connection within adoptive community. Facilitates home studies and post-placement reports as required per the state of New Hampshire as well as the state/country of birth when applicable.

#### Wide Horizons for Children, Inc.

4 Bicentennial Square, Suite 3-B, Concord 781.894.5330; whfc.org

Nonprofit adoption agency specializing in international adoption as well as domestic adoption. Offers services that include adoption, expectant parents counseling, and post-adoption support and education. Places children from birth to age 15 with humanitarian aid projects for children and families in a number of countries worldwide.

## Parenting Information & Resources

#### **Parent Express**

60 West St., Keene 603.352.1234; sentinelsource.com/parent\_express

Free monthly magazine published by The Keene Sentinel for area families covering the Monadnock Region and southern Vermont. Features informative articles, ideas, resources and activities for parents, caregivers, and children. Available at many area locations and online.

#### Family Support Warm Line

64 Chestnut St., P.O. Box 448, Manchester 800.640.6486; waypointnh.org/programs/the-family-support-warmline

Program of Waypoint, free phone-in service where callers can talk confidentially to a family support professional to get help with everything from coping strategies, child behaviors, and family dynamics, to household management, basic needs relief, and family empowerment and receive help accessing tools, resources, and services to navigate life during challenging times. Language accommodations available. Calls taken weekdays, 8:30 a.m. to 4:30 p.m.

## THANK YOU TO THE DONORS AND SUPPORTERS OF THE MONADNOCK REGION HEALTH REPORTING LAB



Rotary Club of Keene Keene Elm City Rotary









The Keene Sentinel